



RENEWING  
SAUNAS

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RenewingSaunas.com

## READ FIRST BEFORE USING OR ASSEMBLY

# Traditional Saunas

- Always contact and consult a local electrician for proper wiring and installation
- **SAUNA ROCKS POP.** Do not be in the sauna during the first two heat-up and cool-down cycles. During first heat-ups, sauna rocks can pop, crack, and can discharge debris.

### How to initially power up your Sauna.

1. Power Up Sauna
  2. Set temp to the maximum and set time to maximum.
  3. Leave the sauna and close the sauna door.
  4. Allow the sauna to heat up and cool down fully.
  5. Repeat one more time.
- Some smoke on the initial power-up is normal. Don't be inside the sauna for the first two warm-up and cool-down cycles.
  - Small Remote controls colored lighting. Touch Panel controls the main lighting.
  - Once powered up, press and hold both the up and down temperature buttons for 5 seconds on the control panel. This will change it from Celcius to Fahrenheit



- No Alcohol. No Drugs.
- Stay Hydrated before, during, and after!
- If using essential oils, always dilute oils with water. **Essential oils are FLAMMABLE.** Always read safety guides and dilution tables from the manufacturer of the oils.
- Contact your Primary Care Physician before any sauna exposure to ensure the sauna is safe for you and your guests.
- Adults only. No children under the age of 18 are allowed.
- No Pets Allowed.

Step 1.

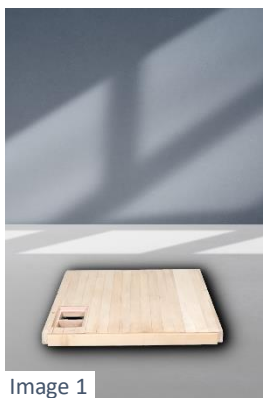


Image 1



Image 2



Image 3



Image 4

Step 2.



Image 5



Image 6

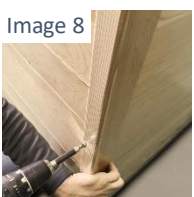


Image 8



Image 10

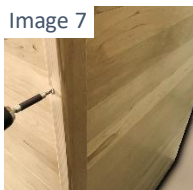


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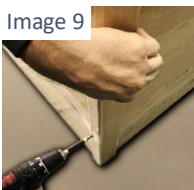


Image 9



Image 10a

Step 3.



Image 11

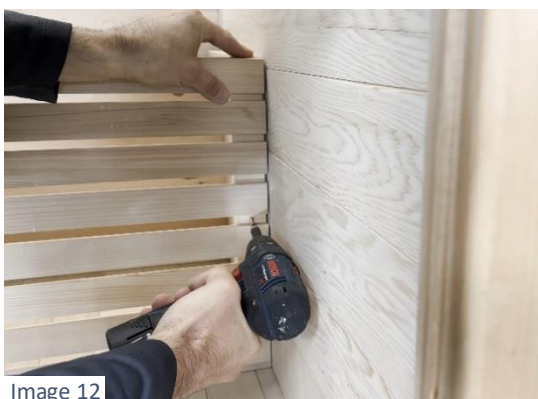


Image 12



Image 13

Step 4.



Image 14

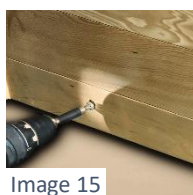


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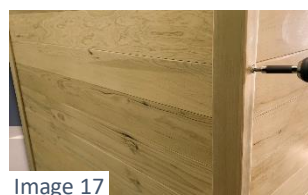


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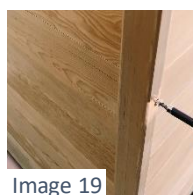


Image 19



Image 21

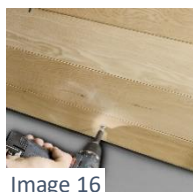


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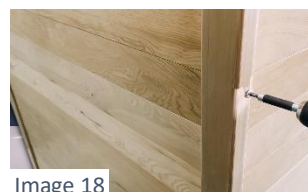


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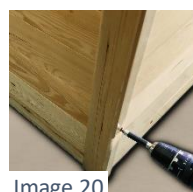
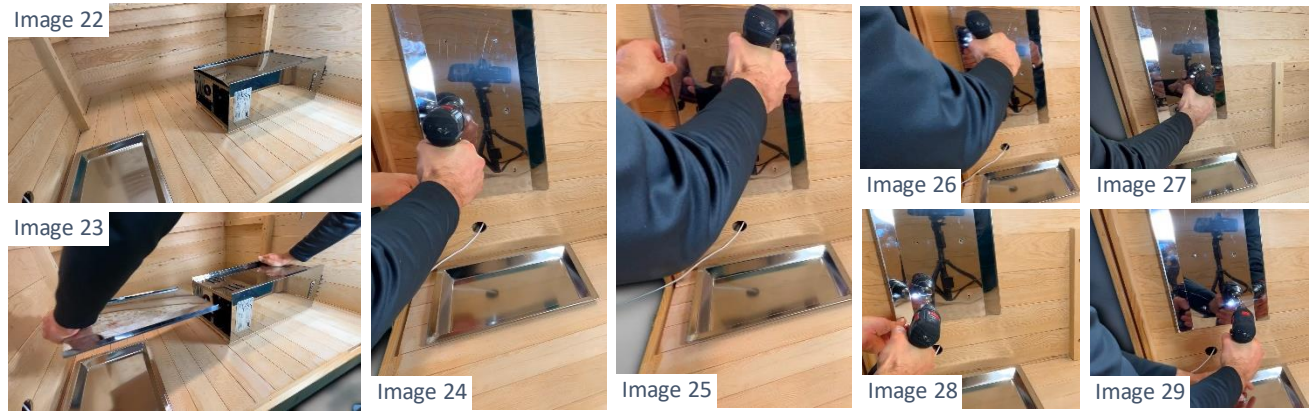
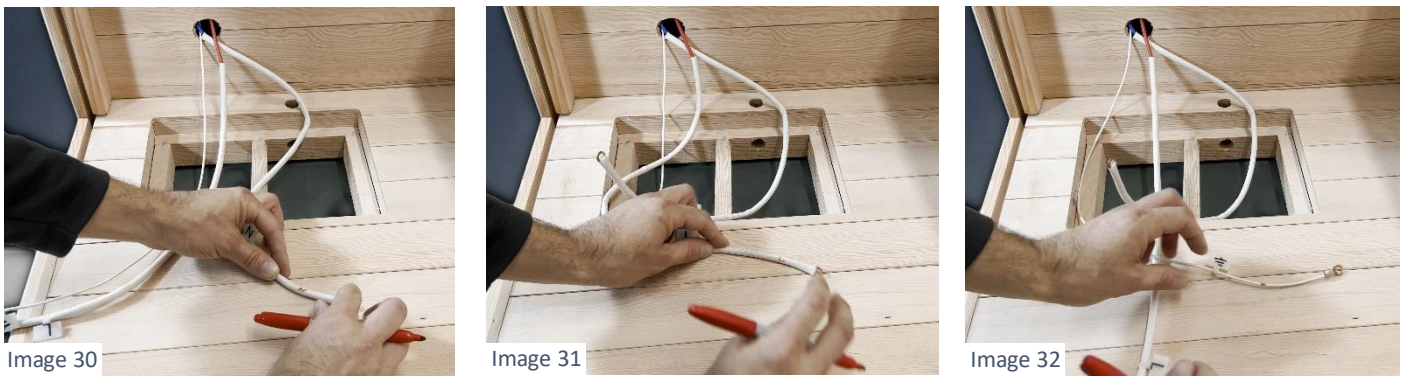


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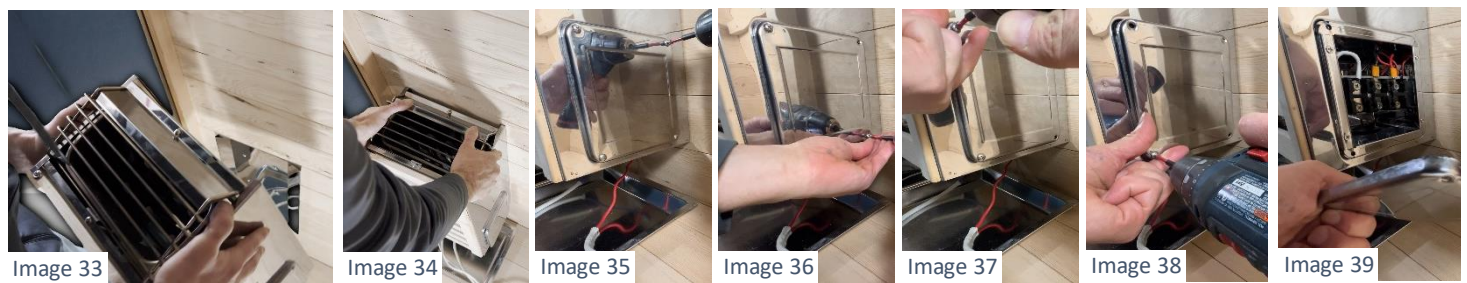
Step 5.



Step 6.



Step 7.



Step 8.

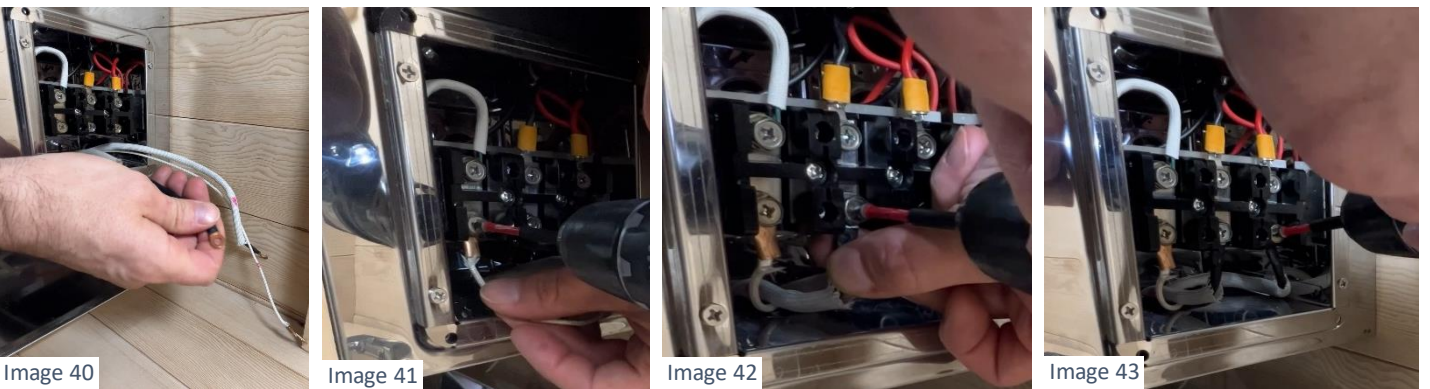




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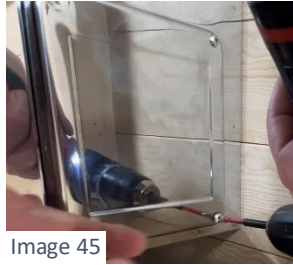


Image 45



Image 48



Image 46

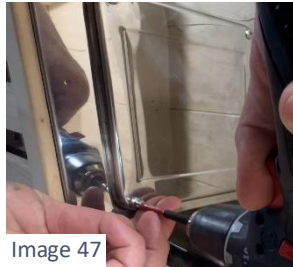


Image 47

Step 9.



Image 49



Image 50



Image 51



Image 52



Image 53

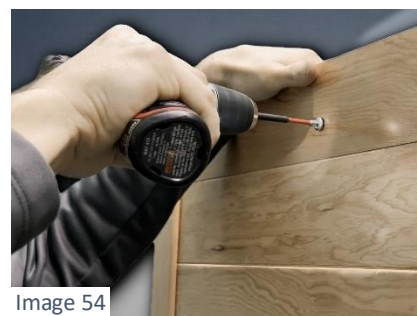


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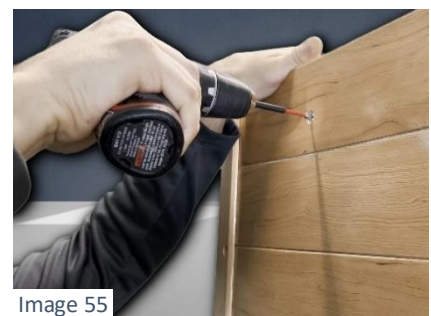


Image 55



Image 56



Image 57

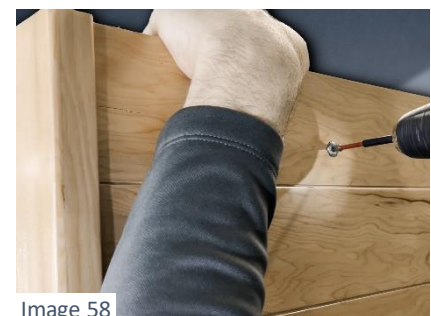


Image 58

Step 10.



Image 59

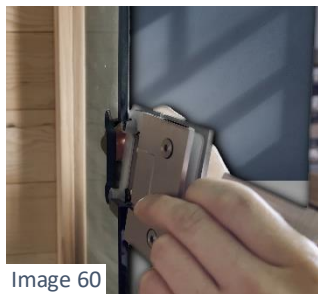


Image 60



Image 61

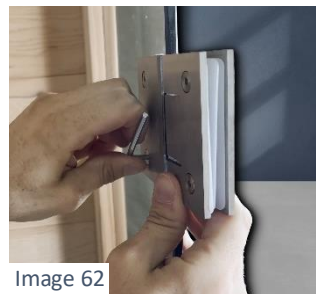


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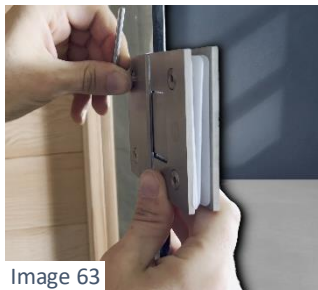


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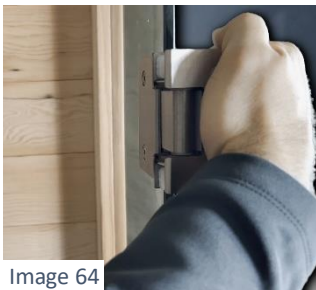


Image 64



Image 65

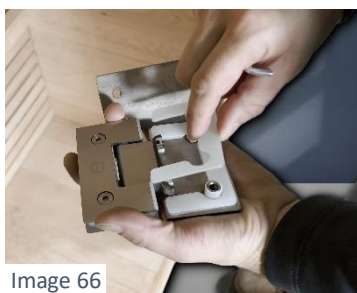


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Image 67



Image 68

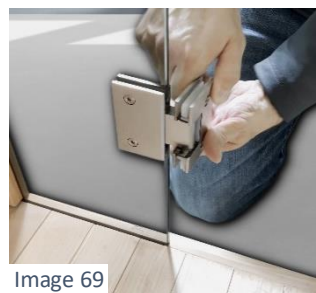


Image 69



Image 70

Step 11.

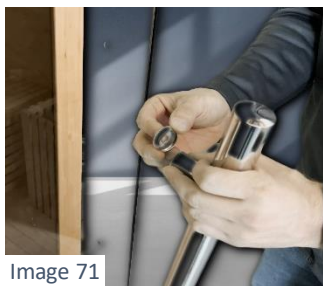


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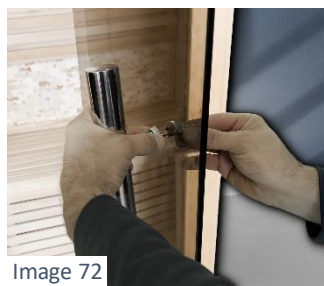


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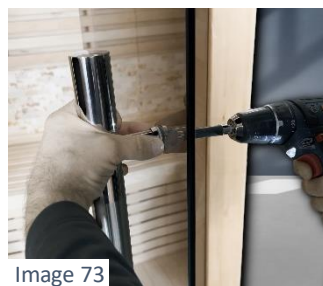


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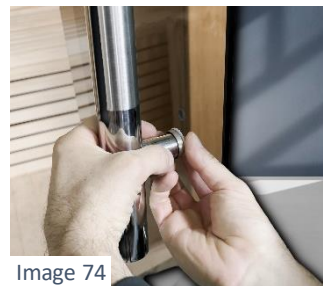


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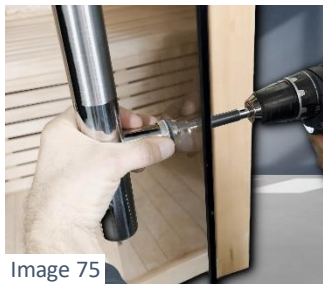


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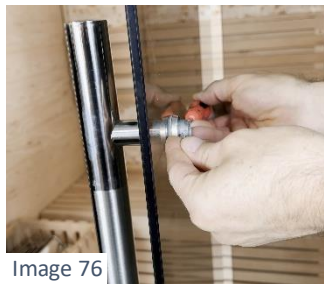


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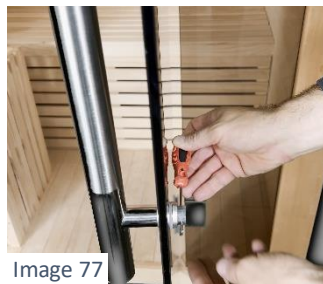


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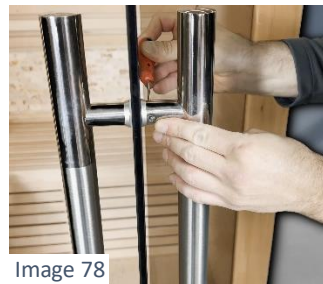


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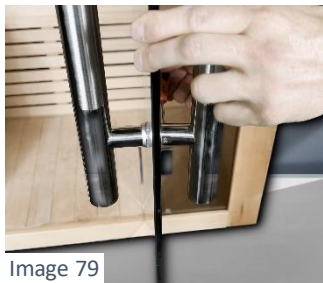


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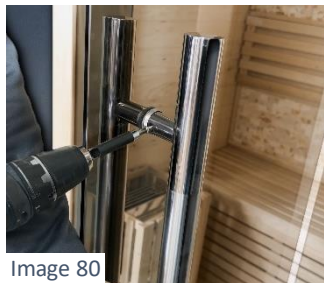


Image 80



Image 81

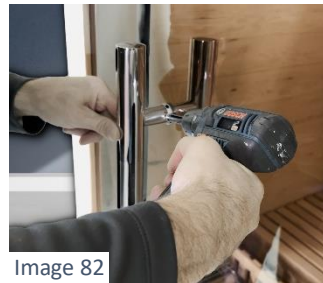


Image 82



Image 83

Step 12.

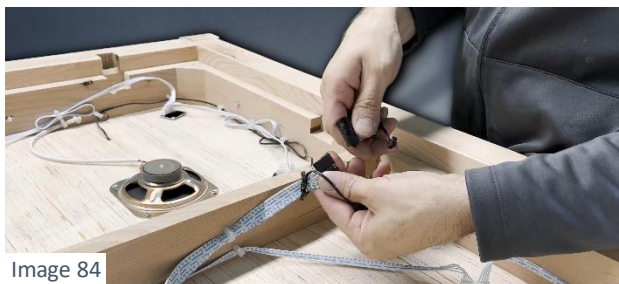


Image 84



Image 85

Step 13.

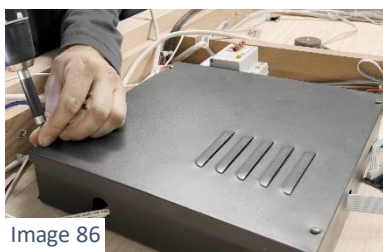


Image 86



Image 87



Image 88



Image 89



Image 90

## Step 14.

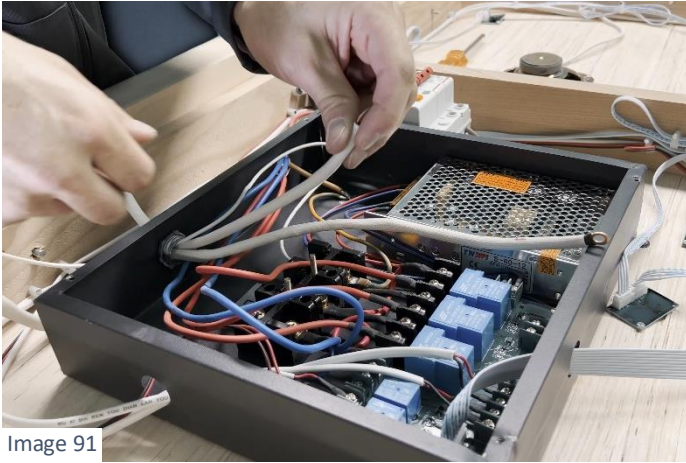


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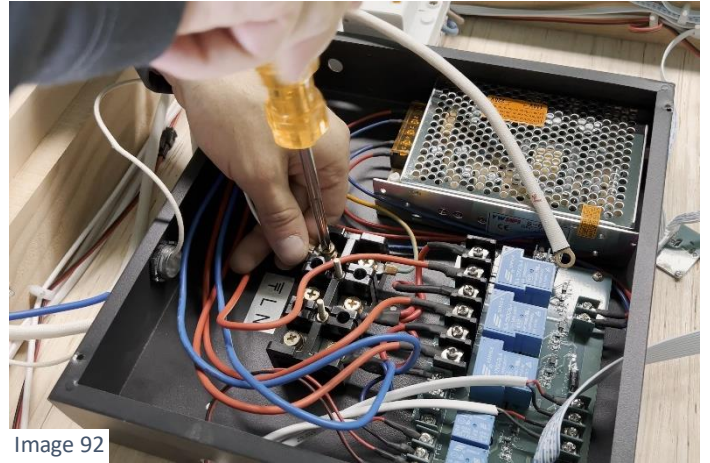


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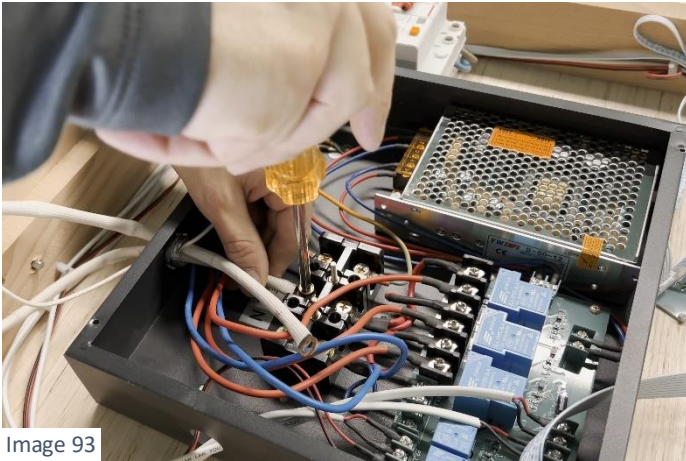


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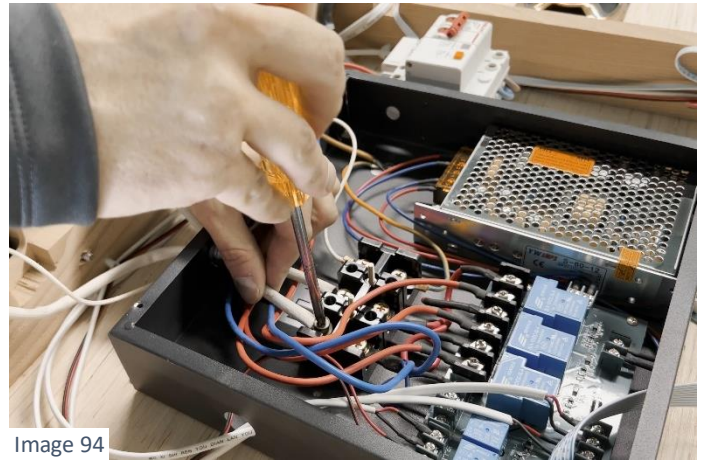


Image 94



Image 95



Image 96



Image 97



Image 98



Image 99



Image 100

## Step 15.



Image 101



Image 102



Image 103

Step 16.

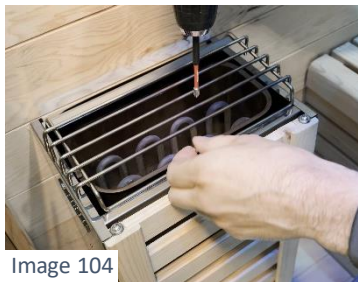


Image 104



Image 105



Image 106



Image 107



Image 108

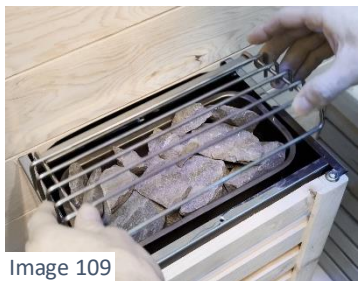


Image 109



Image 110



Image 111

Step 17.

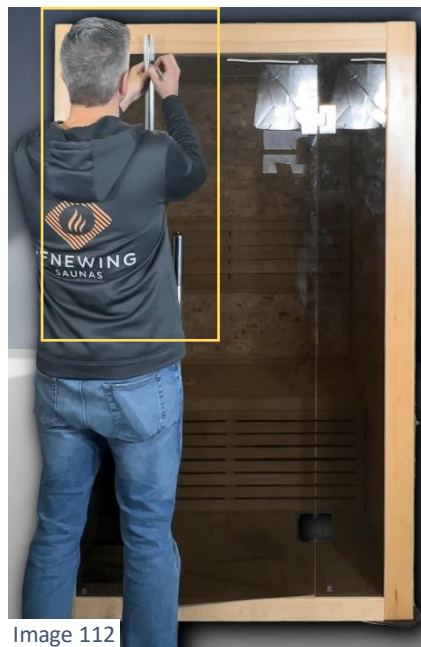


Image 112



Image 112a



Image 113



Image 114



Image 115



Image 116



Image 117





Image 118



Image 119



Image 120

Step 18.



Image 121



Image 122



Image 123