



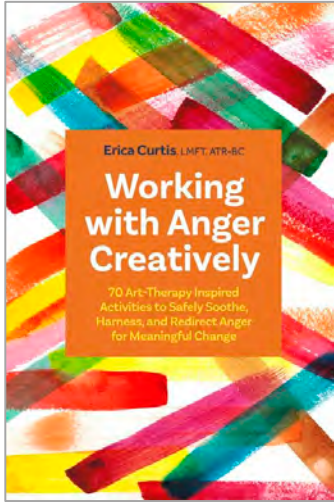
WOODSLANE

Health

Creative Therapies Resources

NEW AND BESTSELLING
February 2024

www.woodslanehealth.com.au



Working with Anger Creatively
70 Art-Therapy Inspired Activities to Safely Soothe, Harness, and Redirect

NEW

By Erica Curtis

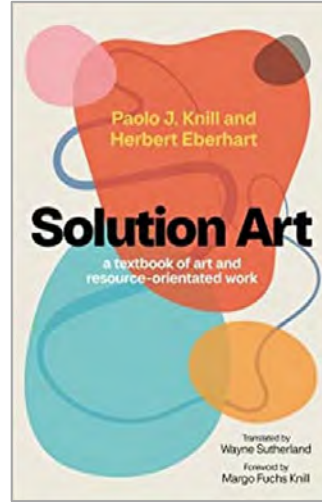


Working with anger takes a delicate balance of containment and expression. Creativity helps us do just that. Based on art therapy theory and practice, the activities, materials, instructions, process, and reflection questions.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: July 2024
9781805010135

Paperback
192 pages
B&W THROUGHOUT
AUD\$: 57.99



Solution Art
A textbook of art and resource-orientated work

NEW

By Paolo J. Knill, Herbert Eberhart

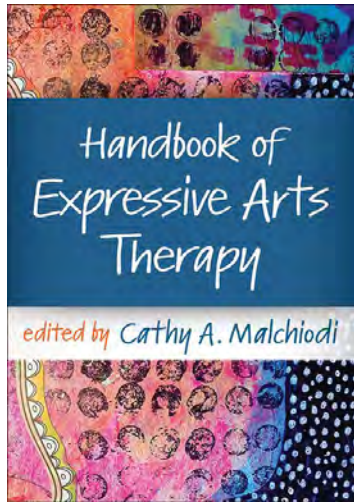


Witness first-hand how the ground-breaking method of Expressive Art Therapy was conceptualized with Herbert Eberhart and Paolo Knill, translated into English for the first time.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: August 2023
9781839977602

Paperback
272 pages
AUD\$: 94.99



Handbook of Expressive Arts Therapy

By Cathy A. Malchiodi

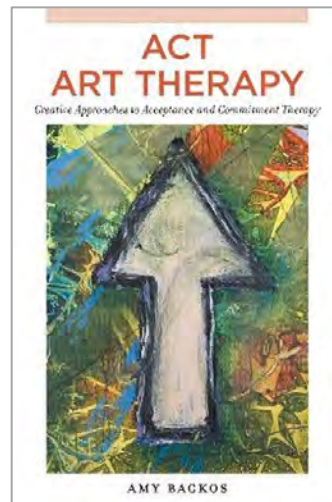


Authoritative work on helping adults heal, edited by a renowned expert. Research is growing for the use of expressive arts to access and regulate powerful emotions and support recovery.

GUILFORD PUBLICATIONS

Author is from Australian Contributor
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: February 2023
9781462550524

Paperback
334 pages
AUD\$: 86.99



ACT Art Therapy
Creative Approaches to Acceptance and Commitment Therapy

By Amy Backos

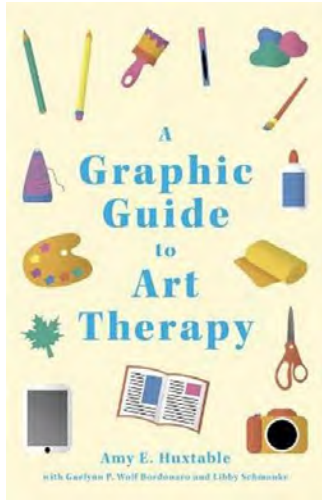


A comprehensive overview of ACT that shows how to implement art therapy interventions from an ACT approach. Including integrative approaches of behaviorism, relational frame theory, and Zen Buddhism.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: November 2022
9781787758032

Paperback
304 pages
AUD\$: 67.99



A Graphic Guide to Art Therapy

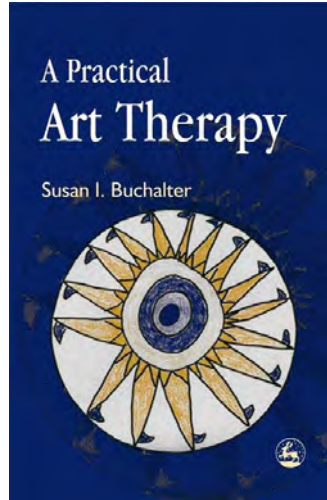
By Amy E. Huxtable, Libby Schmanke



A visual guide to art therapy and its principles, this graphic book makes key concepts accessible and engaging for students and allows qualified art therapists to return to the central concepts of art therapy in a new and refreshing style.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 216 X 138 mm
 Release Date: January 2022
9781787753518

Paperback
 288 pages
 B&W THROUGHOUT
AUD\$: 45.99



Practical Art Therapy

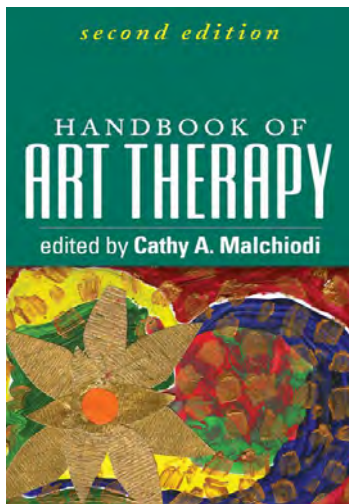
By Susan Buchalter



It can be difficult to be spontaneous during every art therapy group. It is helpful to have a resource full of creative and inspiring ideas that can be utilized as needed.

JESSICA KINGSLEY PUBLISHERS
 Disc: ACAD & PROFESSIONAL
 229 X 152 mm
 Release Date: May 2004
9781843107699

Paperback
 160 pages
AUD\$: 42.99



Handbook of Art Therapy 2/e

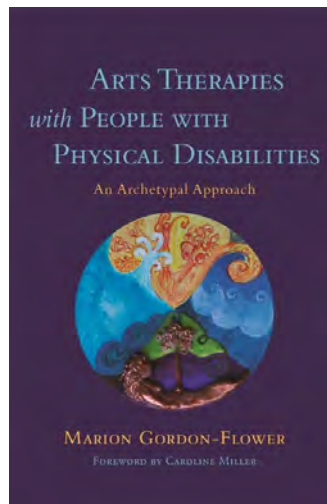
By Cathy A. Malchiodi



Widely regarded as the standard reference in the field, this Handbook provides a complete overview of art therapy, from theory and research to practical applications.

GUILFORD PUBLICATIONS
 Disc: ACAD & PROFESSIONAL
 254 X 178 mm
 Release Date: January 2012
9781609189754

Hardback
 496 pages
AUD\$: 171.00



Arts Therapies with People with Physical Disabilities

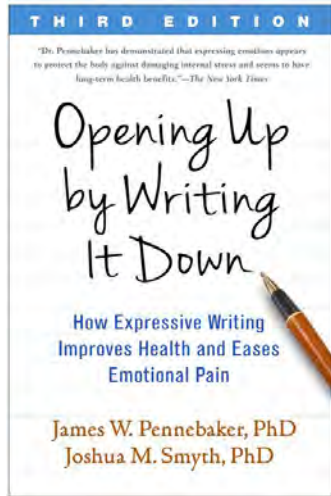
By Marion Gordon-Flower, Caroline Miller



For those with mobility and communication challenges, arts therapies can be especially significant and rewarding as a means of self-expression and engaging with others.

JESSICA KINGSLEY PUBLISHERS
Author is from New Zealand
 Disc: ACAD & PROFESSIONAL
 228 X 152 mm
 Release Date: December 2019
9781785923647

Paperback
 176 pages
AUD\$: 56.99



Opening Up by Writing It Down 3/e
How Expressive Writing Improves Health and Eases Emotional Pain

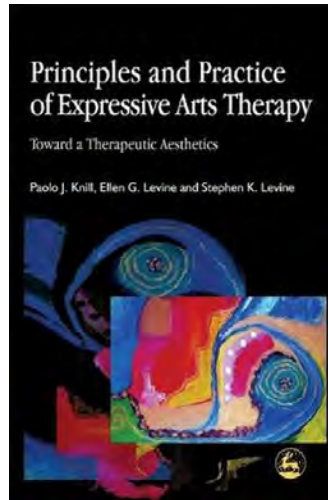
By James W. Pennebaker, Joshua M. Smyth



Expressing painful emotions is hard--yet it can actually improve our mental and physical health. This lucid, compassionate book has introduced tens of thousands of readers to expressive writing, a simple yet powerful self-help technique.

GUILFORD PUBLICATIONS
 Disc: TRADE INTERNATIONAL
 229 X 152 mm
 Release Date: August 2016
9781462524921

Paperback
 210 pages
AUD\$: 43.99



Principles and Practice of Expressive Arts Therapy

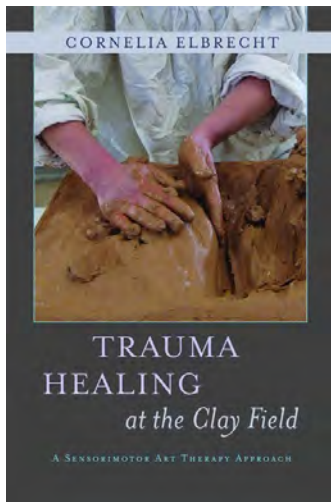
By Stephen K. Levine, Paolo J. Knill



This book lays the philosophical foundation for a fresh interpretation of art-making and the therapeutic process by re-examining the concept of poiesis.

JESSICA KINGSLEY PUBLISHERS
 Disc: ACAD & PROFESSIONAL
 235 X 155 mm
 Release Date: December 2004
9781843100393

Paperback
 264 pages
AUD\$: 60.99



Trauma Healing at the Clay Field

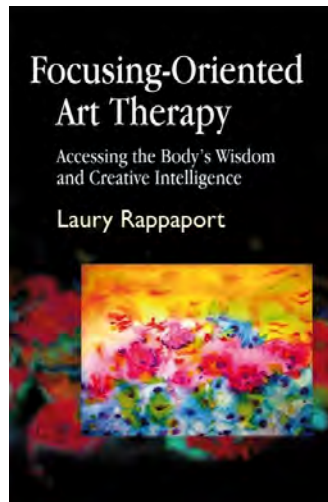
By Heinz Deuser, Cornelia Elbrecht



Cornelia Elbrecht graduated with an MA in Art Education in Germany in 1974. In the following decade she trained in Gestalt Therapy, Bioenergetics and in various arts therapies at the School for Initiatic Therapy in the Black Forest.

JESSICA KINGSLEY PUBLISHERS
 Author is from Australia
 Disc: TEXT
 228 X 150 mm
 Release Date: November 2012
9781849053457

Paperback
 336 pages
AUD\$: 62.99



Focusing-Oriented Art Therapy

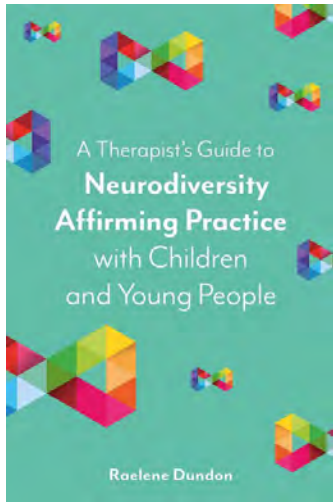
By Laury Rappaport



Focusing provides an effective way of listening to the innate wisdom of the body, while art therapy harnesses and activates creative intelligence.

JESSICA KINGSLEY PUBLISHERS
 Disc: TEXT
 234 X 154 mm
 Release Date: December 2008
9781843107606

Paperback
 256 pages
AUD\$: 43.99



A Therapist's Guide to Neurodiversity Affirming Practice with Children and Young People

NEW

By Raelene Dundon



Explore how you can become a neurodiversity affirming clinician. With advice on presuming competence, self-advocacy and reframing behaviours, this book offers everything you need to start implementing neurodiversity affirming protocols.

JESSICA KINGSLEY PUBLISHERS
 Author is from Australia

Disc: ACAD & PROFESSIONAL
 229 X 152 mm
 Release Date: October 2023
9781839975851

Paperback
 208 pages
 B&W THROUGHOUT
AUD\$: 51.99



The Autistic Survival Guide to Therapy

NEW

By Stephanie Jones

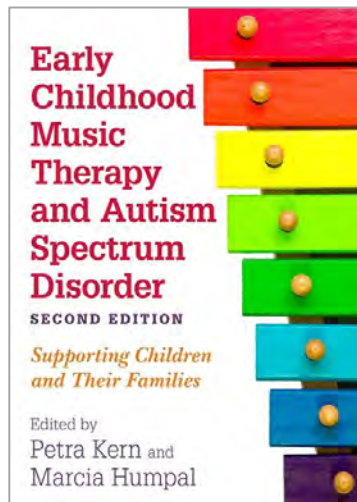


This is the book that would've saved me nine different therapists, decades of self-analysis, thousands of pounds, twelve different doctors and untold amounts of pain, frustration and trauma.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
 216 X 138 mm
 Release Date: May 2024
9781839977312

Paperback
 256 pages
AUD\$: 42.99



Early Childhood Music Therapy and Autism Spectrum Disorder 2/e

By Petra Kern, Marcia Humpal

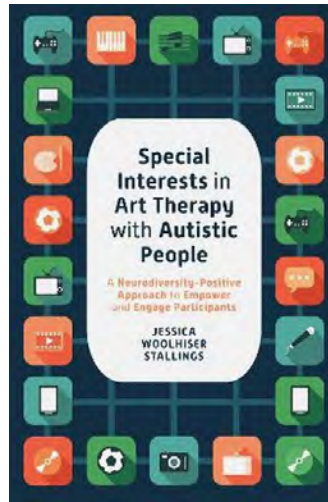


This updated book offers a comprehensive understanding of music therapy services for young children with Autism Spectrum Disorders (ASD) and their families in home, preschool, and community settings.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
 244 X 172 mm
 Release Date: January 2019
9781785927751

Paperback
 320 pages
AUD\$: 69.99



Special Interests in Art Therapy with Autistic People

A Neurodiversity-Positive Approach to Empower and Engage Participants

By Jessica Woolhiser Stallings

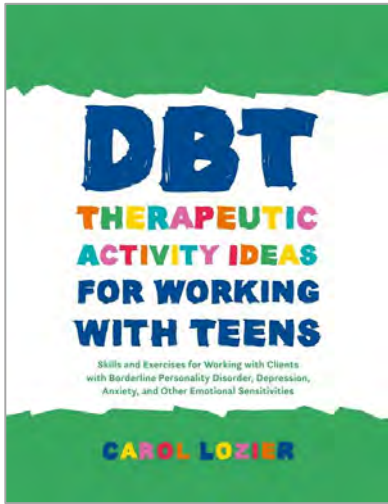


The book outlines the strategies and framework for using a unique form of art therapy incorporating popular culture and special interests. It is packed with resources including case studies that can be used by art therapists.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
 229 X 152 mm
 Release Date: November 2022
9781787759084

Paperback
 192 pages
AUD\$: 67.99



DBT Therapeutic Activity Ideas for Working with Teens

By Carol Lozier

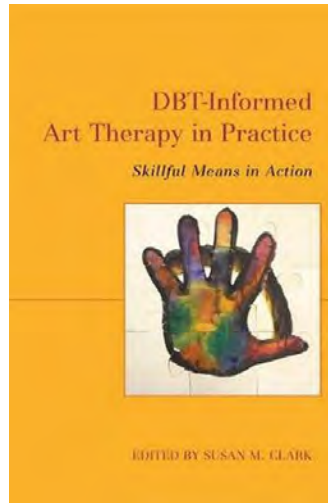


This fun and engaging activity book helps to teach teens to manage emotions and develop relationships by tracking their progress using Dialectical Behaviour Therapy (DBT) techniques.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
278 X 215 mm
Release Date: April 2018
9781785927850

Paperback
200 pages
AUD\$: 56.99



DBT-Informed Art Therapy in Practice 2/e Skillful Means in Action

By Susan M. Clark, Emma Allen

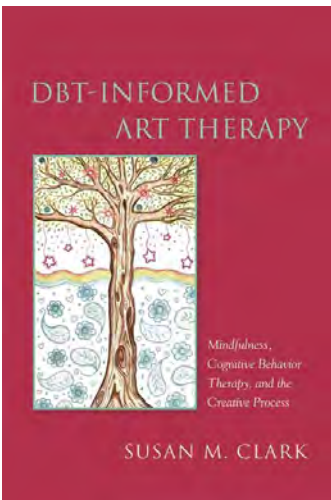


Intended as a follow-up to Clark's previous book, DBT-Informed Art Therapy, this edited guide focuses on how DBT-informed art therapy works in practice with different client groups.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: August 2021
9781787752085

Paperback
288 pages
B&W THROUGHOUT
AUD\$: 69.99



DBT-Informed Art Therapy

By Susan M. Clark



DBT-informed art therapy encourages patients to engage with and retain the three key concepts of mindfulness, metaphorical thinking, and mastery, to better understand and control their emotions.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
229 X 164 mm
Release Date: December 2016
9781849057332

Paperback
344 pages
AUD\$: 60.99



Creative Play-Based DBT Activities for Children and Their Caregivers

By Kellie Giorgio Camelford, Erin Dugan

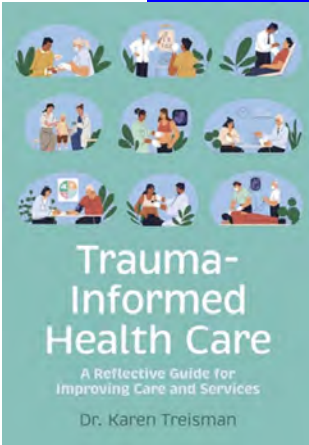


Children feel emotions in many ways. At times the intensity of children's emotions may create difficulties at school, home, and social settings, and obstruct children's relationships with others in their lives.

ROWMAN & LITTLEFIELD PUBLISHERS

Disc: TRADE INTERNATIONAL
254 X 178 mm
Release Date: June 2021
9781538138670

Paperback
112 pages
B&W THROUGHOUT
AUD\$: 74.99



NEW

Trauma-Informed Health Care

A Reflective Guide for Improving Care and Services

By Dr. Karen Treisman

This comprehensive reflective resource explores the values, principles, and practical applications of trauma-informed and -infused health care. *Trauma-Informed Health Care* introduces the different types of trauma - including medical and health trauma - and the impact of adversities, social inequalities and stressors. It explores their effects on health and the body, and on people's relationships with health providers. Key issues addressed include the importance of cultural humility, the effects of secondary and vicarious trauma, burnout and moral injury. It also covers the critical issue of organizational trauma: how to avoid practice which has potential to traumatize or retraumatize, and the role of cultural understanding, language, leadership, staff wellbeing and the physical environment.

JESSICA KINGSLEY
PUBLISHERS

Disc: TRADE INTERNATIONAL
Paperback
246 X 173 mm
400 Pages
Rel Date: June 2024
9781839976148
AUD\$: 85.99



A Treasure Box for Creating Trauma-Informed Organizations

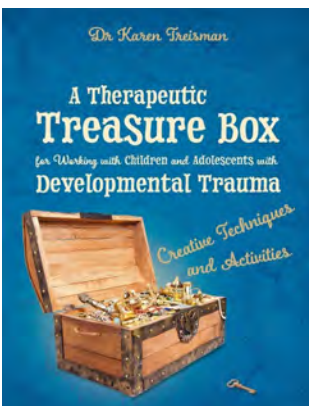
A Ready-to-Use Resource for Trauma, Adversity, and Culturally Informed, Infused and Responsive Systems

By Dr Karen Treisman

This Treasure Box book is packed full of valuable resources from bestselling and award-winning author, trainer, organizational consultant, and Clinical Psychologist Dr. Karen Treisman, and will show you how to weave a deep understanding of trauma and adversity into the daily practice and the whole fabric of your organization. This expert knowledge is presented in a bright and easy to understand way. Every chapter contains a huge array of colour photocopyable worksheets, downloadable materials, practical ideas, reflective questions, and exercises ready to use both individually and organizationally.

JESSICA KINGSLEY
PUBLISHERS

Disc: TRADE INTERNATIONAL
Paperback
297 X 210 mm
704 Pages
COLOUR SECTION(S)
Rel Date: July 2021
9781787753129
AUD\$: 216.00



Therapeutic Treasure Box for Working with Children and Adolescents with Developmental Trauma

Creative Techniques and Activities

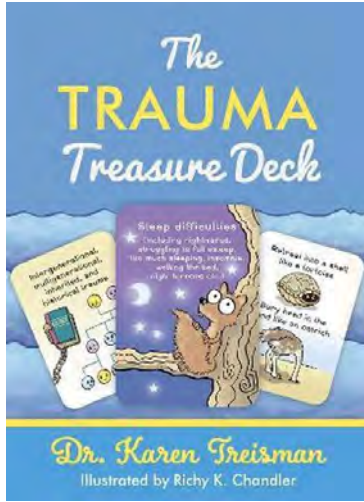
By Dr. Karen Treisman

Like a treasure chest, this resource overflows with valuable resources - information, ideas and techniques to inspire and support those working with children who have experienced relational and developmental trauma. Drawing on a range of therapeutic models including systemic, psychodynamic, trauma, sensory, neurobiological, neurocognitive, attachment, cognitive behavioural, and creative ideas, Dr Karen Treisman explains how we understand trauma and its impact on children, teens and their families. She details how it can be seen in symptoms such as nightmares, sleeping difficulties, emotional dysregulation, rage, and outbursts.

JESSICA KINGSLEY
PUBLISHERS

Disc: ACAD & PROFESSIONAL
Paperback
297 X 213 mm
424 Pages
Rel Date: November 2017
9781785922633
AUD\$: 74.99





The Trauma Treasure Deck

A Creative Tool for Assessments, Interventions, and Learning for Work with Adversity and Stress in Children and Adults

By Dr. Karen Treisman



The cards are organized into four different types: sentence completion cards, survival response cards, signals/signs cards and different types of trauma cards.

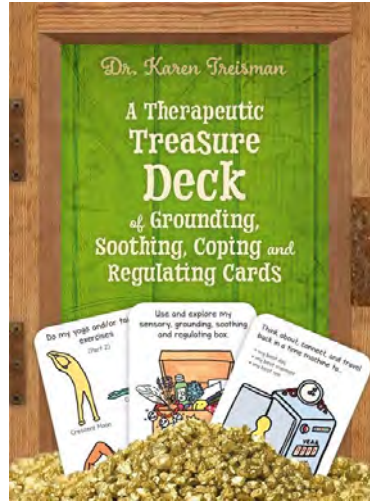
JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
130 X 100 mm

Release Date: August 2022
9781839971372

Cards

COLOUR THROUGHOUT
AUD\$: 67.99



Therapeutic Treasure Deck of Grounding, Soothing, Coping and Regulating Cards

By Dr. Karen Treisman



This pack of 70 cards and explanatory guide offers a playful, nonthreatening way to explore explore feelings, and to form effective coping, regulating, soothing, and grounding strategies through a range of games and activities.

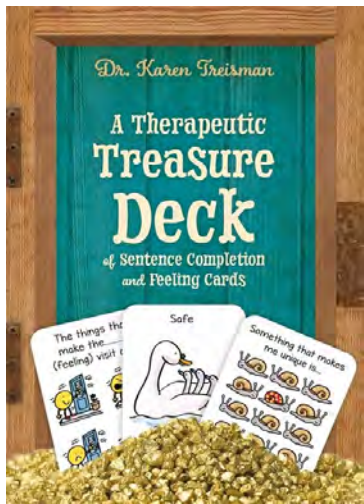
JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
150 X 150 mm

Release Date: October 2018
9781785925290

Cards
70 pages

AUD\$: 43.99



Therapeutic Treasure Deck of Sentence Completion and Feelings Cards

By Dr. Karen Treisman



The perfect tool to add to any therapeutic treasure box, this set of 68 cards provide a way to help open conversations and structure discussions with children and adolescents aged 6+.

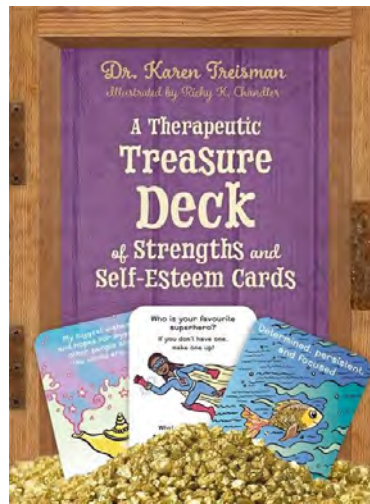
JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
150 X 150 mm

Release Date: February 2018
9781785923982

Cards
68 pages

AUD\$: 43.99



A Therapeutic Treasure Deck of Strengths and Self-Esteem Cards

By Dr. Karen Treisman, Richy K. Chandler



Dr Karen Treismans colourful deck of self-esteem and strengths cards provides a creative way to open discussions and explore feelings with children aged 6+ and teens. Accompanied by an explanatory booklet.

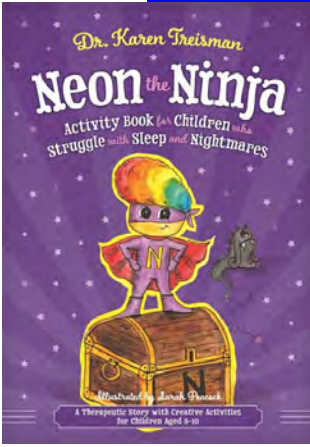
JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
140 X 102 mm

Release Date: January 2022
9781787757851

Cards
70 pages

AUD\$: 43.99

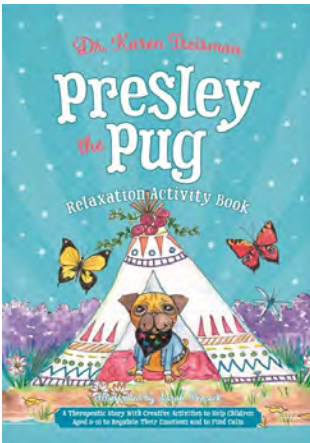


Neon the Ninja Activity Book for Children Who Struggle With Sleep and Nightmares
A Therapeutic Story With Creative Activities for Children Aged 5-10

By Dr. Karen Treisman

Neon the Ninja has a very special job. He looks after anyone who finds the night time scary. Lots of us have nightmares, but Neon loves nothing more than using his special ninja powers to keep the nightmares and worries far away, and to keep the magical dreams and positive thoughts close by. It combines a fun illustrated story to show children how Neon the Ninja can reduce their nightmares and night worries with fun activities and therapeutic worksheets to make night times feel safer and more relaxed. This workbook contains a treasure trove of explanations, advice, and practical strategies for parents, carers, and professionals. Based on creative, narrative, sensory, and CBT techniques, it is full of tried and tested exercises, tips and techniques to aid and alleviate nightmares and sleeping difficulties.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 Paperback
 295 X 211 mm
 128 Pages
 Rel Date: February 2019
9781785925504
AUD\$: 53.99

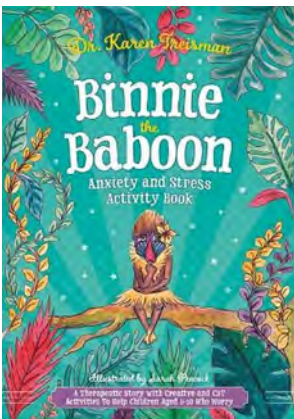


Presley the Pug Relaxation Activity Book
A Therapeutic Story With Creative Activities to Help Children Aged 5-10 to Regulate Their Emotions and to Find Calm

By Dr. Karen Treisman

Like all dogs, Presley the Pug loves to play, run, and snuggle up under his warm blanket. But sometimes, Presley gets so excited that his feelings take over. Sometimes it's anger, sometimes stress, sometimes worry. He doesn't know how to calm down! What can Presley do when he feels like this? Luckily Presley's canine friends are nearby with some wise words, and they share some of the tricks that have worked for them! This therapeutic activity book was developed by expert child psychologist Dr Karen Treisman. It features a colourful therapeutic story designed to help start conversations about coping with big feelings and how to find calm.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 Paperback
 297 X 211 mm
 152 Pages
 Rel Date: August 2019
9781785925535
AUD\$: 53.99



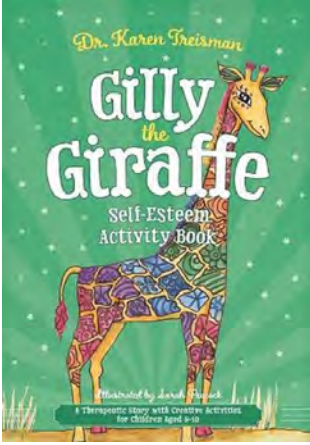
Binnie the Baboon Anxiety and Stress Activity Book
A Therapeutic Story with Creative and CBT Activities To Help Children Aged 5-10 Who Worry

By Dr. Karen Treisman

Binnie is a creative and energetic baboon, who bounces around the lush green mountains of Rwanda in East Africa. But like many of us, Binnie often feels worried and stressed, and these worries can get in her way! What if she gets lost in the jungle, or her family gets sick? What if no one likes her? Sometimes she even worries about the fact she's worried; and if she isn't worried, well why not?! This activity book has been developed by expert child psychologist Dr Karen Treisman. The first part of the book is a colourful illustrated therapeutic story about Binnie the Baboon, with a focus on worry and anxiety.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 Paperback
 296 X 210 mm
 176 Pages
 Rel Date: January 2020
9781785925542
AUD\$: 53.99



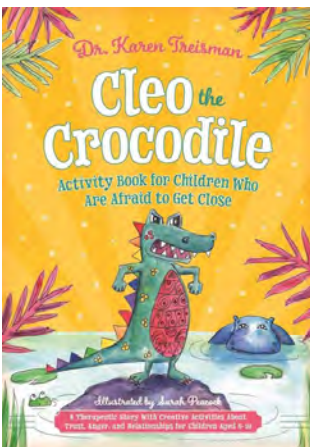


Gilly the Giraffe Self-Esteem Activity Book
A Therapeutic Story With Creative Activities for Children
Aged 5-10

By Dr. Karen Treisman

Even though Gilly the Giraffe has many wonderful things in her life, she sometimes lacks confidence. Why does she have to stand out so much with her long neck, her long black tongue and her mosaic patches? Why do some of the other animals point and laugh at her? Can it be possible to be different and to be cool? This activity book developed by expert child psychologist Dr Karen Treisman combines a colourfully illustrated therapeutic story about Gilly the Giraffe to help start conversations, which is followed by a wealth of creative activities for children to explore and build upon some of the ideas raised in the story, and beyond!

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 Paperback
 294 X 208 mm
 144 Pages
 Rel Date: March 2019
9781785925528
AUD\$: 53.99

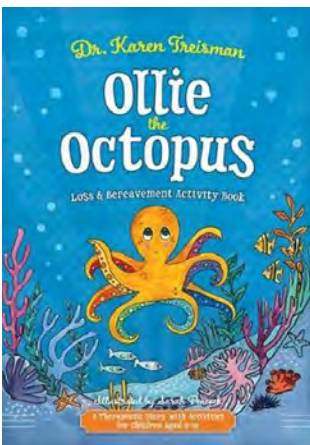


Cleo the Crocodile Activity Book for Children Who Are Afraid to Get Close
A Therapeutic Story With Creative Activities About Trust, Anger, and Relationships for Children Aged 5-10

By Dr. Karen Treisman, Sarah Peacock

Amongst the beauty of the Okavango delta in Botswana, Cleo the Crocodile loved having fun with all of his animal friends. That is, until one day Hogan the Hippo, who was supposed to look after Cleo, started to act mean and hurt him. Cleo has to leave the swamp to find a safe new home - he's scared and puts his prickles up for protection, so all the other animals are afraid of him. How can Cleo find a new safe home? How can he make new friends when he doesn't know who he can trust? This activity book developed by expert child psychologist Dr Karen Treisman combines a colourfully illustrated therapeutic story about Cleo the Crocodile to help start and enrich conversations.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 Paperback
 294 X 208 mm
 160 Pages
 Rel Date: July 2019
9781785925511
AUD\$: 53.99



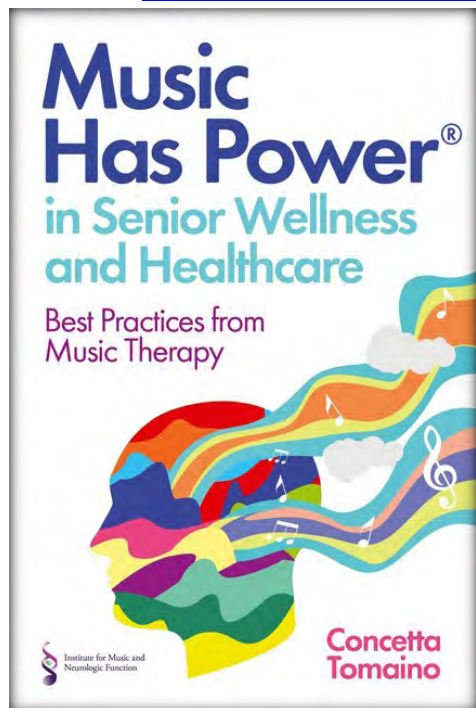
Ollie the Octopus Loss and Bereavement Activity Book
A Therapeutic Story with Activities for Children Aged 5-10

By Dr. Karen Treisman

In a magical underwater forest lived a colourful and loveable Octopus called Ollie, who loved swimming with his friends and spending time with his mum and dad, Orla and Orson the Octopuses. Until one day, Orla started to get very sick. The doctors did everything they could to help her, but very sadly, Orla died. Ollie had so many thoughts and feelings spinning around in his head, and his heart was hurting. This activity book has been developed by expert child Psychologist and bestselling author Dr. Karen Treisman. The first part of the book is a colourful illustrated therapeutic story about Ollie the Octopus, with a focus on Ollie making sense of and processing the loss of his mum, Orla.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 Paperback
 297 X 210 mm
 224 Pages
 Rel Date: November 2021
9781787757660
AUD\$: 53.99





Music Has Power® in Senior Wellness and Healthcare

Best Practices from Music Therapy

NEW

By Concetta Tomaino, The Institute of Music and Neurologic Function

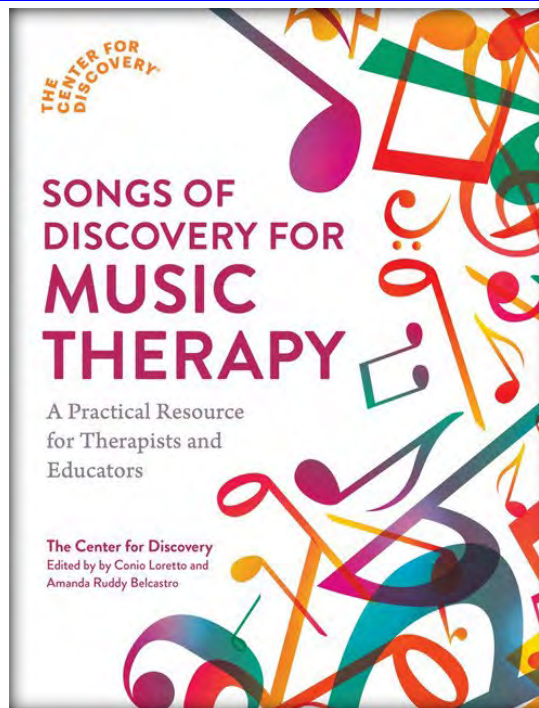
The transformative role music therapy can play in all areas of healthcare, and especially in the care of older adults is increasingly apparent. However, while music activities are present in most care settings, these activities don't provide the therapeutic benefits that are possible with music therapy-informed interventions and programs. Best practices from music therapy are transforming dementia care and have the potential to improve healthcare-and health-for older people, whatever their needs, wherever they receive care.

Dr. Concetta Tomaino, a pioneer in the field of music therapy, shares more than 40 years of clinical and research experience--not just with Music Therapists but also with healthcare leaders, clinicians, and direct care staff. With chapters on mental health and wellness, dementia, as well as movement and speech rehabilitation, this comprehensive and friendly practice guide will help all caregivers use music therapy best practices to provide better, more fulfilling support across all senior healthcare settings.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
234 X 156 mm
Release Date: February 2024
9781805010647

Paperback
224 pages
B&W THROUGHOUT
AUD\$: 59.99



Songs of Discovery for Music Therapy

A Practical Resource for Therapists and Educators

NEW

By Conio Loretto, Amanda Ruddy Belcastro, The Center for Discovery (R)

This rich collection of 32 original songs assists you in supporting the development of positive educational and therapeutic outcomes. Born of clinical work by music therapists at The Center for Discovery, areas addressed through the songs include fine and gross motor skills; cognitive and academic skills; social skills and emotional skills.

Covering both practical applications and clinical context, the wide range of songs in this book empower you as a therapist or music educator to compose your own songs and adapt the songs in this collection for use in everyday practice.

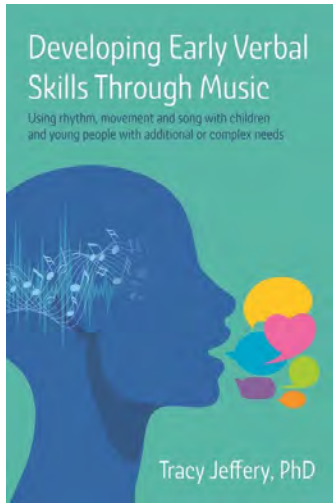
Each song is available to download for easy use in practice settings. Included in the collection are: greetings songs, songs for building self-awareness and emotional expression; songs for special occasions and rhythmic chants to inspire creative movement and social connectedness.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: October 2023
9781839977534

Paperback
160 pages
B&W THROUGHOUT
AUD\$: 75.99





Developing Early Verbal Skills Through Music

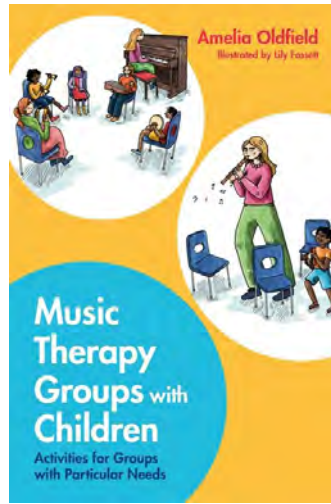
By Tracy Jeffery



Ideal resource for professionals looking to support early verbal skills through music-making. Includes easy to follow activities that can be used for a wide range of physiological, neurological, and learning differences.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 229 X 152 mm
 Release Date: August 2023
9781787758834

Paperback
 240 pages
AUD\$: 72.99



Music Therapy Groups with Children
 Activities for Groups with Particular Needs

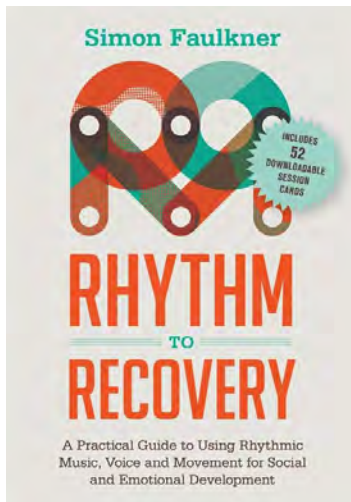
By Amelia Oldfield, Lily Fossett



From the author of Pied Piper, you can create and run successful music therapy groups for children. With a focus on children with additional needs, it's complete with 60 activity ideas.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 229 X 152 mm
 Release Date: May 2023
9781787759718

Paperback
 224 pages
AUD\$: 61.99



Rhythm to Recovery

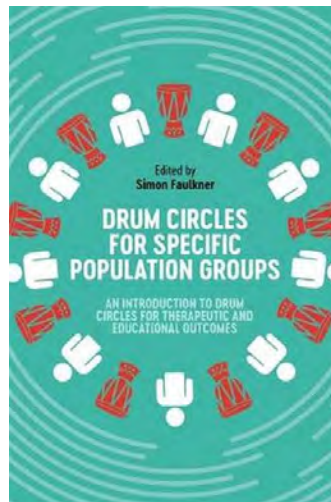
By Simon Faulkner, James Oshinsky



Combining rhythmic music and movement with cognitive reflection and mindfulness, this comprehensive handbook shows how drumming and other rhythm-based exercises can have a powerful effect.

JESSICA KINGSLEY PUBLISHERS
 Author is from Australia
 Disc: ACAD & PROFESSIONAL
 245 X 173 mm
 Release Date: December 2016
9781785921322

Paperback
 256 pages
AUD\$: 49.99



Drum Circles for Specific Population Groups

By Simon Faulkner, Lu Lu Leathley



An accessible, practical guide to leading drum circles to meet the needs of different population groups.

JESSICA KINGSLEY PUBLISHERS
 Author is from Australia
 Disc: ACAD & PROFESSIONAL
 229 X 152 mm
 Release Date: March 2021
9781787755246

Paperback
 NOT ILLUSTRATED
AUD\$: 44.99



Goal Processes in Music Therapy Practice

By Grace Thompson, Dr Helen Shoemark

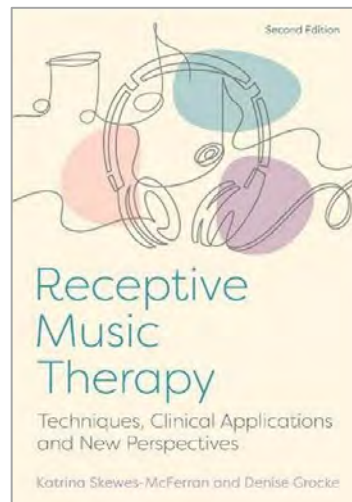


Goal setting and process is a central feature of music therapy practice. This practical text helps you to deeply reflect on the factors at play and set goals with clients using a model developed by Dr Grace Thompson.

JESSICA KINGSLEY PUBLISHERS
 Author is from Australia

Disc: TRADE INTERNATIONAL
 229 X 152 mm
 Release Date: August 2022
9781787756083

Paperback
 176 pages
AUD\$: 75.99



Receptive Music Therapy 2/e
 Techniques, Clinical Applications and New Perspectives

By Katrina McFerran, Denise Grocke

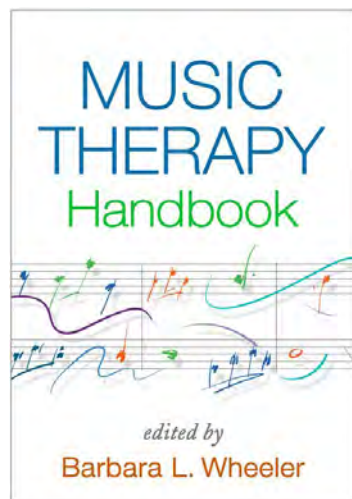


New opportunities have emerged for music therapy methods following technological advances. There is a new need for these methods' integration into receptive music therapy practice which this all-new edition explores.

JESSICA KINGSLEY PUBLISHERS
 Author is from Australia

Disc: ACAD & PROFESSIONAL
 246 X 173 mm
 Release Date: August 2022
9781787756106

Paperback
 208 pages
AUD\$: 67.99



Music Therapy Handbook

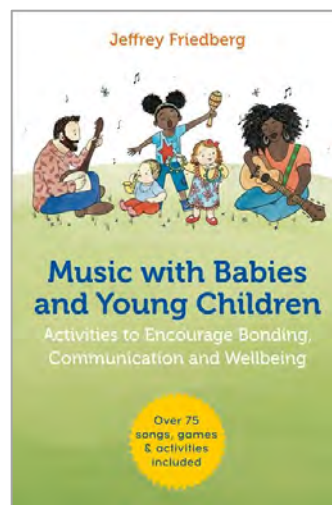
By Barbara L. Wheeler



Rich with case material, this groundbreaking volume provides a comprehensive overview of music therapy, from basic concepts to emerging clinical approaches.

GUILFORD PUBLICATIONS
 Disc: TEXT
 254 X 178 mm
 Release Date: December 2016
9781462529728

Paperback
 507 pages
AUD\$: 110.00



Music with Babies and Young Children

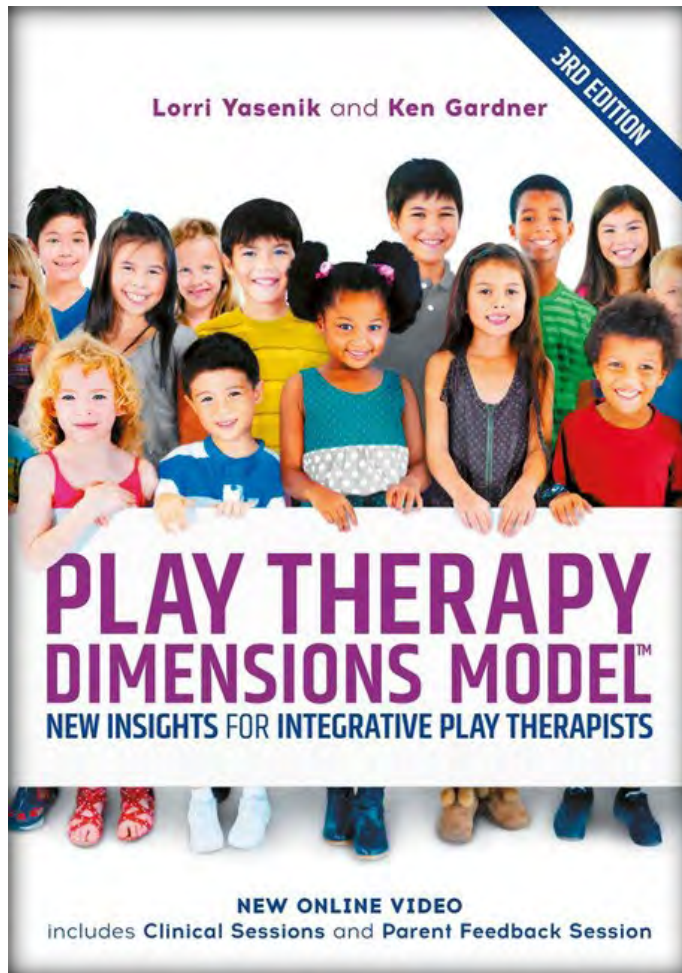
By Jeffrey Friedberg, Chloe Applin



From day one in a child's life, music is one of the most important things that can be used to help them grow and learn. Musical stimulation helps lay the foundations for a lifetime of skills.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 228 X 150 mm
 Release Date: March 2020
9781785927645

Paperback
 240 pages
AUD\$: 40.99

**Author Bio:**

Ken Gardner M.Sc., R.Psych (CPT-S) is a Clinical Psychologist and certified play therapy supervisor with over 30 years of counselling experience. Through the Rocky Mountain Play Therapy Institute, Ken has presented nationally and internationally on a wide range of topics related to play therapy and supervision. Ken has served as an executive board member on the Canadian Association for Child and Play Therapy. Ken is the co-author of the Play Therapy Dimensions Model: A Decision-Making Model for Integrative Play Therapists (2012) as well as book chapters on play therapy supervision and play therapy techniques.

Lorri Yasenik Ph.D., RPT-S, CPT-S is the Director of the Rocky Mountain Play Therapy Institute (RMPTI) in Calgary, Alberta Canada and the Co-director of the International Centre for Children and Family Law (ICCFL) in Australia/Canada. Lorri is a Registered and Certified Supervisor of Child Psychotherapy and Play Therapy and delivers approved training programs nationally and internationally in the areas of child and play therapy, play therapy supervision and child inclusive practice in the family law sectors. Lorri is the co-author of the books Play Therapy Dimensions Model: A Decision-Making Guide for Integrative Play Therapists and Turning Points in Play Therapy and the Emergence of Self: Applications of the Play Therapy Dimensions Model.

Play Therapy Dimensions Model 3/e

New Insights for Integrative Play Therapists

By Lorri Yasenik, Ken Gardner, Karen Stagnitti, Athena A. Drewes

NEW

Key Sales Points:

*A fresh update of the key play therapy textbook, utilized as a core text in play therapy training internationally.

An updated take on a fundamental decision-making framework, this practical guide explores the dimensions of play therapy and how they apply to today's practitioner.

In-depth case studies illustrate the interplay between theory and practice, demonstrating an integrative case conceptualization approach. Scales have been updated to reflect current best practice and developments in the field and combine with the core decision-making framework for a deeper, expanded use of the model.

New chapters delve into parent work and case conceptualization utilizing observational and self-reflective forms. Downloadable video content brings the text to life, including a new video illustrating the essentials of consultation with parents. The interface between practitioner and client also takes centre stage.

New sections on self-reflection and cultural sensitivity guide you through ways to foster a welcoming, compassionate environment throughout your practice.

Whether you're a seasoned play therapist or just starting out, this fresh take on the dimensions of play therapy will foster self-reflection of the who, what, when, why, and how of play therapy.

JESSICA KINGSLEY PUBLISHERS

B&W Throughout

Disc: Trade International

246 X 173 mm

Release Date: February 2024

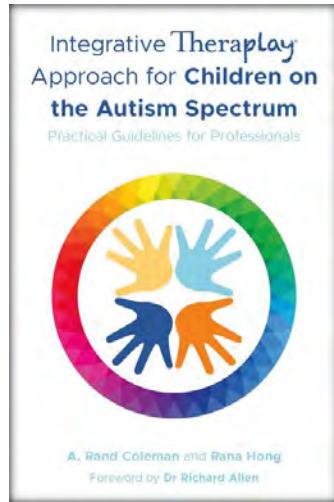
9781839976537

Paperback

288 pages

AUD\$: 94.99





Integrative Theraplay® Approach for Children on the Autism Spectrum

NEW

By Rana Hong, A. Rand Coleman



An essential guide for Theraplay (R) practitioners and care professionals, this book explores the benefits of play when helping children on the autism spectrum to develop communication and emotional skills.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: October 2023
9781787750685

Paperback
208 pages

AUD\$: 53.99



Theraplay® - Innovations and Integration

NEW

By Rana Hong, A. Rand Coleman



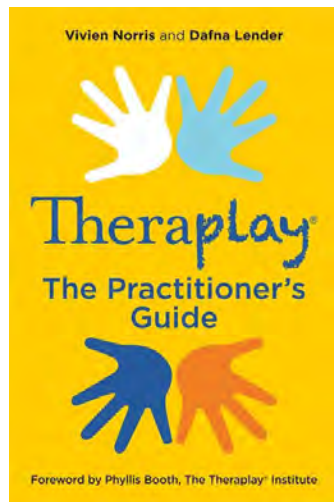
Transform your use of Theraplay (R) in combination with other modalities to address your clients individual needs. From advice for working with special populations to synchronising Theraplay (R) with other therapeutic models.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: October 2023
9781787755918

Paperback
320 pages

AUD\$: 122.00



Theraplay® The Practitioner's Guide

By Vivien Norris, Phyllis Booth



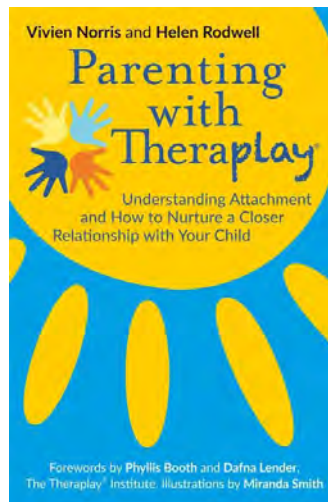
The Definitive Guide to Theraplay® for Practitioners, officially endorsed by the Theraplay® Institute. Theraplay is an intervention that focuses on enhancing the connection, trust and joy between a child and a parent.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
228 X 152 mm
Release Date: March 2020
9781785922107

Paperback
392 pages

AUD\$: 62.99



Parenting with Theraplay®

By Helen Rodwell, Vivien Norris



Theraplay® is an attachment-focused model of parenting that helps parents to understand and relate to their child. Based on a sequence of play activities that are rooted in neuroscience.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
196 X 130 mm
Release Date: September 2017
9781785922091

Paperback
208 pages

AUD\$: 40.99



LEGO®-Based Therapy

*By Simon Baron-Cohen,
Georgina Gomez De La Cuesta*



Play as Therapy

By Ted Brown, Steve Harvey



This complete guide to LEGO (R) Therapy contains everything you need to know in order to set up and run a LEGO (R) Club for children with autism spectrum disorders or related social communication difficulties and anxiety conditions.

While paediatric healthcare professionals view play as the treatment tool of choice for children under school age, the theory and practice underpinning play-based therapeutic approaches often remain less clear to individual practitioners.

JESSICA KINGSLEY PUBLISHERS
Disc: ACAD & PROFESSIONAL
220 X 174 mm
Release Date: August 2014
9781849055376

Paperback
144 pages
AUD\$: 35.99

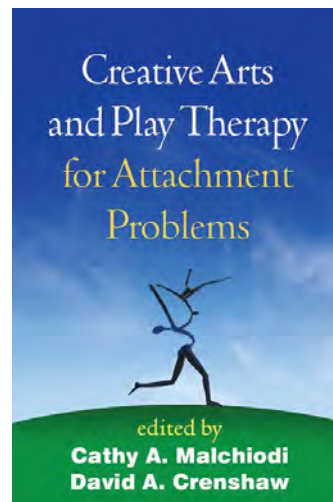
JESSICA KINGSLEY PUBLISHERS
Disc: ACAD & PROFESSIONAL
229 X 154 mm
Release Date: May 2009
9781843106371

Paperback
240 pages
AUD\$: 60.99



Essential Play Therapy Techniques
Time-Tested Approaches

By Charles E. Schaefer, Donna Cangelosi



Creative Arts and Play Therapy for Attachment Problems

By Cathy A. Malchiodi, David A. Crenshaw



Highly practical and user friendly, this book presents 58 play therapy techniques that belong in every child clinician's toolbox.

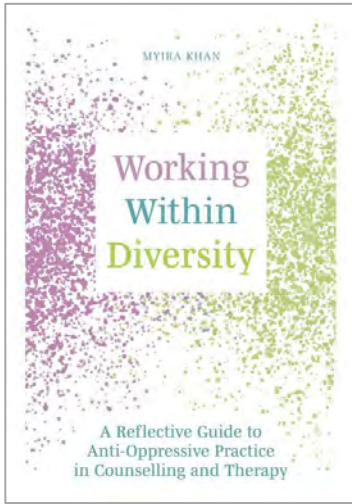
This book vividly shows how creative arts and play therapy can help children recover from experiences of disrupted or insecure attachment.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: April 2016
9781462524495

Paperback
280 pages
AUD\$: 84.99

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
235 X 156 mm
Release Date: October 2015
9781462523702

Paperback
303 pages
AUD\$: 75.99



Working Within Diversity

A Reflective Guide to Anti-Oppressive Practice in Counselling & Therapy

NEW

By *Myira Khan*

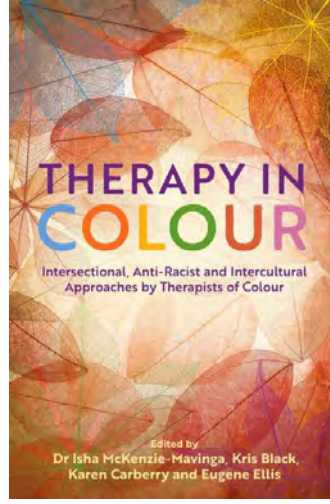


In this reflective guide, Myira Khan encourages her readers to consider what it means to work within diversity, by examining the impact of ones own identity, as well as that of clients, in therapeutic relationships.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: August 2023
9781839970986

Paperback
192 pages
B&W THROUGHOUT
AUD\$: 61.99



Therapy in Colour

NEW

By *Dr Isha Mckenzie-Mavinga, Kris Black*

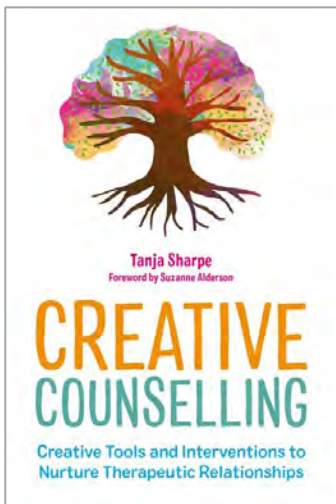


This is a comprehensive compendium of contributions collected from the Black, African and Asian Therapy Network on anti-racist, intercultural and intersectional approaches to therapeutic training and practice.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: August 2023
9781839975707

Paperback
352 pages
B&W THROUGHOUT
AUD\$: 104.00



Creative Counselling

Creative Tools and Interventions to Nurture Therapeutic Relationships

By *Tanja Sharpe, Suzanne Alderson*

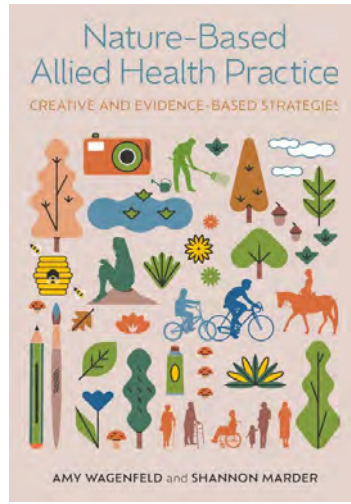


A practical guide showing therapists how to incorporate creative interventions into counselling to help clients through art, sound, movement, symbols and poetry.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: June 2022
9781839970184

Paperback
224 pages
B&W THROUGHOUT
AUD\$: 53.99



Nature-Based Allied Health Practice

Creative and Evidence-Based Strategies

By *Amy Wagenfeld, Shannon Marder*

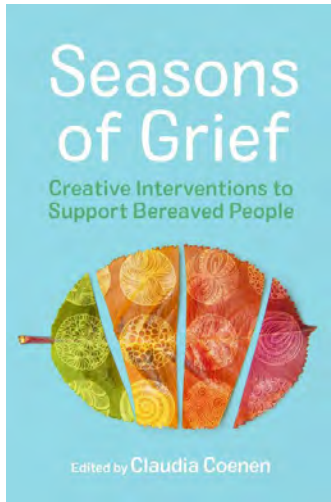


This evidence based and practical guide demonstrates the benefits allied health practitioners are seeing from taking therapy outside, and the reasons doing so can help clients of all generations.

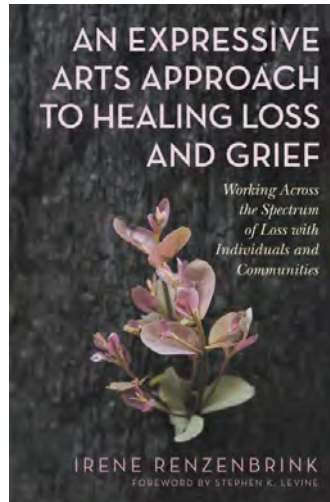
JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
246 X 173 mm
Release Date: January 2024
9781805010081

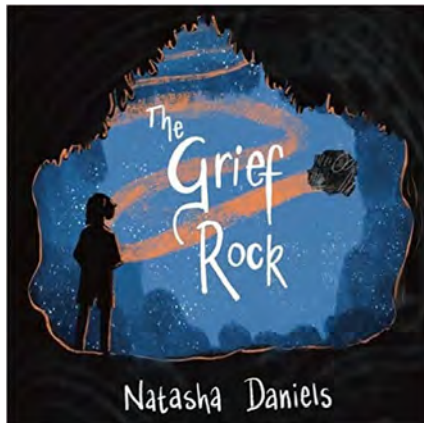
Paperback
352 pages
B&W THROUGHOUT
AUD\$: 86.99

**Seasons of Grief**
Creative Interventions to Support Bereaved People**NEW**By *Claudia Coenen, Louise Allen*

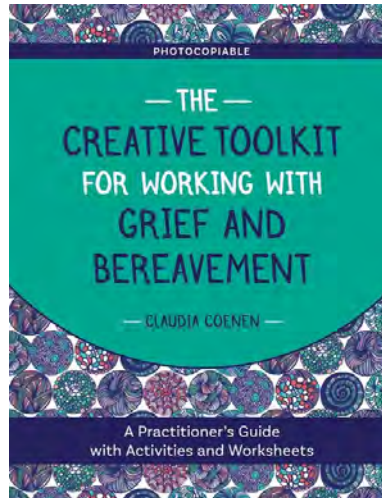
Personal experience is woven together with expert knowledge in this compassionate, heart-centred guide to practicing creative grief therapy.

JESSICA KINGSLEY PUBLISHERS
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: April 2024
9781839974861Paperback
224 pages
B&W THROUGHOUT
AUD\$: 64.99**An Expressive Arts Approach to Healing Loss and Grief**By *Irene Renzenbrink, Stephen K. Levine*

Drawing on expertise in both expressive arts and grief counselling, this book highlights the use of expressive arts therapeutic methods in confronting and healing grief and bereavement.

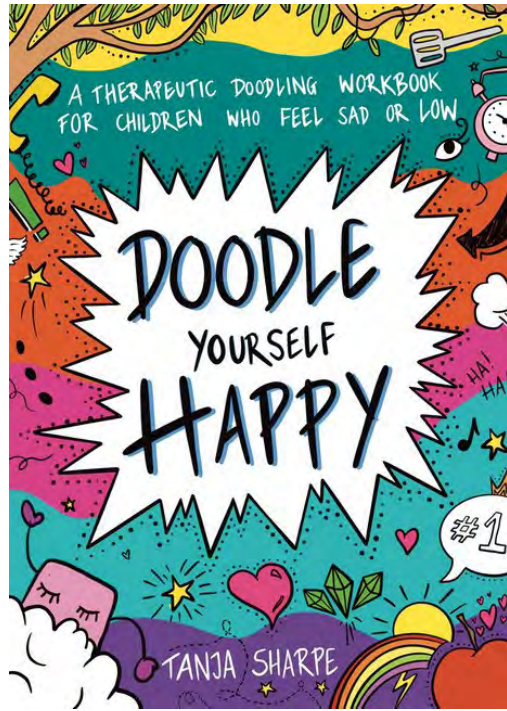
JESSICA KINGSLEY PUBLISHERS
Author is from Australia
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: July 2021
9781787752788Paperback
272 pages
NOT ILLUSTRATED
AUD\$: 67.99**The Grief Rock**
A Book to Understand Grief and LoveBy *Natasha Daniels, Lily Fossett*

When someone you love dies, the grief rock shows up. Sometimes grief can feel like a heavy weight you are carrying around. It can be difficult to explain how you feel or know how you will cope carrying the grief rock around.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
216 X 213 mm
Release Date: August 2023
9781839974397Hardback
32 pages
COLOUR SECTION(S)
AUD\$: 29.99**Creative Toolkit for Working with Grief and Bereavement**By *Claudia Coenen, Masha Pimas*

Understanding loss and its effects is integral to effective counselling and support in the treatment of grief. This book is a both a guide to the key theories of bereavement.

JESSICA KINGSLEY PUBLISHERS
Disc: ACAD & PROFESSIONAL
278 X 214 mm
Release Date: December 2020
9781787751460Paperback
144 pages
AUD\$: 49.99



Doodle Yourself Happy
A Therapeutic Doodling Workbook for Children Who Feel Sad or Low

NEW

By Tanja Sharpe

Key Sales Points:

*A new therapeutic doodling workbook from Tanja Sharpe for children aged 8+ experiencing sadness or low mood.

The doodling activities in this book can help you to understand your feelings and find ways to grow a spark of happiness even when things feel tough. This is your book, and you can use it in any way that you like.

Featuring 50 fun doodling activities, this creative workbook helps children aged 8+ to work through low mood and sadness and use doodling as a way of inviting more joy, confidence, and resilience into their lives. This exploration can be independently led by the child themselves or with guidance from a parent or professional. Based on the author's 15 years of integrative counselling experience, the exercises are inspired by a range of therapeutic approaches including behavioural activation, mindfulness, CBT and positive psychology.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: February 2024
9781839976223

Paperback
128 pages
B&W THROUGHOUT
AUD\$: 34.99



Riley the Brave's Big Feelings Activity Book
A Trauma-informed Guide for Counselors, Educators and Parents

By Jessica Sinarski, Zachary Kline

Roaring, grumping, knots in tummies...Making sense of big feelings can be tricky. Riley the Brave and his safe big critters are here to help!

Enjoy 60+ fun activities and trauma-sensitive strategies to help children understand the brain science behind those big MAD, SAD, and SCARED emotions...and what to do about it!

Bright illustrations and familiar characters encourage children as they dig into their prickly porcupine moments, timid turtle moments, and all the feelings in between. An introduction for grown-ups will help you make the most of this treasure trove of games, printable masks, colorful cards, word searches, action plans, and more!

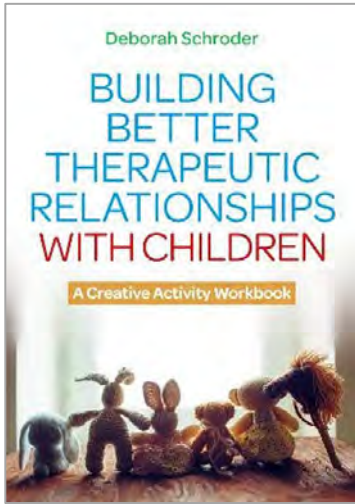
Work one-on-one or easily adapt these strength-based activities for group settings. Lesson plans and frequent "Try This!" sections make this the ultimate resource for parents, teachers, counselors, and anyone else supporting children with big feelings.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: October 2023
9781839973000

Paperback
160 pages
B&W THROUGHOUT
AUD\$: 53.99





Building Better Therapeutic Relationships with Children

NEW

By Deborah Schroder

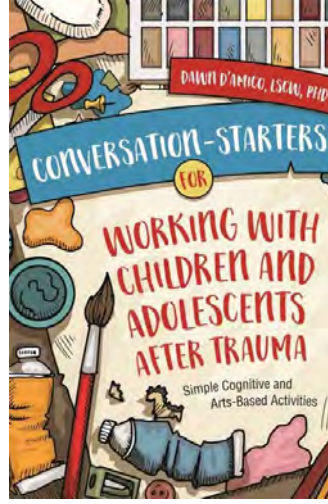


Building therapeutic relationships with children is one of the largest challenges faced by therapists and counselors. This simple workbook provides easy-to-implement creative ideas and activities.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
297 X 210 mm
Release Date: March 2023
9781787759688

Paperback
112 pages
B&W THROUGHOUT
AUD\$: 51.99



Conversation-Starters for Working with Children and Adolescents After Trauma

By Dawn D'Amico



A compendium of arts-based activities to help children and adolescents, aged 5-17 who have experienced trauma, abuse or neglect.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: November 2022
9781787751446

Paperback
224 pages
NOT ILLUSTRATED
AUD\$: 48.99



Creative Ways to Help Children Manage BIG Feelings

By Fiona Zandt, Suzanne Barrett



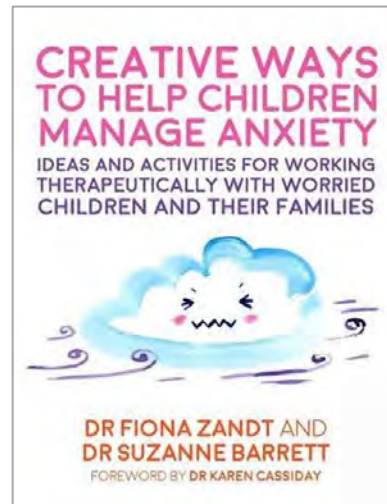
To be able to effectively offer therapy to children, complex therapeutic concepts need to be presented in an appropriate and engaging manner.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: ACAD & PROFESSIONAL
276 X 214 mm
Release Date: June 2017
9781785920745

Paperback
200 pages
AUD\$: 56.99



Creative Ways to Help Children Manage Anxiety

By Fiona Zandt, Suzanne Barrett



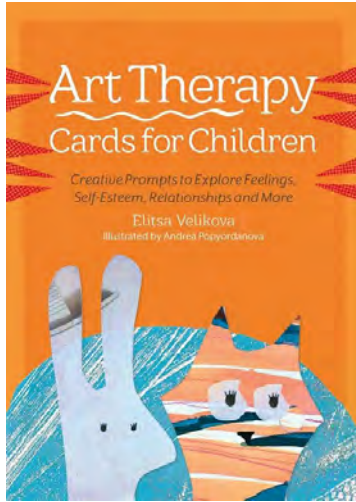
This book sets out therapeutic activities to help children aged 4-12 years and their families to better understand and manage anxiety.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: ACAD & PROFESSIONAL
279 X 216 mm
Release Date: January 2021
9781787750944

Paperback
208 pages
B&W THROUGHOUT
AUD\$: 56.99



Art Therapy Cards for Children

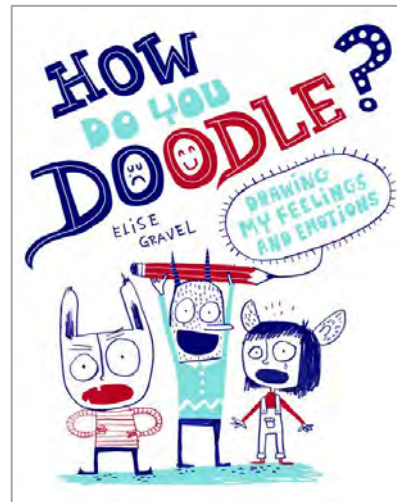
By Elitsa Velikova, Andrea Popyordanova



These 22 colorful cards provide creative ideas for art therapy with children aged 4-11. Each card gives a different prompt - from "draw yourself as a superhero" to "paint freely with your fingers."

JESSICA KINGSLEY PUBLISHERS
 Disc: ACAD & PROFESSIONAL
 150 X 150 mm
 Release Date: May 2018
9781785924729

Cards
 22 pages
AUD\$: 42.99



**How Do You Doodle?
 Drawing My Feelings and Emotions**

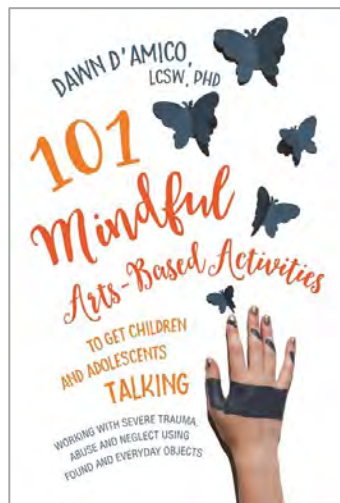
By Elisa Gravel, Elise Gravel



This is a drawing book for kids to help them get in touch with and learn to express their emotions. The book is divided up into different fun doodle activities such as 'name your feelings', 'what do you feel when.'

MAGINATION PRESS
 Disc: TRADE INTERNATIONAL
 100 X 100 mm
 Release Date: July 2013
9781433812910

Paperback
 96 pages
 COLOUR SECTION(S)
AUD\$: 26.99



101 Mindful Arts-Based Activities to Get Children and Adolescents Talking

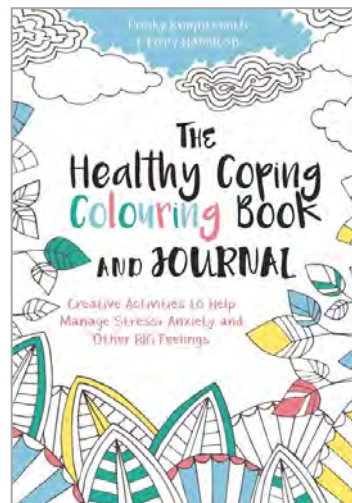
By Dawn D'Amico



Many children who have experienced serious trauma are withdrawn and closed off, making it difficult to engage with them in therapy effectively.

JESSICA KINGSLEY PUBLISHERS
 Disc: ACAD & PROFESSIONAL
 229 X 157 mm
 Release Date: February 2017
9781785927317

Paperback
 224 pages
AUD\$: 40.99



Healthy Coping Colouring Book and Journal

By Pooky Knightsmith, Emily Hamilton



Packed full of creative activities and coping strategies, this journal and colouring book is the perfect companion when faced with difficult thoughts and feelings.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 100 X 100 mm
 Release Date: February 2017
9781785921391

Paperback
 208 pages
AUD\$: 29.99

SENSORY HEALING AFTER DEVELOPMENTAL TRAUMA

The Connected Therapist's Guide to Low-Cost Activities for Working with Children

Marti Smith, OTR



NEW

Sensory Healing after Developmental Trauma The Connected Therapist's Guide to Low-Cost Activities for Working with

By *Marti Smith*

In using this resourceful guide, therapists can develop a comprehensive understanding of how trauma impacts their young clients brains and sensory systems. Filled with therapeutic strategies and activities tailored to specific regions of the brain, professionals will be able to optimise brain rehabilitation and improve sensory processing abilities. The book includes a wide range of low-cost, budgeted activities that can be applied in a variety of settings, including juvenile justice, rehab, schools, homes, residential care, and foster homes, all of which include guidance on how to engage the wider community in order to maximise the potential for healing.

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The Empowerment Wheel Helping Clients Heal from Relationship Abuse

By *Rachel Brandoff, Astra Czerny*

Intimate partner violence leaves long-term effects. Survivors often struggle with issues of safety, self-esteem, and trusting their own ability to make healthy decisions and enter future relationships. This revolutionary treatment method uses art therapy to guide individuals through a journey of self-exploration, helping them to re-discover their confidence and grow beyond their experiences. Each sector of the Empowerment Wheel is supported by a creative project designed to help individuals examine their experience of red flags, boundaries, locus of control, relationship authenticity, self-talk, and integrated self.

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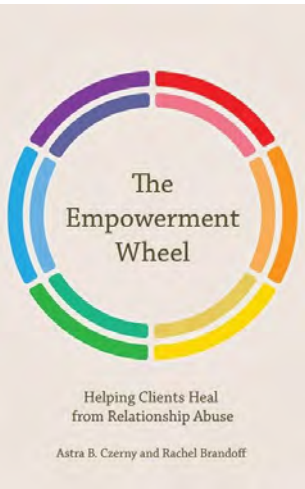
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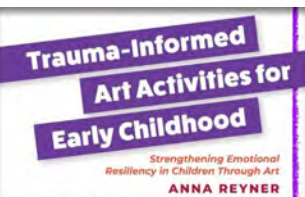
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Trauma-Informed Art Activities for Early Childhood Using Process Art to Repair Trauma and Help Children Thrive

By *Anna Reyner*

Covering the fundamental principles of art therapy informed activities, this easy-to-use resource delves into the importance and usefulness of art in early childhood development to heal trauma. Full of practical activities, techniques and downloadable lesson plans, this resource is ready for use in your educational and therapeutic environments.

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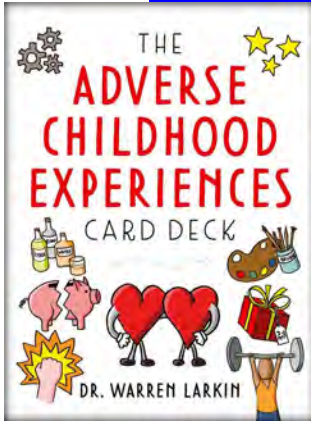
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The Adverse Childhood Experiences Card Deck

Tools to Open Conversations, Identify Support and Promote Resilience with Adolescents and Adults

By *Warren Larkin, Jon Dorsett*

Adverse Childhood Experiences can include a multitude of stressful and traumatic events during childhood: including exposure to different forms of abuse, neglect, loss, or violence, which can have life-long consequences. Designed by renowned Consultant Clinical Psychologist and International Trainer, Dr Warren Larkin, this card deck features 100 full colour illustrated cards with a detailed instruction manual to help practitioner and clients to explore adverse experiences, and to identify potential sources of support and to build resilience. Flexible, adaptable, and easy to use, these cards will be an essential tool for your work with clients who've experienced adversity and trauma.

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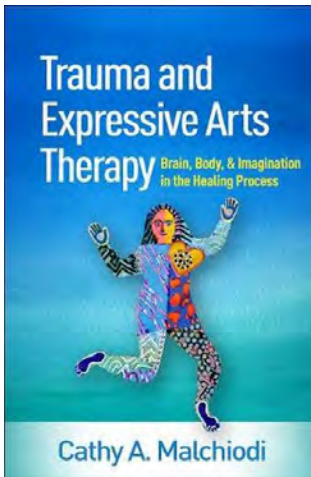
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Trauma and Expressive Arts Therapy

Brain, Body, and Imagination in the Healing Process

By *Cathy A. Malchiodi*

From pioneering therapist Cathy A. Malchiodi, this book synthesizes the breadth of research on trauma and the brain and presents an innovative framework for treating trauma through the expressive arts. The volume describes powerful ways to tap into deeply felt bodily and sensory experiences as a foundation for safely exploring emotions, memories, and personal narratives. Rich clinical examples illustrate the use of movement, sound, play, art, and drama with children and adults. Malchiodi's approach not only enables survivors to express experiences that defy verbalization, but also helps them to transform and integrate the trauma, regain a sense of aliveness, and imagine a new future.

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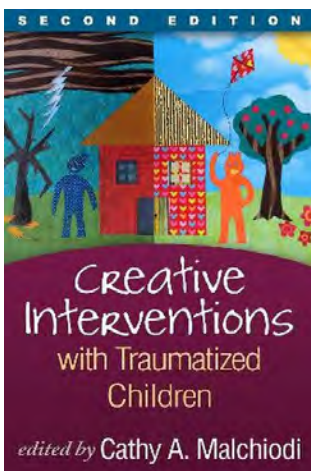
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Creative Interventions with Traumatized Children

2/e

By *Cathy A. Malchiodi, Bruce D. Perry*

A trusted, bestselling resource, this volume demonstrates a range of creative approaches for facilitating children's emotional reparation and recovery from trauma. Experts in play, art, music, movement, and drama therapy, as well as bibliotherapy, describe step-by-step strategies for working with children, families, and groups. Rich with case material and artwork, the book is both practical and user-friendly. Specific types of stressful experiences include parental loss, child abuse, family violence, bullying, and mass trauma. Important developments in neurobiology, self-regulation, and resilience and posttraumatic growth are highlighted in this substantial revision.

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