

Reference No.:- 02/2017

CLINICAL TRIAL REPORT OF CHOLESTOBLAST CAPSULE

Manufactured by:-

Ruchi Soya Industries Limited, Khasra No. 92-93, Vill. Makkhanpur, Bhagwanpur, Roorkee, Haridwar, (U.K.)

Formulated & Marketed / Funding By:-

Trigya Health Products Private Limited, E-375, 1st Floor, Greater Kailash -II, Delhi-110048

Place of study: - Prankamiya Ayurveda, Dr. Sharma's Hospital, 95/1 Rajpura Gurmandi, Delhi -110007

Packing Details: - Packed 60 Capsules in a Bottle

Best Before: - 36 Months from before the date of Mfg.

Formulation: - Approved By Directorate of Ayurveda, Dehradun (Uttarakhand)

Mfg. Lic. No.:- UK AY- 216 / 2010

Composition:

Each capsule Contains

S. NO.	Common name	Botanical name	Part used	Sastriya prayog	Qty in mg	Ref book
1	Turmeric	<i>Curcuma longa extract</i>	Rhizome	Raktashodhak, Vishghan, Shoth Har	450	BPN: 111
2	Black Pepper 5% Piperine	<i>Piper nigrum extract</i>	Fruit	Agnimand, Rochak Har	10	BPN: 17
3	Turmeric (95% Curcumin)	<i>Curcuma longa extract</i>	Rhizome	Raktashodhak, Vishghan, Shoth Har, Yakrit Vikar Har	30	BPN: 111

Dosages form - Oral

Dosage - Adult: 1 to 2 capsule twice a day or as directed by physician.

Vehicle - With Luke warm water.

Indication - Blood purifier (Rakta Shodhak) , Anti allergic (Vishghan), Healthy cholestrol

Date of Starting - 09/11/2016

Date of Completion - 11/01/2017

Trial Done By - 1. Dr. Harsh Gupta
B.A.M.S, M.D (Ayu.)

2. Dr. Shivani Kapil
B.A.M.S, M.S (Ayu.)

PRANKAMIYA AYURVEDA
(Center for Panchkarma & Ksharsutra therapy)

Director
Vd. Harsh Gupta, (M.D. (Ayu.))

Number of Patient - 40

INTRODUCTION : Directions for Use: Take 1 Capsule twice a day or as directed by physician.

Out of 40 subjects, 25 had "Remarkable" improvement,

9 had "Very Good" improvement,

6 had "Excellent" improvement in the cholesterol related disorder.

There were no clinically significant adverse reactions, either reported or observed, during the entire study period and the overall compliance to "PRESERVA CHOLESTOBLAST CAPSULE" was excellent.

The principle constituents of Turmeric and Black pepper (Piper nigrum)

Turmeric and Black pepper (Piper nigrum) have become the chief weapon in the war on cholesterol related disorder.

The results of some new studies are promising, indicating that Turmeric and Black papper (Piper nigrum) can increase the blood circulation, High and low blood pressure and blood clots and have antioxidants property that are known to help protect the toxins, and help to regenerate heart cells

The excellent effects of "PRESERVA CHOLESTOBLAST CAPSULE" might have been due to the synergistic antioxidant, heart tonic, and properties of the ingredients, which also have excellent safety profile.

CONCLUSION:- "PRESERVA CHOLESTOBLAST CAPSULE"

45 % decrease in the chronic cardiac disease

35% control in blood pressure

18 % decrease in atherosclerosis

This study observed a significant improvement in which also have excellent safety profile. Therefore, it may be concluded that "PRESERVA CHOLESTOBLAST CAPSULE" is effective and safe for usage, in the management of cholesterol, blood clots etc

The chronic disease and blood circulation related disorder are causes population and often poorly understood and managed.

PRE-DISPOSING FACTORS

- i. Hereditary
- ii. Constipation
- iii. Occupation
- iv. Eating

JUSTIFICATION OF HERBAL THERAPY

A total of 40 patients, of both sexes, aged from 40 to 60 years, Cardiac issues and related disorder, and who were willing to give informed consent in the study.

STATICAL DATA: (According to Sex)

S. No.	Sex	No. of Patient
1-	Male	18
2-	Female	22

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STATICAL DATA: (According to Age)

S. No.	Age	No. of Patient
1-	Between 40 to 45	5
2-	Between 46 to 50	17
3-	Between 51 to 55	12
4-	Between 56 to 60	6

STATICAL DATA: (According to Diet)

S. No.	Diet Habit	No. of Patient
1-	Vegetarian	18
2-	Non-Vegetarian	22

OBSERVATION & CRITERIA

Criteria of Heart related and cholesterol related disorder were the following:

- 1- Decrease cell fatigue in chronic diseases
- 2- Decrease Atherosclerosis
- 3- Relief from constipation
- 4- Control of secondary infection

Patients were also interrogated for any side effects occurring during the period of the trial.

1. Dr. Harsh Gupta
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