

# BLAKEAWAY

## VEGETARIAN LASAGNE 1.5KG

### NUTRITION INFORMATION

SERVINGS PER PACKAGE: 6

SERVING SIZE: 250G

	Per Serving	Per 100G
Energy	750 kJ	300 kJ
Protein	10 g	4 g
Fat, Total	5 g	2 g
Saturated	1 g	less than 1g
Carbs	23 g	9 g
Sugars	10 g	4 g
Sodium	800 mg	320 mg



Made in Australia  
from at least 90%  
Australian Ingredients



200175

**INGREDIENTS:** ZUCCHINI (13%); EGGPLANT (13%); RED CAPSICUM (10%); TOMATO SUGO (TOMATOES, TOMATO PUREE (TOMATO PASTE, WATER), ONIONS, SUNFLOWER OIL, SALT, FIRMING AGENT (509)) (10%); SWEET POTATO (8%); CARROT (8%); CHEDDAR CHEESE (PASTEURISED **MILK**, LACTIC STARTER CULTURE, ENZYME, SALT) (8%); LASAGNE SHEET (DURUM **WHEAT**, SEMOLINA) (6%); RED ONION (5%); PUMPKIN (5%); BABY SPINACH (5%); RICOTTA CHEESE (WHEY, PASTEURISED **MILK**, SALT, ENZYME, FOOD ACID (260, 270), STARTER CULTURE, PRESERVATIVE (202)) (5%); YELLOW CAPSICUM (3%); PARSLEY; BASIL; SALT; BLACK PEPPER; GARLIC; LEMON

**CONTAINS: GLUTEN, MILK**

**MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, GLUTEN, MILK, LUPINS, TREE NUTS, FISH, CRUSTACEAN, SOY & SESAME.**

**PREPARATION:** REST OUT OF FRIDGE FOR 20-30 MINS BEFORE HEATING. PREHEAT OVEN TO 160 DEGREES. PLACE LASAGNE ON BAKING TRAY AND HEAT FOR 45 MINS OR UNTIL HEATED THROUGH.  
IF FROZEN, DEFROST COMPLETELY BEFORE FOLLOWING INSTRUCTIONS ABOVE.

**STORAGE:** REFRIGERATE AND CONSUME WITHIN 3 DAYS OF OPENING OR FREEZE BEFORE BEST BEFORE DATE.

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