



# Wrinkle Relaxer Aftercare

## GUIDELINES

Following your wrinkle relaxer treatment we recommend that you observe the following guidelines. Doing so can help to ensure that your treatment is successful and minimise the risk of unwanted side effects.

## AFTER YOUR TREATMENT

Avoid wearing make up on the treated areas for a minimum of 2 hours.

When cleansing or touching the face, please avoid rubbing or massaging the treated areas. Please gently pat the areas dry. Observe this advice for 24 hours post treatment.

Avoid overly touching the treated areas and ensure areas are kept clean to avoid infection.

To reduce the risk of bruising, please avoid excessive alcohol intake or vigorous exercise for the first 24 hours after treatment.

Do not expose the treated areas to extreme heat or extreme cold until any redness and/or swelling has resolved completely. This includes saunas and sea swimming.

Avoid having a facial or other skin/beauty treatment including eyebrow tinting, waxing, blading for 1 week after treatment or as advised by your doctor.

Avoid using acids and vitamin A (retinoid) products for 24 hours.

## WHAT TO EXPECT

Wrinkle relaxers take 2-3 days to start to take effect. For some people it takes longer for effects to be noticed. Full effects will not be seen until approximately 14 days post treatment. For injections targeting the masseter muscle for bruxism (cleansing, grinding, jaw slimming) or for hyperhidrosis (excessive sweating) it is normal for results to take up to four weeks to take effect.

Wrinkle relaxer results last approximately 3-4 months although individual variation is possible. You will notice a gradual wearing off from week 6-8. This is the normal metabolism of the product. For injections targeting the masseter muscle for bruxism (cleansing, grinding, jaw slimming) or for hyperhidrosis (excessive sweating) results last approximately 5-6 months.

New clients will be invited to attend a review at 2-3 weeks post treatment. We do not recommend a review before 2 weeks as your treatment will not have taken full effect. We do not recommend a review after 3 weeks as any adjustments after this time will not be beneficial to you.

If you are concerned about your treatment result or any potential side effect please contact the clinic so that we can advise and support you.

## CONTACT THE CLINIC

By email: [hello@oraskinclinic.ie](mailto:hello@oraskinclinic.ie)

By phone: 01-5383052 (Not monitored after hours. **Do not leave a voicemail**)

Out of Hours\*: Please email [emergency@oraskinclinic.ie](mailto:emergency@oraskinclinic.ie) and call 087-9605540

*\*After 6pm weekdays and weekends*

