BI A K F A W A Y

BUTTER CHICKEN WITH CASHEWS (GF) 1KG

NUTRITION INFORMATION

SERVINGS PER PACKAGE: 4 SERVING SIZE: 250G

	Per Serving	Per 100G
Energy	2005 kJ	802 kJ
Protein	45 g	18 g
Fat, Total	30 g	12 g
Saturated	13 g	5 g
Carbs	10 g	4 g
Sugars	8 g	3 g
Sodium	240 mg	96 mg



200419

INGREDIENTS: CHICKEN (THIGH) (47%); TOMATO (TOMATO, TOMATO JUICE, CITRIC ACID (330)) (11%); GREEK YOGHURT (PASTEURISED COWS MILK, MILK SOLIDS, CULTURES) (6%); BWTER (7%); THICKENED CREAM (FRESH CREAM (MILK), HALAL GELATINE) (6%); BUTTER CHICKEN CURRY PASTE (TOMATO, ONION, OLIVE OIL, TURMERIC, COCONUT SUGAR, TAMARIND, FENUGREEK, HERBS & SPICES, SALT) (5%); FULL CREAM MILK (PASTEURISED & HOMOGENISED WHOLE MILK) (5%); ONION; CASHEWS (3%); TOMATO PASTE; CORIANDER; GARLIC; BROWN SUGAR; TIKKA SPICE MIX (SOY); CUMIN SEEDS; CORIANDER SEEDS; SWEET PARIKA; FENUGREEK SEEDS; GARAM MASALA; TURMERIC POWDER; CUMIN POWDER; CORIANDER POWDER; CURRY POWDER; SALT; TANDOORI COLOUR (110)

CONTAINS: CASHEWS, MILK, SOY

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, GLUTEN, MILK, LUPINS, TREE NUTS, FISH, CRUSTACEAN, SOY & SESAME.

PREPARATION: TRANSFER CONTENTS TO A SAUCEPAN AND WARM OVER A LOW / MEDIUM HEAT STIRRING OCCASIONALLY UNTIL HOT OR TRANSFER CONTENTS TO A MICROWAVE SAFE CONTAINER AND HEAT AT 2 MINUTE INTERVALS UNTIL HOT. IF FROZEN, DEFROST COMPLETELY BEFORE FOLLOWING INSTRUCTIONS ABOVE.

STORAGE: REFRIGERATE AND CONSUME WITHIN 3 DAYS OF OPENING OR FREEZE BEFORE BEST BEFORE DATE.

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