



# 2024 GOALS PLANNER

Are you ready to unleash your potential and take control of  
your life?

Are you ready to plan for a more fulfilling 2024?

You're in the right place!

This planner will take you on a journey of the major areas of  
your life, including personal goals, career goals, relationships,  
finances, and hobbies  
and help define your vision for a successful, bountiful, and  
balanced year.

You can print out or use a PDF filler to fill out your planner.



# VISION BOARD

Let's create a vision of your ideal life. If you were exactly where you wanted to be, what would each area of your life look like?

This can be anything from your ideal salary, your dream career, or even moving abroad!

PROFESSIONAL

PERSONAL

HEALTH & WELLNESS

FINANCIAL

RELATIONSHIP

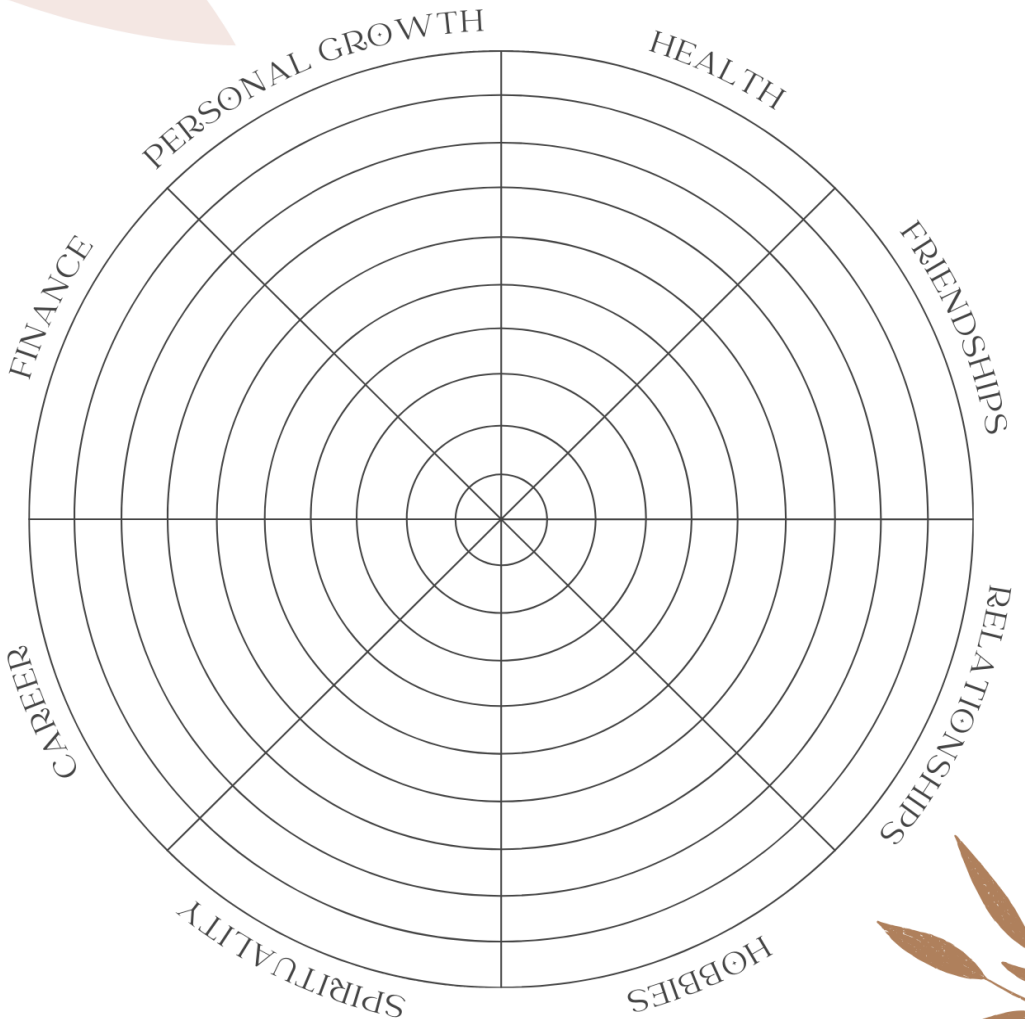
MIND & SPIRIT

HOBBIES

NOTES

# WHEEL OF LIFE

Now let's take a step back from your vision and think about your life as it stands today. The wheel of life is a great tool that helps you better understand what you can do to make your life more balanced. Each segment contains 10 slices. Fill in each segment to reflect how satisfied you are with each area of your life.



# YEARLY GOALS



Looking at your wheel, think about the areas of your life that are unbalanced and why. For each of the categories below, write down things you are doing well and where you need improvement. Take the time to reflect on these, and write a goal for each category.

CATEGORY	WHAT I'M DOING WELL	WHERE I NEED IMPROVEMENT	MY GOALS
RELATIONSHIPS			
FINANCES			
CAREER			
HEALTH			
HOBBIES			
SPIRITUALITY			





# GOAL PLANNER

We've defined our vision board, wheel and yearly goals, so it's time to plan all those goals out! Use these pages to plan in as much detail as possible.

My goal for this year

--

Why I want to achieve this

--

Problems that may appear

Possible solutions

--

--

What will I do to achieve my goals?

How will I monitor my process?

--

--

Tasks that will lead to my goal

Date

Tasks



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# RESOLUTION



Look at how far you've come! You've not only honestly reflected on your past self, but now you've set meaningful and ambitious life goals for the year ahead. The final exercise is to reaffirm your determination and your belief in yourself that you can do anything this year!

**1** Have I set realistic goals with actions within my control?

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**2** What will my life look like a year from now if I follow this plan?

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**3** If a friend came to me with this plan, what would I say to them?

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# ABOUT BAIJI

The purpose of Baiji is to deliver high-quality products to our customers and bring balance back to your life. We seek to empower you to find natural ways to improve all areas of your life and enhance your well-being. We are a community seeking wellness and fulfillment.



Subscribe to our mailing list where we discuss trends and research in health, fitness, and nutrition, as well as practical tips for incorporating them into your daily routine. Discover new ways to manage stress, improve your mental health, and find the motivation you need to achieve your goals. Make informed decisions about your menstrual cycle, understand your symptoms and learning about the latest products. If a happier, healthier, and more balanced lifestyle is your goal, we're here to support you!



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