



ORA Clinic Secret RF Pre Care

Secret RF Pre Care

BEFORE YOUR TREATMENT

Do not wear makeup on the day of treatment.

Avoid skin, beauty, aesthetic treatments (including but not limited to: eyebrow tinting, waxing, blading, facials, peels, microneedling, laser) for 2 weeks prior to your Secret RF treatment.

Avoid alcohol for 24 hours prior to your Secret RF treatment.

Avoid skin irritants (examples below) a few days before and after treatment

Products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, vitamin C/ascorbic acid, astringents, etc.

Unless prescribed by your GP or medical practitioner, avoid aspirin, ibuprofen, fish oils, vitamins A-E for 1 week prior to your treatment.

Do not attend for Secret RF treatment if you have had a recent cold, flu, infection or vaccination. You must wait 2 weeks after any of these and be feeling well before having Secret RF treatment.

Excess hair may need to be shaved. Men should be cleanly shaved.

No sun-tanning or self-tanners 4 weeks prior to treatment. Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.

History of herpes or cold sores may require an antiviral prescription prior to treatment.

Familiarise yourself with the Secret RF information provided in our client portal, the FAQ's and consent form. Please contact the clinic if you have any questions.