## L'avender Essential Oil





Topical

Inhalation





Child Safe 2+

**Pregnancy Safe** 

CAUTION: Avoid eyes & ear canal.





May be good for burns, relaxing, cleansing, mosquito bites, cravings, intestinal gas, damaged skin, intestinal issues, perineal tears, Parkinson's Disease, analgesic, antispasmodic, digestive stimulant, hypo tensor, sedative, sleep inducing, headaches, migraines, dementia, vaginal candida, tickle cough, cuts, crazes, burns, promotes wound healing, psoriasis, eczema, sunburn, insect bites, headache, migraine, insomnia, rashes, nervous conditions, anxiety and tension, stimulates the growth of new cells, kills bacteria, antibiotic, antiviral, prevents scarring, eases pain, abscess, acne, allergies, athlete's foot, boils, bruises, inflammation, dermatitis, eczema, insect bites, insect stings, insect repellent, psoriasis, scabies, sunburn, minor burns and scalds, sores, pimples, wounds, reduces body odor, increases energy, eases digestion, respiratory problems, urinary systems, relieves cramps of intestines and uterus, helps expel gas, regulates menstrual flow, antiseptic, antiviral, antibiotic, expel mucus, inhalation and chest rub for bronchitis, coughs, colds, laryngitis, mucus, throat infections, arthritis, lumbago, muscular aches and pains, rheumatism, sciatica, muscle tension

TOPICAL: Apply diluted on location as desired.

INHALATION: Diffuse or inhale directly



## For more information and recipes, visit:

## DID YOU KNOW?

The amount of essential oils used for insomnia is important, as one or two drops of lavender can be relaxing and soporific, but a high dose can have the opposite effects (Price, 267).



These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of reach of children. Not for internal use or undiluted topically. Consult with a licensed physician before use.