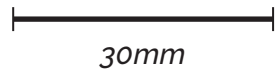# ABBOTT LYON

PRINTABLE RING SIZE GUIDE

This simple guide will help determine your ring size. All you need is a printer and a ring that fits well!

Top tip: use a ring with a similar style and band width to the ring on your wishlist.
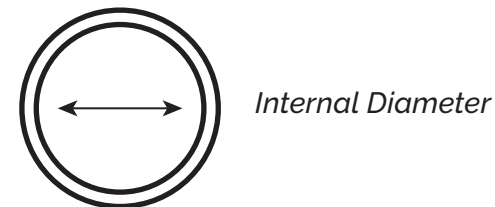
Step 1

Print this page, making sure to set the page scaling to 100% for a full A4 page. Check the line below after printing; it should be exactly 30 mm.

30mm

Step 2

Measure the internal diameter of a ring that fits you well. Then, at the bottom of this page, match it with the right ring size.
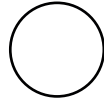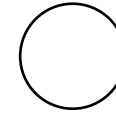
Internal Diameter

Step 3

You can also place your ring's band on the chart below and match the inside edge to the nearest size circle. Your ring size is the circled letter that best fits your ring. Are you in the middle of a size? For maximum comfort, we recommend going with the larger size.
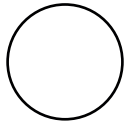
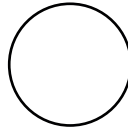**UK H / US 4 / EU 46.5**
Diameter: 14.9 mm
Circumference: 46.8 mm

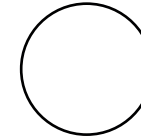**UK I / US 4.5 / EU 47**
Diameter: 15.3 mm
Circumference: 48 mm

UK J / US 5 / EU 48.5
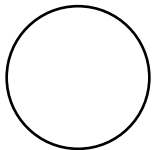*Diameter:* 15.7 mm
Circumference: 48.7 mm

UK K / US 5.5 / EU 50
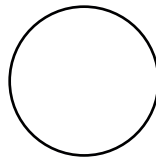*Diameter:* 16.1 mm
Circumference: 50 mm

UK L / US 6 / EU 51
Diameter: 16.5 mm
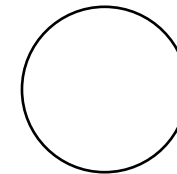*Circumference:* 52 mm

UK M / US 6.5 / EU 52
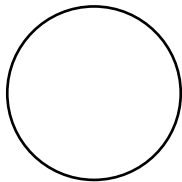*Diameter:* 16.9 mm
Circumference: 52.5 mm

UK N / US 7 / EU 53.5
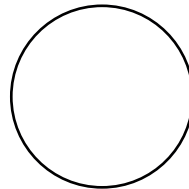*Diameter:* 17.3 mm
Circumference: 54.6 mm

UK O / US 7.5 / EU 55
Diameter: 17.7 mm
Circumference: 55.1 mm

UK P / US 8 / EU 56
Diameter: 18.1 mm
Circumference: 57 mm

UK Q / US 8.5 / EU 57
Diameter: 18.5 mm
Circumference: 57.6 mm

UK R / US 9 / EU 58.5
Diameter: 18.9 mm
Circumference: 58.9 mm