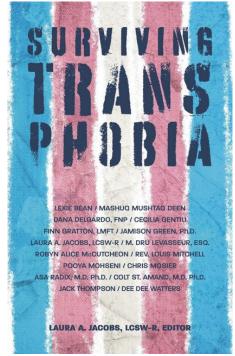


## LGBTQIA+ NEW AND BESTSELLING BOOKS November 2023

www.woodslanehealth.com.au





**Surviving Transphobia** 

## By Laura A. Jacobs LCSW

NEW

The transgender and gender nonbinary community is forever under siege. Institutional transphobia is enacted by those who would return us to the shadows, the closets, or worse. Surviving Transphobia is an anthology by transgender and gender nonbinary celebrities and experts on endurance during times of severe hostility. We share the moments when we were vulnerable, were bullied, had needs dismissed, or were discriminated against, revealing our determination and how we have (sometimes) managed to thrive. We offer loving support as you brave agony and seek joy.

We also speak to our allies. We are activists, actors, athletes, authors, lawyers, doctors, nurses, therapists, sex workers, clergy, diplomats, and military veterans. We are of many ethnicities. We vary socioeconomically, educationally, and geographically. Some are neurodivergent. Several are disabled or have chronic illnesses. A few are HIV+. A small number were born elsewhere. We have survived, here's how. And if we can survive... so can you. "Sometimes, it's easy to feel like the only lesbian in the world – let alone in the village. But wherever you are with your sexuality, you've just picked up a book with the word 'lesbian' in the title and I know baby you would be so proud."

**Helen Scott** 

Navigating Life as a

Lesbian in the 21st Century

Navigating Life as a Lesbian in the 21st Century

Live, Laugh, Lesbian

By Helen Scott

**NEW** 

From strap-ons and Lesbian Bed Death to dealing with homophobic microaggressions in the workplace and finding your second family, Helen Scott, lesbian big sister, and lipstick femme in chief is here to hold your hand as you travel your own unique path to Gay Town. Half memoir, half guide, and 100% big lesbian hug, plunge with Helen into the highs and lows of navigating lesbian life in the modern world and emerge with all the lesbian life hacks you'll need to get out there and live the life of your dreams. Candid, wise, bold, and hilarious – it's time to reclaim the L in LGBTQ+

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: November 2023 9781787759657



Paperback 224 pages

AUD\$: 39.99

## JESSICA KINGSLEY PUBLISHERS

**GENDER DIVERSITY** 

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: January 2024 9781839978142



Paperback 224 pages B&W THROUGHOUT AUD\$: 34.99



## **GENDER DIVERSITY**

## **Gender is Really Strange**

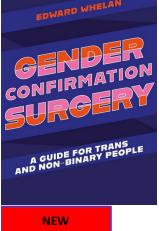


## By Teddy G. Goetz, Sophie Standing

What does it mean to be trans? Non-Binary? Gender Diverse? What parts of gender come from society? What parts come from within? How much is biology, and how much is socialization? Part of the Really Strange series, this science-based graphic medicine comic addresses these questions and more, revealing the inherent messiness of gender identity and sex. A mysterious amalgam of biology and society, inherently sensed, yet societally defined, the complexity of gender is revealed through examining neuroscience, biology, hormones, mental health, behaviour and how much of gender comes from society. Exploring theories, thinkers, terminology, history, and gender cultures around the world and across different religions, this easy-to-understand and engaging book will help you to question perceived norms and engage critically with your own gender identity.

## **Gender Confirmation Surgery**

A Guide for Trans and Non-Binary People



ALL THE THINGS THEY SAID WE COVLDN'T

MAVE

STORIES OF TRANS JOJ

C. ORKES-MONGER

By Edward Whelan

This accessible guide covers the range of gender confirmation surgeries available for all trans and non-binary people, including breast augmentation, chest reconstruction, vaginoplasty, phalloplasty, metoidioplasty, vocal surgery, and facial feminisation. With personal stories and illustrations throughout, this comprehensive resource will help you understand the full range of surgical options available. The guide offers an overview of the whole process, with information and advice about each procedure, including planning and recovery, sexual health and fertility, and insight into what to expect in the years following an operation. This is essential reading for any trans or nonbinary people considering gender confirmation surgery and will help you make the decision that's right for you.

## All the Things They Said We Couldn't Have Stories of Trans Joy

## By Tash Oakes-Monger

'Transition has not been something linear for me, my joy has come in seasons.' Now, more than ever, trans people deserve to hear stories of joy and hope, where being trans doesn't have to be defined by fear and dysphoria, but can be experienced through courage, freedom, and the love and acceptance of their chosen families. Through a series of uplifting, generous and beautifully crafted vignettes, T. C. Oakes-Monger gently leads you through the cycle of the seasons - beginning in Autumn and the shedding of leaves and identity, moving through the darkness of Winter, its cold days, and the reality of daily life, into Spring, newness, and change, and ending with the joy of long Summer days and being out and proud - and invites you to find similar moments of joy in your life.

## JESSICA KINGSLEY PUBLISHERS Disc: TRADE INTERNATIONAL Paperback 170 X 230 mm 40 Pages COLOUR SECTION(S) Rel Date: January 2024 9781839975127 AUD\$: 26.99

JESSICA KINGSLEY PUBLISHERS Disc: TRADE INTERNATIONAL Paperback 216 X 138 mm 208 Pages B&W THROUGHOUT Rel Date: September 2023

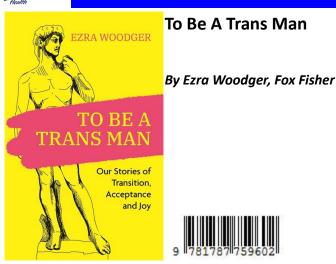
9781839970962 AUD\$: 38.99 9 781839 970962

JESSICA KINGSLEY PUBLISHERS Disc: TRADE INTERNATIONAL Paperback 198 X 129 mm 144 Pages B&W THROUGHOUT Rel Date: January 2023 9781839971495 AUD\$: 37.99





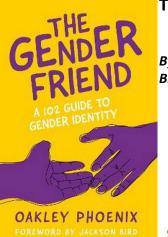
## **GENDER DIVERSITY**



Men in all stages of transition have come and gone from my life, and each one has been entirely different. It's difficult to feel as if you fail at being a man when you know there isn't a singular 'right' way to be one.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: December 2022 9781787759602 Paperback 192 pages B&W THROUGHOUT AUD\$: 37.99



## The Gender Friend

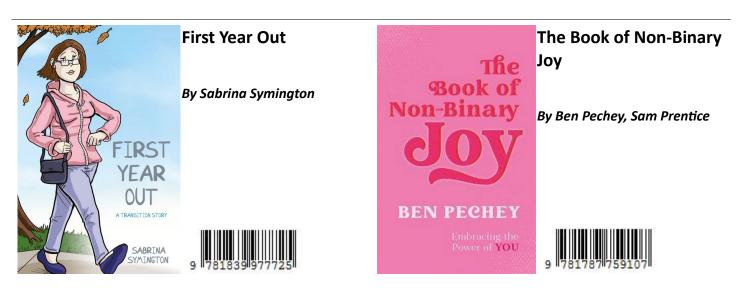
By Oakley Phoenix, Jackson Bird



More than a simple 101 introduction to gender, this definitive guide covers everything you need to know to be the best gender ally you can be - from affirming language, how to explore gender, supporting loved ones and more.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 198 X 129 mm Release Date: November 2022 9781839973574 Paperback 144 pages B&W THROUGHOUT AUD\$: 28.99



From laser hair removal and coming out to her parents, through to dating, voice training and gender reassignment surgery, this intimate and witty graphic novel follows the character of Lily as she transitions to living as her true, female self.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 260 X 170 mm Release Date: January 2023 9781839977725 Paperback 128 pages COLOUR SECTION(S) AUD\$: 48.99

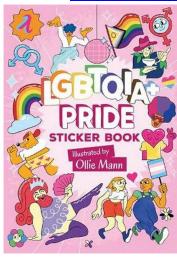
## A witty, unapologetic, and fabulous guide to living your best non-binary life. With personal stories, honest advice and fun games, this book covers mental health, fashion, self-expression, self-love, allyship and social media.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: May 2022 **9781787759107**  Paperback 224 pages B&W THROUGHOUT AUD\$: 37.99



## **GENDER DIVERSITY**



LGBTQIA+ Pride Sticker Book

By JESSICA KINGSLEY, Ollie Mann



The first, fabulous, LGBTQ+ Pride sticker book out there, featuring beautifully illustrated glossy stickers to share and express your pride and support of the LGBTQ+ community.

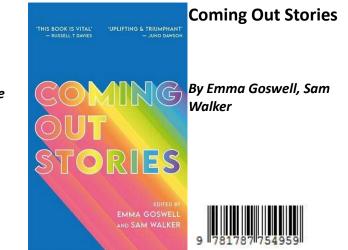
Pushing the narrative around non-binary identities further than

breadth of non-binary lives, across the boundaries of race, class,

ever before, this powerful collection of essays represents the

JESSICA KINGSLEY PUBLISHERS

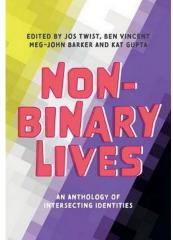
Disc: TRADE INTERNATIONAL 246 X 173 mm Release Date: August 2022 9781839972461 Paperback 48 pages COLOUR SECTION(S) AUD\$: 25.99



An empowering, witty and uplifting collection of coming out stories and advice from LGBTQ+ people from around the world, based on the hugely successful podcast Coming Out Stories.

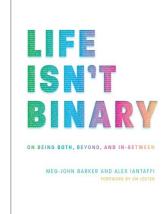
JESSICA KINGSLEY PUBLISHERS Disc: TRADE INTERNATIONAL

216 X 138 mm Release Date: March 2021 9781787754959 Paperback 240 pages B&W THROUGHOUT AUD\$: 37.99





Non-Binary Lives



By Alex Iantaffi, Meg-John

Life Isn't Binary

Barker



Much of society's thinking operates in a highly rigid and binary manner; something is good or bad, right, or wrong, a success or a failure, and so on.

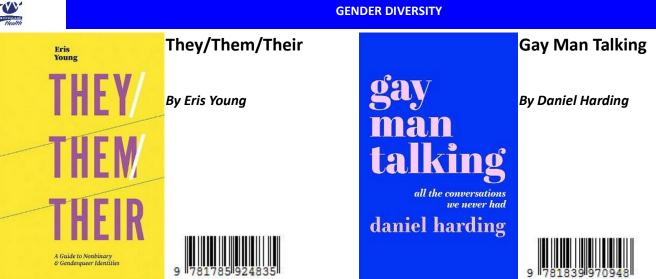
### JESSICA KINGSLEY PUBLISHERS

age, sexuality, faith and more.

Disc: TRADE INTERNATIONAL 226 X 152 mm Release Date: June 2020 **9781787753396**  Paperback 256 pages B&W SECTION(S) AUD\$: 42.99 JESSICA KINGSLEY PUBLISHERS Disc: TRADE INTERNATIONAL 214 X 136 mm

Release Date: July 2019 9781785924798 Paperback 240 pages

AUD\$: 42.99



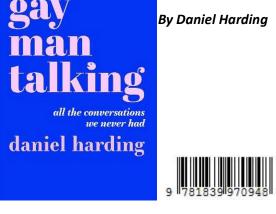
In this insightful and long-overdue book, Eris Young explores what it's like to live outside of the gender binary and how it can impact on one's relationships, sense of identity, use of language and more.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 228 X 152 mm Release Date: November 2019 9781785924835

Paperback 288 pages

AUD\$: 54.99



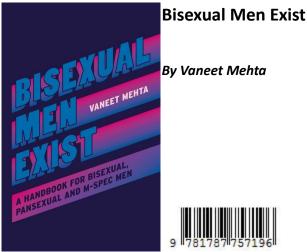
Combining anecdotes, interviews and practical advice, this wise, witty and poignant book unpacks modern gay relationships, from parents, siblings and friends, to lovers, enemies and ourselves.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 216 X 138 mm Release Date: November 2022 9781839970948

BISEXUALITY

Paperback 288 pages **B&W THROUGHOUT** AUD\$: 37.99



By Vaneet Mehta



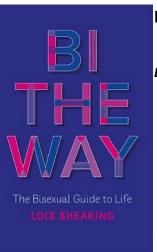
A practical support guide for bisexual men providing them with information, advice, and personal stories from other bisexual men. It covers coming out, dating and relationships, mental health, intersectionality, pride, and community.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 216 X 138 mm Release Date: March 2023 9781787757196

Paperback 272 pages

AUD\$: 42.99



## Bi the Way

By Lois Shearing



An essential guide for anyone who is bisexual, and those looking for more information about bisexuality. With first-hand accounts and advice on coming out, dating, sex, activism, gender identity, and biphobia.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 216 X 138 mm Release Date: August 2021 9781787752900

Paperback 240 pages **B&W THROUGHOUT** AUD\$: 37.99



## SEX AND RELATIONSHIPS

## **Trans Sex**

# A GUIDE FOR ADULTS

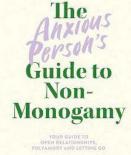
A Guide for Adults

## **By Kelvin Sparks**

Does a post-vaginoplasty vagina have a G-spot? Why do some trans people find they enjoy anal sex more after testosterone? And can people with post-surgical vaginas experience vaginismus? Written by renowned sex blogger and educator Kelvin Sparks, Trans Sex is the essential guide to sex and bodies for all trans, non-binary and intersex people. Covering everything from post-surgical anatomy and hormone replacement therapy to sex toys, kink and safe sex, this empowering and practical guide also explores desire, pleasure and arousal (and why these aren't the same thing), how to navigate sex and consent with other people, as well as the difficulties many trans people experience in relation to sex, such as dysphoria and violence.

## The Anxious Person's Guide to Non-Monogamy Your Guide to Open Relationships, Polyamory and Letting Go

## By Lola Phoenix, Kathy G Slaughter



Lola Phoenix

Embarking on a non-monogamous relationship can be a daunting experience, opening old wounds that cause anxiety, fear and confusion, something Lola Phoenix knows about all too well. In this allyou-need-to-know guide to exploring non-monogamy, polyamory and open relationships, Lola draws upon their years of experience in giving advice and being non-monogamous to provide guidance for every stage of your journey, helping you to prioritise your mental health and well being along the way. Beginning with advice on starting out - such as finding your anchor, figuring out your personal reasons for pursuing nonmonogamy, challenging your fears and practicing self-compassion - the book proceeds to cover the emotional aspects of non-monogamous relationships.



Non-Binary Guide

to Intimacy, Pleasure

d Relationships

## Queer Sex

A Trans and Non-Binary Guide to Intimacy, Pleasure and **Relationships** 

## By Juno Roche

In this frank, funny and poignant book, transgender activist Juno Roche discusses sex, desire and dating with leading figures from the trans and non-binary community. Calling out prejudices and inspiring readers to explore their own concepts of intimacy and sexuality, the first-hand accounts celebrate the wonder and potential of trans bodies and push at the boundaries of how society views gender, sexuality, and relationships. Empowering and necessary, this collection shows all trans people deserve to feel brave, beautiful, and sexy.

JESSICA KINGSLEY PUBLISHERS **Disc: TRADE INTERNATIONAL** Paperback 216 X 138 mm 224 Pages Rel Date: January 2023 9781839970436 AUD\$: 42.99

JESSICA KINGSLEY PUBLISHERS **Disc: TRADE INTERNATIONAL** Paperback 216 X 138 mm 208 Pages **B&W THROUGHOUT** Rel Date: September 2022 9781839972133 AUD\$: 42.99

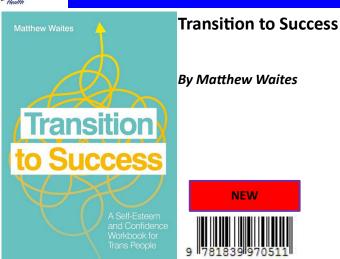


JESSICA KINGSLEY PUBLISHERS **Disc: TRADE INTERNATIONAL** Paperback 219 X 160 mm 168 Pages Rel Date: June 2018 9781785924064 AUD\$: 40.99





## MENTAL HEALTH AND WELLBEING



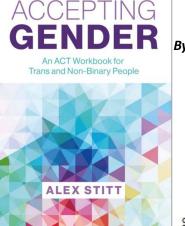
Understand your values, set career goals, take care of your health and take over the world! With inspiring activities, top tips and soul-searching self-reflection exercises, this workbook is a toolkit for trans-formation.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 246 X 173 mm Release Date: June 2023

Paperback 224 pages

AUD\$: 51.99



## Accepting Gender

Bv Alex Stitt

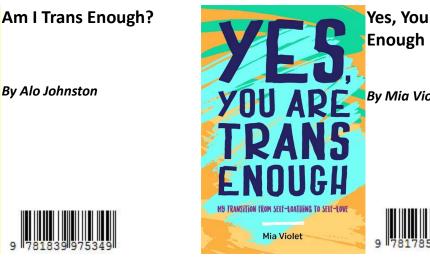


Acceptance and Commitment Therapy is an empowering technique for trans, non-binary, and gender explorative people because of its focus on self-acceptance and personal values.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 246 X 173 mm Release Date: May 2023 9781839974328

Paperback 208 pages **B&W THROUGHOUT** AUD\$: 42.99



Release Date: August 2018

9781785923159

Yes, You Are Trans

By Mia Violet



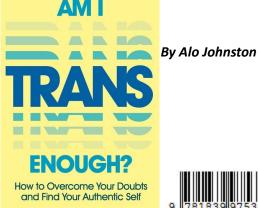
This is the deeply personal and witty account of growing up as the kid who never fitted in. Transgender blogger Mia Violet reflects on her life and how at 26 she came to finally realise she was 'trans enough' to be transgender.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
216 X 140 mm

Paperback 352 pages

AUD\$: 42.99

9781839970511 Alo Johnston





Am I Trans Enough? The answer is undoubtably yes. You are. Alo Johnston has been where you are. From watching every transition story on YouTube and navigating online message boards for answers to finally starting testosterone.

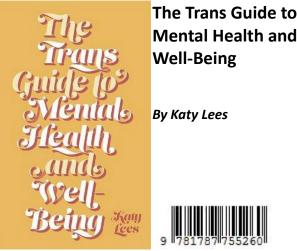
## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 216 X 138 mm Release Date: May 2023 9781839975349

Paperback 224 pages **B&W THROUGHOUT** AUD\$: 42.99



## **MENTAL HEALTH AND WELLBEING**



Mental Health and Well-Being

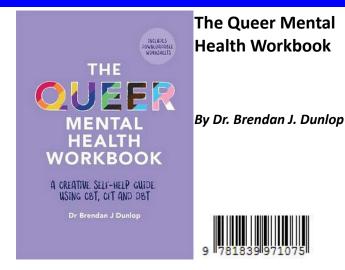


An essential mental health guide for trans people, combining therapeutic strategies alongside the author's first-hand experience. With advice on anxiety, depression, trauma, negative body image, suicide and dissociation.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 216 X 138 mm Release Date: July 2022 9781787755260

Paperback 240 pages **B&W THROUGHOUT** AUD\$: 42.99

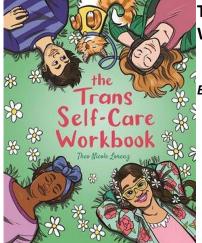


This queer mental health workbook uses CBT, DBT and ACT to support LGBTQIA+ people with mental health challenges such as anxiety, self-harm, shame, trauma, low self-esteem, and eating disorders.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 246 X 173 mm Release Date: August 2022 9781839971075

Paperback 224 pages **B&W THROUGHOUT** AUD\$: 48.99



The Trans Self-Care Workbook

By Theo Lorenz



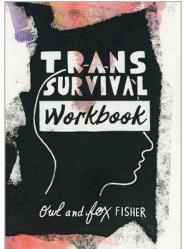
If you're transgender, non-binary, or any other gender under the wide and wonderful trans umbrella, this book is for you. A creative journal and workbook with a difference, with colouring pages celebrating trans identity.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 279 X 216 mm Release Date: January 2021 9781787753433

Paperback 176 pages

AUD\$: 42.99



Trans Survival Workbook

By Owl Fisher, Fox Fisher



Fun and inspiring, this reflective workbook and journal allows you to document your transition, engage with your feelings and improve your mental health. The companion to the popular Trans Teen Survival Guide.

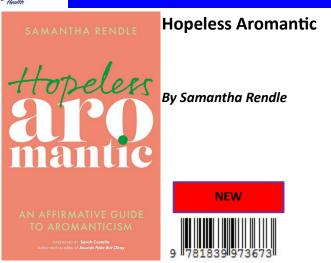
## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 246 X 173 mm Release Date: August 2021 9781787756298

Paperback 96 pages **B&W THROUGHOUT** AUD\$: 42.99



## **ASEXUALITY AND AROMANTICISM**

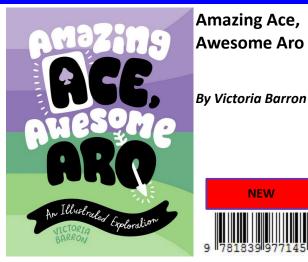


A guide to aromanticism, with chapters on microlabels, different forms of love and partnership and the split attraction model, as well as advice on how to manage your mental health as an aro person and dealing with arophobia.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: September 2023 9781839973673 Paperback 176 pages

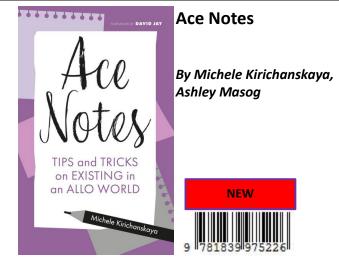
AUD\$: 33.99



This illustrated introduction is a fun and quirky guide to the ace and aro world.

### JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 236 X 173 mm Release Date: August 2023 **9781839977145**  Hardback 96 pages COLOUR SECTION(S) AUD\$: 31.99



What is the ace lens? Is my relationship queerplatonic? Am I sex-favorable, sex-averse or sex-repulsed? This essential book dishes out practical advice for people on the asexual spectrum on existing in an allonormative world.

JESSICA	KINGSLEY	PUBLISHERS
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Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: June 2023 **9781839975226**  Paperback 272 pages B&W THROUGHOUT AUD\$: 37.99

## Ace and Aro Journeys Ace and Aro Journeys By The Ace and Aro Advocacy Project NEW Sexual or Aromantic Identity 9 781839976384

A self-help guide with the advice our authors wished they'd had when first exploring and embracing their ace and aro identities. Ideal for anyone on the aspec spectrum, or those looking to better support ace and aro people.

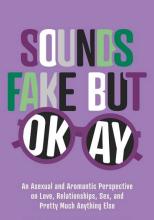
## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: June 2023 9781839976384 Paperback 272 pages

AUD\$: 42.99



## **ASEXUALITY AND AROMANTICISM**



## Sounds Fake But Okay

By Sarah Costello, Kayla Kaszyca

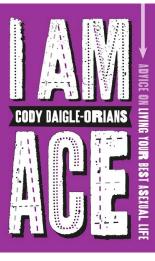


Drawing on personal anecdotes and interviews with the ace community, Sarah and Kayla are here to help you unlearn the norms of an allo world, navigate and nurture your relationships, and become more confident in your aspec identity.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 216 X 138 mm Release Date: May 2023 9781839970016

Paperback 160 pages **B&W THROUGHOUT** AUD\$: 42.99



## I Am Ace

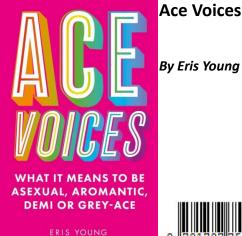
By Cody Daigle-Orians

A guide for young asexual or questioning folks to get to grips with asexuality as an identity, as well as the confidence and courage to embrace their authentic selves and live their best ace life.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 216 X 138 mm Release Date: May 2023 9781839972621

Paperback 192 pages **B&W THROUGHOUT** AUD\$: 37.99



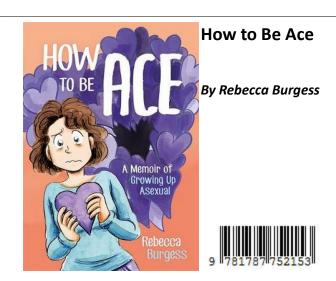


A richly woven tapestry of ace stories, exploring what it means to be asexual. Including interviews with people across the ace spectrum, this love letter to the ace community offers support, advice and inspiration.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: February 2023 9781787756984

Paperback 288 pages **B&W THROUGHOUT** AUD\$: 48.99

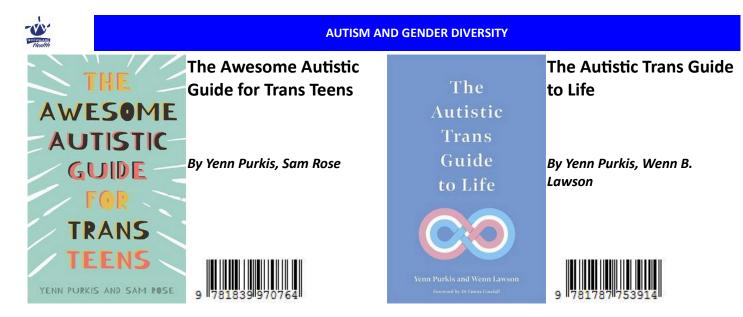


In this brave, hilarious and empowering graphic memoir, we follow Rebecca as they navigate a culture obsessed with sex from being bullied at school and trying to fit in with friends, to forcing themself into relationships.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 210 X 148 mm Release Date: January 2021 9781787752153

Paperback 184 pages COLOUR THROUGHOUT AUD\$: 37.99

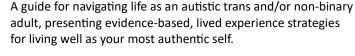


In this empowering guide, Yenn Purkis and Sam Rose set out honest advice and strategies to help autistic trans and/or gender divergent teens to thrive exactly as they are.

## JESSICA KINGSLEY PUBLISHERS

Authors are from Australia Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: August 2022 9781839970764

Paperback 112 pages B&W THROUGHOUT AUD\$: 37.99

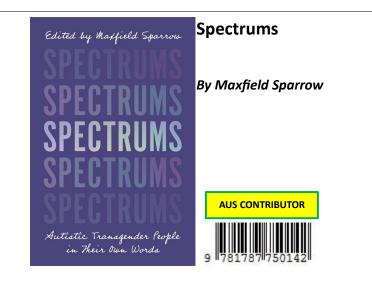


### JESSICA KINGSLEY PUBLISHERS Authors are from Australia

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: May 2021 **9781787753914** 

Paperback 208 pages

AUD\$: 42.99



Solely written by trans people on the spectrum, this collection of personal stories foregrounds their own voices and experiences on a range of issues, such as coming out, access to healthcare, employment, relationships, parenting, and more.

JESSICA KINGSLEY PUBLISHERS	
Disc: TRADE INTERNATIONAL	Paperback
100 X 100 mm	240 pages
Release Date: January 2021	
9781787750142	AUD\$: 42.99

## Queerly Autistic

Queerly By Erin Ekins Autistic



An inspiring survival guide for autistic LGBTQIA+ teens, sharing experience and advice on coming out, consent, staying safe in relationships, communicating with family members, finding a community and practicing self-care.

## JESSICA KINGSLEY PUBLISHERS

The Ultimate Guide For LGBTQIA+ Tecns

On The Spectrum

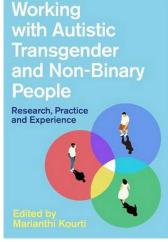
**ERIN EKINS** 

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: June 2021 9781787751712 Paperback 240 pages

AUD\$: 37.99



## AUTISM AND GENDER DIVERSITY



Working with Autistic Transgender and Non-Binary People

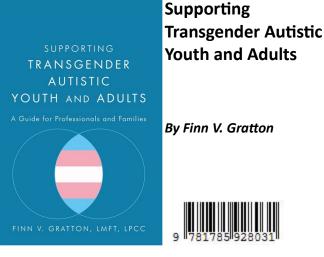
By Marianthi Kourti, Damian Milton



Setting out advice, research and personal reflections to inform professionals daily practice and overall understanding of the lives and experiences of autistic transgender and non-binary people.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 229 X 152 mm Release Date: January 2022 9781787750227 Paperback 208 pages B&W THROUGHOUT AUD\$: 57.99

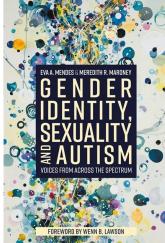


Providing advice on how professionals working with autistic trans youth and adults can tailor their practice to best serve their clients and how parents can support their trans autistic children.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 150 X 150 mm Release Date: December 2019 9781785928031 Paperback 240 pages

AUD\$: 65.99



## Gender Identity, Sexuality and Autism

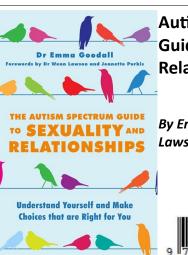
By Eva A. Mendes, Brian T Harris



Bringing together a collection of narratives from those who are on the autism spectrum whilst also identifying as lesbian, gay, bisexual, transgender, queer, intersex and/or asexual (LGBTQIA).

JESSICA KINGSLEY PUBLISHERS Disc: TRADE INTERNATIONAL 228 X 152 mm Release Date: March 2019 9781785927546

Paperback 200 pages AUD\$: 54.99



## Autism Spectrum Guide to Sexuality and Relationships

By Emma Goodall, Wenn B. Lawson



Unravelling the complexities of relationships and sexuality, this straight-talking guide will help you to navigate the associated social, emotional, and physical issues.

## JESSICA KINGSLEY PUBLISHERS

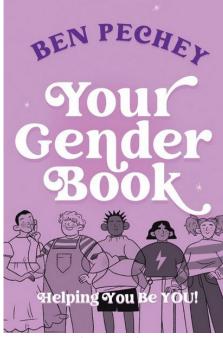
Author is from Australia

Disc: TRADE INTERNATIONAL 228 X 152 mm Release Date: May 2016 **9781849057059** 

Paperback 280 pages

AUD\$: 42.99

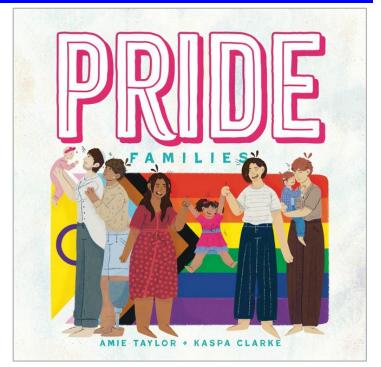




Your Gender Book Helping You To Be You!

## By Ben Pechey

NEW KIDS 7-10YRS



**Pride Families** 

By Amie Taylor, Kaspa Clarke

NEW

This book is here to hold your hand; to answer your questions; soothe your soul; help you understand yourself in new ways. The best place to start is at the beginning. The best time is now! So, turn the page and let's explore who you are!' If you are at the start of your journey with gender identity, or looking to help someone who is, this insightful guide offers a safe space to celebrate you becoming your true - and most joyful self.

With fun activities, resources, and LGBTQ+ role models throughout, this book sheds light on everything from gender identity, sex, pronouns, and expression, to barriers, mental health, allyship and finding happiness. Written in Ben Pechey's trademark witty, upbeat, and vibrant style, this empowering tool will help you engage with your gender creatively and become your most authentic self. Families come in all different shapes and sizes, and each one is perfect! Come and celebrate what it means to be a PRIDE FAMILY in this beautifully illustrated book written by LGBTQIA+ author, Amie Taylor and Illustrated by Kaspa Clarke. LGBTQIA+ families come in all the colours of the rainbow. Perhaps you belong to a Pride family, or maybe you have a friend who belongs to a Pride Family?

This educational children's book explores what these families look like with a focus on trans, non-binary, gay, lesbian, and polyamorous family set ups.

Covering themes such as, pregnancy, donor conception and surrogacy alongside a guide for adults that helps explain terminology, this book is an invaluable resource for sharing and celebrating what it means to be a Pride family.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 246 X 173 mm Release Date: February 2024 9781839976100



Paperback 176 pages B&W THROUGHOUT AUD\$: 33.99

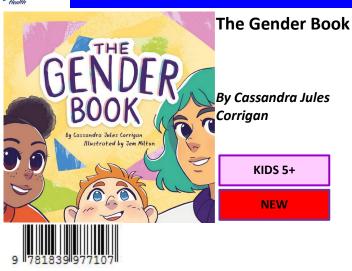
## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 246 X 243 mm Release Date: April 2024 9781839976810



Hardback 40 pages COLOUR SECTION(S) AUD\$: 34.99





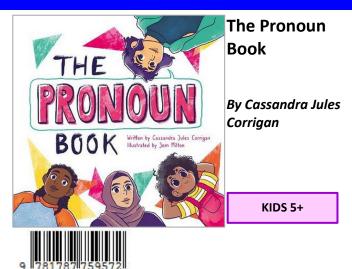
An accessible, illustrated, introductory exploration of gender for children aged 5+.

Hardback

32 pages

AUD\$: 33.99

COLOUR SECTION(S)



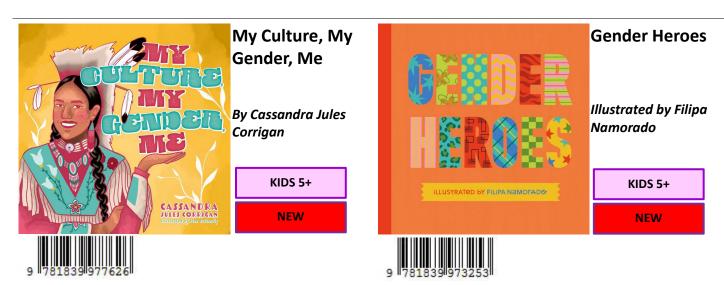
A fun and beautifully illustrated book that celebrates gender diversity through educating young children on pronouns. The book teaches pronoun etiquette, why it is so important, and how it relates to us.

There have been many amazing cisgender men and women

throughout history who have changed the world. But what about all the incredible transgender, non-binary and gender

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 250 X 248 mm Release Date: January 2022 **9781787759572**  Hardback 32 pages COLOUR SECTION(S) AUD\$: 34.99



An illustrated guide to gender-diverse identities around the world, suitable for children 5+.

## JESSICA KINGSLEY PUBLISHERS

JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 

Release Date: October 2023

251 X 248 mm

9781839977107

Disc: TRADE INTERNATIONAL 251 X 248 mm Release Date: December 2023 9781839977626 Hardback 48 pages COLOUR SECTION(S) AUD\$: 31.99

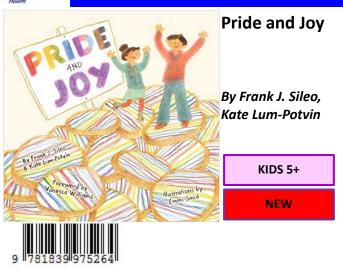
## non-conforming people who have equally transformed our lives?

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 245 X 245 mm Release Date: July 2023 **9781839973253**  Paperback 64 pages COLOUR SECTION(S) AUD\$: 42.99

## www.woodslanehealth.com.au





Joy loves her big brother, Noah. But When Noah is teased for being gay, Joy wants to help! Join Joy in learning what it means to be an ally to the LGBTQIA+ community in this charming picture book.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 245 X 245 mm Release Date: August 2023 9781839975264

Hardback 48 pages **B&W THROUGHOUT** AUD\$: 37.99



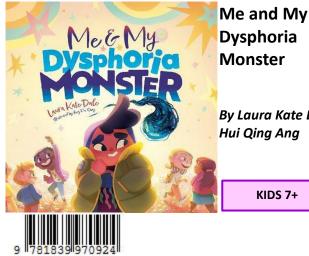
Harper is going to her first family reunion! She meets so many people. There's her second cousin Noah. And her cousin Lisa, who lives with her husband and step kids. The there's Great Aunt Trudy who is raising her grandkids.

## **MAGINATION PRESS**

Disc: TRADE INTERNATIONAL 254 X 203 mm Release Date: August 2023 9781433840388

Hardback 32 pages

AUD\$: 38.99



By Laura Kate Dale,

KIDS 7+

A beautifully illustrated picture book for young children about gender dysphoria, explaining what it is and how to deal with it. It contains a monster-themed short story and an accompanying guide for parents with terminology.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 251 X 248 mm Release Date: November 2022 9781839970924

Hardback 40 pages

AUD\$: 37.99



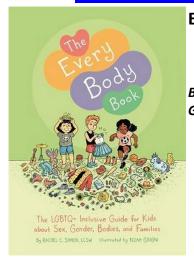
The Big Book of Pride Flags is the perfect resource for teaching children about LGBTQIA+ identities and pride. With fun facts and simple explanations accompanying each beautifully illustrated flag, there's also a Reading Guide.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 251 X 248 mm Release Date: September 2022 9781839972584

Hardback 48 pages **B&W THROUGHOUT** AUD\$: 37.99





Every Body Book

By Rachel E. Simon, Noah Grigni

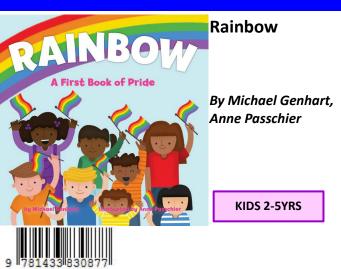


This vibrant and beautifully illustrated book teaches children sex, gender and relationships education in a way that is inclusive of all sexual orientations and gender identities.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 252 X 178 mm Release Date: August 2020 9781787751736 Hardback 96 pages

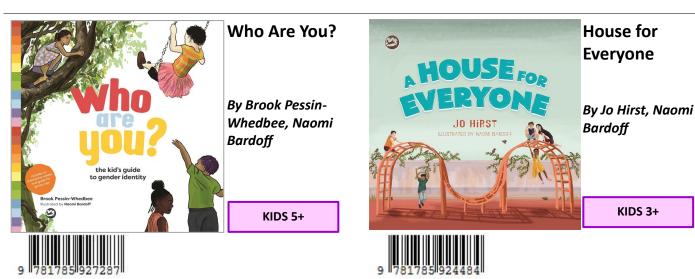
AUD\$: 42.99



A must-have primer for young readers and a great gift for pride events and throughout the year, beautiful colours all together make a rainbow in Rainbow: A First Book of Pride.

## **MAGINATION PRESS**

Disc: TRADE INTERNATIONAL 203 X 203 mm Release Date: July 2019 **9781433830877**  Hardback 24 pages COLOUR SECTION(S) AUD\$: 30.99



This brightly illustrated children's book provides a straightforward introduction to gender for anyone aged 4+. It presents clear and direct language for understanding and talking about how we experience gender.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 247 X 245 mm Release Date: June 2017 **9781785927287**  Hardback 40 pages

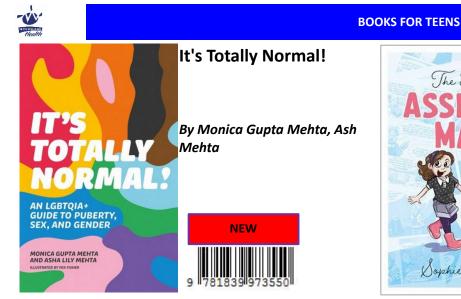
AUD\$: 37.99

At lunchtime, all of Toms friends gather at school to work together building their house. Each one of them has a special job to do, and each one of them has a different way of expressing their gender identity.

## JESSICA KINGSLEY PUBLISHERS

## Author is from Australia

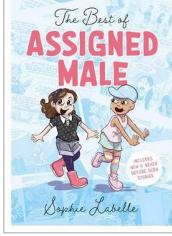
9781785924484	AUD\$: 37.99
Release Date: July 2018	
247 X 247 mm	32 pages
Disc: TRADE INTERNATIONAL	Paperback



An LGBTQIA inclusive relationship and sex education guide written specifically for queer teens. Expect coverage of puberty, sex and protection, as well as chapters on relationships, conflict resolution and consent.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: August 2023 **9781839973550**  Paperback 208 pages B&W THROUGHOUT AUD\$: 37.99



## The Best of Assigned Male

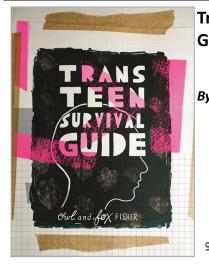
By Sophie Labelle, Sophie Labelle

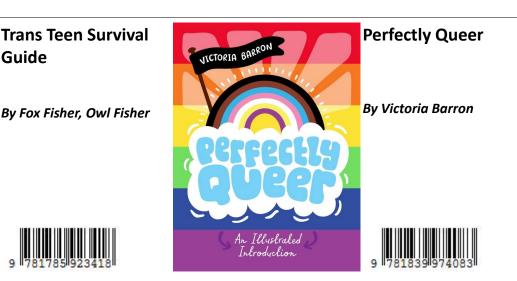


Sophie Labelle has been chronicling the lives of a small universe of queer cartoon characters in her comic strip, showing how they navigate the daily experiences of being trans and gender diverse.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 246 X 173 mm Release Date: August 2021 **9781787755932**  Paperback 304 pages COLOUR SECTION(S) AUD\$: 48.99





Frank, friendly and funny, Trans Teen Survival Guide will leave<br/>transgender and non-binary teens informed, empowered, and<br/>armed with all the tips, confidence and practical advice theyFor allies and queer folks alike, delve a little further into all<br/>things LGBTQIA+ with this illustrated introduction. Full of clear<br/>information, activity pages, definitions and more.

JESSICA KINGSLEY PUBLISHERS	
Disc: TRADE INTERNATIONAL	
214 X 136 mm	
Release Date: November 2018	
9781785923418	

need to navigate life as a trans teen.

Paperback 224 pages

AUD\$: 37.99

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 236 X 173 mm Release Date: February 2023 **9781839974083**  Hardback 96 pages COLOUR SECTION(S) AUD\$: 28.99 A PARENT'S GUIDE TO SUPPORTING YOUR LGLTQIA+ KID THROUGH COMING OUT AND BEYOND

JOHN SOVEC, LMFT

## Out

A Parent's Guide to Supporting Your LGBTQIA+ Kid Through Coming Out and Beyond

## **By John Sovec**



The coming out process for LGBTQIA+ adolescents can be a terrifying moment, not only for themselves, but also for their family and friends. When intense emotions are running the gamut of concern, shock, joy or even anger and acceptance, it can be tricky to process how you feel while giving your child the support they need. Offering essential guidance and advice, this book is here to help you with chapters that explore LGBTQIA+ terminology, understanding the coming out process, effective communication strategies, talking to your LGBTQIA+ kid about sex, the parents process of acceptance, and the family coming out process. Importantly, this guide also covers a wide range of lesser-known orientations such as pansexuality and asexuality as well as dedicated chapters on trans youth and the oftenoverlooked grieving process for parents with stories of lived experience throughout. With a unique three step strategy, you and your family can support your LGBTQIA+ child's newly shared identity, create a stronger family unit, and move towards a more open, affirming relationship based on honest communication and understanding.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 216 X 138 mm Release Date: June 2023 **9781839974243** 



Paperback 224 pages B&W THROUGHOUT AUD\$: 37.99

## My Child Told Me They're Trans... What Do I Do?

A Q&A Guide for Parents of Trans Children

Edited by Brynn Tannehill



My Child Told Me They're Trans...What Do I Do? A Q&A Guide for Parents of Trans Children

## By Brynn Tannehill, Amy Cannava, Clara Baker, Clara Lee, Cristy Mereles

'My child just came out to me as trans: What should I do?' If you are a parent looking for an answer to this question, you have come to the right place. Gathering practical advice and personal experiences from a range of parents, activists and experts, this FAQ book provides answers to the most common questions you will have as a parent of a transgender child. What if they change their minds? How do I make sure my child is safe at school? How do we tell our other children?

Sharing their experiences of how they navigated their child's transition to raise a happy and healthy child, the parents in this book will give you the tools you need to support your trans child to thrive, while the experts provide a research-based perspective on supporting trans youth. With answers to everything you need to know - from social transition, mental health, and medical care, through to schools, faith and your personal feelings as a parent - this is the ultimate resource for any family with a trans child.

## JESSICA KINGSLEY PUBLISHERS

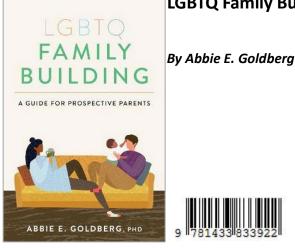
Disc: TRADE INTERNATIONAL 229 X 152 mm Release Date: May 2023 9781839972775



Paperback 304 pages B&W THROUGHOUT AUD\$: 37.99



## **BOOKS FOR PARENTS AND ALLIES**



LGBTQ Family Building



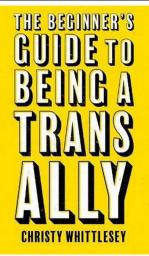
From surrogacy and adoption to transgender pregnancy and finding childcare, parenting as an LGBTQ person is complex. This book is an authoritative, comprehensive, and easy-to-read guide to parenthood and family building for LGBTQ people.

### APA LIFETOOLS

**Disc: TRADE INTERNATIONAL** 216 X 140 mm Release Date: November 2022 9781433833922

Paperback 295 pages

AUD\$: 34.99



The Beginner's Guide to Being A Trans Ally

By Christy Whittlesey

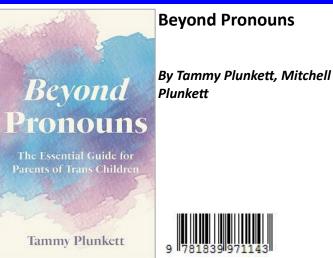


What does cisgender mean? What are people saying when they refer to "assigned" gender? Why is it not OK to say preferred pronouns? What is cis privilege?

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 216 X 138 mm Release Date: February 2022 9781787757837

Paperback 128 pages NOT ILLUSTRATED AUD\$: 28.99

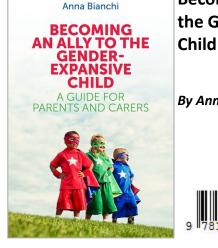


A reassuring guide for parents of a transgender child or teen. Speaking from personal experience, the author provides guidance on topics including managing different emotions,

communications with the child's school, bathrooms and more.

## JESSICA KINGSLEY PUBLISHERS

**Disc: TRADE INTERNATIONAL** 216 X 138 mm Release Date: August 2022 9781839971143



Becoming an Ally to the Gender-Expansive

**B&W THROUGHOUT** 

Paperback

224 pages

AUD\$: 37.99

By Anna Bianchi



For anyone eager to understand their child's gender experience, or to learn how best to accept, support and protect them, this book will provide knowledge, reassurance, and the confidence to do so.

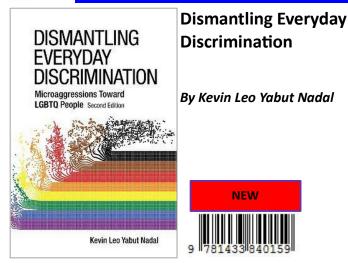
JESSICA KINGSLEY PUBLISHERS **Disc: TRADE INTERNATIONAL** 232 X 164 mm Release Date: February 2018 9781785920516

Paperback 248 pages

AUD\$: 42.99



## **PROFESSIONAL RESOURCES**



Even as the world changes for the better, everyday homophobia and transphobia persists. This book highlights the microaggressions that LGBTQ people face on an everyday basis.

## AMERICAN PSYCHOLOGICAL ASSOCIATION

9781433840159	AUD\$: 109.00
Release Date: June 2023	
254 X 178 mm	277 pages
Disc: ACAD & PROFESSIONAL	Paperback

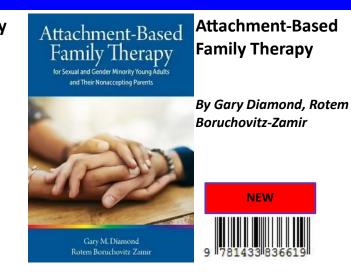
LGBTQ People and Dementia Elizabeth Price and Sue Westwood	LGBTQ+ People and Dementia
	By Sue Westwood, Elizabe Price
UNIVERS TT OF BRADECIND DEMENTIA GOOD PRACTICE GUID	9 17818391973307

Understanding the identity and history of those we support is vital. Setting out policies and procedures that encourage advocacy of individualised care for LGBTQ+ people with dementia.

JESSICA KINGSLEY PUBLISHERS	
Disc: TRADE INTERNATIONAL	
216 X 138 mm	
Release Date: October 2023	
9781839973307	

Paperback 144 pages

AUD\$: 43.99

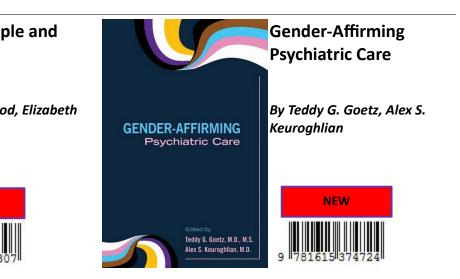


Describes the process of conducting attachment-based family therapy for sexual and gender minority young adults and their non-accepting parents. ABFT-SGM is designed to help reduce parental rejection, facilitate parental acceptance, and more.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Disc: ACAD & PROFESSIONAL 229 X 152 mm Release Date: June 2023 9781433836619 Paperback 280 pages

AUD\$: 121.00



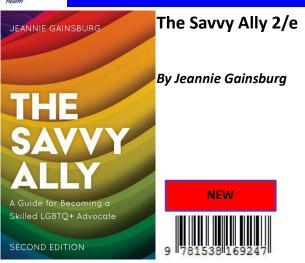
Gender-Affirming Psychiatric Care is the first textbook in the field to provide an affirming, intersectional, and evidence informed approach to caring for transgender, nonbinary, and/or gender expansive (TNG) individuals.

## AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING

Disc: ACAD & PROFESSIONAL 229 X 152 mm Release Date: February 2024 9781615374724 Paperback 380 pages B&W THROUGHOUT AUD\$: 147.00



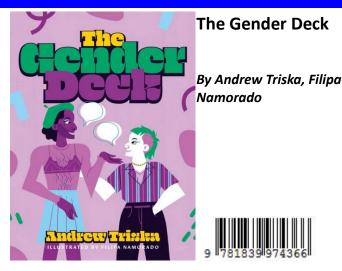
## **PROFESSIONAL RESOURCES**



The Savvy Ally: A Guide for Becoming a Skilled LGBTQ+ Advocate is an enjoyable, humorous, encouraging, easy to understand guidebook for being an ally to LGBTQ+ communities.

## **ROWMAN & LITTLEFIELD PUBLISHERS**

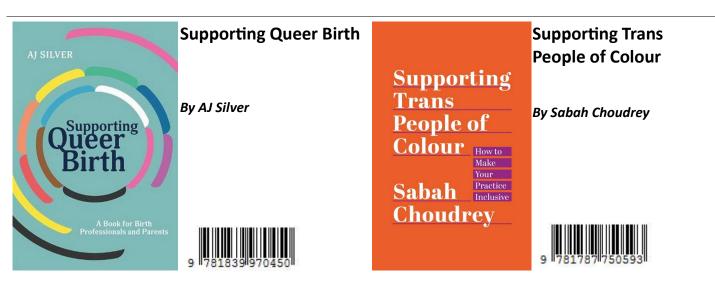
Disc: TRADE INTERNATIONAL 229 X 152 mm Release Date: March 2023 9781538169247 Paperback 320 pages B&W THROUGHOUT AUD\$: 44.99



This unique pack of 100 cards provides a useful tool to help guide conversations about gender identity in individual, group, family, professional and school settings.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 125 X 35 mm Release Date: March 2023 9781839974366 Cards 100 pages COLOUR THROUGHOUT AUD\$: 71.99



Bringing together the stories and experiences of LGBT+ parents as well as professionals in the field, this guide explains what healthcare and birth workers can do to improve care for their clients.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 229 X 152 mm Release Date: June 2022 **9781839970450**  Paperback 208 pages B&W THROUGHOUT AUD\$: 71.99

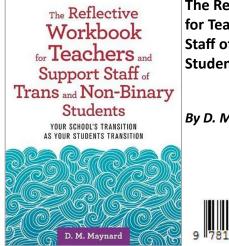
## Providing an accessible and authoritative introduction to issues around People of Colour (POC) trans inclusion, this book uses case studies, tips, checklists, and anonymous survey results to set out best practice for any professionals.

JESSICA KINGSLEY PUBLISHERS Disc: TRADE INTERNATIONAL

216 X 138 mm Release Date: June 2022 9781787750593 Paperback 224 pages B&W THROUGHOUT AUD\$: 48.99



## SCHOOL RESOURCES



The Reflective Workbook for Teachers and Support Staff of Trans and Non-Students

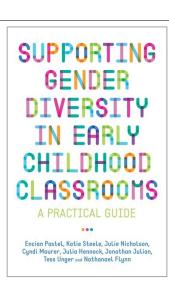
By D. M. Maynard



A workbook for school staff looking to support gender-diverse students, providing answers to common questions and opportunities for reflection throughout.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 279 X 216 mm Release Date: April 2021 **9781787752177**  Paperback 240 pages B&W THROUGHOUT AUD\$: 57.99



Supporting Gender Diversity in Early Childhood Classrooms

By Julie Nicholson, Julia Hennock

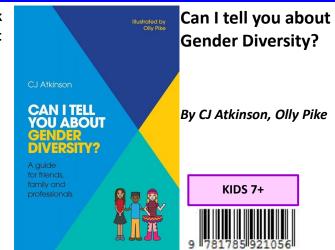


By offering practical steps for adults who work with young children to build inclusive and intentional spaces where all children receive positive messages about their unique gender selves, this book increases awareness about gender diversity.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL 226 X 150 mm Release Date: January 2020 **9781785928192**  Paperback 232 pages

AUD\$: 56.99

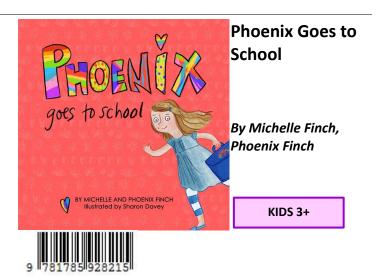


Meet Kit - a 12-year-old undergoing medical transition - as he talks about gender and the different ways it can be explored. He explains what it is like to transition and how his friends, family and teachers can help.

## JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL 228 X 157 mm Release Date: April 2017 9781785921056 Paperback 64 pages

AUD\$: 28.99



Phoenix wants to wear her favourite purple dress to express her gender, but she fears being bullied on her first day of school. Follow Phoenix's journey as she arrives at school, makes some friends, stands up for herself, and MORE.

## JESSICA KINGSLEY PUBLISHERS Disc: TRADE INTERNATIONAL 216 X 214 mm Release Date: September 2018 9781785928215

Hardback 40 pages

AUD\$: 37.99



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