



ORA Clinic SkinPen or PRP Pre Care

SkinPen or PRP Pre Care

BEFORE YOUR TREATMENT

Do not wear makeup on the day of treatment

Avoid skin, beauty, aesthetic treatments (including but not limited to: eyebrow tinting, waxing, blading, facials, peels, microneedling, laser) for 2 weeks prior to your SKinPen/PRP treatment.

Avoid alcohol for 24 hours prior to your SkinPen/PRP treatment.

In the weeks leading up to your SkinPenPRP treatment, be mindful to eat healthily and to hydrate well. Remember to drink plenty of water on the morning of your appointment.

Avoid skin irritants (examples below) a few days before and after treatment

Products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, vitamin C/ascorbic acid, astringents, etc.

Unless prescribed by your GP or medical practitioner, avoid aspirin, ibuprofen, fish oils, vitamins|A-E for 1 week prior to your treatment.

Do not attend for SkinPen/PRP treatment if you have had a recent cold, flu, infection or vaccination. You must wait 2 weeks after any of these and be feeling well before having SkinPen/PRP treatment.

Excess hair may need to be shaved. Men should be cleanly shaved.

No sun-tanning or self-tanners 2 weeks prior to treatment

Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.

History of herpes or cold sores may require an antiviral prescription prior to treatment.

Familiarise yourself with the SkinPen/PRP information provided in our client portal, the FAQ's and consent form. Please contact the clinic if you have any questions.