



Bright Eyes Aftercare

GUIDELINES

Following your Bright Eyes treatment we recommend that you observe the following guidelines. Doing so can help to ensure that your treatment is successful and minimise the risk of unwanted side effects.

AFTER YOUR TREATMENT

We advise you to bring sunglasses to conceal the treatment when leaving the clinic.

Avoid wearing makeup on the treated areas for a minimum of 12 hours.

Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage or pigmentation.

Do not expose the treated areas to extreme heat or extreme cold until any redness and/or swelling has resolved completely. This includes saunas and sea swimming.

Avoid overly touching the treated areas and ensure areas are kept clean to avoid infection.

Avoid using acids and vitamin A (retinoids) for 48 hours post treatment or until the skin surface is fully healed and redness is resolved.

Avoid excessive alcohol intake or vigorous exercise for the first 48 hours after treatment and until all swelling and redness subsides. Where there is bruising we advise to limit alcohol intake and vigorous exercise until the bruising has subsided.

Avoid having a facial or other skin/beauty treatment including eyebrow tinting, waxing, blading for 2 weeks after treatment or as advised by your doctor.

If you are concerned about your treatment result or any potential side effect please contact the clinic so that we can advise and support you.

As discussed during your consultation, you will require more than 1 treatment to achieve the desired results.

WHAT TO EXPECT

Expect your undereye area to have mild swelling and some potential bruising. Swelling and redness usually start to subside by 24 hours and may take up to 3 days to fully resolve.

It is rare but possible to experience some bruising that can last up to 2 weeks.

Full results of bright eyes require the course to be completed and can take up to 3 months to be revealed following the last treatment.

WARNING SIGNS

Please contact us without delay if any of the following applies to you:

Signs of infection such as an increase in redness, warmth, itching or pus. If it was to occur this would typically be noted within 2 days of treatment.

Excessive redness, swelling or blistering will require urgent review.

Allergic reactions. Rare allergic reactions can consist of severe contact dermatitis (rash) or itching, swelling or difficulty breathing. This risk is increased in individuals who have a history of allergies, individuals with asthma and/or history of hives and itching.

Any unusual response not discussed.

Any breathing or swallowing difficulties, please seek medical assistance from your local A&E.

CONTACT THE CLINIC

By email: hello@oraskinclinic.ie

By phone: 01-5383052 (Not monitored after hours. **Do not leave a voicemail**)

Out of Hours*: Please email emergency@oraskinclinic.ie and call 087-9605540

**After 6pm weekdays and weekends*