

BLAKEAWAY

PORK & PINEAPPLE CURRY (GF)(DF) 1KG

NUTRITION INFORMATION

SERVINGS PER PACKAGE: 4
SERVING SIZE: 250G

	Per Serving	Per 100G
Energy	3715 kJ	1486 kJ
Protein	18 g	7 g
Fat, Total	85 g	34 g
Saturated	35 g	14 g
Carbs	13 g	5 g
Sugars	10 g	4 g
Sodium	328 mg	131 mg



Made in Australia
from at least 90%
Australian Ingredients



200186

INGREDIENTS: PORK (47%); PINEAPPLE (19%); TOMATO (TOMATO, TOMATO JUICE, CITRIC ACID (330)) (12%); COCONUT MILK (FRESH COCONUT MILK, THICKENERS (407, 412, 415)) (9%); ONION (5%); CANOLA OIL; TAMARIND; LEMONGRASS; **CANDLE NUT**; CORIANDER; COCONUT; CHILLI; SALT; GARLIC; CUMIN SEED; TURMERIC; CORIANDER SEED; FENNEL; NUTMEG; CLOVES; CARDAMOM; BLACK PEPPER; CINNAMON

CONTAINS: CANDLE NUT, SOY

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, GLUTEN, MILK, LUPINS, TREE NUTS, FISH, CRUSTACEAN, SOY & SESAME.

PREPARATION: TRANSFER CONTENTS TO A SAUCEPAN AND WARM OVER A LOW / MEDIUM HEAT STIRRING OCCASIONALLY UNTIL HOT OR TRANSFER CONTENTS TO A MICROWAVE SAFE CONTAINER AND HEAT AT 2 MINUTE INTERVALS UNTIL HOT. IF FROZEN, DEFROST COMPLETELY BEFORE FOLLOWING INSTRUCTIONS ABOVE.

STORAGE: REFRIGERATE AND CONSUME WITHIN 3 DAYS OF OPENING OR FREEZE BEFORE BEST BEFORE DATE.

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