

Comfort Essential Oil Blend



Topical



Pregnancy Avoid



Baby/Child
Avoid

Birch, Peppermint, Clove, Helichrysum Blend {Clary Sage, Frankincense, Elemi, Roman Chamomile, Idaho Tansy, Birch, Ylang Ylang}

This oil may offer relief from stiff bones and joints, aches, torn ligaments, headaches, bumps and bruises, broken blood vessels, body soreness.

TOPICAL:

Apply diluted to area of concern.

INTERNAL:

It is not advised to take essential oils internally unless under the guidance of a licensed physician who is also certified in aromatherapy.

CAUTIONS: Avoid eyes & ear canal.
Not for children or pregnancy & lactation.
Skin irritation.
May inhibit blood clotting.



For more information and recipes, visit:

MIGRAINE RELIEF

10 drops Basil essential oil
10 drops Comfort essential oil blend
2 ½ tsp carrier oil of choice

Container: Empty 10ml roll-on bottle

DIY: Combine all ingredients in roll-on bottle. Shake well.

To Use: Apply to area of concern as needed for headache/pain relief.



These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of reach of children. Not for internal use or undiluted topically. Consult with a licensed physician before use.