



DETECT THE FIRST SIGNS

HEARING LOSS



Laflamme
& ASSOCIÉS
audioprothésistes

PREVENTION GUIDE 2022



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Laflamme
& ASSOCIÉS
audioprothésistes



WHO ARE WE?



Laflamme & Associés offers professional services for people with hearing difficulties. Founded over 50 years ago, we stand out in the field of hearing aids and accessories.

Our team consists of professionals recognized by the Ordre des audioprothésistes du Québec who combine passion and dedication to provide quality service every day.

We also work closely with various professionals in the health network to ensure the best follow-up for our clients. Our seven consulting offices allow us to meet the ever-growing demand of our clients.





WARNING SIGNS OF HEARING LOSS



DETECT THE SIGNS

If you think you have hearing loss or someone you know seems to have difficulty hearing, some of these signs can confirm.

Raise your voice when talking

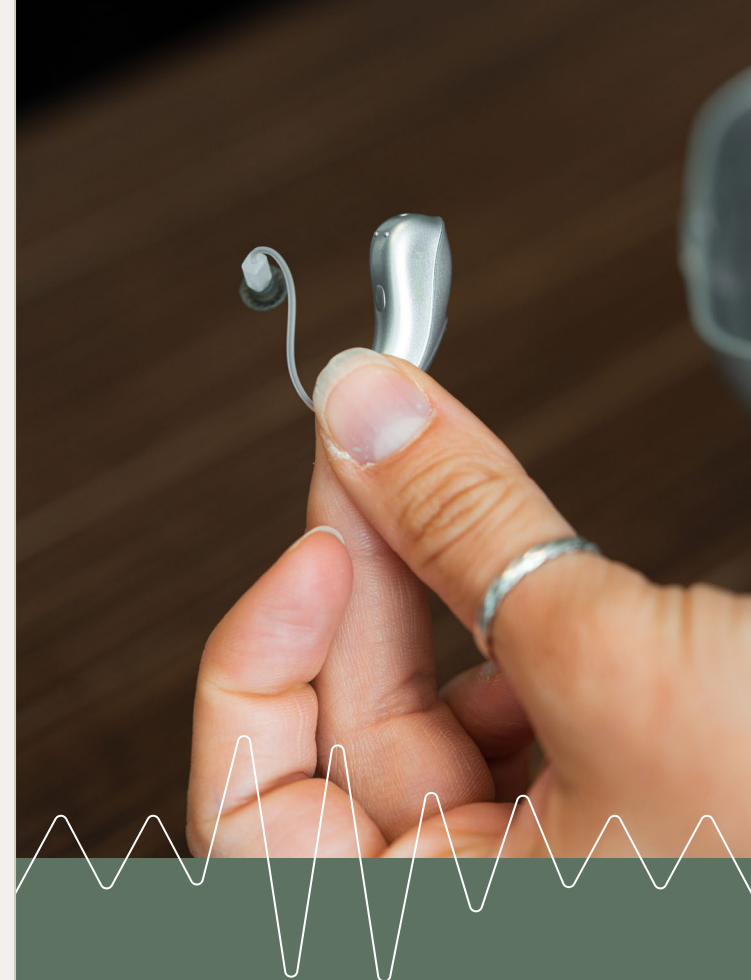
Make the person you are talking to repeat themselves often

Miss parts of a conversation

Increase the volume of the TV

Hearing sounds or words without understanding them

Having difficulty following a conversation in a noisy environment



Several other things can help identify hearing loss. Consult one of our **audio-prosthetists** if you identify with some of the statements above.



Take this **quick test**, and you will get a good idea of your hearing health.

CHECK THE STATEMENTS THAT APPLY TO YOU.

HEARING TEST



Do you have **hearing problems**?
Do you or someone you know think you have a **slight hearing loss**?

- 1 In a calm conversation with one or two people, I have to ask people to repeat what they say.
- 2 My family members complain because I always need to turn up the volume on the TV.
- 3 When I'm on the phone (mobile or not), I do not understand everything being said.
- 4 During a game of cards (or other games) around a table, I have difficulty hearing the conversation.
- 5 When I find myself in a busy public place, such as a shopping mall, I have difficulty communicating with others.
- 6 During a meeting, I must concentrate on ensuring I hear everything.
- 7 At the restaurant, I have to ask people to repeat what they say.
- 8 At a conference or when I am at church, I do not grasp all the information.
- 9 When I listen to music or attend a concert, I don't hear all the music.
- 10 If I'm in the car with other people, I cannot listen to what they say.

If you answer **YES TO AT LEAST THREE QUESTIONS**, we recommend that you **HAVE A HEARING TEST** with one of our hearing care professionals. Find out which of our offices is closest to you and book an appointment today.

DIFFERENT TYPES OF PROTECTION



NOISE PLUGS

Attenuates between 20 and 30dB. Ideal for workers in noisy environments while retaining some speech.



SLEEPING PLUGS

Similar to noise plugs, but with a smaller shape that maximizes comfort for side sleepers.



MUSICIAN PLUGS

Ideal for musicians or fans of music concerts. Attenuates between 9 to 25dB, all while preserving the richness of the music.



SHELL

Perfect for people who work in a loud environment requiring high attenuation.



SWIMMING PLUGS

Often buoyant, perfect for someone who wants to avoid getting water in their ears, especially for people prone to ear infections.



HUNTING PLUGS

This plug has an active filter that increases small, faint sounds, such as the crackling of leaves and branches. Additionally, this plug automatically blocks out sound and protects your hearing as soon as you pull the trigger.



CONTACT US

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De Maisonneuve Est,
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[SEE ON MAP](#)



LONGUEUIL

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Ouest

J4J 2J2

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Fax : 450 396-4849

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MONT-SAINT- HILAIRE

7, Boul. Sir-Wilfrid-
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J3H 3N3

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LAVAL

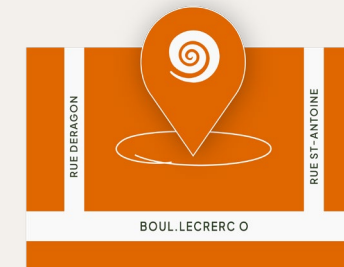
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H7S 2C6

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Fax : 450 933-0187

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GRANBY

320, Boul. Leclerc
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COWANSVILLE

370, rue De la Rivière,
bureau 201

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SAINT-JEAN-SUR- RICHELIEU

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