4-H Cooking 101 Materials

For 4 Groups of 3-4 Youth

If your group is smaller or larger, you can adjust quantities as necessary. Some items can be substituted, and most can be found in a standard home or industrial kitchen.

- Large storage tub (66 qt.)
- Dry measuring cups (4 sets)
- Liquid measuring cups (4)
- Measuring spoons (4 sets)
- Mixing bowls, 2 qt. (4)
- Mixing bowls, 1 qt. & microwave safe (4)
- Mixing bowls, small & microwave safe (4)
- Mixing spoons (4 – 8)
- Baking pans, 9” x 9” (4)
- Biscuit cutters (4)
- Can opener
- Colander
- Cookie Sheets (4)
- Cooling racks (4)
- Cutting Boards (4 – 6)
- Disposable spoons
- Disposable knives
- Disposable forks
- Disposable cups, 8 oz.
- Disposable gloves
- First aid kit
- Flour sifters (2)
- Hand sanitizer
- Hot pads (4)
- Non-stick cooking spray
- Paper bowls
- Paper plates
- Paper towels
- Paring knives (4 – 8)
- Pastry blender (4)

- Quart containers with lids (4)
- Sanitizing wipes
- Scrapers (4)
- Spatulas/ Pancake turners (4)
- Storage bags
- Wax paper

Optional:
- Electric hand mixers (4)
- Electric skillets (4)
- Extension cord & power strip
- Muffin pans (4)
- Saucepans with lids (4)