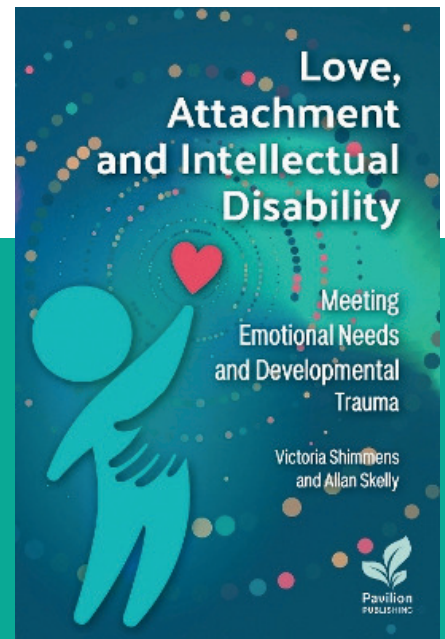
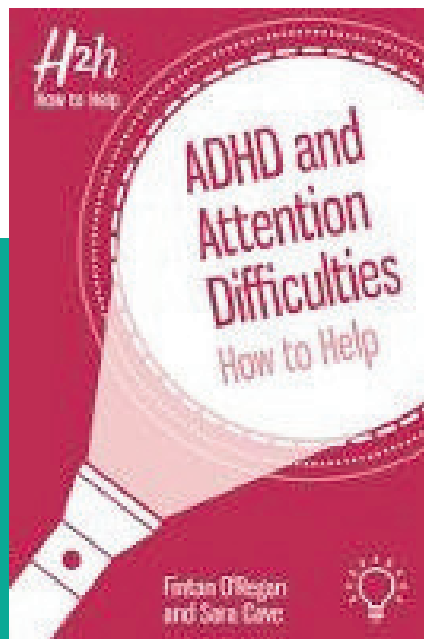
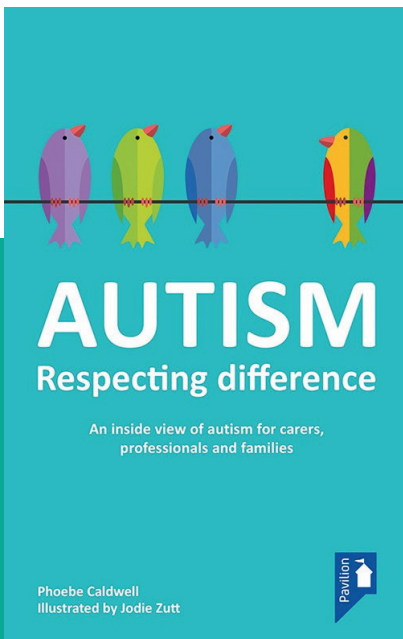


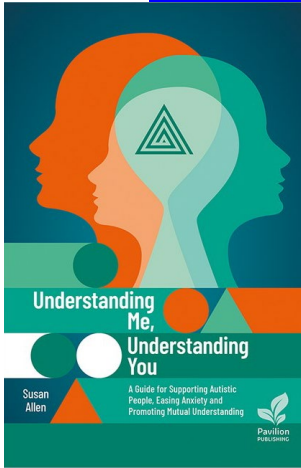


## **NEW & BESTSELLING**

*January 2024*



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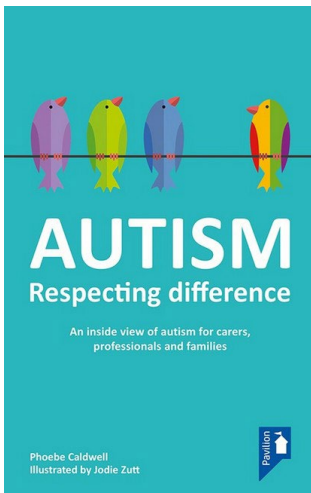


**Understanding Me, Understanding You**  
**A Guide for Supporting Autistic People, Easing Anxiety and Promoting Mutual Understanding**

*By Susan Allen*

Good communication is central to all relationships, yet the unpredictability of interpersonal exchanges can cause significant anxiety for autistic people and create a barrier to successful communication. Understanding Me, Understanding You is a guide for anyone working with and supporting autistic people. The aim is to encourage the reader to consider how they can create ‘autistic spaces’ where there is predictability and trust, enabling autistic people to engage, contribute and grow. It seeks to promote mutual understanding, starting by encouraging the reader to understand themselves, their own beliefs and attitudes and the way that this can influence their behaviour; and then to understand another and, in turn, help them to understand.

**PAVILION PUBLISHING & MEDIA**  
 CLINICAL/INT'L MEDIC  
 Disc: ACAD & PROFESSIONAL  
 Paperback  
 234 X 156 mm  
 176 Pages  
 NOT ILLUSTRATED  
 Rel Date: October 2023  
**9781803882666**  
**AUD\$: 71.99**

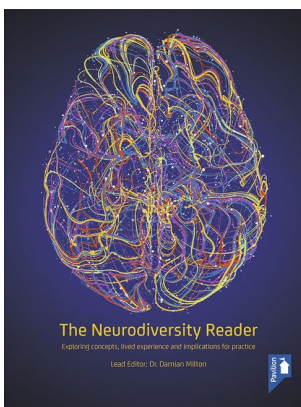


**Autism**  
**Respecting Difference**

*By Phoebe Caldwell, Jodie Zutt*

Autism: Respecting Difference is a concise, straightforward introduction to the sensory and emotional experiences of autism, designed to help support staff, professionals, and families better understand and engage with autistic people in order to offer meaningful and effective support. It is difficult to know how other people feel, since we all assume we see, hear, and generally experience the world in the same way. For autistic people, the world they experience can be very different to ours. Autism: Respecting Difference is designed to help people who are new to autism understand how it might feel to be autistic, and how over- and under-sensitivities to incoming signals can overload the autistic brain, triggering anxiety and pain.

**PAVILION PUBLISHING & MEDIA**  
 EDUCATION  
 Disc: ACAD & PROFESSIONAL  
 Paperback  
 216 X 140 mm  
 82 Pages  
 NOT ILLUSTRATED  
 Rel Date: January 2023  
**9781803881577**  
**AUD\$: 29.99**



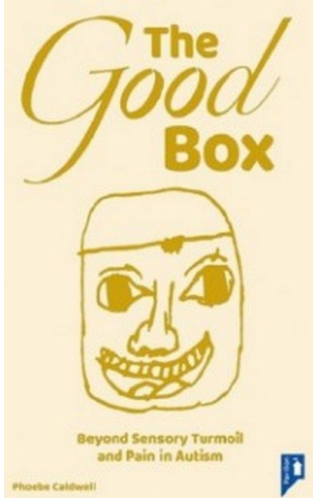
**The Neurodiversity Reader**  
**Exploring Concepts, Lived Experience and Implications for Practice**

*By Damian Milton*

This thought-provoking collection is written for all stakeholders in relation to autism and neurodivergent conditions. Despite having wide impact on a variety of disciplines, neurodiversity and related concepts are often poorly understood, which can lead to uninformed debate and potential tensions between stakeholders regarding service provision for those with neuro-developmental disabilities. The Neurodiversity Reader brings together work from pioneering figures within and beyond the neurodiversity movement to critically explore its history, the concepts of neurodiversity that have shaped it, lived experiences, and how a better-informed understanding might be translated into practice and service provision.

**PAVILION PUBLISHING & MEDIA**  
 FAMILY & HEALTH  
 Disc: ACAD & PROFESSIONAL  
 Paperback  
 248 X 191 mm  
 350 Pages  
 Rel Date: November 2020  
**9781912755394**  
**AUD\$: 105.00**





**The Good Box**  
Beyond Sensory Turmoil and Pain in Autism

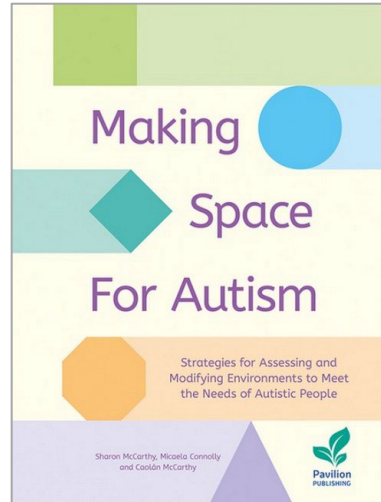
By *Phoebe Caldwell*



In her influential and successful book, *The Anger Box*, expert practitioner Phoebe Caldwell shifted attention away from the surface symptoms of autism and towards understanding sensory experiences and alleviating the distress.

**PAVILION PUBLISHING & MEDIA**  
Category: CLINICAL/INT'L MEDIC  
Disc: ACAD & PROFESSIONAL  
233 X 155 mm  
Release Date: January 2023  
**9781803881997**

Paperback  
192 pages  
NOT ILLUSTRATED  
AUD\$: 59.99



**Making Space for Autism**

**NEW**

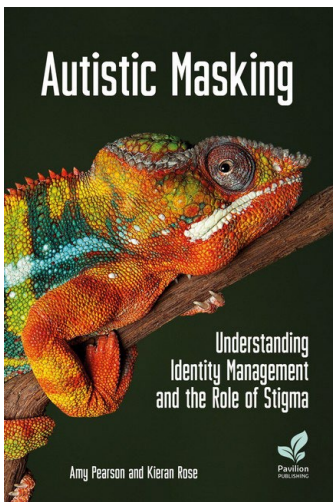
By *Sharon McCarthy, Micaela Connolly*



Historically, there has been an expectation that autistic children and adults should conform their behaviour to social norms, with strategies and interventions centred around navigating spaces and situations with minimal damage.

**PAVILION PUBLISHING & MEDIA**  
Category: CLINICAL/INT'L MEDIC  
Disc: ACAD & PROFESSIONAL  
300 X 230 mm  
Release Date: October 2023  
**9781803882420**

Spiral bound  
166 pages  
NOT ILLUSTRATED  
AUD\$: 143.00



**Autistic Masking**  
Understanding Identity Management and the Role of Stigma

**NEW**

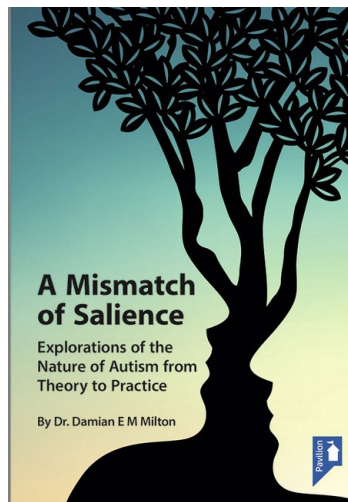
By *Amy Pearson, Kieran Rose*



Masking is a form of identity management involving consciously or unconsciously suppressing aspects of identity and action.

**PAVILION PUBLISHING & MEDIA**  
Category: CLINICAL/INT'L MEDIC  
Disc: ACAD & PROFESSIONAL  
234 X 156 mm  
Release Date: October 2023  
**9781803882116**

Paperback  
224 pages  
NOT ILLUSTRATED  
AUD\$: 85.99



**A Mismatch of Salience**  
Explorations from the Nature of Autism from Theory to Practice

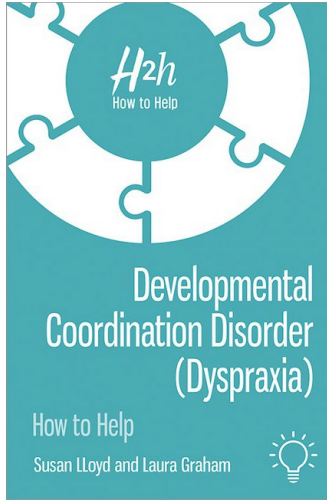
By *Damian Milton*



*A Mismatch of Salience* explores the communication challenges between people on the autism spectrum and neurotypical people and seeks to re balance and celebrate this diversity.

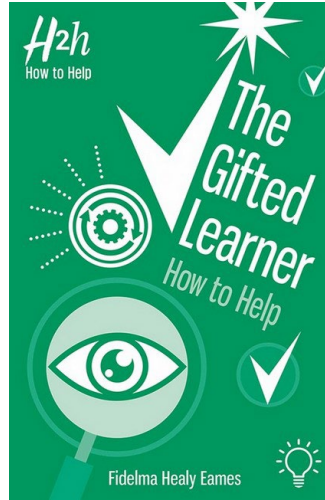
**PAVILION PUBLISHING & MEDIA**  
Category: SOCIETY CULTURE: GEN  
Disc: ACAD & PROFESSIONAL  
205 X 145 mm  
Release Date: February 2018  
**97819111028765**

Paperback  
180 pages  
AUD\$: 59.99



**Developmental Coordination Disorder (Dyspraxia)**  
How to Help

By *Susan Lloyd, Laura Graham*



**The Gifted Learner**  
How To Help

By *Fidelma Healy Eames*



A complete, straightforward guide to the issues and challenges commonly faced by children and young people with DCD and dyspraxia-related difficulties at home and at school.

Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, *The Gifted Learner* offers an accessible introduction to how high ability students can best be supported.

**PAVILION PUBLISHING & MEDIA**

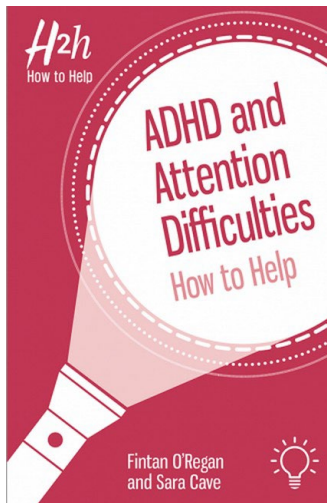
Category: FAMILY & HEALTH  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: March 2023  
**9781913414153**

Paperback  
200 pages  
**AUD\$: 74.99**

**PAVILION PUBLISHING & MEDIA**

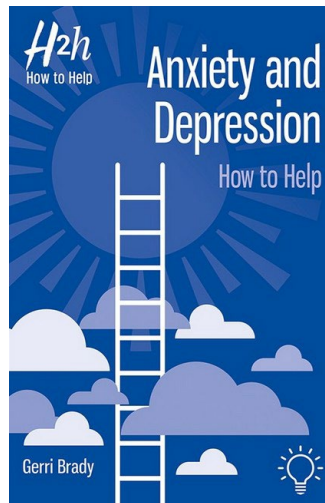
Category: EDUCATION  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: March 2023  
**9781803880501**

Paperback  
220 pages  
NOT ILLUSTRATED  
**AUD\$: 74.99**



**ADHD and Attention Difficulties**  
How to Help

By *Fintan O'Regan, Sara Cave*



**Anxiety and Depression**  
How to Help

By *Geraldine Brady*



A complete, straightforward guide to the issues and challenges commonly faced by children and young people with ADHD and attention difficulties at home and at school.

Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, *Anxiety and Depression* offers a complete introduction to these complex, sensitive topics.

**PAVILION PUBLISHING & MEDIA**

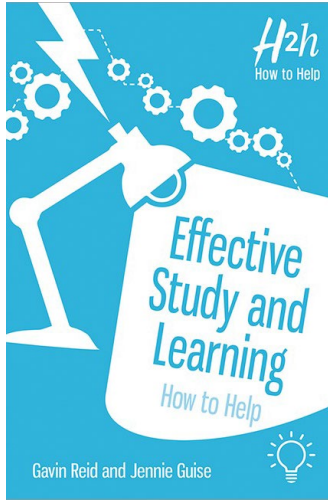
Category: FAMILY & HEALTH  
Disc: ACAD & PROFESSIONAL  
220 X 159 mm  
Release Date: March 2023  
**9781913414122**

Paperback  
200 pages  
**AUD\$: 74.99**

**PAVILION PUBLISHING & MEDIA**

Category: FAMILY & HEALTH  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: March 2023  
**9781803880464**

Paperback  
220 pages  
NOT ILLUSTRATED  
**AUD\$: 74.99**



**Effective Study and Learning**  
How to Help

By **Gavin Reid**

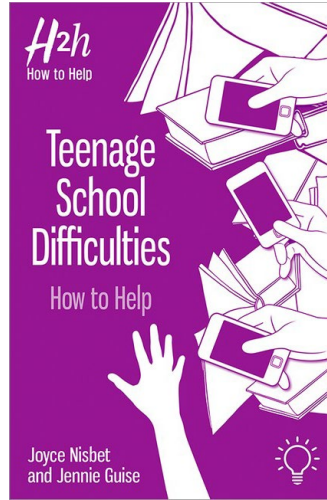


A complete, straightforward guide to the issues and challenges commonly faced by children and young people when seeking to study and learn effectively - and the practical ways in which parents, carers, teachers and schools can help.

**PAVILION PUBLISHING & MEDIA**

Category: FAMILY & HEALTH  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: March 2023  
**9781912755905**

Paperback  
200 pages  
**AUD\$: 74.99**



**Teenage School Difficulties**  
How to Help

By **Joyce Nisbet, Jennie Guise**

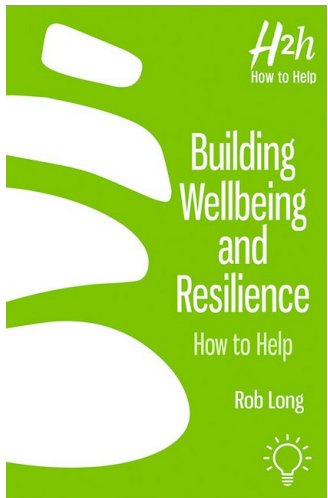


A complete, straightforward guide to the issues and challenges commonly faced by children and young people as they face up to the demands of secondary education.

**PAVILION PUBLISHING & MEDIA**

Category: FAMILY & HEALTH  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: March 2023  
**9781912755912**

Paperback  
200 pages  
**AUD\$: 74.99**



**Building Wellbeing and Resilience**  
How to Help

By **Rob Long**

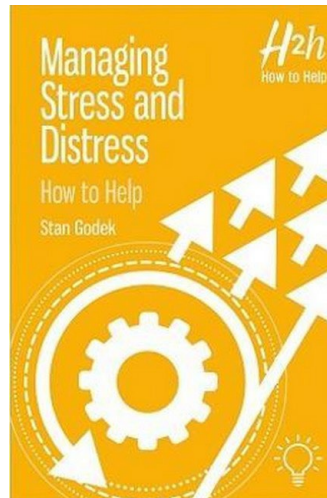


A complete, straightforward guide to the issues and challenges commonly faced by children and young people as they develop personal wellbeing and resilience - and the practical ways in which parents, carers, teachers and schools can help.

**PAVILION PUBLISHING & MEDIA**

Category: FAMILY & HEALTH  
Disc: ACAD & PROFESSIONAL  
220 X 159 mm  
Release Date: March 2023  
**9781912755967**

Paperback  
200 pages  
**AUD\$: 74.99**



**Managing Stress and Distress**  
How to Help

By **Stan Godek**



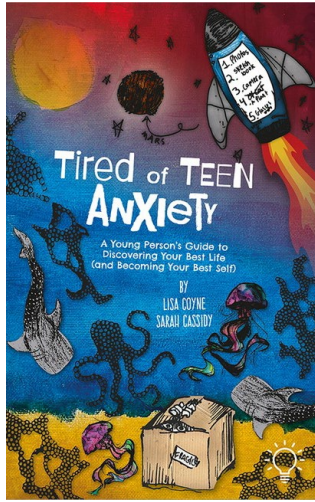
**NEW**

Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, *Managing Stress and Distress* offers an accessible introduction.

**PAVILION PUBLISHING & MEDIA**

Category: FAMILY & HEALTH  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: October 2023  
**9781803880914**

Paperback  
220 pages  
NOT ILLUSTRATED  
**AUD\$: 74.99**



**Tired of Teen Anxiety**  
A Young Person's Guide to  
Discovering Your Best Life (and  
Becoming Your Best)

**NEW**

By Lisa Coyne, Sarah Cassidy

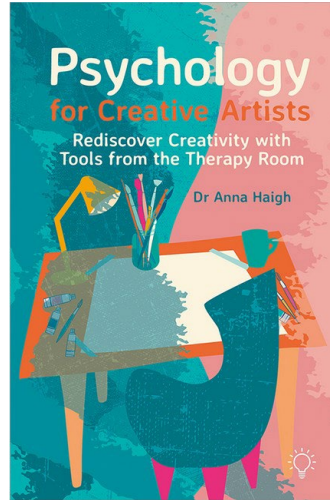


*Tired of Teen Anxiety* is a step-by step guide for teens on how to come to terms with anxiety, do the things that matter to them and get on with living their lives.

**PAVILION PUBLISHING & MEDIA**

Category: OTHER MEDICINE  
Disc: TRADE INTERNATIONAL  
216 X 135 mm  
Release Date: February 2024  
9781803882758

Paperback  
160 pages  
COLOUR SECTION(S)  
AUD\$: 59.99



**Psychology for  
Creative Artists**  
Rediscover Creativity with  
Tools from the Therapy Room

**NEW**

By Anna Haigh

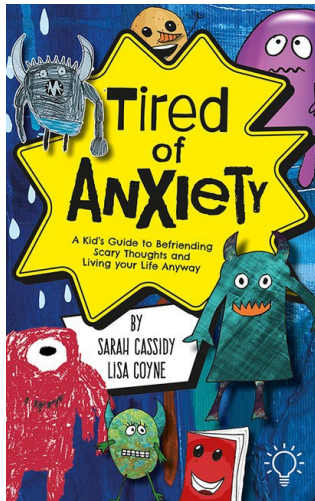


Most creative artists encounter 'dry spells'; similarly, many of us feel there is a creative project inside us that never quite gets out. Either way, wherever there is a block, there is an opportunity for enquiry and exploration.

**PAVILION PUBLISHING & MEDIA**

Category: SELF-HELP/PRACTICAL  
Disc: ACAD & PROFESSIONAL  
234 X 156 mm  
Release Date: October 2023  
9781803882833

Paperback  
288 pages  
NOT ILLUSTRATED  
AUD\$: 71.99



**Tired of Anxiety**  
A Kid's Guide to Befriending  
Difficult Thoughts & Feelings  
and Living Your Life Anyway

By Sarah Cassidy, Lisa Coyne

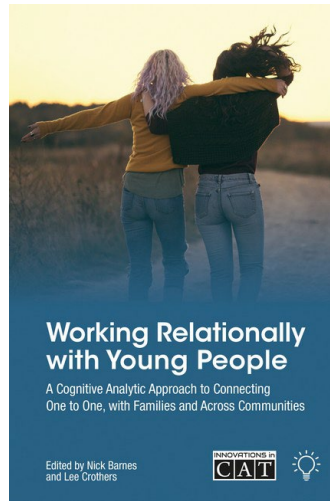


*Tired of Anxiety* is a step-by step guide for children on how to do the things that matter to them despite anxiety. Based on principles of Acceptance and Commitment Therapy (ACT).

**PAVILION PUBLISHING & MEDIA**

Category: OTHER MEDICINE  
Disc: TRADE INTERNATIONAL  
216 X 135 mm  
Release Date: January 2023  
9781803880808

Paperback  
128 pages  
NOT ILLUSTRATED  
AUD\$: 54.99



**Working Relationally with  
Young People**  
A Cognitive Analytic Approach  
to Connecting One to One, with  
Families and Across  
Communities

**NEW**

By Nick Barnes, Lee Crothers

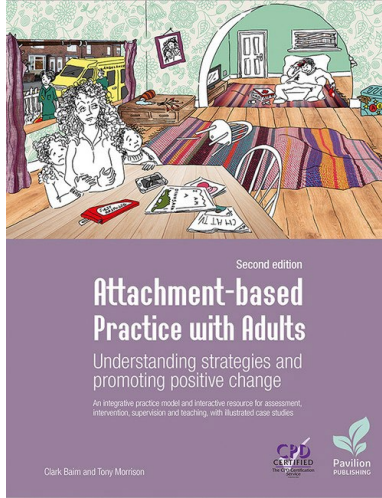


This book explores the growing interest in and demand for relational mental health support for young people, parents, families and communities.

**PAVILION PUBLISHING & MEDIA**

Category: OTHER MEDICINE  
**Australian Contributor**  
Disc: ACAD & PROFESSIONAL  
234 X 156 mm  
Release Date: May 2024  
9781803883120

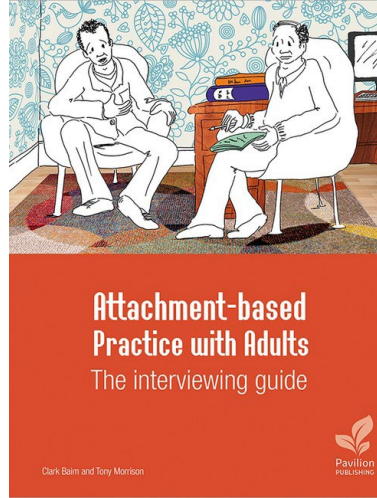
Paperback  
288 pages  
NOT ILLUSTRATED  
AUD\$: 89.99



**Attachment-based Practice with Adults 2/e**  
Understanding and promoting positive change

**NEW EDITION**

*By Clark Baim, Tony Morrison*



**Attachment-Based Practice with Adults The Interviewing Guide**

**NEW**

*By Clark Baim, Tony Morrison*



New edition of a bestselling guide to understanding and responding to troubled adults, building on attachment theory and a series of case studies to create an integrative, safe and effective approach.

Attachment theory is a framework for understanding human behaviour that helps us identify the nature and source of an individual or group's responses to anxiety, change, threat or danger.

**PAVILION PUBLISHING & MEDIA**

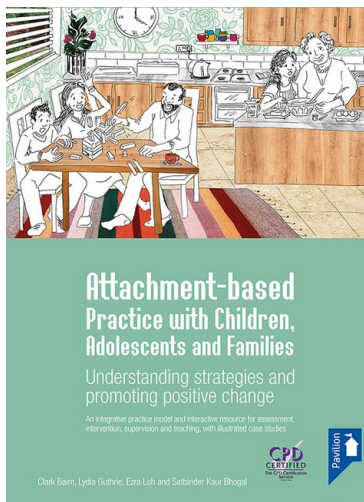
Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
297 X 210 mm  
Release Date: October 2023  
**9781803882079**

Spiral bound  
300 pages  
B&W THROUGHOUT  
**AUD\$: 210.00**

**PAVILION PUBLISHING & MEDIA**

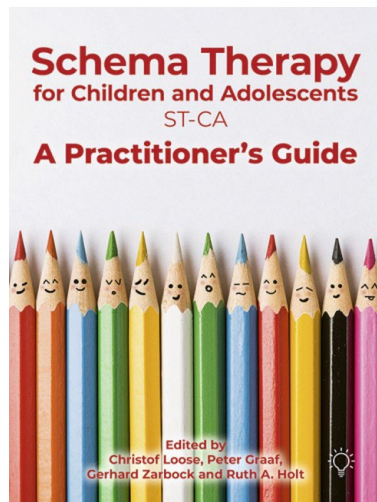
Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
247 X 190 mm  
Release Date: September 2023  
**9781803882710**

Spiral bound  
64 pages  
NOT ILLUSTRATED  
**AUD\$: 71.99**



**Attachment-based Practice with Children, Adolescents and Families**  
Understanding Strategies and Promoting Positive Change

*By Clark Baim, Lydia Guthrie*



**Schema Therapy with Children and Adolescents A Practitioner's Guide**

*By Peter Graaf, Ruth A Holt*



Over recent decades, attachment theory has come to be seen as fundamental to understanding not only childhood development and how people survive and grow, but also the capacity of partners, parents and carers.

This book presents the first English language guide to adapting schema therapy (ST) for children and adolescents. Written by the developers of the approach, it presents a wide range of innovative child- and parent-specific techniques.

**PAVILION PUBLISHING & MEDIA**

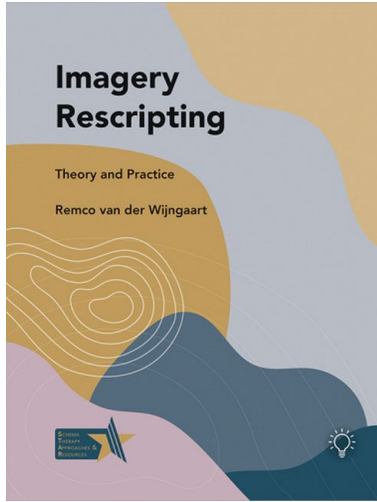
Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
306 X 238 mm  
Release Date: March 2023  
**9781803880655**

Spiral bound  
288 pages  
NOT ILLUSTRATED  
**AUD\$: 134.00**

**PAVILION PUBLISHING & MEDIA**

Category: OTHER MEDICINE  
**Author is from Australia**  
Disc: ACAD & PROFESSIONAL  
248 X 191 mm  
Release Date: September 2020  
**9781912755820**

Paperback  
388 pages  
**AUD\$: 107.00**



**Imagery Rescripting**  
Theory and Practice

*By Remco Van Der Wijngaart*

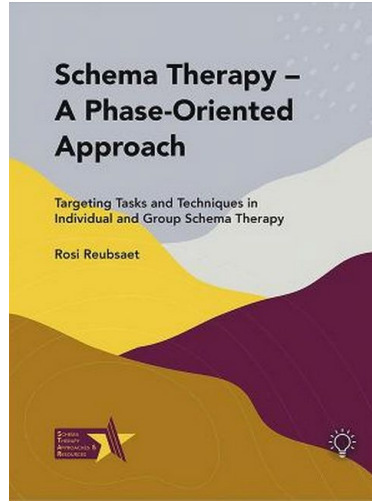


A complete practitioner's guide to helping clients overcome intrusive mental images and traumatic memories through imagery rescripting (IR) - an important technique within CBT and schema therapy.

**PAVILION PUBLISHING & MEDIA**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
246 X 189 mm  
Release Date: September 2021  
**9781914010576**

Paperback  
220 pages  
**AUD\$: 91.99**



**Schema Therapy - A Phase-Oriented Approach**

*By Rosi Reubsaet*

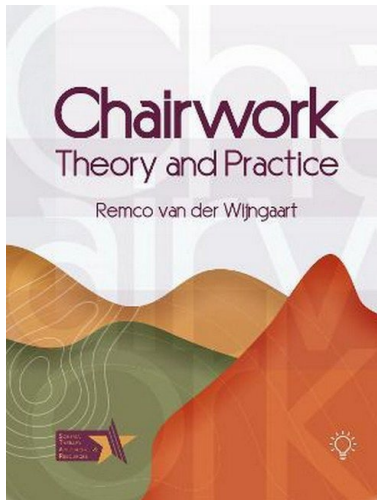


This practical guide presents an innovative approach to managing individual and group schema therapy. By structuring the overall therapeutic process into four distinct phases, each with specific attitudes, goals and exercises.

**PAVILION PUBLISHING & MEDIA**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
246 X 189 mm  
Release Date: June 2021  
**9781914010569**

Paperback  
288 pages  
NOT ILLUSTRATED  
**AUD\$: 91.99**



**Chairwork**  
Theory and Practice

*By Remco van der Wijngaart*

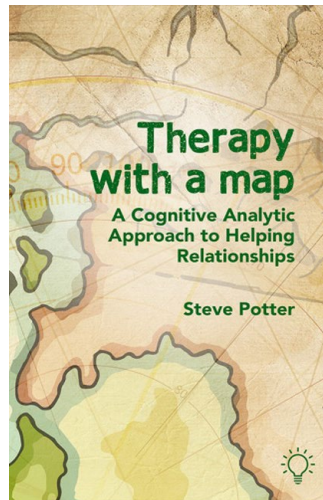


A complete practitioners guide to helping clients create distance from unhelpful ways of thinking and relating through chairwork - an important technique within schema therapy, and a standalone emotion-focused treatment in its own right.

**PAVILION PUBLISHING & MEDIA**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
250 X 180 mm  
Release Date: May 2023  
**9781803882383**

Paperback  
220 pages  
NOT ILLUSTRATED  
**AUD\$: 89.99**



**Therapy With A Map**  
A Cognitive Analytic Approach to Helping Relationships

*By Steve Potter*



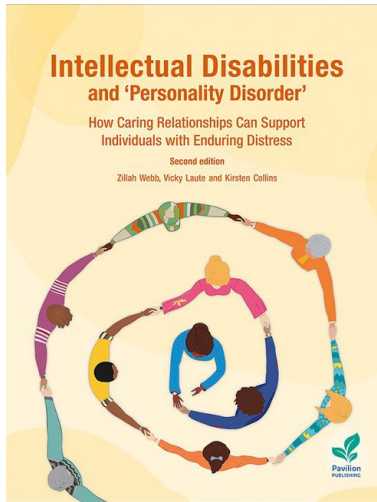
Gets to the heart of therapy by exploring how underlying relational processes work regardless of model, and by presenting innovative techniques for using time, reflection and shared responsibility to maximize effectiveness.

**PAVILION PUBLISHING & MEDIA**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
156 X 234 mm  
Release Date: October 2020  
**9781912755851**

Paperback  
240 pages  
**AUD\$: 91.99**





**Intellectual Disabilities and 'Personality Disorder'**

**NEW**

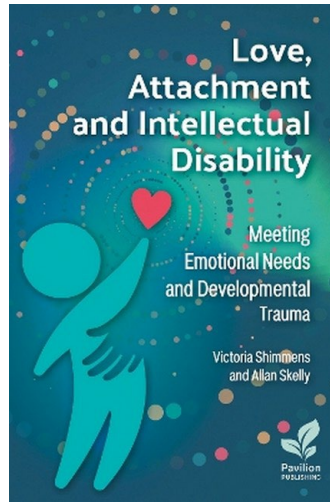
**By Zillah Webb, Vicky Laute**



Some individuals with intellectual disabilities experience pervasive patterns of feeling and thinking that affect the way in which they relate to others and understand themselves.

**PAVILION PUBLISHING & MEDIA**  
 Category: SOCIAL WELFARE, CRIM  
 Disc: ACAD & PROFESSIONAL  
 246 X 189 mm  
 Release Date: November 2023  
**9781803882581**

Paperback  
 400 pages  
 NOT ILLUSTRATED  
**AUD\$: 134.00**



**Love, Attachment and Intellectual Disability Meeting Emotional Needs and Developmental Trauma**

**NEW**

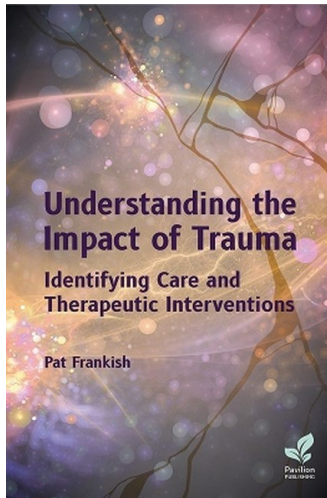
**By Victoria Shimmens, Allan Skelly**



This book came about from the authors' experience working together in clinical learning disabilities services, and their work to move the focus away from the management of challenging behaviour.

**PAVILION PUBLISHING & MEDIA**  
 Category: SOCIAL WELFARE, CRIM  
 Disc: ACAD & PROFESSIONAL  
 234 X 156 mm  
 Release Date: April 2024  
**9781803883243**

Paperback  
 140 pages  
**AUD\$: 85.99**



**Understanding the Impact of Trauma Identifying Care and Therapeutic Interventions**

**NEW**

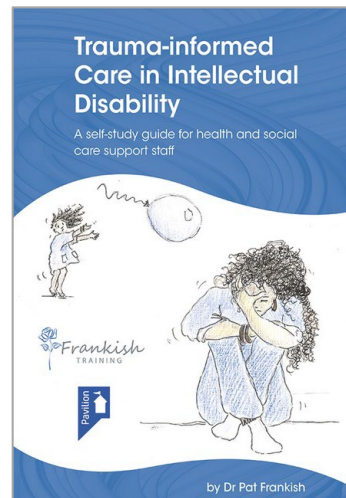
**By Pat Frankish**



Since its publication in 2019, the FAIT has begun to be used more widely to inform a variety of care packages and therapeutic interventions. Understanding the Impact of Trauma takes the FAIT as a starting point.

**PAVILION PUBLISHING & MEDIA**  
 Category: SOCIAL WELFARE, CRIM  
 Disc: ACAD & PROFESSIONAL  
 246 X 189 mm  
 Release Date: April 2024  
**9781803882871**

Paperback  
 400 pages  
**AUD\$: 80.99**



**Trauma-informed care in Intellectual Disability**

**A self-study guide for health and social care support staff**

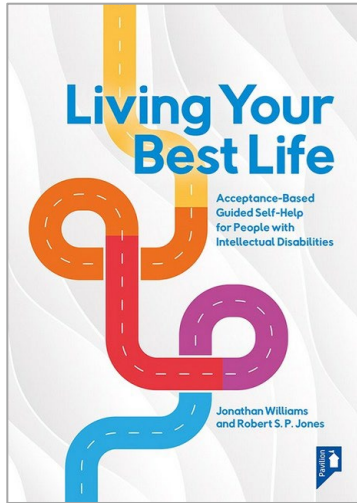
**By Dr. Pat Frankish**



*Trauma-informed Care in Intellectual Disability A self-study guide for health and social care support staff* covers the main topics of trauma-informed care via the theoretical positions of key researchers.

**PAVILION PUBLISHING & MEDIA**  
 Category: OTHER MEDICINE  
 Disc: ACAD & PROFESSIONAL  
 223 X 187 mm  
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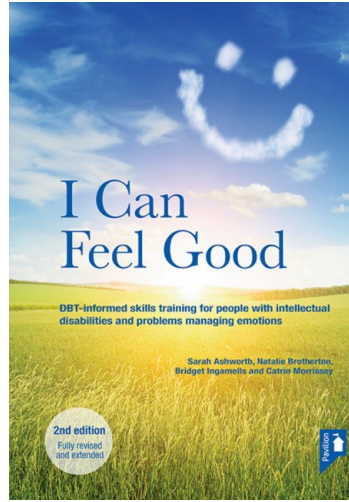


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