

BLAKEAWAY

CHICKEN & VEGETABLE NOODLE SOUP (DF)(GF) 1KG

NUTRITION INFORMATION

SERVINGS PER PACKAGE: 3

SERVING SIZE: 330G

| | Per Serving | Per 100G |
|------------|-------------|----------|
| Energy | 1284 kJ | 389 kJ |
| Protein | 26 g | 8 g |
| Fat, Total | 7 g | 2 g |
| Saturated | 3 g | 1 g |
| Carbs | 17 g | 5 g |
| Sugars | 7 g | 2 g |
| Sodium | 1300 mg | 394 mg |



Made in Australia
from at least 90%
Australian Ingredients



200061

INGREDIENTS: CHICKEN STOCK (WATER, CHICKEN BONES, LEEK, ONION, CELERY) (52%); CHICKEN (BREAST & THIGH) (17%); CARROT (10%); RICE NOODLES (RICE FLOUR, CANOLA OIL, WATER); ONION (4%); CELERY (2%); LEEK (2%); BLACK CABBAGE (1%); CHIVES; OLIVE OIL; THYME; PARSLEY; GARLIC; SALT; BLACK PEPPER; BAY LEAF

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, GLUTEN, MILK, LUPINS, TREE NUTS, FISH, CRUSTACEAN, SOY & SESAME.

PREPARATION: TRANSFER CONTENTS TO A SAUCEPAN AND WARM OVER A LOW / MEDIUM HEAT STIRRING OCCASIONALLY UNTIL HOT OR TRANSFER CONTENTS TO A MICROWAVE SAFE CONTAINER AND HEAT AT 2 MINUTE INTERVALS UNTIL HOT. IF FROZEN, DEFROST COMPLETELY BEFORE FOLLOWING INSTRUCTIONS ABOVE.

STORAGE: REFRIGERATE AND CONSUME WITHIN 3 DAYS OF OPENING OR FREEZE BEFORE USE BY DATE.

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