

# GREENLEAF ORGANICS

SACRED NOURISHMENT FROM SKIN TO SOUL  
MON-FRI 7AM-1.30 (KITCHEN WILL CLOSE 1.30 DAILY)

## COFFEE + DRINKS

### Allpress organic coffee

espresso \$3.70  
regular \$4.50  
large \$5.50

### Allpress organic cold brew

black \$6.50  
w/ milk + maple \$6.90

### superfood affogato

maca + little island coconut ice cream \$7.00

### mayan hot choc

cacao, maca, mesquite + coconut sugar \$4.20/\$5.20

### matcha latte \$5

### yoga turmeric latte \$5.50

### chai latte \$4.50/\$5.30

### organic plant milk add-on

soy/almond/coconut \$0.80/\$1.00

### fine + dandy organic tea \$4.50

english breakfast/earl grey/  
peppermint/indian chai/lemon+ginger/  
chamomile/matcha/green/chai

## SMOOTHIES + TONICS

our **organic**, superfood, wholefood smoothies have their own menu. please ask at the counter.

we choose to **blend**, not juice our organic produce so you can get the benefits from the **whole** food and **GLO** from within!

ask about our organic **cleanse + detox** packs for the ultimate in health as well as our **corporate** / event packages.

[www.greenleaforganics.co.nz](http://www.greenleaforganics.co.nz)

## BREAKFAST - ALL DAY

**toast** organic sourdough or gluten free w/ berry chia jam or nut butter or vegemite \$7.00  
**GF add \$1.00**

**banana + choc chip loaf** (v|df|gf) gently toasted w/ cinnamon butter or vegan butter \$9.00  
**NOT AVAILABLE**

**maui mango chia pudding** (v|df|gf) w/coconut yoghurt + cacao buckwheat granola \$10.00

**GLOtoast** organic sourdough or gluten free w/ avo, pesto + heirloom tomato \$12.00  
**add haloumi \$5.00 add fried egg \$4.00 add GF midnight baker loaf \$1.00**

**cacao buckwheat granola** (v|df|gf) chai + blackcurrant w/ choice of milk + coconut yoghurt + berry chia jam \$12.00

**apricot + almond muesli** w/ fresh fruit + berry chia jam w/ choice of milk + coconut yoghurt \$12.00

**wah wah eggs** 3 scrambled eggs w/ crumbled feta + fresh basil w/ toasted sourdough (df|gf optional) \$15.00 **add GF midnight baker loaf \$1.00 add smoked salmon \$6.00**

## LUNCH - FROM 11AM

**brunch burrito** w/ house beans, spiced rice + almond chipotle mayo & fresh herbs (gf + vg optional) \$14.00

**rainbow bowl** (v|df|gf) falafel, kale + salad, kraut + a side of hummus + raw crackers \$15.00

**super rainbow bowl** (add fried organic egg + coconut 'bacon') + \$4.00

**hola mexican bowl** (v|df|gf) house beans, corn tortilla, heirloom tomato salsa, salad, guac + vegan chipotle mayo \$15.00 **add organic chicken + \$5.00**

**tiger poké bowl** (v|df|gf) brown rice, kimchi, salad, nori sheets, sesame ginger tofu + vegan miso dressing \$15.00  
**add organic chicken + \$5.00**

**PLEASE NOTE THAT ALL TAKE-AWAY + DINE IN FOOD WILL BE SERVED ON FULLY COMPOSTABLE FRIENDLY-PAK DISHES ONLY.**

## AND FINALLY

please order + pay at the counter + check out our counter fridge for the most delicious salads, raw vegan treats + divine baked delights! thanks for coming. we love seeing you at GLO. x