Sizing Chart

Child X-Small - sizes 4 – 6 Child Small - sizes 6x -7 Child Medium - sizes 8 – 10

Child Medium / Large - size 10 –12 Child Large - sizes 12 – 14 Child X-Large - sizes 14 - 16

Adult X-Small - t sizes 0 – 2 Adult Small - sizes 2 – 4 Adult Medium - sizes 4 – 6

Adult Large - sizes 8 – 10 Adult X-Large - sizes 12 -14

Child Large (14) can also fit Adult X-Small

Child X-Large (16) can also fit Adult Small

Children's	XSC	SC	MC	LC	XLC
Bust	21-23	24-26	27-29	30-32	33-35
Waist	18-20	21-23	23-24	25-26	27-29
Hips	22-24	25-27	28-30	31-33	34-37
Girth	36-39	40-43	44-48	49-53	54-57
Inseam	n/a	20	24	29	30

Adults	XS	SA	MA	LA	XLA
Bust	30-32	32-34	35-37	38-40	41-44
Waist	24-26	27-29	29-31	30-32	33-36
Hips	32-34	35-37	37-40	41-44	45-48
Girth	52-54	55-57	58-61	62-65	66-68
Inseam	30	32	33	34	35

Bra cup sizes A,B,C,D,DD

Mens	SA	MA	LA	XLA
Chest	34-36	38-40	42-44	46-48
Waist	28-30	32-34	36-38	38-40
Hips	34-36	38-40	42-44	46-48
Girth	58-60	62-64	66-68	70-72
Inseam	32	33	34	35

For measuring instructions please see pictures below







Bust

Waist

Hips















hollow to belly button waist to knee

waist to floor

bottom of neck to waist/hip









shoulder to wrist

 $\operatorname{\mathsf{Arm}}$

Girth

Thigh







Under-bust to belly button

Under-bust to hip

shoulder to shoulder