

RING SIZING GUIDE

Method 1 - Measure an existing ring

- 1. Ensure this guide is set to print at 100% scale and that you are printing on standard A4 paper (210mm x 297mm). If you are unsure as to whether you have printed the correct size, or if you are measuring on a screen, place a credit card on the guide.
- 2. Place a pre-owned ring on the closest matching sized circle on the Ring Size Chart on page. The inner edge of the ring should be perfectly aligned with the outer edge of the circle. This will be your ring size.



Should you require any assistance, please contact our Client Concierge Team. They will be delighted to assist you with your inquiry.

L'Éloge Jewelry Client Concierge Team: info@lelogejewelry.com

All sizing guides suggested by L'Éloge Jewelry are indicative and are elaborated to guide the client on his/her choice.



Method 2 - Measure your finger

- 1. Take a length of string or cut a strip of paper no more than 1cm wide (a slightly less than half an inch)
- 2. Wrap it around the largest part of your finger
- 3. Use a pen to mark the point on the string or strip of paper where it forms a circle
- 4. Pick the marked strip or string of paper on a flat surface
- 5. Using a ruler, measure the distance from the end of the string or paper to the mark you make
- 6. Compare your measurement with the chart below to determine your ring size

International Conversion Chart

Finger Circumference	Inside Diameter	US	EU	UK	Japan
(mm)	(mm)	Ring Size	Ring Size	Ring Size	Ring Size
44	14.07	3	44	F	5
45	14.48	3.5	45	G	6
47	14.88	4	47	Н	7
48	15.29	4.5	48	1	8
49	15.49	5	49	J	9
50	15.9	5.5	50	K	10
51	16.31	6	51	L	11
52	16.71	6.5	52	М	12
54	17.12	7	54	N	13
55	17.53	7.5	55	0	14
56	17.93	8	56	Р	15
58	18.34	8.5	58	Q	16
59	18.75	9	59	R	17
60	19.15	9.5	60	S	18
61	19.56	10	61	Т	19
63	19.96	10.5	63	U	20
64	20.37	11	64	V	20

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Top Tips

1. Size up when you are in-between sizes

There are a few environmental and physical factors that should be taken into consideration before deciding on the size of the ring you want to buy, but remember that when it comes to guessing your partner's ring size, guess on the large side as it's easier to size a ring down.

2. Keep in mind of average Ring Sizes of Woman

Keep in mind the average ring size range for women is between US 5.5-7.5. If you have no other information available, it's best to choose between these ranges.

3. Choose the correct time of the day

An ideal time to measure their finger size is in the evening. Most people's fingers tend to be at their largest in the evening and smaller in the morning. Measuring your partner's finger size in the evening will guarantee a comfortable fit.

4. Avoid optimal temperature

Fingers tend to react to temperatures, and can change size depending on the weather. The cold winter air will shrink fingers while the opposite happens in summer or when it's warm and humid. Avoid measuring finger size outside in the very cold or very hot.

5. Keep in mind of fingers expand and contract

Other factors can cause fingers to grow such as exercising, water retention, pregnancy, ageing, and arthritis. Weight loss and low temperatures can cause fingers to decrease in size.

6. Be aware of thicker bands

Thicker ring bands (larger than 6mm) will fit tighter. It is advised to always go for half a size up when purchasing a thicker band, for the ring to be comfortable.

Please note that the information in the guide is provided for guidance only.

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