

integrababy™

user guide



From Birth To Toddler
suitable for 3.5kg - 24kg (7.5lb - 52lb)

www.integrababy.co.uk

For low birthweight babies and children with medical conditions, seek advice from a health professional before using the product

Tested and complies to EN 13209-2:2015, and ASTM F2236:2016

IMPORTANT! READ CAREFULLY AND KEEP FOR FUTURE REFERENCE

PLEASE READ ALL THE INSTRUCTIONS BEFORE ASSEMBLING AND USING YOUR INTEGRA

At IntegraBaby we take safety very seriously. All our carriers have been tested to meet, BS EN 13209-2:2015 and ASTM f2236-16. Please keep the following considerations in mind when using our carriers:

Your balance may be adversely affected by your movement and that of your child. Take care when bending or leaning forward or sideways.

The carrier is not suitable for use during sporting activities.

For low birthweight babies and children with medical conditions, seek advice from a health professional before using the product

The Integra is suitable for babies weighing between 3.5kg-24kg (7.5lb-52lbs). Please see usage instructions for recommended positions for different ages.

Check your Integra before every use for any signs of damage or wear and tear. Never use a carrier with any sign of defects or damage.

Dangerous Activities - Never use your Integra during any risky activities, including but not limited to:- cycling, skiing, horse-riding, swimming, cooking, running, eating hot food, drinking hot drinks, using knives or other sharp or dangerous tools, near open flames, climbing, in a moving vehicle of any kind, whilst under the influence of alcohol or any drugs etc. Use common sense at all times.

Follow the usage instructions and only use as depicted in this guide. The Integra is only intended for use on the front and on the back. Only use on the back from a minimum of 4 months of age (baby should be able

to sit independently) and exercise extreme caution when learning back carries. Use the beginner's back carry and have someone assist you at all times until you are completely confident.

⚠️ WARNING!

Never use a soft carrier when balance or mobility is impaired because of exercise, drowsiness, or medical conditions

Never use a soft carrier while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals

Always ensure proper placement of child including leg placement as indicated in instructions

⚠️ WARNING	
FALL AND SUFFOCATION HAZARD	
FALL HAZARD - INFANTS CAN FALL THROUGH A WIDE LEG OPENING OR OUT OF CARRIER	
<ul style="list-style-type: none"> • FOLLOW ALL INSTRUCTIONS BEFORE USING THE CARRIER AND KEEP FOR FUTURE USE. • HOLD YOUR BABY SECURELY AT ALL TIMES UNTIL CORRECTLY ATTACHED. • ADJUST LEG OPENINGS TO FIT BABY'S LEGS SNUGLY. • BEFORE EACH USE, MAKE SURE ALL FASTENERS ARE SECURE. • ONLY USE THIS CARRIER FOR CHILDREN BETWEEN 7LBS AND 52LBS (3.2KG - 24KG). • DO NOT WEAR CHILD FACING OUT. • NEVER UNHOOK THE WAIST BELT WHILE CHILD IS IN THE CARRIER. • TAKE SPECIAL CARE WHEN LEANING OR WALKING. • NEVER BEND AT THE WAIST; BEND AT THE KNEES. • THIS CARRIER IS NOT SUITABLE FOR USE DURING SPORT ACTIVITIES. • WHEN USING THIS CARRIER CONSTANTLY MONITOR YOUR CHILD. 	
SUFFOCATION HAZARD - INFANTS AND CHILDREN UNDER 4 MONTHS OLD CAN SUFFOCATE IN THIS PRODUCT IF FACE IS PRESSED TIGHT AGAINST YOUR BODY.	
<ul style="list-style-type: none"> • DO NOT STRAP INFANT TOO TIGHT AGAINST YOUR BODY. • ALLOW ROOM FOR HEAD MOVEMENT. • KEEP INFANT'S FACE FREE FROM OBSTRUCTIONS AT ALL TIMES. 	
REFER TO CARE LABEL INTEGRA BABY	



- ✓ TIGHT
- ✓ IN VIEW AT ALL TIMES
- ✓ CLOSE ENOUGH TO KISS
- ✓ KEEP CHIN OFF THE CHEST
- ✓ SUPPORTED BACK

T.I.C.K.S used with the kind permission of the UK Sling Consortium Integra recommends that you always follow the T.I.C.K.S. Rule for Safe Babywearing.

key features



- ∞ BIRTH TO TODDLER
- ∞ OPTIMAL SUPPORT & COMFORT FOR INFANT AND CARER
- ∞ DUAL ADJUSTABLE BUCKLES TO ENSURE AN EASY & CLOSE FIT
- ∞ COMPACT & EASY TO USE
- ∞ SAFETY TESTED TO BSEN13209 & ASTM F2236
- ∞ MADE IN THE UK
- ∞ MACHINE WASHABLE

integra sizing



Size 1

The Size 1 Integra is suitable for carrying newborn babies with a minimum weight of 7.5 lbs. Always follow the Newborn carrying instructions in this instruction booklet. No other carrying method is suitable for carrying your newborn. The Size 1 Integra can be used until your baby is 2 years of age following the different instruction methods in this booklet.

With the Size 1 Integra the Accessory Strap is used to cinch the waist of the carrier to make it suitable for small infants. From 4-6 months when back carrying it can be used as a chest strap.



Size 2

The Size 2 Integra is suitable for carrying toddlers from 18 months. You can carry your toddler on your front or on your back following the different instruction methods in this booklet.

With the Size 2 Integra the Accessory Strap is used as a chest strap when back carrying.

Size 3

The Size 3 Integra is suitable for carrying preschoolers from 3 years of age. You can carry your preschooler on your front or on your back following the different instruction methods in this booklet.

With the size 3 Integra the Accessory Strap is used as a chest strap when back carrying.

newborn infant front carry

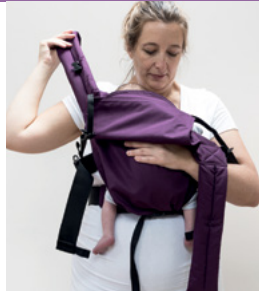


We advise the use of the accessory strap until baby is 10 weeks. However this is a suggested age and you must check the width of the seat every time you use your Integra and loosen the accessory strap until it is no longer needed, so your growing baby is supported well.

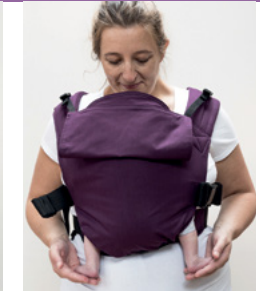
Fasten the carrier around your waist like an apron with the outside against your legs. The carrier should be high on your body.

Then fasten the accessory strap around the fabric of the carrier near to the warning label. This narrows the fabric 'seat' for your baby. Push the strap up so it is as close to your body as possible. Slide the buckle around to the outside of the carrier, so that it can be adjusted after your baby is secured, if required.

Make sure your newborn is in a natural deep seated position, with knees higher than bottom, on your chest and slide the Integra up their back, providing support all the way up to the back of the neck. Your baby will be supported by the fabric panel, so make sure it is snug across their back.



Switch hands and reach back for the end of the shoulder strap, pulling it down and then bringing it across your back. With one hand supporting baby at all times, reach for a shoulder strap with your free hand and place it on the widest point of your shoulder.



Supporting baby with your forearm, use both hands to close the shoulder strap buckle on the side of the carrier, you will hear an audible click. To tighten the strap pull the webbing backwards through the dual adjustable buckles, then pull the webbing on the front side forwards.

Always ensure the fit is tight and secure. Your baby should now be positioned nice and high on your chest so that you can kiss their head easily.

When the shoulder straps are fastened and tightened, you can clip up the sleephood to create additional head support for your baby.



As before, with one hand supporting baby at all times, reach for the other shoulder strap with your free hand and place it on your shoulder.

Switch hands and reach back for the end of the shoulder strap, bringing it down and across your back. This should now form a cross over your back.

Once your baby is in securely in your Integra it is important to run your fingers around and between baby's legs and the carrier ensuring there is an even spread of fabric and no pressure points. With your fingers lift baby's weight bringing their knee's higher than their bottom, tilting their pelvis so their weight is on their bottom and not their legs. Check the width of the seat every time you use your Integra.



Supporting baby with your forearm, use both hands to close the shoulder strap buckle on the side of the carrier, you will hear an audible click. To tighten the strap pull the webbing backwards through the dual adjustable buckles then pull the webbing on the front side forwards.

Always ensure that your baby's airways are clear, their chin is not resting on their chest and that you have a clear view of baby's face.



integrababy is acknowledged by The International Hip Dysplasia Institute as a hip-healthy product.



#integratips infant front carry



Check the width of the seat every time you use your Integra and loosen the accessory strap when needed, so your growing baby is supported well.

To get a perfect fit for your baby, the seat of the Integra should provide support from the back of one knee to the back of the other knee. Their bottom should be at the same height or just below their knees.

Check that the fabric is evenly distributed across the width of the seat and not bunched up creating pressure points, especially around the knees.

Wear baby nice and high. Baby should be 'close enough to kiss'. This will ensure their safety and your comfort.

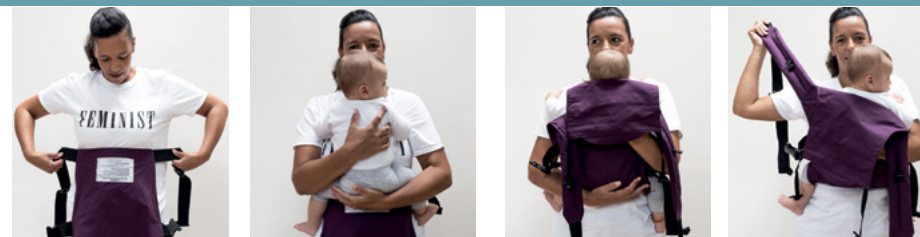
Ensure baby is centred in the Integra. This will improve comfort for both of you.

If you find the fabric around baby's head is not quite snug enough you can remove the slack by feeding it back around from the top of the shoulder straps to the buckle and then tightening.

We recommend that you follow the **T.I.C.K.S.** Rule of Safe Babywearing:

Tight.
In view at all times.
Close enough to kiss.
KeeP chin off the chest.
Supported back.

older baby front carry



Fasten the carrier around your waist like an apron with the outside against your legs. Pick up baby and tuck their legs into your waistline.

Bring the panel of the carrier up between baby's legs and over their back. With one hand supporting baby at all times, reach for a shoulder strap with your free hand and place it on your shoulder.

Switch hands and reach back for the end of the shoulder strap, bringing it down and across your back. Supporting baby with your forearm, use both hands to close the shoulder strap buckle on the side of the carrier, you will hear an audible click.

To tighten the strap pull the webbing backwards through the dual adjustable buckles then pull the webbing on the front side forwards.



Switch hands and reach back for the end of the shoulder strap, pulling it down and then bringing it across your back. Supporting baby with your forearm, use both hands to close the shoulder strap buckle on the side of the carrier, you will hear an audible click.

Always ensure the fit is tight and secure. Your baby should now be positioned nice and high on your chest so that you can kiss their head easily. You're ready to go!



#integratips front carry



Ensure your straps are tight enough. The straps on the Integra should hold baby tight against you and pull on the fabric of the panel to create a comfortable tight seat.

Wear baby nice and high. Baby should be 'close enough to kiss'. This will ensure their safety and your comfort.

To get a perfect fit for your baby, the seat of the Integra should provide support from the back of one knee to the back of the other knee. Their bottom should be at the same height or just below their knees. Check that the fabric is evenly distributed across the width of the seat and not bunched up, especially around the knees.

In a front carry the shoulder straps of the Integra should cross in the middle of your back ensuring even weight distribution.

The shoulder straps of the Integra should not touch your neck and should instead sit in the middle of your shoulder. This aids the even spread.

We recommend that you follow the T.I.C.K.S. Rule of Safe Babywearing:

Tight.
In view at all times.
Close enough to kiss.
Keep chin off the chest.
Supported back.

beginner's back carry



Fasten the shoulder straps to the buckle on the SAME side, you will hear an audible click. Tighten the webbing on the buckle attached to the body of the carrier on each side, you can roll any excess webbing and secure it with the elastic.

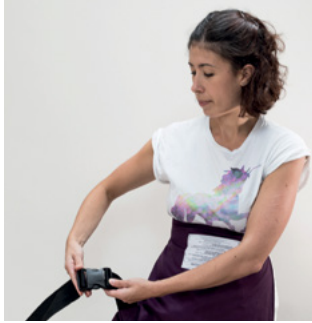
Lay the carrier out on a bed or chair. Place baby on the carrier and bring the waist straps and lower portion of the carrier OVER the legs.

Sit down in front of baby (facing away) and fasten the waist straps around your waist and pull the webbing to tighten so it is snug.

Reach back and hook your arms through the fastened shoulder straps. Tighten each shoulder strap by holding the strap at the shoulder and pulling the webbing forwards.



secure back carry



Fasten the carrier around your waist like an apron with the outside against your legs. Position the carrier on your hip. Fasten the shoulder straps to the side buckles on the SAME side, you will hear an audible click.



Tighten the webbing on the buckle attached to the body of the carrier on each side, you can roll any excess webbing and secure it with the elastic.



Pick up baby and sit them around your waist on top of the carrier with their legs either side of you. Bring the panel of the carrier up between baby's legs and over their back.



Lean forward slightly and slide your left arm into the fastened left hand shoulder strap. Grasp both shoulder straps with one hand. With your free hand tighten the webbing on one strap.

Switch hands and repeat this step on the other strap. Ensure the fit is tight and secure.



Lean forward slightly. Carefully pull baby's weight up onto your back, holding the strap slack in front of you.

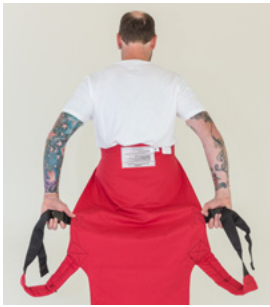
Baby should now be in the centre of your back. Tighten the shoulder straps by pulling the webbing forward. You are then ready to go.



To remove baby simply reverse the steps above and lower baby onto a soft surface. If desired, the accessory strap can be fastened around the shoulder straps to help keep them in place.



advanced back carry



Fasten the carrier around your waist like an apron with the outside against your legs. Fasten the shoulder straps to the side buckles on the SAME side, you will hear an audible click.

Tighten the webbing on the buckle attached to the body of the carrier on each side, you can roll any excess webbing and secure it with the elastic. Slide the waistband around so the carrier is hanging against the back of your legs.



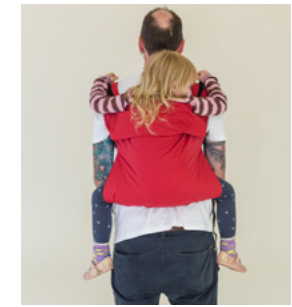
Pick up baby and sit them on your hip. do so over a soft surface such as a bed or sofa. For the first few times another person assisting you may be helpful too. Holding baby with one hand, lean forward and slide baby around your hips towards and onto your back.



Use your free hand to help guide baby around your hip and shift their weight onto your back. With both hands on baby, gently manoeuvre them up to the centre of your back into a piggy back position.



Keeping one hand on baby at all times, use the other hand to bring the panel of the carrier up over baby's back. Keeping one hand on baby at all times. Put each arm through the fastened shoulder straps. Pull the webbing to tighten the straps until comfortable and check baby is fully seated in the Integra.



Tightening the straps is made easy by following the direction of the webbing when pulling the straps. Always ensure the fit is tight and secure. You are ready to go.

To remove baby, reverse the above steps. If desired, the accessory strap can be fastened around the shoulder straps to help keep them in place.

#integratips back carry

It is just as important for baby to be supported in a deep-seated position (knees higher than bottom) on your back as it is in your front.

Ensure baby has a deep seat by starting with the waistband just as high as you would for a front carry.

The Integra has an integral sleep hood, which provides support for sleeping babe's heads.

The accessory strap can be fastened around the shoulder straps to help keep them in place. The need for this is dependent on body shape so we suggest trying with and without it to see which is most comfortable.



helpful hints & tips

Take your time when trying your Integra for the first time. Choose a time when baby is well fed and rested. When you are ready and baby is safely in the Integra, get moving and go for a walk. Babies like movement and it will help them become accustomed to the carrier.

Only use with baby facing the wearer. The Integra is designed to allow for parent facing positions on the front and the back, which allow baby to achieve the optimum ergonomic position, with knees level with or higher than the bottom.

For front carries baby should be positioned high and snug on your chest. If you find baby is too low, take all their weight in one arm and lift up whilst tightening the webbing with the other hand. Repeat on the other side.

Men and some women may prefer to wear the shoulder straps crossed over the chest when back carrying. Always have a second person assisting when fastening in this way.

The top of the Integra is designed to support baby's head. If baby prefers to be able to see out when awake and/or have their arms free, fold over the bottom of the carrier over once or twice before fastening around the wearer's waist. This has the effect of shortening the panel size and allowing baby more freedom. Always make sure the Integra is still tall enough to reach up to baby's armpits.

Make sure the shoulder straps sit in the middle of the wearer's shoulders and not too close to the neck. This helps the straps cross low on the wearer's back distributing baby's weight evenly.

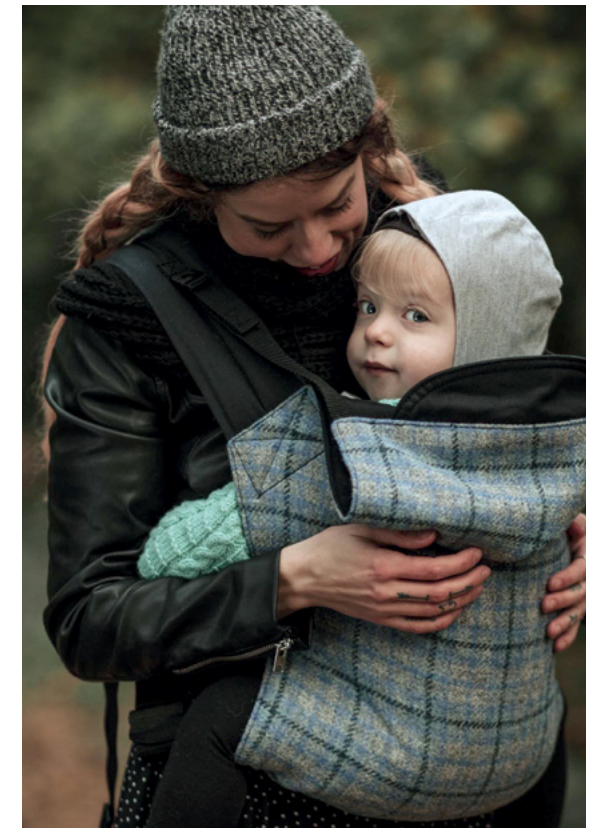


Cotton Integra Laundering Guide

- Where possible spot clean your Integra with a soft cloth and warm water.
- Never use fabric softener or bleach products - or detergents which include them.
- When necessary you can machine wash your Integra on a delicate cycle at 30 degrees or less.
- We recommend using an ecological laundry liquid.
- Do not tumble dry, iron or bleach your Integra.
- Where possible, remove the buckles or clip them together before washing..

Harris Tweed™ Laundering Guide

- Harris Tweed is 100% wool. The wool contains lanolin which gives it unique qualities. Harris Tweed™ repels dirt and moisture and will require less laundering.
- Repeated washing will, over time, remove the lanolin from the Harris Tweed™.
- It is not possible to re-lanolinise, therefore we recommend that you only wash when needed and spot clean where possible to retain these special features.



safety information

- ⚠ Check to assure all buckles, snaps, straps and adjustments are secure before each use.
- ⚠ Premature infants, infants with respiratory problems, and infants under four months are at greatest risk of suffocation.
- ⚠ Constantly monitor your child and ensure the mouth and nose are unobstructed.
- ⚠ Ensure your child's chin is not resting on its chest as its breathing may be restricted which could lead to suffocation
- ⚠ The Integra is intended to be used by one child at a time.
- ⚠ To prevent hazards from falling ensure that your child is securely positioned in the sling.
- ⚠ The Carer should be aware of the increased risk of your child falling out of the sling as it becomes more active.
- ⚠ Airway - particularly when using with younger babies - always be sure to keep their face clear of the Integra or the wearer's chest and maintain a clear space for the baby to breathe fresh air at all times. Never allow a young baby's chin to droop onto the chest as this can restrict the airway. Be aware at all times of baby's breathing.
- ⚠ Never leave baby unattended either in or near the Integra. The Integra must not be used as a toy. Long straps can pose a strangulation hazard.
- ⚠ Take care in use - Always be aware of baby's position in the Integra, particularly for back carries. Door frames, escalators, lifts, revolving doors, tree branches, bushes, stationary cars - particularly wing mirrors, and many other environmental obstacles can all pose a danger. Always take account of the extra space occupied by baby.

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#integra infinity



For over a decade I have worked alongside my family and team to bring you baby, toddler and preschool carriers of the highest quality.

Having carried all three of our children I absolutely understand the benefits that carrying your child bring to the whole family unit. I am thrilled that you choose Integra. I love to hear and see your stories - and look forward to you sharing them with us.

Sarah Sadler

We want you and baby to feel 100% content with your Integra.
If you have any questions about your Integra
please contact us on Facebook or through our Website.



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