You Can Quilt!

THE OHIO STATE UNIVERSITY
EXTENSION

Name_____

Age_____
(As of January 1 of the current year)

Club name _____

Club advisor _____

County_____

Contents

STEP 1:

Project Areas and Activities

Complete all **seven** activities. The More Challenges activities are optional.

When you begin an activity, fill in the date you start it. When you finish an activity, fill in the date of completion. Review your work with your project helper. Ask your project helper to initial and date your accomplishment.

Are you taking this project for the first time?

_____Yes

_____No

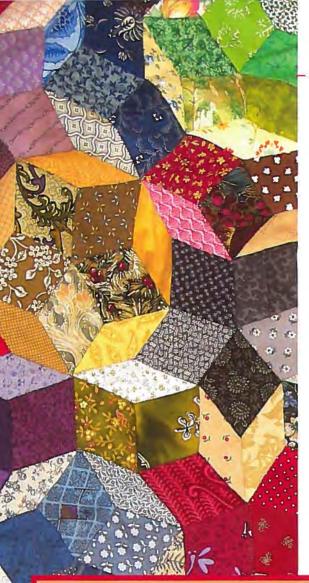| PROJECT AREAS AND ACTIVITIES	DATE STARTED	DATE COMPLETED	PROJECT HELPER INITIALS
WHERE TO START			
Activity 1: Quilting and Piecing— What Does It All Mean?			
Activity 2: Let's Go Shopping!			
CREATE YOUR QUILT TOP			
Activity 3: Selecting Your Fabrics			
Activity 4: Cutting Your Fabrics			
Activity 5: Stitching Your Quilt Top			
PUT IT TOGETHER			
Activity 6: Quilting the Layers			
Activity 7: Binding It All Together			

Learning Experiences

Learning experiences are meant to complement project activities, providing the opportunity for you to do more in subject areas that interest you. What are some learning experiences you could do to show the interesting things you are learning about? Here are some ideas:

- Attend a clinic or workshop.
- Go to a quilt show.
- Host a fabric exchange.
- Help organize a club meeting based on this project.
- Participate in county judging.
- Create your own project experience.

Once you have a few ideas, record them here. Complete **at least two** learning experiences. Then, describe what you did in more detail. You may add to or change these activities at any time. Ask your project helper to date and initial in the appropriate spaces below.

PLAN TO DO	WHAT I DID	DATE COMPLETED	PROJECT HELPER INITIALS
See a quilt exhibit	*Visited a show by a local quilt group*	*4/5/YR*	*J.M.*

STEP 3:

Leadership/Citizenship Activities

Choose **at least two** leadership/citizenship activities from the list below (or create your own) and write them in the table below. Record your progress by asking your project helper to initial next to the date each one is completed. You may add to or change these activities at any time. Here are some examples of leadership/citizenship activities:

- Teach someone how to select fabrics for a quilt.

- Help another member prepare for project judging.

- Demonstrate quilt piecing at a club meeting.

- Invite an experienced quilter to make a demonstration at a club meeting.

- Create your own leadership/citizenship activity.

LEARNING/CITIZENSHIP ACTIVITIES	DATE COMPLETED	PROJECT HELPER INITIALS
Explained the color wheel and how to use it when quilting at a club meeting.	4/5/YR	J.M.

STEP 4:

Project Review

Before your project review, use this space to write a brief summary of your project experience. Be sure to include a statement about the skills you have learned and how they may be valuable to you in the future.

Arrange for a project review with your project helper, club advisor, or another knowledgeable adult. Completing a project review helps you evaluate what you have learned and assess your personal growth. Your evaluation can be part of a club evaluation or it can be part of your county's project judging.

QUILTING AND PIECING
What Does It All Mean?

This beginning quilt project explains the basic steps of creating a small quilt from start to finish. Once you master these steps, you can create larger quilts, and explore new techniques. Let's get started by exploring the following topics:

Needle Know-How

ACTIVITY	DATE COMPLETED	WHAT I LEARNED
Talk with family and friends about their quilts.		
Use the Internet to find: quilt history, quilting techniques, and three patterns.		
Research methods of displaying quilts.		
Interview a quilter.		
List items you need to start quilting.		

LEARNING OUTCOMES
Project Skill: Investigating quilts, researching patterns, and interviewing quilters
Life Skill: Visualizing project information
Educational Standard: NA-VA 5-8.1: Understanding and applying media, techniques, and processes
Success Indicator: Finds sources for quilting materials and ideas

Quilting Quotes

SHARE

What did you learn from your family and friends about quilting this year?

_____

_____

_____

REFLECT

What were some creative ideas you discovered for this year's quilt? Describe at least one.

_____

_____

_____

GENERALIZE

What have you learned about quilting so far this year?

_____

_____

_____

APPLY

Why is it helpful to visualize your quilt?

_____

_____

_____

_____

_____

Glossary

Words in **red** throughout this book are defined in the Glossary on page 44.

More Challenges

Think about designing your own quilts. What **geometric** elements would you include?

Info to Know

When you create a quilt, think of it as layers just like your favorite pizza. Every quilt has a top layer (the cheese) that is usually created out of cotton fabrics. The **patterns** are **pieced** together either by hand or machine to create a design. The second layer of a quilt (the sauce) is the **batting**. It can be made of polyester and/or cotton blend and helps keep the recipient warm. The final layer (the crust) of a quilt is the backing. It is also made of cotton and can be one of the fabrics in the top or can be pieced together with scraps and made into any design. Now the quilting begins! All three layers can be quilted together either by sewing by hand or machine, or by hand-tying. The final step is to add **binding** on the outside layers. That's it, and yes...You Can Quilt!

Did You Know?

The mini-quilts for this project are a great size to donate to your local hospital's neonatal unit. Larger quilts can be donated to people with illnesses and victims of natural disasters. Explore how quilting can become a rewarding service project at local quilt shops or quilt guilds.