



ORA Clinic Dermal Filler Pre Care

# Dermal Filler Pre Care

## **BEFORE YOUR TREATMENT**

Do not wear makeup on the day of treatment.

Avoid skin, beauty, aesthetic treatments (including but not limited to: eyebrow tinting, waxing, blading, facials, peels, microneedling, laser) for two weeks prior to your dermal filler treatment.

Do not undertake any invasive treatment for two weeks ahead of your planned dermal filler appointment. This includes but is not limited to: dental treatment, surgery of any kind, permanent makeup application. If you are unsure, please contact the clinic for advice.

If you have a special event coming up, please ensure that you schedule your appointment for at least four weeks in advance.

Unless prescribed by your GP or medical practitioner, avoid aspirin, ibuprofen, fish oils, vitamins a-e for one week prior to your dermal filler treatment.

Avoid alcohol for 24 hours prior to your dermal filler treatment.

Do not attend for dermal filler treatment if you have had a recent cold, flu, infection or vaccination. You must wait two weeks after any of these and be feeling well before having dermal filler treatment.

Please ensure that you are not travelling abroad in the week post dermal filler treatment.

History of herpes or cold sores may require an antiviral prescription prior to treatment.

Familiarise yourself with the dermal filler information provided in our client portal, the FAQ's and consent form. Please contact the clinic if you have any questions.