



ORA Clinic Excel V+ or Laser Genesis Pre Care

# Excel V+ or Laser Genesis Pre Care

## **BEFORE YOUR TREATMENT**

Do not wear makeup on the day of treatment.

Avoid skin, beauty, aesthetic treatments (including but not limited to: eyebrow tinting, waxing, blading, facials, peels, microneedling, laser) for 2 weeks prior to your Excel V+ / Laser Genesis treatment.

Avoid alcohol for 24 hours prior to your Excel V+ / Laser Genesis treatment.

Avoid skin irritants (examples below) a few days before and after treatment

Products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, vitamin C/ascorbic acid, astringents, etc.

Unless prescribed by your GP or medical practitioner, avoid aspirin, ibuprofen, fish oils, vitamins A-E for 1 week prior to your treatment.

Do not attend for Excel V+ / Laser Genesis treatment if you have had a recent cold, flu, infection or vaccination. You must wait 2 weeks after any of these and be feeling well before having Excel V+ / Laser Genesis treatment.

No sun-tanning or self-tanners 4 weeks prior to treatment

Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.

History of herpes or cold sores may require an antiviral prescription prior to treatment.

Familiarise yourself with the Excel V+ / Laser Genesis information provided in our client portal, the FAQ's and consent form. Please contact the clinic if you have any questions.