

DEPARTMENT OF THE NAVY NAVAL SPECIAL WARFARE CENTER 2446 TRIDENT WAY SAN DIEGO, CALIFORNIA 92155-5494

6000 01 27 May 14

From: Executive Officer, Naval Special Warfare Center

To: Mark Smith, President-Elite Professional Swimming LLC

Subj: INTENT TO INITIATE RESPIRATORY RESISTANCE

TRAINING/REHABILITATION FEASABILITY ASSESSMENT ICO

CORDIO2 RESPIRATORY TRAINER

- 1. In an effort to improve the physical performance of Basic Underwater Demolition/SEAL (BUD/S) candidates as well as rehabilitation times for students who suffer respiratory injuries during pipeline training, Naval Special Warfare Center (NSWCEN) is conducting a respiratory resistance training feasibility assessment with the cordi02 Respiratory Trainer (RT).
- 2. NSWCEN is currently incorporating the cordi02 RT into rehabilitation programs focused on students with respiratory injuries (i.e. Swimming Induced Pulmonary Edema/Low Oxygen Saturation). The intent is to review respiratory injury recovery rates to determine if more students can return to training in a shorter period of time by using the cordi02 RT.
- 3. If this feasibility assessment is successful, NSWCEN intends to develop a cordi02 RT training program for aspiring BUD/S candidates at Navy Boot Camp/NSW Prep as they prepare for the rigors of BUD/S pipeline training.

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