

# BLAKEAWAY

## 'MINI ME' SYRIAN CHICKEN (DF)(GF) 500G

### NUTRITION INFORMATION

SERVINGS PER PACKAGE: 2  
SERVING SIZE: 250G

	Per Serving	Per 100G
Energy	1288 kJ	515 kJ
Protein	33 g	13 g
Fat, Total	15 g	6 g
Saturated	5 g	2 g
Carbs	15 g	6 g
Sugars	10 g	4 g
Sodium	320 mg	128 mg



200179S

**INGREDIENTS:** CHICKEN (THIGH) (56%); TOMATO (TOMATO, TOMATO JUICE, CITRIC ACID (330)); CHICKEN STOCK (WATER, CHICKEN BONES, LEEK, ONION, CELERY); RED ONION; LEMON JUICE (PRESERVATIVE (202)); CURRANTS; BLENDED OLIVE OIL; GINGER; SPICE BLEND (SALT, CUMIN POWDER, CINNAMON, BLACK PEPPER, TURMERIC, SWEET PAPRIKA, CHILLI); CORIANDER; THYME; HONEY; GARLIC; CUMIN SEEDS; SAFFRON

**MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, GLUTEN, MILK, LUPINS, TREE NUTS, FISH, CRUSTACEAN, SOY & SESAME.**

**PREPARATION:** TRANSFER CONTENTS TO A SAUCEPAN AND WARM OVER A LOW / MEDIUM HEAT STIRRING OCCASIONALLY UNTIL HOT OR TRANSFER CONTENTS TO A MICROWAVE SAFE CONTAINER AND HEAT AT 2 MINUTE INTERVALS UNTIL HOT. IF FROZEN, DEFROST COMPLETELY BEFORE FOLLOWING INSTRUCTIONS ABOVE.

**STORAGE:** REFRIGERATE AND CONSUME WITHIN 3 DAYS OF OPENING OR FREEZE BEFORE BEST BEFORE DATE.

03 9885 2777 | HELLO@BLAKEAWAY.COM.AU | 1/18 BRIXTON RISE GLEN IRIS 3146