

4-H Cooking 101 Materials

For 4 Groups of 3-4 Youth

If your group is smaller or larger, you can adjust quantities as necessary. Some items can be substituted, and most can be found in a standard home or industrial kitchen.

- ✓ Large storage tub (66 qt.)
 - ✓ Dry measuring cups (4 sets)
 - ✓ Liquid measuring cups (4)
 - ✓ Measuring spoons (4 sets)
 - ✓ Mixing bowls, 2 qt. (4)
 - ✓ Mixing bowls, 1 qt. & microwave safe (4)
 - ✓ Mixing bowls, small & microwave safe (4)
 - ✓ Mixing spoons (4 – 8)
 - ✓ Baking pans, 9" x 9" (4)
 - ✓ Biscuit cutters (4)
 - ✓ Can opener
 - ✓ Colander
 - ✓ Cookie Sheets (4)
 - ✓ Cooling racks (4)
 - ✓ Cutting Boards (4 – 6)
 - ✓ Disposable spoons
 - ✓ Disposable knives
 - ✓ Disposable forks
 - ✓ Disposable cups, 8 oz.
 - ✓ Disposable gloves
 - ✓ First aid kit
 - ✓ Flour sifters (2)
 - ✓ Hand sanitizer
 - ✓ Hot pads (4)
 - ✓ Non-stick cooking spray
 - ✓ Paper bowls
 - ✓ Paper plates
 - ✓ Paper towels
 - ✓ Paring knives (4 – 8)
 - ✓ Pastry blender (4)
 - ✓ Quart containers with lids (4)
 - ✓ Sanitizing wipes
 - ✓ Scrapers (4)
 - ✓ Spatulas/ Pancake turners (4)
 - ✓ Storage bags
 - ✓ Wax paper
- Optional:
- ✓ Electric hand mixers (4)
 - ✓ Electric skillet (4)
 - ✓ Extension cord & power strip
 - ✓ Muffin pans (4)
 - ✓ Saucepans with lids (4)