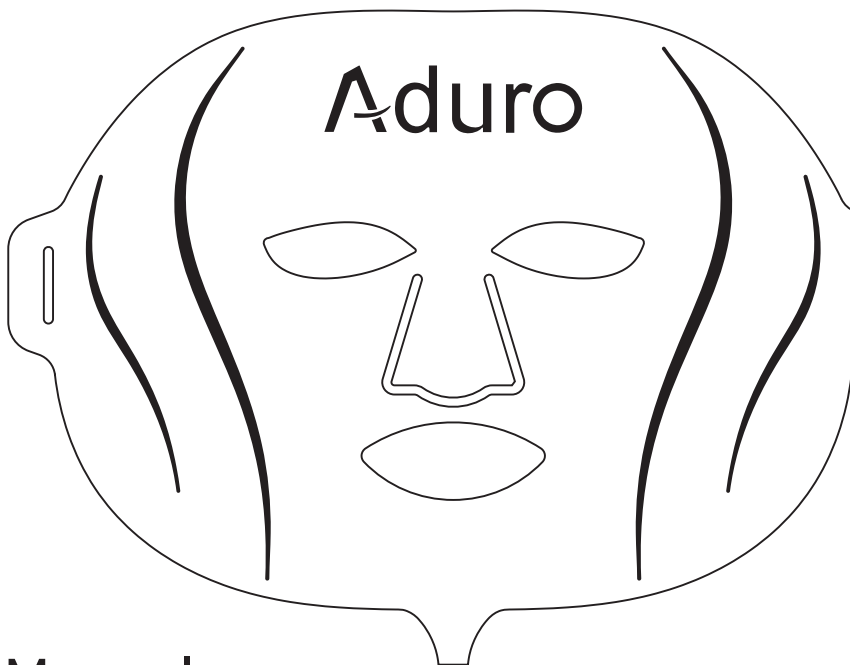


LIGHT TECHNOLOGY

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**LED  
FACIAL MASK**

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User Manual

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**English**

**01 - 22**

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## 1. The benefit of light therapy

The skin has a beautiful ability to absorb light energy. Light energy makes skin cells produce more Adenosine triphosphate(ATP) stimulates various cells to restore to a new state, making skin better and younger.

Light therapy is an accepted treatment for medical treatment, which can not only treat a variety of skin problems but also is a safe treatment without side effects and chemicals.

### Aduro 7+1

Aduro 7+1 Red is designed to treat 7 imperfections of the skin, with added infrared light technology, boosting and amplifying anti-ageing treatments.

#### Modes and treatments

<b>Wrinkle Reducer</b> <b>Anti-aging</b> Combats wrinkles and increases collagen production	<b>Acne Buster</b> <b>Anti-acne</b> Fights acne-causing bacteria and reduces acne	<b>Skin Balancer</b> <b>Evens skin tones</b> Helps even skin complexion for naturally beautiful skin.	<b>Red Away</b> <b>Reduce</b> Helps alleviate inflammation, sunburns, and rosacea.
<b>Radiant Skin</b> <b>Revitalizatio</b> Promotes a brighter glow for more radiant skin and helps relieve rosacea	<b>Skin Soother</b> <b>Soothing</b> Helps in support in reducing the size of swollen capillaries.	<b>Cell Rejuvenator</b> <b>Cell Rejuvenation</b> Promotes healthy cells and regeneration.	<b>Skin Booster</b> <b>RED/INFRARED</b> Penetrates more profound into the skin for a boosted and amplified treatment.
<b>Pain Blocker</b> <b>BLUE/INFRARED</b> Blue and Infrared produce NO2 to block pain signals.	<b>Daily Dose</b> <b>RED/BLUE/GREEN/ORANGE/CYAN/PURPLE/YELLOW</b> Combines 7 colors with all benefits, but without UV.		<b>Quick Fix</b> <b>RED/ORANGE/GREEN/INFRARED</b> Pulsing of modes with Wrinkle Reducer, Revitalization, and Skin Booster. For a quick anti-ageing lift.

## 2. Company Information

### Company

Aduro Co., LTD.

### Holland Office

Address: Spinnerij 67 1185 ZS Amstelveen The Netherlands.

### Chinese Office

Address: Building A, NO.40, Fuxin Street, Huaide Community, Bao'an District Shenzhen, China.

### Hong Kong Office

Address: Flat F, 3/F., Hung Wai Industrial Building, 3 Hi Yip Street, Yuen Long, Hong Kong.

### support

Email: [info@aduroled.com](mailto:info@aduroled.com)

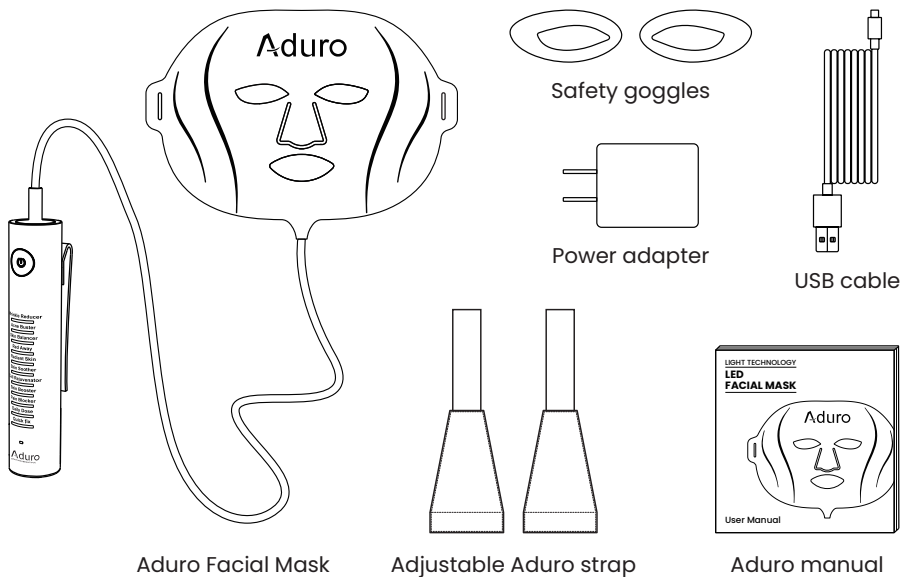
Telephone: +31614733907

### 3. Production Information

#### 3.1 Device Specifications

LED wavelengths	465nm, 525nm, 620nm, 850nm
Output optical power density	30 mw/cm <sup>2</sup>
LEDs	66 Triple LEDs + 20 Single LEDs Infra-red
Operating temperature	0°C to 40°C   32°F to 104°F
Storage and Transport Humidity	-5°C to 55°C   23°F to 131°F
Operating Humidity	30% to 95% without condensation
Storage and Transport Humidity	20% to 95% without condensation
Charging Supply	5V = 2A
Charging Cable	USB-C
Charging Cable Length	101.5cm/3.33 feet
Battery	2600mAh
Battery Type	Lithium-ion
Charging Time	240mins/4 Hours
Recommended Use	1 time per day for 4 weeks
Treatment Time	20mins
Dimensions of the device	310*223.3*8.4mm
Weight of the device	152g

### 3.2 Device Accessories



### 3.3 Adverse Reaction

Stop using this device immediately and consult your health professional if you have any adverse reaction, such as discomfort, discoloration, irritation, or other concerns.

Skin irritation, bruising, contact burns, dizziness, nausea, and headaches are rare but possible side effects.

Immediately stop using the device and contact your General Practitioner.

### 3.4 Contraindications

- DO NOT use the device if you have any cancer or cancerous lesion.
- DO NOT use the device if you are pregnant, planning on becoming pregnant, or breastfeeding.
- DO NOT use the device on people under the age of 18.
- DO NOT use the device over areas with phlebitis, thrombophlebitis, and varicose veins.
- DO NOT use the device if you have a known allergic reaction to silicon. The device contains plastics and silicon that come into contact with the skin during use. When in doubt of allergies, first contact your General practitioner before using the device.
- DO NOT use the device if you suffer from any photosensitive disorder (sensitization to light)
- DO NOT use the device if you are taking any medication or drugs that can cause Photosensitivity. Suppose you are not sure about your medication, contact your health professional.
- DO NOT use the device if you suffer from light-induced headaches.



- DO NOT use the device if you have a medical history of seizures or epilepsy triggered by light.

Note: For hygiene reasons, we do not recommend sharing your device with anyone else.

Note: We highly suggest caution when taking any (skin-related) damaging medications. If in doubt, consult your General practitioner.

Note: If you are under the care of a physician, consult your physician before using this device.

### 3.5 Warnings

- STOP using the device and consult your General Practitioner if you experience an adverse reaction from using the device.
- STOP using the device if you experience symptoms of hypotension (dizziness or light-headedness) while using the device.
- STOP using the device if it is overheating. Turn off the device immediately.
- STOP using the device if it feels hot or your skin feels uncomfortably warm.
- DO NOT let children play with the device. Children shall not do cleaning or charge the device.
- STOP using the device to treat rosacea, moles, warts, open sores, cancerous lesions, or any skin condition.
- STOP using the device on spots without pigmentation or areas on the skin that have vitiligo.

- DO NOT shine the light from the LEDs directly into your or someone else's neck. This may cause temporary loss of sight.
- DO NOT place the device if you have any open wounds.
- DO NOT use the device outdoors to prevent damage to the product.
- DO NOT sit, lay down or step on the device. This will break the device.
- DO NOT drop or insert any object into any openings of the device.
- DO NOT use the device if it is not working correctly or has been dropped or damaged. For warranty and repairs, contact customer support.
- DO NOT charge the device when it is close to or might get in contact with water.
- DO NOT submerge the device in water.
- DO NOT place the device in direct sunlight.
- DO NOT attempt to modify the device in any way. Modifying or opening the device will void your warranty. The device contains no serviceable parts. This device includes non-replaceable batteries.
- DO NOT perform maintenance or take apart the product. In case of malfunction or damage, contact customer support.
- DO NOT use the device if damaged or when the charging cable is damaged.
- DO NOT use the device with non-manufacturer-approved accessories.
- DO NOT use solvents or abrasive cleaners on the device.
- DO NOT use the device in any other way than specified in this manual.
- DO NOT use the device if you have a recent surgery or other surgical procedures.

- DO NOT use the device over a bacterial infection, as this may worsen symptoms.
- DO NOT use the device on painful areas. Consult your General practitioner when you experience sore sites during use.
- DO NOT use the device on, near, or by children or those with reduced physical and mental abilities. Close supervision is necessary when this device is used, cleaned, or stored near children or those with reduced physical or mental abilities.
- DO NOT use the device with any other USB-C cable provided by Aduro.
- DO NOT use the device with any topical other than specified by Aduro.

Note: The device should only be supplied with 5V DC low voltage. If any part of the main cable is damaged, discontinue use. Contact customer support to arrange a cable replacement.

### 3.6 Precautions

- Do not scratch or damage the light-emitting surface.
- It will void your warranty if you do not operate the device per the manual's instructions.
- Read all instructions carefully before using this device.
- Store the device according to the protocol worked out in this manual.
- This device is intended to be used by one person.
- The device is designed for cosmetic use only for individuals with good health. Please get in touch with your General Practitioner if you are unsure about your health status.
- The battery of the device is not removable by the user. If the device is to be disposed of, do not put it into a fire. Dispose of the device per local regulations.
- Inspect the device and do not use the device if you see any signs of damage, such as internal battery leaks. Contact our customer support.
- The device should only be supplied with 5V DC low voltage. If any part of the main cable is damaged, discontinue use. Contact customer support to arrange a cable replacement.
- Consult your General practitioner before using the device if you have a fever, acute inflammation, a severe circulatory disorder, light sensitivity, anesthetic, or desensitized areas.
- We highly suggest taking caution when taking any medications. If in doubt, consult your General Practitioner.

### 3.7 Travel and International Use

The device's lightweight design makes it a perfect travel companion. Here are some travel tips for you:

- If you are traveling to a different region where you bought the device, please ensure that the device is only supplied with a 5V DC Low Voltage.
- Confirm with the steward that the device can be carried and used on the airplane before flight.

### 3.8 Disclaimer

DO NOT use the device to treat any other conditions apart from those indicated in the indications for use statement in Chapter General device Information.

The Aduro facial mask is not intended for use in the diagnosis of disease or other conditions or the cure, mitigation, treatment, or prevention of disease, nor are they intended to affect the structure or function of the body.

## 4. Risks

### 4.1 ⚠️ Potential Risks

Immediately after treatment, the skin may appear red. The skin should return to normal within 1-2 hours.

Temporary headaches may appear after the light treatment. Consult your health professional if the headaches stay over a more significant period.

## 5. ⚠️ Light Sensitivity Test

We highly recommend users perform a light sensitivity test before their first device use.

1. Place the device on the inner forearm.
2. Turn on the device to start a treatment.
3. Wait till the treatment is done. The treatment will take 5 minutes to complete.
4. If your skin feels hot or uncomfortable during the treatment, directly stop! You might be sensitive to light.
5. The device will automatically turn off after the treatment is done. Remove the device and wait for at least 24 hours.

Check your skin regularly over those 24 hours. If your skin appears red or itchy, the device is unsuitable. Regarding light sensitivity, please get in touch with customer support.

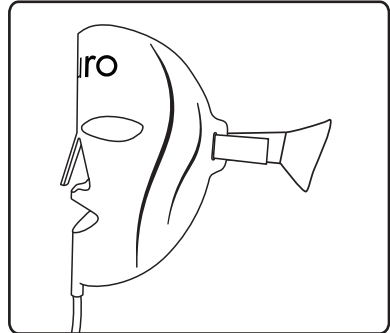
## 6. How to use the Device

### 6.1 General Use



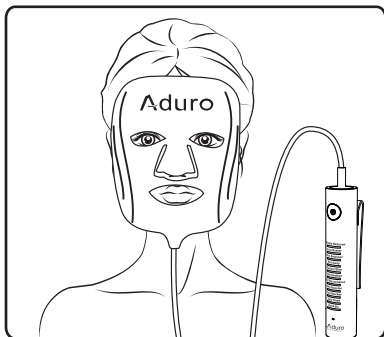
1

Before starting the treatment, thoroughly cleanse your skin, and remove all make up and any cosmetics that contain chemicals, acidic, or reflective components which may affect light output and provide a decreased or ineffective treatment. Cosmetics that do not include this area recommended to be used during or after treatment for the best possible results.



2

Use the Aduro facial straps and feed them through the inlet holes at the mask's sides, ensuring the velcro can be stuck to the back of the straps.



3

You are now ready for an Aduro treatment. Put on the facial mask with the light diodes shining onto the skin. Adjust the straps to secure the Aduro facial mask to the facial area and set it to the desired position.



4

Selectable modes are chosen via the controller. Push the mode button to cycle through the methods for the desired treatment(Aduro 7+1).





**5**

Turn on the mask and start your whole facial rejuvenation experience. Keep the mask on for up to 20 minutes and remove it. The Aduro facial mask is designed for a maximum of 20 minutes daily.

## 6.2 Treatment Protocol

The Aduro facial mask is designed for a maximum of 20 minutes daily.

### **What to expect during an Aduro treatment:**

Users may feel a warm sensation on the skin, with increased hydration and plumping from the first treatment.

### **After 1 week of treatments:**

Most users expect to notice an improvement in skin texture, with skin appearing more healthy and smooth.

### **After 2 weeks of treatments:**

Most users expect a better skin condition when compared to before treatments start.

### **After 4 weeks of treatments:**

Many users will notice a more significant skin improvement than before treatments, with reduced fine lines and wrinkles, acne recovery, and better, healthier-looking skin.

## 6.3 Charging

When charging the device, please plug the USB-C end of the data cable into the control box and the USB-A - end into the USB power supply.

When the device is charged, the LED indicator on the control box will be red, and the indicator will always be green when the device is fully charged.

Before charging, make sure that the plug and socket are completely dry. Failure to do so may result in electric shock, short circuits, or fire.

Note: Always unplug the device before use. The device will not work while being charged.

## 6.4 Care and Storage

- The lifetime of the Lithium battery can be maximized by allowing it to charge and then fully discharged during regular use.
- Store the device at room temperature in dry conditions.
- Store the device in the supplied packaging. Ensure the device will not bend, stretch or crush while stored or traveling.
- Avoid storing the device in dusty, direct sunlight, or damp and humid conditions.
- This device contains no serviceable parts.
- Before each use, with the device switched off, clean the device following the cleaning instructions.

## 6.5 Cleaning

- Clean the device with a water-based wipe or damp clean cloth. Stubborn stains can be removed by wiping gently with 70% alcohol.
- DO NOT use any other cleansing device, as these may damage the device.
- DO NOT clean the device while it is turned on.
- DO NOT clean the device while charging.

## 6.6 Troubleshooting

If the actions suggested fail to fix the problem reoccurs, and your device is within the warranty period, please return it to Aduro.

- ⚠ DO NOT attempt to investigate any further.
- ⚠ DO NOT attempt to modify the device in any way. The device has NO parts you can repair yourself.

Problem	Cause	Solution
The device doesn't switch on.	The device is not fully charged because the charging cable was not properly inserted into the power outlet.	Insert the charging cable properly onto the power outlet.
	The device is not fully charging because the charging cable was not properly inserted into the device.	Insert the charging cable correctly into the device and charge the device.
	The power outlet didn't work during charging.	Try a different 5V adapter or power outlet.
	The on/off button has not been pushed 1.5 second.	Push the on/off button for 1.5 seconds straight.
The device switches off unexpectedly .	The battery level is too low.	Charge the device.

## 6.7 Disposal











DO NOT dispose of the device with household waste. The device should be recycled. The device contains a Lithium-ion battery. Protection of the environment, please safely dispose of the device to protect the environment, following your local guidelines.











## 7. Warranty

Aduro guarantees that this product will be free from material and quality defects within one year from the date of purchase. This product is not warranted as follows:

- This product's warranty does not cover damage caused by misuse or abuse.
- This product's warranty does not cover damage caused by accident.
- This product's warranty does not cover damage caused by the attachment of any unauthorized or third-party control accessory.
- This product's warranty does not cover damage caused by alternation to the product.
- This product's warranty does not cover damage caused by any other conditions beyond the control of Aduro.
- This warranty does not include broken light-emitting diodes unless the number of light-emitting diodes exceeds 4, as product efficiency may not be decreased.
- Aduro will not be responsible for any incidental, consequential, or special damages, Repairs, or modifications by anyone other than Aduro and will void this warranty.
- To obtain warranty service for this product, please return the product post-paid to Aduro with a sales receipt as proof of purchase. Once the item has been received, Aduro will repair or replace it, as appropriate, then return your product to you post-paid. Warranty is only valid through Aduro approved service center.
- This warranty does not affect your statutory rights.

## 8. Symbols

Symbol	Explanation
	Indicates the device is CE Marked and authorized to sell in Europe. (Lower-Voltage-Directive)
	The Waste of Electrical and Electronic Equipment(WEEE), Indicates the device may not be discarded as household waste(2012/19/EU).
	This warning symbol on the device label warns to read the enclosed documents before use and take all safety precautions required.
	Consult instructions for use.
	This symbol implies conformity to Australian Directives on health, safety, and environmental protection standards. RCM stands for Regulatory Compliance Mark.
	This symbol means "Manufactured by" and provides the name and address of the legal manufacturer.
	Date of Manufacture.
	This symbol means to keep the device dry.
	This symbol indicates the serial number of the device.
	This symbol refers to the catalog number for the device.

	This symbol refers to the batch code of the device.
	This symbol indicates the USB connector.
	This symbol means that the device uses a Lithium-ion Polymer battery.
	This symbol means made in China.
	This symbol means to keep the device away from direct sunlight.
	This symbol means the device's upper and lower operating temperatures can be safely used.
	This symbol means the upper and lower operating humidity at the device can be safely used.
	This symbol means that the cardboard packaging that the device came in can be recycled.
	Type BF Applied Part, B indicates it is used for the body, and F indicates that it is not connected to the mains voltage.
	Unique Device Identifier.



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