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A DOUBLE PASS

Winter FASHION

Issue 42 - Winter 2019



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| Bunbury Cathedral Grammar School

WELCOME TO THE LATEST EDITION

uring the process of compiling this latest edition, it suddenly struck me just how diverse the Bunbury eating out scene has become

Well, to be honest, I've known it for a while, but I suppose it was a visit to one of Bunbury's newest eateries, Common Ground, that got me thinking about it again. I have to confess over the last few months I have enjoyed some great meals out at Nicola's (it's hard to go wrong there - isn't it?), Funkee Monkee, The Bayview Bar, Market Eating House and the aforementioned Common Ground; all of them excellent in their own way and, of course, just a small snippet of what's currently available. Incidentally, I mention this (if you were wondering) as I firmly believe, outside of Perth, there is no better choice of excellent restaurants and cafés in such a condensed area. Get out and explore them!

Enter our reader competition and enjoy another great Bunbury night out! Turn to page 58 for the chance of winning one of two double passes to Comedy Hypnotist Matt Hales' Feel Good Factory. This fastpaced and hilariously funny hypnosis show, showing at BREC in November, combines audience participation with the unbelievable abilities of the human mind. Good luck!

The latest fashion trends, upcoming local events, the best in local food and wine - it's all in the latest issue.

Enjoy the read,



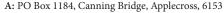


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Thurs 12 Sept

Fri 26 Jul MY ROBOT

Shot

Ogilvie's

WHAT'S ON

Bunbury Regional Entertainment Centre

2 Blair St, Bunbury Tel 1300 661 272 www.bunburyentertainment.com

Fri 21 Jun Dauntless Movement Crew: Jump First, Ask Later

This high-octane, multi awardwinning performance features members of the Dauntless Movement Crew and tells the stories of six young champions of parkour from Fairfield, Western Sydney. Urban freestyle, parkour and dance intersect to create a killer theatre experience about finding your path by jumping over life's obstacles. Stay after the show for a Q&A with the cast!

Sat 22 Jun Eisteddfod 2019

Bunbury's own Festival of Performing Arts, The WA Performing Arts Eisteddfod is a safe, family-friendly event inclusive of all abilities and age groups.

Sun 23 Jun The Ultimate Eagles Experience

A captivating 2 hour live tribute show recreating the country/rock sound of the hugely popular American band, The Eagles. Enjoy all of the classic hits together with a mix of solo hits from members Don Henley, Joe Walsh and the late Glenn Frey.

Wed 26 Jun Puttin' On The Ritz

Back by popular demand, following the huge success of their 2017 debut Australian tour, and direct from London, Puttin' On the Ritz returns to BREC. Come and enjoy an all-singing, all-dancing celebration of some of the most iconic music of all time. Delivering all of the razzamatazz and style, this wonderful extravaganza celebrates the most famous songs that hark back to the golden age of Hollywood.

Thurs 27 Jun to Sun 7 Jul BREC International Film Festival – Winter 19

>



Sat 29 Jun Eisteddfod Gala

A gala performance showcasing the outstanding talent of the 2019 season.

Sun 30 Jun Johnny Cash Live – San Quentin 50 Years On

A brand new show featuring more than 35 hits, including the greatest moments from the San Quentin album together with Johnny Cash's number one hits.

Wed 3 Jul The Tap Pack

Australia's newest and hottest tap dance sensation. Picking up from where The Rat Pack left off, The Tap Pack conjures up a modern twist to the crooners and artists from the 50s through to the noughties.

Wed 25 Sept THE TWITS

Thurs 11 Jul Soweto Gospel Choir – Freedom

Winner of the 2019 Grammy Award for Best World Music Album for their latest album "Freedom", a collection of songs that celebrate and commemorate South Africa's democratic movement's struggle for freedom, Soweto Gospel Choir now bring their Freedom concert to Australia for the first time.

Fri 12 Jul Kevin Bloody Wilson - F.U.P.C Tour

Don't miss the chance to see one of Australia's most unique comedy legends.

Fri 26 Iul Children's Theatre Show: My Robot

The award-winning masters of children's theatre, Barking Geko return with their newest play about making new friendships, bursting with special robot tricks, fun and laughter.

Sat 27 Jul The Robertson Brothers - 60s Variety Show

Travel back in time through the prism of the variety TV show format to embrace and celebrate the hits of The Everly Brothers. Frankie Valli and The Four Seasons, The Bee Gees, The Hollies and more.

Sat 10 Aug THE SAPPHIRES

Wed 31 Jul Maggie Dent - Real Kids In An Unreal World

Thurs 8 Aug Ross Noble - Humournoid

The king of improvisational comedy is back! With an on-stage presence like no other, his exuberance, spontaneity and cerebral style have established him as one of the world's best-loved comedians.

Sat 10 Aug The Sapphires

A dazzling multiple award-winning play that follows the heartwarming tale of four young Australian women who get the chance to change their tune and their lives as they travel to Vietnam to entertain the US troops.





Sun 11 Aug The Australian Bee Gees Show -2019 Tour

Presented in two parts, this nostalgic trip down memory lane features all of the hits in a multimedia concert event. Completely reworked with a brand new script, the show tells the story of the amazing career of the Brothers Gibb.

Thurs 15 Aug Bell Shakespeare's Much Ado About Nothing

A saucy and razor-sharp battle of wits between the bickering Beatrice and Benedick, who wield words as weapons, their banter betraying their love for each other.

Sat 17 Aug Lee Kernaghan - Backroad Nation Tour

Following his sold out 25th Anniversary Tour, Lee is back with a brand new album Backroad Nation.

Thurs 22 Aug Opera Australia's Madama Butterfly

Opera Australia presents this enchanting love story that reaches across cultures, across oceans and across time. Performed in its original language Italian, with English subtitles, Australia's best opera singers take to the stage accompanied by a live chamber orchestra, local children's chorus and dazzling costumes and sets.

Thurs 12 Sept Isaiah Firebrace - Live & Bevond Tour

Backed by a 4-piece band, Isaiah will perform his hit songs from The X Factor Australia, originals and his Eurovision entry Don't Come Easy.

Thurs 15 Aug MUCH ADO ABOUT NOTHING

Wed 25 Sept The Twits

Full of dazzling puppetry, wonderful story-telling and high-energy physical theatre. The Twits is a brand new stage adaptation by Spare Parts Puppet Theatre Company of Roald Dahl's unsentimental and grotesque story.

Sat 28 Sept Age Of The Phoenix

A journey of myth, magic, belly dance, burlesque and song from the south west's Beautifully Haunted Gothic Belly Dance and Burlesque Company.

Sat 2 Nov Comedy Hypnotist Matt Hales Feel Good Factory

A fast-paced and hilariously funny hypnosis show that combines the fun of audience participation with the unbelievable abilities of the human mind.



Capharnaum



The Trouble With You



Thurs 27 Jun to Sun 7 Jul

Bunbury Regional Entertainment Centre

Celebrating its 27th year of presenting international films, BREC, along with sponsors City of Bunbury, South32 and Southern Cross Austereo, are proud to present the Winter 2019 International film Festival, featuring eight exceptional films from around the globe.

This year's festival includes Aga, an award-winning drama from Bulgarian writer-director Milko Lazarov, which follows the endearing story of an elderly Inuit couple and their struggle for love, forgiveness and survival in the vast frozen tundra of Northern Siberia. Featuring majestic widescreen cinematography, Aga is a must see on the big screen.

Also featured is the sparkling new screwball comedy *The Trouble With You* from French director Pierre Salvadori and Academy Award nominee for Best Foreign Film *Capharnaüm*, a heart-wrenching drama that follows the misadventures of 12 year old Zain as he fends for himself and a baby named Yonas on the streets of Beirut.

For ballet fans, BREC will also broadcast the longest running ballet in London's West End, *Mathew Bourne's Swan Lake.* The ballet was filmed earlier this year at Wells Theatre, London, in high-definition for cinema. Bourne's award-winning dance company adds a unique contemporary twist to Tchaikovsky's classic and much-loved production.

Other showings include the multi award-winning, debut drama from Paraguayan writer-director Marcelo Martinessi, *The Heiresses*, as well as French director Ludovic Bernard's comedy drama *In your Hands*, which follows an emotionally stirring tale of a young man and his rare gift for music.



Finally, the festival also includes *Romantic Road*, a delightful documentary about love and adventure, and veteran actor Bill Nighy features in an elegantly English, offbeat comedy-drama *Sometimes Always Never*.

Film lovers looking for the best value on cinema tickets are encouraged to purchase a BREC Cinema Saver booklet, which includes five tickets. Tickets are available at the door or in advance at bunburyentertainment.com or via BREC's Box Office 1300 661 272.

Sometimes Always Never

OTHER EVENTS

The Bunbury Markets

1st and 3rd Sat of every month (except August) 8am to 1.30pm Oueens Gardens. Cobblestone Drive *(behind the skate park)* 0428 414 720

Fri 21 to Sun 23 June

Truffle Kerfuffle Australian Truffle Festival

Fonty's Pool, Seven Day Road, Manjimup www.trufflekerfuffle.com.au

Thurs 15 to Sun 18 August

Nannup Flower and **Garden Festival**

Vasse Highway, Nannup www.nannupgardens.org.au

Sat 24 & Sun 25 August

Balingup Medieval Festival

Balingup www.balingupmedievalcarnivale.com.au

Sun 29 September

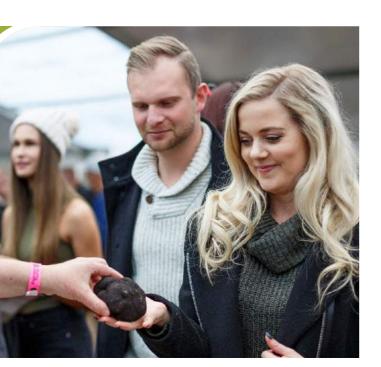
South West Mud Fest

Bootleg Brewery, Puzey Road, Wilyabrup www.mudfestwa.com.au

Sat 12 October

Dardanup Bull and Barrel Festival

10am to 9pm Dardanup Town Site www.bullandbarrel.net.au



Sat 26 October

Brunswick Agricultural Show

8.30am to 9pm (Gates open 6am) Brunswick Showgrounds, Brunswick Junction www.brunswickshow.com.au

Fri 8 to Sun 10 November

27th Annual Blues at Bridgetown

Festival Bridgetown

www.bluesatbridgetown.com.au

Sat 23 November

Donnybrook Food & Wine Festival

Amphitheatre, Donnybrook www.donnybrookfoodandwinefest.com.au

Grand Cinemas Bunbury

33 Clifton Street | Tel (08) 9791 4418 www.grandcinemas.com.au

20 June	25 July
Secret Life of Pets 2	Palm Beach
Toy Story 4	Late Night
Child's Play	27 July
27 June	André Rieu's 2019 Maastricht Concert
Yesterday	1 August
Annabelle Comes Home	Fast & Furious Presents: Hobbs & Shaw
4 July	Amazing Grace
Mystify Michael	15 August
Hutchence	Once Upon A Time In Hollywood
After	A Dog's Journey
Spider-Man: Far From	18 August
Home	Ghost
11 July	22 August
Booksmart	Ma
18 July	12 September
The Lion King	UglyDolls
I Am Mother	19 September
	Dora And The Lost City Of Gold



Ride Like A girl 8 December The Warriors

HAVE AN EVENT

TO PROMOTE?

If you have an event you would like to promote, simply email details to editorial@blueskymedia.net.au, stating the date, start and finish time and we will do our best to publish it. Remember, dates and times of the above events are subject to change.



he call of winter demands a wardrobe overhaul so there is no excuse to not fit in a bit of much needed retail therapy. But don't fret as autumn favourites can easily transition, with a little help from the odd new item, over to the new season.

Let's start with the printed midi dress that may even have been acquired as far back as summer. Slip a skinny turtleneck underneath or wear an oversized belted cardigan to combat the chill in the air. Finish off with a pair of strong utilitarian ankle boots or Doc Martins.

Likewise, any autumnal midi skirt will also certainly go the distance through winter with a sweater. For petite figures, it is easier to wear a sweater that stops at the waistband, or tuck in a crewneck and even add a shirt underneath too. If taller, you also have the option of wearing a longer oversized sweater; a cable knit is perfect.

or a full over-sized coat are both set to be popular winter warmers...

Favourite midi skirts and dresses for winter are feminine and silky and designed for flow and movement, often with fine or boxy pleats. Full length dresses with shirred bodices, sleeves or yokes have an extra notch of gracefulness.

Colours for skirts and dresses are rich: striking reds, decadent deep greens and purples, earthy yellows and oranges. All can be teamed with the animal prints for the season of leopard or snake. Or go for floral –



Hannah Bag at travelandlivingcollection.com.au - \$439 Model – Iona Dress – Sunflower Seed Vintage, Busselton Flowers, Bush + Bloom, Busselton Photography – Sarah Taylor, Red Leopard Photography

delicately ditsy and small or larger scale designs, which create more impact.

A check print is almost essential this winter. It can be a greyscale hounds-tooth, a classic simple check or a colourful plaid. For pants, either wide-leg or tapered and cropped, any knit can be added with ankle boots or loafers for work, or sneakers for off-duty times. And a check-print boyfriend blazer or a full over-sized coat are both set to be popular winter warmers.

Finish off with the perfect accessories. Add a bag, and although belted versions are still in demand as are crossbodies, this season's bag of choice is the roomy tote. For hair, it's all about adornments, try oversized hair slides, pins and clips or even a headband or turban. From cosy cable knit to vintage topknots and all satin, velvet and plissé versions in-between, it's an easy way to style up a winter outfit.

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BUNBURY CATHEDRAL Grammar School

tudents at Bunbury Cathedral Grammar School benefit from a wide variety of opportunities that help them to develop their strengths and flourish.

"In excellent all-round education, there must be opportunities for social learning, for learning what to do when things do not go according to plan and for developing relationships with people from all walks of life and from around the world," says Mr Michael Giles, Head of School.

LEARNING OUTSIDE THE CLASSROOM

The school ensures students have these opportunities by embracing play-based learning. This is visible in the beautiful open play spaces found around the 33 hectare campus where both learning and play take place daily. Learning through play develops diverse, imaginative and creative thinkers. It also improves language and collaboration skills.

There is also an extensive camps program, beginning in Year 1, and expanding as students progress through their education journey.

"Year 5 camp is crucial for making friends, learning about new cultures and, overall, having fun. We think Year 5 camp was the best because everyone helped each other to do their best throughout the activities," reports



Violet, Amelia, Miranda and Conor. Year 4 student, Bhuvika says, "Our camp experience was exciting, adventurous, scary, fun, challenging and surprising." Tanika adds, "We had fantastic fun face-planting down the dunes!"

Camps aim to challenge each student, helping them to build strong friendships, develop specific skills and discover more about themselves.

YEAR SEVEN TRANSITION PROGRAM

The school recognises the importance of Year 7 in a student's learning journey and is home to one of the first purpose-built Year 7 centres in the state. Through the provision of a carefully tailored transition program, students are gradually introduced and integrated into the larger Secondary School.

"The Year 7 centre has made the transition from primary to high school a breeze," note Year 7 students at the end of their first term.

Staffed by specialist Year 7 teachers, the program develops students' awareness of Secondary School expectations and provides them with the support and security they need to establish close bonds within their social groups. This transition helps to develop confidence and create a positive first experience of Secondary School.

JOIN THE FAMILY

The Bunbury Cathedral Grammar School family continues to grow, especially with the on-going success of the new 3-year-old Pre-Kindergarten program, Little Grammies. Families are invited to explore the extensive campus with personalised tours offered every day.

To learn more about the opportunities available for your child and arrange a personalised tour of the School, contact Enrolments today on (08) 9722 6004 or email enrol@bcgs.wa.edu.au

TECHNOLOGY & FINANCES BY THEO KRINOS

ike most businesses, banks are increasingly investing heavily in their digital services. Advancements in technology are rapidly making lives simpler and banks have realised how important it is to provide an enhanced banking experience for customers. Whether it's a more convenient, more efficient or more secure service, financial institutions appreciate that it's imperative to keep up with customer demands, and, in turn, these very advancements in technology are also helping banks evaluate what customers want from their digital offerings.

The number one used device in Australian households is, of course, the smartphone. With mobile phones featuring heavily in our lives, it stands to reason that mobile banking will become an increasingly important way of managing our personal finances.

Recent research has also found that mobile banking has the highest levels of customer satisfaction when it comes to managing finances. Banking apps are now the norm and have overtaken internet banking, banking at a branch and phone banking in popularity.

Offering improved convenience, from easy-pay options through Apple Pay and Google Pay to simple account balance checks, enhanced security from fingerprint and face ID login to in-app PIN number changes, and saving and budgeting assistance from managing credit cards to keeping track of spending, the list of services is endless. Store all of your loyalty cards in-app. No more rummaging through your wallet at the checkout. Or, set up a code and PIN on an app to allow family members to access your account in an emergency.

A number of different home lenders have also broadened their digital offerings and now provide different types of mobile apps designed to help manage what is, in most cases, our biggest monthly expense - our mortgage. Talk to your Smartline adviser to find out more.

Theo Krinos is Managing Director at Smartline, Bunbury. Located at 32 Stirling Street, he can be contacted on 9791 4177 or by email at tkrinos@smartline.com.au



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PROPERTY SETTLEMENT AND PEXA

SO WHAT IS PEXA?

PEXA (Property Exchange Australia) is Australia's online property exchange network. It assists its members, lawyers, conveyancers and financial institutions to lodge documents with Land Registries and complete financial settlements electronically rather than by way of a paper based system.

As a licensed settlement agent, I registered as a PEXA subscriber back in February 2016 and have found the training and support to be exceptional, which has aided enormously with the transition.

As of December 1st 2018, all new eligible, standalone transfers, caveats and withdrawal of caveats and any lodgement case consisting of eligible discharges, transfers, mortgages, caveats and withdrawal of caveats are required to be lodged electronically using the PEXA platform. After more than a century of using a timeconsuming paper-based settlement process, electronic conveyancing is now the standard in Western Australia.

BY JESSICA O'MALLEY SW PROPERTY SETTLEMENTS

PEXA minimises the manual tasks previously associated with property settlement by enabling members to transact together online via a digital platform. This minimises the chance for error whereas before errors would present themselves at the time of settlement which often meant settlement would be delayed or called off for that day with potentially more charges incurred.

WHAT ARE THE BENEFITS OF USING PEXA?

Firstly, it allows for faster completion of settlement through real time lodgement in one simple transaction. The information is more up-to-date with automatic feeds from sources, such as the Landgate Titles office and the Office of State Revenue, while stamp duty information and documents are signed and lodged online

It also allows for a wider range of settlement booking times and the ability to easily arrange or rebook a settlement with all parties. Clients also receive proceeds of the sale more quickly, in some cases within hours as opposed to waiting up to 4 days for a bank cheque to clear. Plus, it's not only the sellers that receive the funds quickly as all accounts are paid and disbursed at settlement, such as shire rates, pest inspection invoices and real estate commission.

Increased security with PEXA's pre-lodgement verification process also ensures all participating parties have accurate and matching information before proceeding to settlement thus dramatically reducing the risk of a delayed or failed settlement. Gone are the days of having to race of to the post office to meet a 5pm deadline for express post tracking.

Finally, the Certificate of Title is available by the next business day as buyers have their name registered on the title instantly. This can be a helpful for new home builds where the builder and shire need to see the Title before proceeding.

JESSICA O'MALLEY

Licensee

However, even though PEXA has streamlined one part of the settlement process, as a settlement agent, we are continually subjected to industry and legislative changes that buyers and sellers are required to meet to enable a property transaction to occur. Over the last two years, there have been new requirements, which include obtaining GST and ATO clearances, new stamp duty checks for all buyers ascertaining residency status in Australia and ID checks for buyers as well as sellers.

So much happens behind the scenes to ensure a smooth settlement. Your settlement agent brings the whole deal together to ensure you meet the settlement date with the least amount of stress.

For further information on PEXA and the property settlement process, contact Jessica O'Malley at South West Property Settlements on 0402 585 726.

south west www.conveyancing.pro property settlements Let Jessica get you Settled with all your South West Property Settlement needs.



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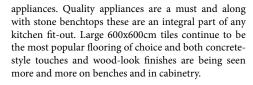
HOME DESIGN TRENDS

WITH SUE MCCAMON Ventura homes

elcome to my new regular column in *The Bunbury Life* in which I take a look at some of the latest trends in new home design.

There is, of course, nothing quite like designing and building your very own home and for most it will be one of life's biggest investments. That's why it is key to not only work with a reputable builder from the outset but to give the design and layout some serious thought. After all, the house will have to suit everyone in the family. Having been involved in the construction industry for over 30 years, working with one of the region's leading builders, Ventura Homes, here in Bunbury, has certainly enabled me to offer a wide range of design options to prospective clients.

So what are the key design elements our clients are currently requesting? Well, in the kitchen, the scullery is well and truly at the top of the wish list. This versatile space allows for much of the clutter from the kitchen to be stored out of sight. From small appliances to larger white goods, such as fridges and dishwashers, many of the latest scullery designs can incorporate the main kitchen sink, allowing a cleaner line and more entertaining space in the kitchen itself. Buyers have also become far more discerning on their choice of



Moving on to the main living area, we have recently seen the resurgence of the fireplace. These are fabulous as part of a feature stone wall and offer a welcoming touch to any room. However, for those looking to make a real statement, the skillion ceiling has become hugely popular and is a regular feature in many of the current Ventura show homes together with, in some cases, the added feature of gabled windows.

Free-standing baths are increasingly being requested for bathrooms and the walk-through double shower is still extremely sought-after. Latest trends include using a tiled wall instead of a shower screen, which not only looks stylish but saves on the regular cleaning involved with glass shower doors. Again, stone benchtops are all the rage and neutral colours continue to feature strongly both here and throughout the home.

Finally, the outside space continues to develop into a fully formed living space. If budget allows, then an outdoor kitchen offers a stylish way to entertain and makes use of the warm south west summer evenings. Stacker doors provide a great way of connecting the indoors to the outdoors and a ceiling fan in the alfresco area will keep everyone nice and cool. The outside area is also seeing a resurgence in unique, even glitzy in some cases, pavers as buyers move away from the expense and maintenance issues faced when installing decking.

If you would like to discuss designing or building a new home, feel free to give me a call on 9792 2333. I would be delighted to help you get started on this exciting and rewarding journey.

OPEN FOR VIEWING

The Leeuwin Ventura Homes

reaming of the ultimate in south west open plan living? This stunning 299sqm, 15m frontage display home from Ventura Homes has it all with 4 bedrooms, 2 bathrooms and a stunning rake ceiling feature in the living room, which allows for amazing natural light providing the illusion of even more space, created through height!

A high-quality, expansive kitchen boasts a cleverly designed layout offering unrivalled chef's functionality, leading through to a secret scullery and on further to a well-placed laundry. Whereas, the master-suite, positioned at the front of the home, is the ultimate in luxury. A stunning walk-in robe, coupled with a resort inspired en-suite with free-standing bath, creates the perfect relaxation space

Located at 9 Chamaeleon Approach, Australind, The Leeuwin is open Monday and Wednesday from 2pm to 5pm, Saturday from 1pm to 5pm, Sunday from 12pm to 5pm and on public holidays from 1pm to 5pm.





OPEN FOR VIEWING





SELLING A BUSINESS? WHO WILL BE BUYING YOUR BUSINESS IN THE NEXT FIVE YEARS?

he baby boomers are now in full flight to retirement. The percentage of businesses currently being sold that are owned by people over 50 years of age is high and growing. If you currently own a business and intend to sell over the next few years, then you may want to consider the following question. Will that retirement lump sum expected from the business sale be as large as you thought and arrive in a time frame that suits your retirement plans?

It is expected that a third of all businesses in the south west will be sold within the next 5 years. With that many businesses coming onto the market, it is potentially going to be a buyers' market with only the best businesses being sold. The other question is, "who is going to buy it?" The younger generations have different agendas to the older generations and the drive to be self employed, particularly with better economic conditions and relatively high employment, means that the buyer numbers are likely to be down.

Business sellers need to be working on their business

to ensure it is going to have the highest profits and the most attractive features for the pool of buyers out there. Buyers of today want flexibility and the choice not to have to work in the business 5 days a week. A business that can continue to run seamlessly with a change of ownership is highly sought after.

The most attractive businesses are going to be those that have as many of the following features as possible:-

Strong, growing profits Market leader and dominant in the field

Exclusive products, brands or services that are in demand

Strong employee relationships Lean operating base and the right staffing levels Not dependent on one or two customers

Put another way, the buyer of today wants high returns and low risk. These two factors combine to ensure that a well presented business will attract strong interest and the best market price.

Why Join the local Chamber of Commerce



"Good for Business, Good for the Community"



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Regional businesses collaborating and contributing to ensure economic growth for the benefit of the whole community

Introducing... MORRISSEY HOMESTEAD

stablished in 1984, Morrissey Homestead INC delivers a range of individualised services tailored to support people with disabilities and the frail aged, 24 hours a day, 7 days a week across the Bunbury and greater Bunbury region.

Operating from two premises at Glen Iris and Australind, the organisation is primarily a provider of Home Care Packages, Commonwealth Home Care Support and NDIS, along with being a DSC and HACC provider. It offers a wide variety of services in the community and in its centres together with a range of homecare services tailored to meet its clients' needs including: Activities in the community and at its centres, medication administration and support, personal care, in-home support, 1 on 1 social excursions and in-home respite or respite at its centres.





People who are supported by Morrissey take part in a wide range of daily activities of their choice, including cooking classes, self-defence classes, ten pin bowling competitions, movies, community gardening programs and fishing and weekly outings to places of interest in the community and surrounds.

At the centres those attending are treated to a selection of specially prepared home-cooked food including morning tea and a nutritionally balanced meal all produced on the premises by its team of cooks. Religious and special dietary requirements are also catered for with specialised ingredients and options to suit individuals' needs and health goals.

A team of fully-trained staff are chosen for their professional, friendly and caring skills while demonstrating knowledge of cultural diversity. Maintaining and improving the skills and knowledge of its staff is a priority for Morrissey Homestead, constantly investing in specific training to ensure clients receive a unique and quality individual service. Governed by a proactive, forward-thinking voluntary board, the organisation is fortunate to be able to call upon a team of highly professional volunteers who bring a wealth of experience and knowledge to the team.



We are providers of Aged Care Packages, NDIS, WANDIS and Home Care services, offering a range of varied programs and a tailored service including:

We believe in

The right of people to make choices and maintain their independence in their own lives

The right of people to dignity, respect, privacy and confidentiality

The right of people valued as individuals

The right of people to access services on a non-discriminatory basis

The right of the community to receive accountable and responsive services

For further information our range of services call 9725 4699 or go online at www.mhi.org.au



WESTERN TOURIST RADIO **DISCUSSES BUNBURY'S NEW ONLINE** MARKETING PLATFORM, WWW.BUNBURYCENTRAL.COM.AU

roadcasting on 87.6FM in Augusta, Bunbury, Busselton, Dunsborough, Cowaramup and East Perth, Radio WA is a unique source of information for both locals and visitors to the south west of WA. In addition to providing plenty of content on the history of the area and great places to visit, the station also regularly meets, and tells the story behind, the various business owners, creatives and characters that make the south west of WA what it is today.

Owner Barry Green recently recorded a conversation with Don Punch, Member for Bunbury, and David Kerr, President of the Bunbury Geographe Chamber of Commerce, about the new CBD digital marketing platform, www.bunburycentral.com.au.

Don explains, "The website is one part of an overall strategy which is transforming and positioning Bunbury as the state's second city, something that the government is committed to. We are creating a sense of destination for Bunbury, a place where locals can really enjoy the place that we have, but also allowing visitors to find some really unique things that Bunbury has to offer."

At the same time, a story was recorded about the Dolphin Discovery Centre in which David Kerr explains how the centre "is an attraction for the whole of the region and has a very

> LtR Barry Green - WTR Tiana Pomaybo - bunburycentral.com.au Lisa Broun - bunburycentral.com.au Mark Seaward - CEO BGCCI

important strategic role to play in destination marketing and attracting people to our region. Hopefully, they can then go on and explore all the other great offers available in our region as well."

To hear the full Bunbury Central story go to https:// soundcloud.com/westerntouristradio/bunburycentral com_au

If you would like your story told on Western Tourist Radio, contact Barry on 9731 7006 or email barry@ touristradio.com.au





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ROLLER SKATING IN THE SOUTH WEST LOCAL SKATERS CONTINUE TO FIND SUCCESS

unbury-based roller skating hub The Rink continues to produce a steady stream of successful roller skaters competing across all levels of competition.

ANDREW BEATTIE

Featured on a number of occasions in the pages of *The Bunbury Life*, The Rink prodigy Andrew continues to tear up the floor with the World Roller Games in Barcelona firmly in his sites. July 2019 sees Andrew competing in the second edition of the games; the world's biggest and most prestigious roller sports event. The games bring together more than 4,500 athletes

from around the globe and will feature 10 different



world championships, the entire Roller Sport disciplines, during the two week event. With high hopes for roller skating to eventually become a regular Olympic event, Andrew heads out to Barcelona with confidence high after finishing first in the Junior Men's Solo Dance at the recently held Australian trials in Melbourne.

MADISON BRIGHT AND LAURA CAMERON

While Andrew is flying the flag for Australia in Barcelona, two other success stories from the Rink, Madison Bright and Laura Cameron, will be competing in the National Championships in Queensland.

Madison (16) finished third in the Junior International Solo Dance competition in Melbourne while Laura (19) finished sixth in the Senior International Solo Dance competition at the same event. They both head over to Queensland in time for the championships, which take place from July 29th to August 4th.

Laura, a personal trainer, is a familiar face down at The Rink as she now carries out a large share of the coaching duties across all age groups, alongside Head Coach Susan Brooks.



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Check website for holiday opening times

08 9725 6999 Gibbons Rd, Davenport (Halifax LIA), Bunbury

therink.com.au

Laura Cameron

Located at 16 Gibbons Road, Davenport, for further information on roller and inline skating at The Rink, call 9725 6999 or go online at www.therink.com.au for general skating and class times. Bookings are not required and all equipment is available to hire.



O

SAVING THE GREAT GRANDADDIES OF OUR BUSH









een wearing the same skin foundation for as long as you can remember? You are not alone and, if so, it is highly likely that your skin is not looking its best. In short, whatever product suited your younger self all those years ago may not necessarily be the best match for the here and now.

BY NIOBE GULLEY

Skin changes over time and requires different care and attention as it ages. Whether it's twenty years ago, ten years or even twelve months ago, we all need a very different type of foundation today, often with an antiaging or hydrating serum, and possibly, of course, a different shade. Clues that our foundation may not be one hundred percent right include regularly suffering from breakouts, a feeling of heaviness on our face, looking dull or our jawline being a different colour to our neck. It's also not advisable to be using the same product for summer as well as winter.

Products labelled oil-free and non-comedogenic or those that are mineral-based may help if skin is prone to breakouts. To combat a heavy cakey feeling on the face, opt for a lightweight formula; these can still offer a fuller coverage if desired. Make sure you're wearing the right colour by always testing a new foundation on the jawline rather than on the wrist or hand. And replace

tinted, and one that definitely includes an SPF so that your skin is prepared for spring and summer.

The Beauty Shop Beauty Room offers a personalised consultation to help select the most appropriate foundation for you, whatever your age, lifestyle and needs. We would all like our skin to look radiant and lit from within; to be the most beautiful version of ourselves. This is easily achieved with our range of DMK Cosmetics Foundations. These formulas nourish and moisturise with anti-oxidants and botanical extracts, are oil free, have no harsh ingredients and have numerous shades to choose from, each with a high pigmentation. All formulas also contain The Biocence™ Botanical Complex and Soft Vision[™]. As a result, skin looks flawless and youthful.

It's time to get up to date with foundation. The products have moved on and so should we.

Niobe Gulley is the owner of The Beauty Shop and The Beauty Shop Beauty Room. Two destinations in one location in the Stirling Centre, Bunbury, for all your beauty needs.





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COMMON GROUND

his classy new bar and eatery, located at the northern end of Victoria Street, offers yet another good reason to sample from the everexpanding Bunbury eating out scene.

The brainchild of friends Adam Bromley and Wes Cornish, Common Ground offers stylish décor, a welcoming and relaxed ambience and an expansive menu designed to appeal to all the senses. If you're after creative cocktails or the best in local beer and wine, then the available choice will certainly not disappoint, neither will the chic bar fit-out and friendly attentive staff.

The Bunbury Life paid a recent visit to Common Ground and was thoroughly looking forward to choosing from the delicious-looking seasonally-prepared menu. For starters, choose from a selection of Common Bites, including the Antipasto served with chorizo, olives, bread and a homemade dip, the CG Taco Board with its selection of chicken, pulled pork, tortilla and aioli and the Crispy Pork skin, tasty pieces of fried pork belly. Gluten-free choices are also available and the kids can choose from the Lil' Plates section, featuring plenty of regular favourites.

For mains, popular choices include the Common Burger, a generous beef pattie served on a sour dough bun with onion, cheese, tomato and lettuce, the Common Dog, a handmade sausage served with caramelised onion and a choice of sauce and the CG Steak Roll, thin sliced rump served with homemade chutney. We tried the Pork Belly and Mandy's Steak Special. Both were excellent with the Pork Belly served on roast vegetables with a whiskey glaze being a real highlight.

Live music, great food, an extensive cocktail, beer and wine list and great service, Common Ground is a worthy addition to Bunbury's burgeoning entertainment strip. Go check it out!

Located at 5 Victoria Street, Common Ground is open Wednesday to Saturday from 4pm until late and Sunday from 3pm to 9pm. For further information on upcoming live events, find them on Facebook.



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THE RITUALS OF LIFE

BY ANNIE MALONE

ecently, I have been immersing myself in the ritual of being a Maker. Now, you may think that ritual is not the correct word here, having a more spiritual connection. However, this year, I can confess to a religious devotion to embracing the joy of making, creating and sharing the love of it all.

A ritual is defined as a set of actions done in a certain sequence or order.

It all started with a refresher sewing class run by a creative and engaging teacher, who instilled in our class the importance of doing things in correct order to attain a professional finish to every project. No short cuts to quality. Previously, I was very much of a 'knock it up as fast as you can' type of sewer. It was a

revelation to me to see the difference it made when we pressed each seam as we sewed. Thank-you, Julie, for demonstrating the importance of order and process. Many wise lessons were threaded within each class much like a meditation on the meaning of life. Creative sewing classes rock! Through fabric and thread, hooks and yarns have been added to my repertoire whilst all the while remembering to evoke the discipline of the ritual of process.

As I settle into an evening of yarn over hook, then double crochet into the next 16 stitches to form a circle, this gets me thinking about the fabric of life and how rituals define us by culture, religion and even country.

Religious rituals can be symbolic. Catholics eat



the symbolic body of Christ in a wafer thin disc as a priest makes the sign of the cross over them. Muslims partake in ritual cleansing before unfurling the prayer mat wherever they may be. This affords them the comfort of knowing that they have given devotion to Allah in a respectful way. Tribal dancing morphs into a storytelling ritual for many cultures, a history lesson and form of community bonding all in one. Then we have the Sufis who practise the 'dance of the dervishes', the ritual dancing that brings devotees to an active meditative state.

Some of us, about 200 or so actually, recently took part in the dusty ritual of getting on our bikes and riding huge amounts of kilometres for 5 days to push ourselves to a physical high of euphoric spiritual proportion. Well, for some, it was more like a comatose high of agony some days. But, hey, next morning there we were lined up at the start again. Ready for our daily riding ritual, amen.

Others have more gentle rituals, like settling into their favourite café to enjoy their morning coffee and daily paper as their special devotion to themselves to start the day. The ritual of a sharing a 'nice cup of tea' is a lifesaver for many folk, my husband included.

Some of us have habitual rituals. I have an employee, who ritually chops apples into uniform sized pieces before placing them in the food processor to grate into a mash to use in our muffin recipe. Apparently, it makes all the difference to the final product. I think this may be termed Obsessive Compulsive Disorder! This is an interesting term in itself as the action in question is all about order. This obsessiveness to order is then termed a disorder. I don't get it...oops just dropped a stitch!

So rituals give us comfort and keep us grounded. They inform our identity, who we are and how we go about our life. Like a road map to follow, the power of all of our rituals should never be underestimated.

Now slipstitch to finish and Om Mani Parma Oommmm....

Annie Malone is the proprietor of The Natural Temptation Café



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INGREDIENTS

1 large aubergine 1 tbsp olive oil 1 onion, diced 2 carrots, finely diced 70g green lentils, rinsed 30g red lentils, rinsed 400g can kidney beans or any beans of your choice (black, beans, cannellini), drained 3 tbsp soy sauce 400g can chopped tomatoes 1 zucchini, chopped 20g dark chocolate, finely chopped ½ tsp chilli flakes 2 tsp ground cumin 2 tsp smoked paprika 1 tsp coriander ½ tsp cinnamon 800ml vegetable stock 1 lime, squeezed fresh parsley to garnish

METHOD

Char the eggplant, using tongs, over a gas ring to blacken. Once cooled, peel away the black skin and chop. Heat the oil and fry the onion, carrots and zucchini until al dente. Add the aubergine, lentils, beans, soy sauce, tomatoes, chocolate, chilli, oregano, chilli, cumin, smoked paprika, coriander and cinnamon. Pour in the stock and stir. Bring the mixture to the boil. Reduce the heat to its lowest setting and cover with a lid. Cook for around 90 minutes, regularly stirring to prevent sticking. Remove the lid and simmer for about 15 minutes, stirring occasionally, to thicken. Add lime juice according to your taste as well as salt and pepper. Scatter parsley over the top. Serve with tortilla chips or rice, halved cherry tomatoes and sour cream.





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GEOGRAPHE WINE REGION

WELCOME TO OUR LATEST UPDATE ON THE NEWS AND HAPPENINGS Around the geographe wine region.

he Geographe wine region's largest annual event, the Geographe and WA Alternative Varieties Wine Show, will again be held this coming September. Judging commences on Wednesday 18th September and runs for 3 days with the judging team led by one of WA's leading wine makers, Julian Langworthy. The program will include 2 masterclasses held on Thursday 19th and the Wine Show Dinner on the 20th, both available to the general public. The Wine Show Dinner is a gala event hosted by Ginger La Minge and celebrates the best of our local wine region. For further details, contact Jo O'Dea on 0417 097538 or at wineshow@geographewine.com.au

We recently heard from serial award-winning winery Smallwater Estate, which is now in collaboration with Jonny Whiting, owner of Hooley's Catering Company. After 8 years in business, John Small believes he has now found the ideal partner to take the dining experience at Smallwater to new levels.

Hooley's, with Head Chef Jonny, have taken over the kitchen and dining areas to create an exciting, relaxed space full of fabulous new dishes, and the restaurant has been remodelled and renamed as Smallwater Kitchen & Deck.

Featuring two decked areas, one offers all year-round cover with heaters and a wood-burning stove. The new outside deck impresses with high bush poles topped with shade sails, and the new outdoor kitchen gives Jonny extra space to create his impressive dishes. All dining areas come with amazing views over Smallwater's own marron dams, vineyards and bushland; it's the perfect spot for those crisp, sunny winter days and balmy summer evenings.



We pride ourselves in offering a unique and vibrant $t \, \text{wist}$ on Indian cuisine

Enjoy a cool cafe during the day and a hip wine bar and tapas style eatery in the evening

Fresh seasonal fare with local wines and beers Live music on weekends, free function room hire



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Jonny has over 25 years' experience travelling the world and working in highly regarded kitchens alongside chefs to match; no need for name dropping, it's just not Jonny's style! Discover a range of new menus and a new style of dining in a relaxed, rustic space.

The lunch menu is served on Friday, Saturday, Sunday and Monday from 12pm to 4pm offering a combination of boards and daily tapas. On Sunday and Monday there is also a set-price brunch menu available from 9am to 11am. Friday and Saturday nights offer something different ranging from a formal 4-course set menu to nights full of authentic flavours from around the globe, so it's always best to call ahead to find out what's happening.

Check Facebook or go online for menu updates, upcoming events and booking options. This place fills up quickly so booking is recommended!

Located in Chapman Hill, Whicher Ridge Wines was recently awarded 'Star Cellar Door' in the Geographe Wine Region by Gourmet Traveller in March. Its cellar door and Wine Sensory Garden are located at Chapman Hill, a short drive south of Busselton.

The Wine Sensory Garden is unique, being the only one of its kind in Australia. The garden design



Kitchen & Deck

is a figure eight with separate sections themed to seven different wine varieties. For each wine there is a Descriptor Bed planted with fruit trees, flowers and herbs, which describe the aromas and flavours in the wine. The adjacent Affinity Bed has plantings of fruit, seasonal vegetables and herbs, which have an affinity for, or which match with, that particular wine. Visitors can take a self-guided tour through the garden or book in for a guided Pick & Sip Garden Tour and Tasting with Cathy, the winemaker.



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Phil and Mary Smith Tempranille Tasting at St Aidan Wines Whicher Ridge is a family owned, artisan winery making their award-winning 5-star rated wines from grapes grown on the property as well as from grapes sourced from Margaret River and the Great Southern wine regions. The range of single vineyard wines produced by Cathy and Neil Howard includes a barrel fermented Sauvignon Blanc, a Viognier and the highly awarded Elevation Cabernet Sauvignon. The winery also makes two wines under The Jetty label, and has recently released a new wine named Whitetail, a sparkling Chardonnay, which complements the winery's popular Redtail Sparkling Shiraz. The cellar door and Wine Sensory Garden are open 5 days a week from Thursday through to Monday.



Kim Horton, Senior Winemaker at Ferguson Valley-based winery **Willow Bridge Estate**, recently got in touch to share some thoughts on the winery's 2019 vintage report. Apart from having issues with the amount of birds visiting the winery this year, the highlight, thanks to cool ripening conditions, was the ability for winemakers to be able to harvest white fruit at optimum. Aromatic, concentrated and exhibiting succulent acidities, the Chardonnay and Sauvignon Blanc were the standouts.

St Aidan Wines is pleased to report another successful summer event season with record crowds attending its ever popular Film on the Ferguson outdoor cinema evenings. The movie *Bohemian Rhapsody* even demanded a second screening. Dates have already been announced for next summer's events on 20th December, 17th January, 7th and 23rd February and 6th March. Essential Theatre, fresh from its success at the Edinburgh Fringe Festival, is back again on Saturday 4th January 2020 with its own take on Shakespeare's *Macbeth*. The winery's state of the art function room, suitable for up to 150 guests, has been busy with a range of events, including weddings, corporate meetings, fundraising luncheons and acoustic music evenings.

2019 sees a number of significant milestones for St Aidan Wines with its 20th vintage, the 10th anniversary of its cellar door, the 5th anniversary of its function room and the one year anniversary of its restaurant refurbishment, which is opening 7 days a week from July. The new Sister Series range of wines also launches in 2019.

Plus, don't miss the popular annual Tempranillo Tasting Day on Sunday 4th August. The 6th instalment of this event runs from 10am to 3pm, featuring the hero varietal of Geographe, Tempranillo. Try your hand at judging like the professionals as you taste your way through a random selection of 6 of Spain's finest, 6 of the best in Australia plus 6 of the best in the local Geographe Wine Region. The 18 carefully selected wines are tasted in 3 randomly selected sets of 6 with some of the best local winemakers and vignerons on hand to guide you through the tasting process and answer any questions. Then guests are invited to sit down and enjoy a degustation tapas-style lunch whilst the judging sheet scores are tallied to reveal the people's choice and winner of best Tempranillo in 2019! Tickets are \$155pp, limited to 50 spaces only and available exclusively from the cellar door. Call 9728 3007 or email events@saintaidan.com.au for more information.









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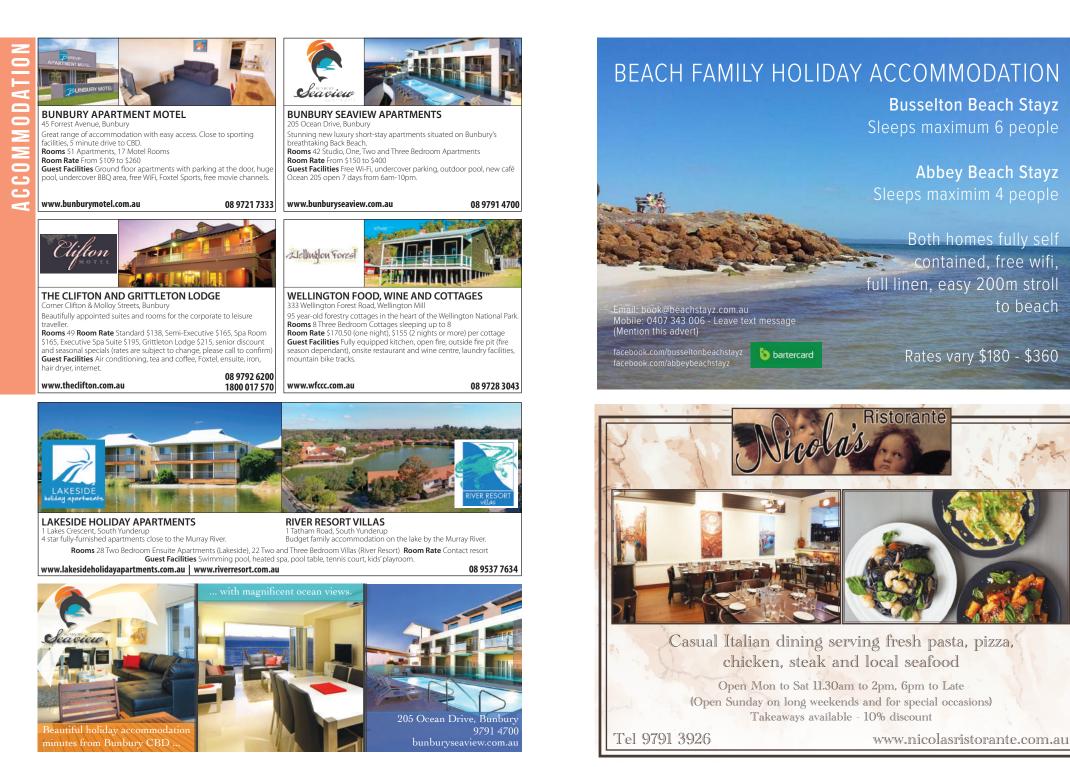
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St.Aidar



Reader Competition

WIN TWO DOUBLE PASSES TO BREC!

Thanks to our friends at Bunbury Regional Entertainment Centre, in this edition of *The Bunbury Life* we have two double passes to give away to see Comedy Hypnotist *Matt Hale's Feel Good Factory*.

Winner of 3 national comedy awards, Matt Hale is a professional comedy stage hypnotist renowned for turning traditional hypnosis on its head. Having hypnotised people around the world from London to Vegas (where even Mike Tyson told him, 'You are amazing!'), Matt currently provides his show for events of all sizes and tours regularly.

Showing at BREC for one night only on Friday 2nd November, this fast-paced and hilariously funny hypnosis show combines the fun of audience participation with the unbelievable abilities of the human mind. To be in the running to win one of these great prizes, all you have to do is answer the simple question below:-

HOW MANY NATIONAL COMEDY AWARDS HAS MATT WON?

To be entered into the prize draw, either email the answer to this question to

editorial@blueskymedia.net.au or post the answer to Matt Hale Competition

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Please include a contact telephone number and your

address. Closing date for entries is Friday, 18th October 2019, one entry per person, please.







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