

# BLAKEAWAY

## DAVID'S PRAHRAN SHANGHAI PORK DUMPLINGS 450G

### NUTRITION INFORMATION

SERVINGS PER PACKAGE: 10  
SERVING SIZE: 45G

	Per Serving	Per 100G
Energy	1875 kJ	750 kJ
Protein	40 g	16 g
Fat, Total	25 g	10 g
Saturated	15 g	6 g
Carbs	17.5 g	7 g
Sugars	10 g	4 g
Sodium	400 mg	160 mg



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**INGREDIENTS:** WHEAT FLOUR, PORK, **EGG**, SPRING ONION, GINGER, VEGETABLE OIL, **SOY SAUCE**, COOKING WINE, **SESAME OIL**, SALT, SUGAR, PEPPER, WATER.

**CONTAINS: EGG, GLUTEN, SOY**

**LOCALLY MADE PREMIUM DAVID'S DUMPLINGS.**

**202 ALBION STREET, BRUNSWICK VIC 3056.**

**MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, GLUTEN, MILK, LUPINS, TREE NUTS, FISH, CRUSTACEAN, SOY & SESAME.**

**PREPARATION: STEAMING METHOD:** PLACE DUMPLINGS IN A STEAMER BASKET AND COVER WITH LID. PLACE INTO PAN WITH BOILING WATER & STEAM FROM FROZEN FOR 8 MINUTES OR UNTIL HEATED THROUGH.

**PAN FRY METHOD:** ADD 1 TABLESPOON OF OIL AND HEAT PAN. PLACE DUMPLINGS IN PAN AND HEAT FROM FROZEN FOR 8 MINUTES OR UNTIL HEATED THROUGH.

**STORAGE:** KEEP IN FREEZER (-18 DEGREES). CONSUME BEFORE BEST BEFORE DATE.

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