

BLAKEAWAY

DAVID'S PRAHRAN PORK SUI MAI DUMPLINGS 450G

NUTRITION INFORMATION

SERVINGS PER PACKAGE: 10
SERVING SIZE: 45G

	Per Serving	Per 100G
Energy	1875 kJ	750 kJ
Protein	40 g	16 g
Fat, Total	25 g	10 g
Saturated	15 g	6 g
Carbs	17.5 g	7 g
Sugars	10 g	4 g
Sodium	400 mg	160 mg



600006

INGREDIENTS: PORK, **PRAWN**, SHIITAKE MUSHROOM, RED CAPSICUM, WONTON SKIN (**WHEAT** FLOUR, WATER, SALT), SPRING ONION, ONION, GINGER, **SOY SAUCE**, SALT, SUGAR, VEGETABLE OIL, **SESAME OIL**.

CONTAINS: CRUSTACEAN, GLUTEN, SESAME, SOY

LOCALLY MADE PREMIUM DAVID'S DUMPLINGS.

202 ALBION STREET, BRUNSWICK VIC 3056.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, GLUTEN, MILK, LUPINS, TREE NUTS, FISH, CRUSTACEAN, SOY & SESAME.

PREPARATION: STEAMING METHOD: PLACE DUMPLINGS IN A STEAMER BASKET AND COVER WITH LID. PLACE INTO PAN WITH BOILING WATER & STEAM FROM FROZEN FOR 8 MINUTES OR UNTIL HEATED THROUGH.

PAN FRY METHOD: ADD 1 TABLESPOON OF OIL AND HEAT PAN. PLACE DUMPLINGS IN PAN AND HEAT FROM FROZEN FOR 8 MINUTES OR UNTIL HEATED THROUGH.

STORAGE: KEEP IN FREEZER (-18 DEGREES). CONSUME BEFORE BEST BEFORE DATE.

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