

eye spies reader glasses strength test

To determine the proper strength for your reading glasses, follow the steps below.

- 1 Print this file at Actual Size using 100% scale**
To ensure that the ruler on this page is printed at the correct scale **ONLY** Adobe Acrobat or Adobe Reader via IE, Firefox, or Safari should be used. Other browsers including Google Chrome may use a default PDF viewer which will not print to the correct scale; users with these browsers should first save this file to their computer for accurate results
- 2 Hold the page approximately 12-14 inches away from your face.**
- 3 Start reading the chart below from top to bottom. If you can't read the top line, move to the next line down.**
- 4 Keep repeating this process until you can clearly read a full line.**
- 5 When you can clearly read a line, stop and look to the strength listed for that line. The strength listed is the proper strength you'll need for your reading glasses**

Strength

+1.00

If you can read this, 1.00 is the proper strength for you.

+1.50

If you can read this, 1.50 is the proper strength for you.

+2.00

If you can read this, 2.00 is the proper strength for you.

+2.50

If you can read this, 2.50 is the proper strength for you.

+3.00

If you can read this, 3.00 is the proper strength for you.