

# BLAKEAWAY

## DAVID'S PRAHRAN CRYSTAL PRAWN DUMPLINGS (GLUTEN FREE) 800G

### NUTRITION INFORMATION

SERVINGS PER PACKAGE: 10  
SERVING SIZE: 80G

	Per Serving	Per 100G
Energy	25 kJ	31 kJ
Protein	1 g	1 g
Fat, Total	less than 1g	less than 1g
Saturated	less than 1g	less than 1g
Carbs	less than 1g	less than 1g
Sugars	less than 1g	less than 1g
Sodium	28 mg	35 mg



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**INGREDIENTS:** POTATO STARCH, **WHEAT** STARCH (GLUTEN FREE), **PRAWN**, SNOW PEA, CARROT, SPRING ONION, ONION, GINGER, **SOY SAUCE**, SALT, SUGAR, VEGETABLE OIL, **SESAME OIL**.

**CONTAINS: CRUSTACEAN, SESAME, SOY**

**LOCALLY MADE PREMIUM DAVID'S DUMPLINGS.**

**202 ALBION STREET, BRUNSWICK VIC 3056.**

**MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, GLUTEN, MILK, LUPINS, TREE NUTS, FISH, CRUSTACEAN, SOY & SESAME.**

**PREPARATION: STEAMING METHOD:** PLACE DUMPLINGS IN A STEAMER BASKET AND COVER WITH LID. PLACE INTO PAN WITH BOILING WATER & STEAM FROM FROZEN FOR 8 MINUTES OR UNTIL HEATED THROUGH.

**PAN FRY METHOD:** ADD 1 TABLESPOON OF OIL AND HEAT PAN. PLACE DUMPLINGS IN PAN AND HEAT FROM FROZEN FOR 8 MINUTES OR UNTIL HEATED THROUGH.

**STORAGE:** KEEP IN FREEZER (-18 DEGREES). CONSUME BEFORE BEST BEFORE DATE.

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