

User Manual



Available for HY-5

Thanks for choosing our saunas. Please take the time to read through this manual carefully. Keep this manual and your proof of purchase for future reference and services.

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Installation Guide

Please read the following directions carefully. The sauna installation requires at least 2 people, and more people if the sauna cabin is big and heavy. You should not try to install the sauna on your own as damage will easily occur.

Electrical Requirements

Each sauna will require a exclusive circuit when plugged in an outlet. A exclusive circuit requires that no other appliance to share the outlet/circuit with the sauna. Failure to comply with this requirement may cause electrical interruption and diminished performance.

Please make sure the sauna is properly grounded. Serious injury may result if proper electrical requirements are not met.

It is recommended that a qualified electrician install your dedicated electrical wiring for proper sauna functionality and to avoid any potential electrical hazards.

Package Information

There are 3 (A, B, C) packages. Please make sure you have received all the right packages.

Please make sure that you open the boxes face up. Please be very careful when opening boxes, due to fragile parts and glass.

Where to Start

Lay the cartons flat on the ground and open them carefully.

Open all the cartons, take the floor (bottom panel) from carton A firstly, start to install your sauna pleasantly.

Tips: Before the start of installation, or at least before installation of the top panel, please remove the dust-proof cover from the top panel to take out the accessories and screws etc.



Cautions to Installation

- 1- No plumbing or plumbing fixtures should be placed in the sauna.
- 2- Keep all liquids away from the heating panels
- 3- Install the sauna on a completely level surface.
- 4- Install the sauna in an area that is dry and protected from the weather.
- 5- Flammable objects and corrosive chemical substances should be kept far away from the sauna.

Part List

Carton A			
			
P1: Floor panel	P8: Ceiling	P5: Bench support	P6: Seat panel
			
P9: Dust-proof cover	P10: Door handle	P11: Oxygen ionizer	P12: Cup holder x 2
  16mm 12pcs, install the dust-proof cover 25mm 2pcs, install the cup holder 35mm 12pcs, fix the ceiling with rear, front, side panels			
Carton B		Carton C	
			
P2: Rear panel	P7: Front panel	P3: Left panel	P4: Right panel

Installation Procedure



Panels (walls) are fastened by buckle locking system.

Installation procedure



Step 1, Part 1: Floor panel



Step 2, Part 2: Rear panel



Step 3, Part 3: left panel



Connect bench and floor
heater wires to the
socket on rear panel

Step 4, Part 5: Bench support



Connect the bench LED strip
wire with the strip wire out of
rear panel at this step

Step 5, Part 6: Seat panel



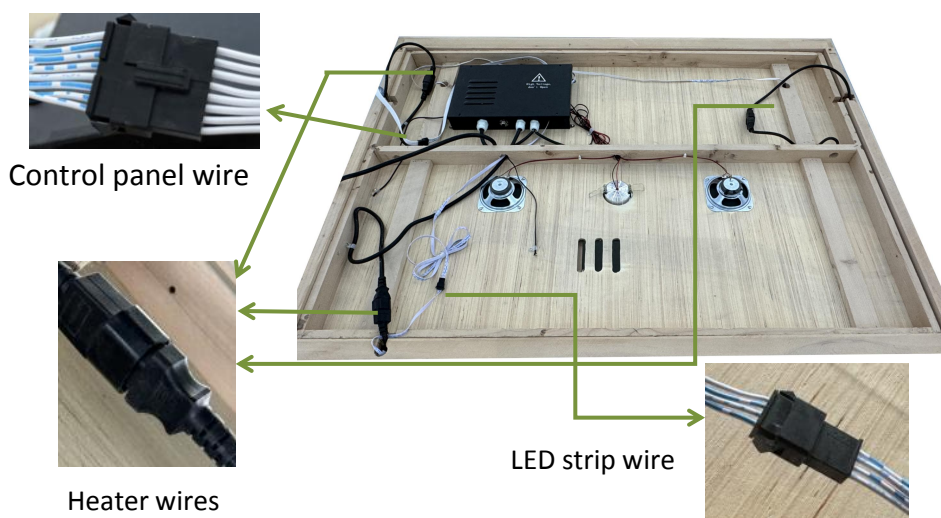
Step 6, Part 4: Right panel



Fix the ceiling
with rear, side,
front panels via
drilled holes
with 3.5cm

Step 7, Part7: Front panel

Step 8, Part 8: Ceiling



Connect all the wires on ceiling



After assure everything works well, assemble Part 9: Dust-proof cover on ceiling with 1.6cm screws. Don't forget to draw out the power cord via the hole on dust-proof panel.



Step 9: Part 10: Door handle

Accessories



P11: Oxygen ionizer

Tips:

Hang the oxygen ionizer to the screws on wall.

Press “ion” to release negative ion.

Install the cup holders at your desired location with 2.5cm screws. Make sure not to install on or in front of the heaters. If you don't like or there is nowhere suitable to install it, just ignore it.



P12: Cup holder

Operation Instructions of Control Panel



Power Button (On/Off)

This button turns the sauna on or off.



MP3 Switch Button

Insert USB device into the USB port, then press this button to switch to MP3 mode.



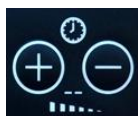
FM Switch Button

Press this button to switch to FM (Radio) mode.



Music Control (Play/Pause)

Press this button to play or pause when it is in MP3 mode.



Time Button (Increase/Decrease)

Press the (+) or (-) button to increase or decrease the sauna timer. It will count down until 00 and shut down the heaters.

Tips:

- 1, If you would like to keep the sauna working continuously (no time limit), press and hold both (+) and (-) buttons, the display should show two dashes (--). To start the timer again, just click on one of the Time Control buttons.
- 2, Press the (+) or (-) button to increase or reduce volume.

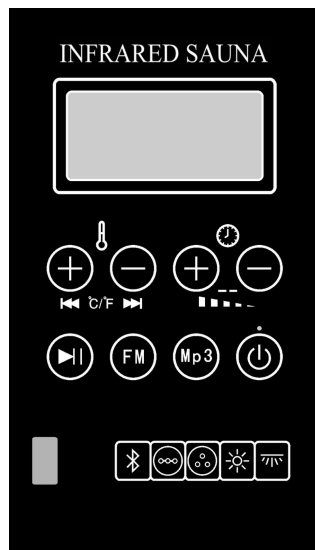


Temperature Control (Increase/Decrease)

Press the (+) or (-) button to increase or decrease the sauna temperature. The heaters will turn off when the sauna reaches its desired temperature.

Tips:

- 1, Temperature setting ranges from 64 to 149°F.



- 2, Press and hold both (+) and (-) buttons to switch the temperature display between Fahrenheit and Celsius.
- 3, Press the (+) or (-) button to choose next or previous song in MP3 mode, or tune in FM (Radio) mode.



From left to right, the buttons marked as 1, 2, 3, 4, 5 with description in details as below:

- 1,** Press this button to connect bluetooth with the devices which have blue-tooth function to play music.
- 2,** Press this button to change colors of therapy light automatically, if there is any therapy light and operate by the control panel.
- 3,** Press this button to select color of the therapy light one by one, if there is any therapy light and operate by the control panel.
- 4,** Press this button to power the interior light (reading light) on or off.
- 5,** Press this button to power the exterior Light (eave light) on or off, if there is any exterior light. Sometimes it is used to control the LED strip if there is.

Self-Checking and alarm modes

The control panel has self-check function, but it only works when there is something abnormal. Self-checking and alarm modes include:

- a,** If the electric relay is abnormal, it alarms 2 long beep every 2 seconds.
- b,** If the temperature sensor wire loosen, it alarms 1 long beep every 2 seconds.
- c,** If the temperature of driver board is higher than 80°C, it alarms 2 short beep every 2 seconds.
- d,** If the signal between driver board and control panel is abnormal, it alarms 3 short beep every 2 seconds.
- e,** If the input voltage is too low, it alarms 4 short beep every 2 seconds.
- f,** If the wire connection for left loudspeaker loosen, it alarms 1 shot beep and 1 long beep every 2 seconds.
- g,** If the wire connection for right loudspeaker loosen, it alarms 1 long beep and 1 shot beep every 2 seconds.

Usage Guide

Conditions to use the sauna:

- 1, Temperature range: +5~+ 40 °C (41-104 F degrees).
- 2, Relative humidity: ≤85%
- 3, Depression: 700-1060 hPa
- 4, Main supply: AC 110V Frequency 60Hz ±1

Allow your sauna to warm up for 15-20 minutes or until it reaches 43°C (110 F degrees). You may close the vent on the ceiling to speed up the preheating process.

Drink plenty of water to avoid dehydration during or after the sauna using. It is better not to exceed 40 minutes one time.

When you use the sauna, please switch on the oxygen ionizer. If you still feel stuffy, open the vent in the ceiling to allow fresh air into the sauna.

Tips:

- Start using the sauna within 10 °C before it reaches the set temperature in order to receive the most benefits of the infrared heaters. For example, if you set the sauna to 52°C (125 F degrees) , you'd better start using the sauna when it reaches 46°C (115 F degrees) or 2-3 °C less.
- Customers reported an average use temperature of 52 °C (125 F degrees) .

Precautions to Use the Sauna

- If the temperature becomes unbearable, decrease the temperature or shut off the sauna immediately.
- Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated.
- Concern the temperature if using the sauna with the elderly or children. Children need adult to accompany when using the sauna.
- Do not consume alcohol or drugs when using the sauna.
- If using prescription drugs, please seek advice of a personal physician or a pharmacist.
- Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation, which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat.
- Chronic diseases such as Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.
- The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.
- An individual that has insensitivity to heat should not use any type of sauna.
- Heating of the low back area of women during the menstrual period may temporarily increase their menstrual flow.
- If have a recent acute joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside.
- Metal pins, rods, artificial joints or any other surgical implants should consult a surgeon prior to using an Infrared Sauna.
- Do not splash water on the heaters or any electrical component inside the sauna.

- Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
- Do not install a lock on your sauna.
- All repairs need to be authorized by the supplier's representative; otherwise product warranty may be voided.

In the rare event, you feel painful and/or uncomfortable, immediately discontinue sauna use.

Cleaning and Maintenance

Use a clean damp towel to wipe off the bench, floor and around the back panel.

Do not use a towel that is too wet and can drip water inside the sauna and do not use cleaning agents inside the sauna.

Make sure to keep the sauna dry and clean. Do not leave towels or water glasses or bottles inside the sauna after use.

Wipe the exterior surface of the sauna with a towel and clean the glass at least once a month.

Wood Care

If the sauna exterior body was scratched or scuffed, it can be concealed by using a small amount of furniture polish, oil or other furniture treatment.

The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding.

Please avoid any treatment containing benzene or a high concentration of alcohol.

Troubleshooting

The sauna does not power on

- Make sure the power cord of sauna is connected to the socket at your home.
- Make sure the power cord of sauna is connected well to the electric box on the top of sauna.
- Make sure the overload protector (breaker) did not turn off.
- Make sure the control panel wire is connected.
- Make sure the power socket at your home is working by trying a different device on the same socket.

Control panel displays abnormal or has malfunction

- To make sure whether the wires for control panel connected well. There are 3 connections of the wires: to the control panel, to the circuit board, middle connection on roof.
- Replace a new wire for control panel.
- Replace a new control panel.

One or a few heaters do not work

- Make sure the heaters' plugs are connected on top of the sauna.
- Make sure the heaters' plugs under the bench are connected.
- Floor heater is not as hot as other heaters (by design).
- Make sure the plug behind the heater is connected (you would need to unscrew the heater).
- Replace a new heater.

LED strip does not work

- Make sure the wires are connected well.
- Replace a new LED strip.

For more troubleshooting advice or to report a problem, please contact with your supplier.