BLAKEAWAY

'MINI ME' VEGETARIAN FRIED RICE (DF)(GF)(V) 500G

NUTRITION INFORMATION

SERVINGS PER PACKAGE: 2 SERVING SIZE: 250G

	Per Serving	Per 100G
Energy	2763 kJ	1105 kJ
Protein	18 g	7 g
Fat, Total	35 g	14 g
Saturated	5 g	2 g
Carbs	68 g	27 g
Sugars	5 g	2 g
Sodium	825 mg	330 mg





INGREDIENTS: RICE (JASMINE) (36%); EGG (21%); CANOLA OIL; CORN (5%); PEAS (5%); GLUTEN FREE SOY SAUCE (WATER, SOYBEAN, RICE, SALT, SYRUP, PRESERVATIVE, POTASSIUM SORBATE (202)); BROCCOLI (4%); CARROT (4%); SESAME OIL: SPRING ONION: CORIANDER: GARLIC: GINGER: SUGAR: SALT

CONTAINS: EGG, SESAME, SOY

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, GLUTEN, MILK, LUPINS, TREE NUTS, FISH, CRUSTACEAN, SOY & SESAME.

PREPARATION: TRANSFER CONTENTS TO A MICROWAVE SAFE CONTAINER AND HEAT AT 1 MINUTE INTERVALS UNTIL HOT.

 ${\tt STORAGE:}$ REFRIGERATE AND CONSUME WITHIN 3 DAYS OF OPENING. FREEZING NOT RECOMMENDED.