# BEST PRACTICE GUIDELINE FOR SAFE & EFFICIENT INSTALLATION OF FRIC-LO® 20205M

## **APPLICATION:**

Header Track | Single Operator Method.

Fric-Lo® 2020 5M should be applied to the header track prior to fitting fillets & final positioning.
We recommend using a work bench set at a suitable height, located in a clean and ambient environment.
Fric-Lo® 2020 5M is available in two standard widths, 68mm and 48mm. The tape is designed to cover the full leg height, ensure you have the correct size tape for the header track you are preparing.

## **TOOLS & EQUIPMENT REQUIRED:**

- Appropriate PPE incl. Gloves & Eye Protection
- Work Bench
- Fric-Lo® Tape Dispenser (available from Lynvale)
- IPA Wipes Tub (available from Lynvale)
- Scissors
- Grip / Clamp
- Rubbish Bin

### **1. PREPARE STATION:**

- **a.** Set work bench to correct operator height. This should be located in a clean environment with minimal dust. An ambient temperature is required for successful bonding.
- b. Secure Fric-Lo® Tape Dispenser to work bench (this can be done with either clamps or screws).
- **c.** Install **Fric-Lo**<sup>®</sup> Tape onto dispenser. Ensure the tape is positioned in the correct direction on the dispenser (see image 1c).

### **2. SURFACE PREPARATION**

a. Successful bonding requires surfaces to be free from dust, grease and debris on the cleaned surface.

### **3. APPLY**

- a. Using the tab located at the end of the roll, separate (by approx. 150mm) the blue liner from the neutral coloured Fric-Lo® Tape (the adhesive should now be exposed on the underside).
- **b.** Hold the tape in one hand, use other hand to hold the liner.
- **c.** Walk the tape & liner to the opposite end of the header track, once in position bond the end of the tape to the header track, applying pressure to bonded area.
- d. The tape can now be applied to the full run of header track. Ensure correct positioning of tape (see image 3d) Use one hand to position the tape, Use other hand to peel away the liner. Maintaining even tension on the liner will aid timely & efficient installation.
- e. Fric-Lo® Tape can be repositioned if required. Ensure the tape is smooth and free of creases and folds (see image 3e).
- f. Once the full run is bonded cut the tape ONLY using scissors.
- g. Cut the liner DO NOT CUT THE LINER AT THE SAME LENGTH AS THE TAPE - CUT LINER LONGER THAN TAPE (This will ensure liner is quick & easy to remove on the next run).



- **h.** Discard liner into rubbish bin to avoid trip hazard.
- i. Using hands, apply pressure to the entire surface of the applied tape (This ensures maximum 'wet out' of the pressure sensitive acrylic adhesive).
- j. Rotate header track & repeat process on other side.

#### **4. INSTALL**

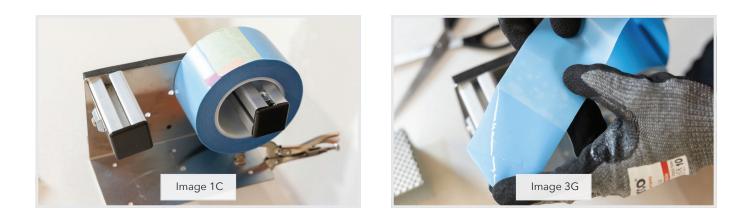
a. Prepared header track is now ready for fillets & system installation.

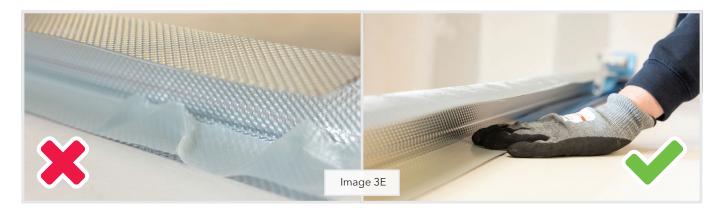
#### **NOTES - ADHESIVE CURE TIME:**

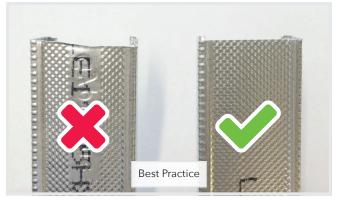
Fric-Lo® 2020 5M will bond immediately. Initial adhesion strength is 60% increasing to 95+% in 24 Hrs.

### **BEST PRACTICE - STUD INSTALLATION:**

When installing studs, it is best practice to install the machine cut end of stud into the header track.







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