

## SEWING A HEM



**STEP 1 :** Fold the hem of your garment. Place your clothing on a countertop with the wrong side facing up.

Fold the fabric edge up by 1.5 centimeters and press it flat with an iron (The width of the hem may vary depending on the fabric and garment type). Then, fold over the fabric again 1.5 centimeters to conceal the raw edge of the first fold under the second one. Press the hem a second time.



**STEP 2:** Secure the hem with straight pins. Use several straight pins to hold the fold in place.



**STEP 3:** Sew along the inside of the folded hem on the wrong side, maintaining a distance of approximately 3 millimeters from the folded edge. Use an average stitch length of 2.5 throughout (this is a setting on your sewing machine). Secure the beginning and end of your stitching by backstitching, moving backward about 3 stitches to prevent unraveling.



**STEP 4 :** To finish your hem give it a final press. Even though you pressed previously, this final press really makes a difference in the final look of the hem.