

# BLAKEAWAY

## CHICKEN COQ AU VIN (GF)(DF) 1KG

### NUTRITION INFORMATION

SERVINGS PER PACKAGE: 4  
SERVING SIZE: 250G

	Per Serving	Per 100G
Energy	398 kJ	159 kJ
Protein	10 g	4 g
Fat, Total	3 g	1 g
Saturated	3 g	1 g
Carbs	5 g	2 g
Sugars	5 g	2 g
Sodium	845 mg	338 mg



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**INGREDIENTS:** CHICKEN (67%); RED WINE (**EGG**) (7%); CHICKEN STOCK (CHICKEN BONES, LEEK, ONION, CELERY, WATER) (7%); MUSHROOM (7%); ONION (6%); BACON (EMULSIFIERS (450, 451, 452), ANTIOXIDANT (316), SODIUM NITRATE (250), SMOKED); CANOLA OIL; PARSLEY; THYME; GARLIC; ROSEMARY; BLACK PEPPER; SEA SALT; BAY LEAF

**CONTAINS: EGG, SULPHITES**

**MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, GLUTEN, MILK, LUPINS, TREE NUTS, FISH, CRUSTACEAN, SOY & SESAME.**

**PREPARATION:** PREHEAT OVEN TO 160 DEGREES. REMOVE PACKAGING AND PLACE FOIL TRAY IN OVEN, HEAT FOR 40 MINS OR UNTIL HEATED THROUGH. IF FROZEN, DEFROST COMPLETELY BEFORE FOLLOWING INSTRUCTIONS ABOVE.

**STORAGE:** REFRIGERATE AND CONSUME WITHIN 3 DAYS OF OPENING OR FREEZE BEFORE BEST BEFORE DATE.

03 9885 2777 | HELLO@BLAKEAWAY.COM.AU | 1/18 BRIXTON RISE GLEN IRIS 3146