

SAMPLE RETREAT ITINERARY

AT HACIENDA ALTAGRACIA



DAILY RETREAT SCHEDULE

RETREAT DATES

Retreat bio and guest information

CALENDAR

	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7 AM				NATURE HIKE	BREAKFAST AT LEISURE
8 AM		MORNING RETREAT SESSION	MORNING RETREAT SESSION	MORNING RETREAT SESSION	
9 AM		BREAKFAST AT LEISURE	BREAKFAST AT LEISURE	BREAKFAST AT LEISURE	A MEMORABLE SEND OFF VIA SHARED CHARTER OR CAR TRANSFER
10 AM					
11 AM		THE ART OF... MARIOLA HONEY	VAQUEROS DE LA HACIENDA	HACIENDA CAFÉ TASTING	
12 PM		LUNCH AT LEISURE		LUNCH AT LEISURE	
1 PM		RELAX AT CASA DE AGUA	LUNCH AT LEISURE	THE RIVER BATH	
2 PM					
3 PM			AMIGOS DE LOS ESTABLOS		
4 PM	WELCOME CIRCLE	AFTERNOON RETREAT SESSION	AFTERNOON RETREAT SESSION	AFTERNOON RETREAT SESSION	
5 PM	HACIENDA SUNSET GATHERING			CLOSING CIRCLE LED BY RETREAT LEADER	
6 PM	RELEASE BURNING CEREMONY				
7 PM	GROUP DINNER AT GRANO	CIENFUEGOS DINNER & COSTA RICAN HORSE SHOW	GROUP DINNER AT GRANO	GROUP DINNER AT GRANO	
8 PM					
9 PM					

SCHEDULED RETREAT OFFERINGS	CULINARY GATHERINGS	SUGGESTED COMPLIMENTARY PROGRAMMING
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