Eucalyptus Globulus Essential Oil





Topical

Inhalation





Child Safe 6+

Pregnancy Safe

CAUTIONS: Avoid eyes & ear canal. Do not apply to the face or neck areas of babies or children. Caution with breastfeeding. Not intended for small children.

May be good for blood circulation, MRSA, congestion, chest infections, colds, influenza, sore throats, coughs, bronchitis, skin infections, ulcers, sores, rheumatism, aches and pains; as an antiseptic and anti-inflammatory, acne, analgesic, antibacterial, anti-fungal, antiseptic, antiviral, arthritis, candida, decongestant, diuretic, expectorant, fever, flu, intestinal parasites, migraine, muscle pain and stiffness, rheumatism, sinus infection, asthma, burns, blisters, cuts, herpes, wounds, genital herpes, body aches, chicken pox

## TOPICAL:

Apply diluted on location as desired. Ok for children 6+ with proper dilution and avoiding the face and neck areas.

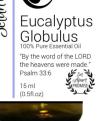
> INHALATION: Diffuse or inhale directly.

## **INTERNAL:**

It is not advised to take essential oils internally unless under the quidance of a licensed physician who is also certified in aromatherapy.







For more information and recipes, visit:

Eucalyptus essential oil

Mix all ingredients in a bowl until evenly distributed. Place mixture in an ice cube tray or mold with your hands into small discs. Let dry and remove from mold. Store in an airtight container. To use: Before taking a shower, add 1-2 drops eucalyptus essential oil to the disc and place in the shower. The disc will dissolve and you will benefit from the vapors.

> These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of reach of children. Not for internal use or undiluted topically. Consult with a licensed physician before use.

SHOWER MELTS 2 Cups Baking Soda 4 Tablespoons Water