



Inspection
copies
available

COUNSELLING

TEXTBOOK CATALOGUE New and Bestselling

SEMESTER 2 | 2023

Assessment & Treatment
Counselling Skills
Counselling Practice
Diagnosis
Ethics & Professional Issues
Children & Adolescents
Grief Counselling
Trauma & Addiction Counselling
Therapies & Interventions
Family & Couple Therapy

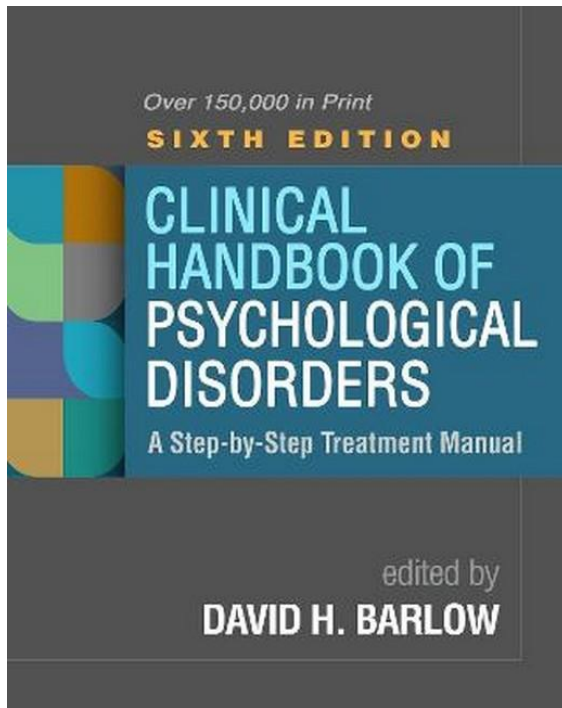


Jessica Kingsley
Publishers



AMERICAN
PSYCHOLOGICAL
ASSOCIATION
PUBLISHING





**Clinical Handbook of Psychological Disorders 6/e
A Step-by-Step Treatment Manual**

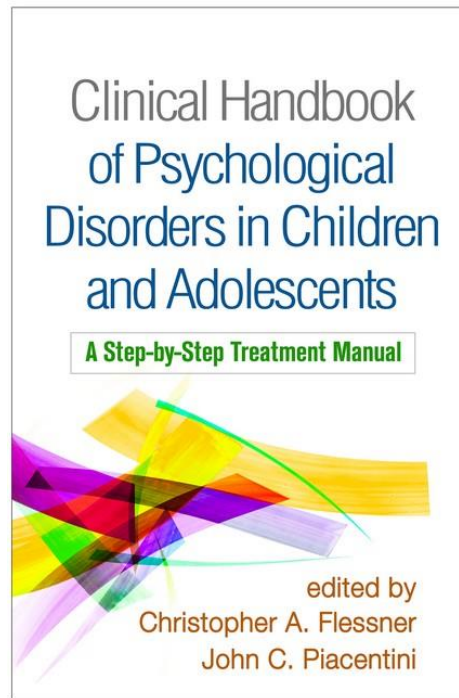
By David H. Barlow

Now in a revised and expanded sixth edition, this is the leading text on evidence-based treatments for frequently encountered mental health problems. David H. Barlow has assembled preeminent experts to present their respective approaches in step-by-step detail, including extended case examples. Each chapter provides state-of-the-art information on the disorder at hand, explains the conceptual and empirical bases of intervention, and addresses the most pressing question asked by students and practitioners--"How do I do it?" Concise chapter introductions from Barlow highlight the unique features of each treatment and enhance the book's utility for teaching and training.

New to This Edition: Existing chapters thoroughly revised to incorporate the latest empirical findings and clinical practices. Chapter on "process-based therapy," a new third-wave approach for social anxiety. Chapter on transdiagnostic treatment of self-injurious thoughts and behaviors. Chapter on chronic pain.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
150 X 150 mm
Release Date: August 2021
9781462547043

Hardback
822 pages
AUD\$: 194.00



**Clinical Handbook of Psychological Disorders in
Children and Adolescents
A Step-by-Step Treatment Manual**

By Christopher A. Flessner, John C. Piacentini

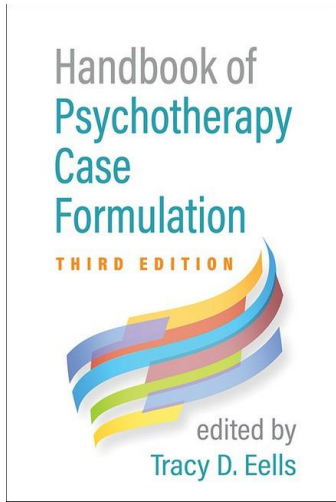
Bringing together leading authorities, this volume synthesizes the breadth of current research on child and adolescent treatment into a practical handbook for students and clinicians. The book was inspired by the preeminent work on adult disorders, Clinical Handbook of Psychological Disorders (now in its fifth edition), edited by David H. Barlow.

It provides a concise overview of the disorders most encountered in clinical practice and details evidence-based treatment approaches, largely grounded in cognitive-behavioral therapy (CBT). Procedures for assessment, diagnosis, case formulation, intervention, and progress monitoring are illustrated with rich extended case examples, including session transcripts.

The book addresses nuts-and-bolts issues such as how to set up each session, what to cover, and how to broach difficult topics with children and parents. See also Clinical Handbook of Psychological Disorders, Fifth Edition (on adults), edited by David H. Barlow.

GUILFORD PUBLICATIONS
Disc: TEXT
254 X 178 mm
Release Date: June 2019
9781462540297

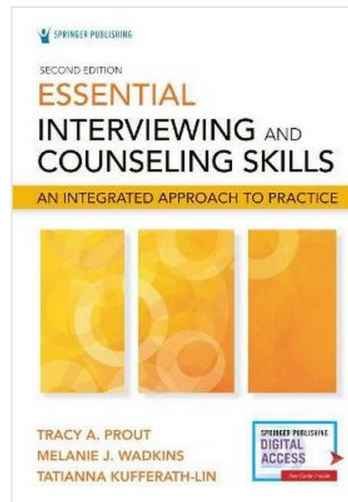
Paperback
578 pages
AUD\$: 91.99



**Handbook of
Psychotherapy Case
Formulation 3/e**

By Tracy D. Eells, Ephi J. Betan

NEW



**Essential Interviewing
and Counseling Skills 2/e
An Integrated Approach to
Practice**

By Tracy A. Prout, Melanie J. Wadkins

Now in a significantly revised third edition featuring 60% new material, this is the authoritative clinical reference and course text on a crucial psychotherapy skill.

Structured around CACREP standards, Essential Interviewing and Counseling Skills Second Edition uniquely encompasses both theory and practice from the perspectives of a diverse array of theoretical schools and practice strategies.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
234 X 156 mm
Release Date: September 2022
9781462548996

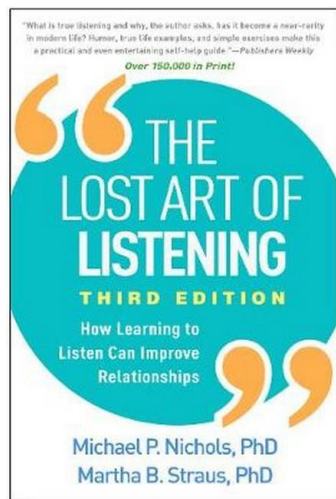
Paperback
488 pages

AUD\$: 103.00

SPRINGER PUBLISHING COMPANY

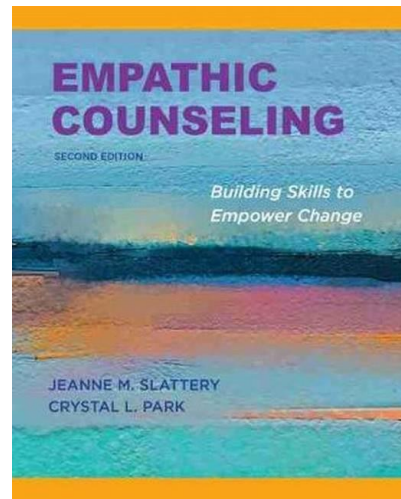
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: October 2021
9780826192653

Paperback
450 pages
COLOUR SECTION(S)
AUD\$: 195.00



**The Lost Art of Listening
3/e
How Learning to Listen Can
Improve Relationships**

By Michael P. Nichols



**Empathic Counseling
2/e
Building Skills to
Empower Change**

*By Jeanne M. Slattery,
Crystal L. Park*

This thoughtful, witty, and empathic book has already helped over 125,000 readers break through conflicts and transform their personal and professional relationships.

Empathy is fundamental to therapeutic change. This text teaches students the clinical skills they will need as therapists to communicate empathy and help clients change.

GUILFORD PUBLICATIONS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: May 2021
9781462542741

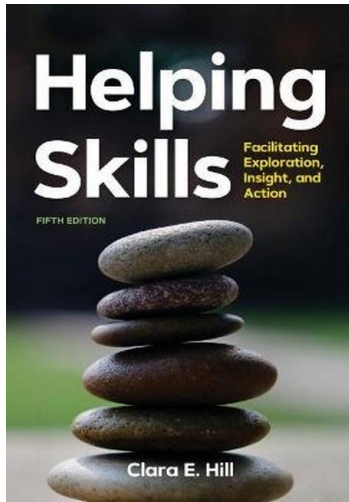
Paperback
368 pages

AUD\$: 47.99

AMERICAN PSYCHOLOGICAL ASSOCIATION

Disc: ACAD & PROFESSIONAL
235 X 191 mm
Release Date: April 2020
9781433831225

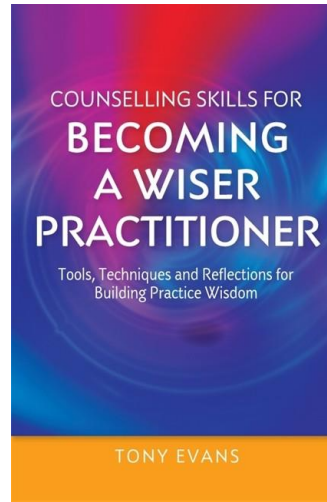
Paperback
310 pages
B&W THROUGHOUT
AUD\$: 203.00



**Helping Skills 5/e
Facilitating Exploration,
Insight, and Action**

By Clara E. Hill

INSTRUCTOR RESOURCES



**Counselling Skills for
Becoming a Wiser
Practitioner: Tools,
Techniques and Reflections
for Building Practice Wisdom**

By Tony Evans

Presents an updated model of essential helping skills for undergraduate and first year graduate students. This book synthesizes the author's extensive clinical and classroom experience into an easy-to-read guide to the helping process.

Conveying the reality of the counselling room, this book provides helpful tips and techniques to enable practitioners to develop and refine their skills. At the heart of this book is the idea of 'situated action'.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: October 2019
9781433831379

Paperback
485 pages
B&W THROUGHOUT
AUD\$: 203.00

JESSICA KINGSLEY PUBLISHERS

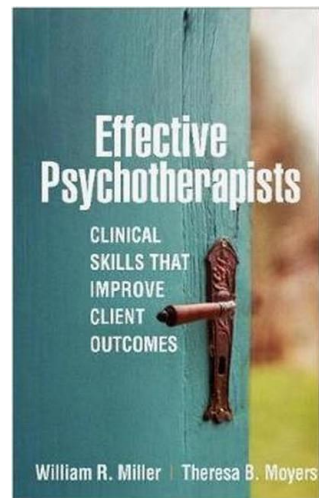
Disc: TEXT
228 X 155 mm
Release Date: September 2015
9781849056076

Paperback
240 pages
AUD\$: 50.99



The First Interview 4/e

By James Morrison



**Effective Psychotherapists
Clinical Skills That Improve
Client Outcomes**

By William R. Miller

This trusted practitioner resource and course text is grounded in James Morrison's experience with more than 15,000 mental health patients.

What is it that makes some therapists so much more effective than others, even when they are delivering the same evidence-based treatment? This instructive book identifies specific interpersonal skills and attitudes.

GUILFORD PUBLICATIONS

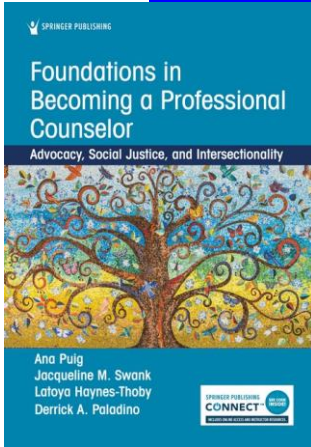
Disc: TEXT
229 X 152 mm
Release Date: February 2017
9781462529834

Paperback
369 pages
AUD\$: 69.99

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
228 X 152 mm
Release Date: March 2021
9781462546893

Paperback
214 pages
NOT ILLUSTRATED
AUD\$: 68.99



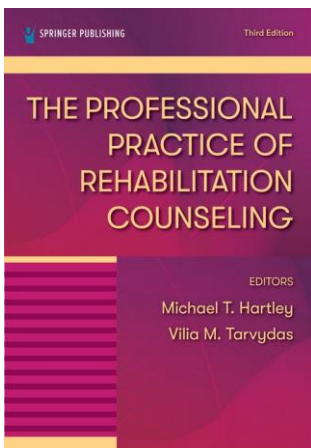
NEW

Foundations in Becoming a Professional Counsellor Advocacy, Social Justice, and Intersectionality

By *Ana Isabel Puig, Jacqueline M. Swank*

Helps counsellors-in-training develop their sense of identity as advocates and seekers of social justice. Distinguished by a potent social justice and multicultural perspective, this comprehensive introductory text for counsellors-in-training delivers foundational concepts through the lens of advocacy and intersectionality. This book emphasizes exploration of the individual and collective effect of local, national, and global social issues on clients and their communities, and imparts real world experiences from authors and clinical experts who provide personal accounts of challenges and successes in their practices. The text examines key evidence-based counseling theories with an in-depth focus on trauma-informed counseling and prompts reflection and dialogue about critical issues in counsellor development.

**SPRINGER PUBLISHING
COMPANY**
Disc: ACAD & PROFESSIONAL
Paperback
254 X 178 mm
426 Pages
B&W THROUGHOUT
Rel Date: January 2023
9780826163851
AUD\$: 195.00



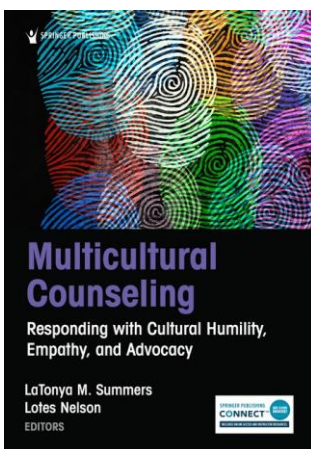
NEW EDITION

The Professional Practice of Rehabilitation Counseling 3/e

By *Michael T. Hartley, Vilia Tarvydas*

The most current book available on rehabilitation counseling! This textbook is a comprehensive introduction to rehabilitation counseling, encompassing its history, values, knowledge, skills, and links to the disability community. Underscoring disability as a common part of the human experience, it highlights the knowledge and competencies all rehabilitation counsellors need to provide ethical and effective services. To reflect emerging trends, 13 chapters are either completely rewritten or significantly revised. This text offers a stronger focus on psychiatric rehabilitation and mental health counseling practiced by clinical rehabilitation counsellors and incorporates new research and knowledge from breakthroughs in neuroscience and psychopharmacology, innovations in digital communication and technology, and shifts in the economy.

**SPRINGER PUBLISHING
COMPANY**
Disc: ACAD & PROFESSIONAL
Paperback
254 X 178 mm
560 Pages
B&W THROUGHOUT
Rel Date: November 2022
9780826139030
AUD\$: 169.00



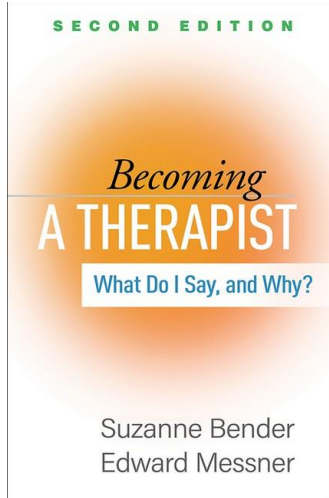
NEW

Multicultural Counseling Responding with Cultural Humility, Empathy, and Advocacy

By *LaTonya M. Summers, Lotes Nelson*

The first multicultural counseling book to use a strengths-based perspective, this innovative text emphasizes culture and diversity as an asset to be nurtured and approached with humility, empathy, and culturally responsive interventions. The book is also unique in its consideration of marginalized experiences not limited to ethnicity, race, or poverty, but those that also include polyamory, gamers, immigrants, refugees, people with disabilities, and other marginalized populations. Separate sections consider the particular situations of more than 20 distinct populations to foster treatment that is imbued with sensitivity and understanding. The book calls for counsellors to deeply examine their own beliefs, attitudes, and judgments to ensure they have productive work with diverse clients.

**SPRINGER PUBLISHING
COMPANY**
Disc: ACAD & PROFESSIONAL
Paperback
254 X 178 mm
600 Pages
B&W THROUGHOUT
Rel Date: February 2023
9780826139528
AUD\$: 195.00



**Becoming a Therapist
What Do I Say, and Why?**

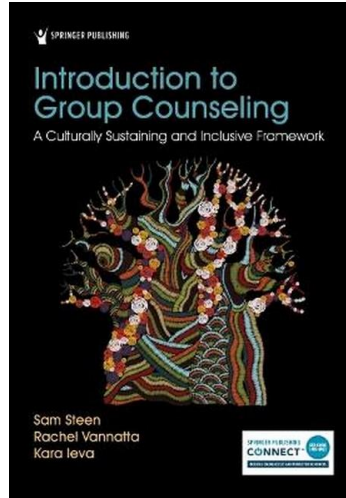
By Suzanne Bender, Edward Messner

NEW EDITION

Revised and expanded for the digital age, this trusted guidebook and text helps novice psychotherapists of any orientation bridge the gap between coursework and real-world clinical practice.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: September 2022
9781462549467

Paperback
454 pages
AUD\$: 86.99



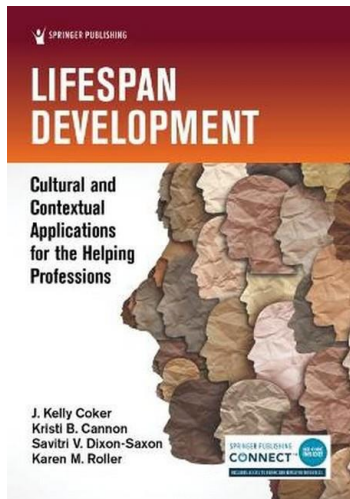
**Introduction to Group Counseling
A Culturally Sustaining and Inclusive Framework**

By Sam Steen, Rachel Vannatta

The only group counselling text to embrace multicultural and social justice considerations. This innovative text is the first to integrate the constructs of multiculturalism, social justice, intersectionality, and advocacy.

SPRINGER PUBLISHING COMPANY
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: July 2022
9780826186065

Paperback
400 pages
AUD\$: 160.00



**Lifespan Development
Cultural and Contextual
Applications for the Helping
Professions**

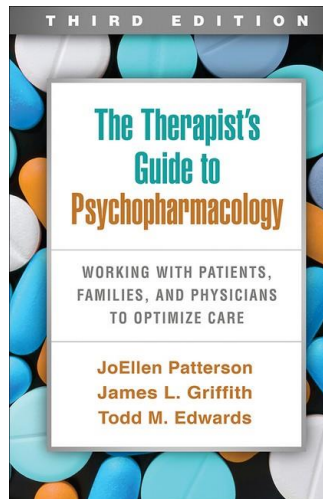
By J. Kelly Coker, Kristi B. Cannon

NEW

Provides fundamental knowledge while challenging readers to question, evaluate, and consider contextual factors when applying developmental theories.

SPRINGER PUBLISHING COMPANY
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: September 2022
9780826182784

Paperback
400 pages
AUD\$: 169.00



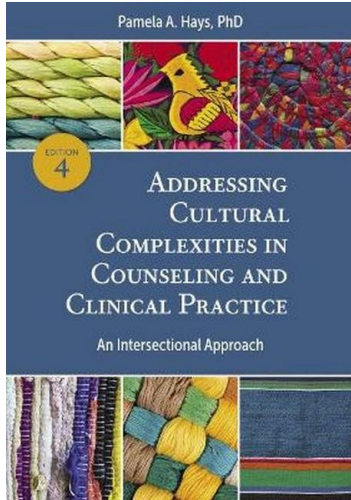
**The Therapist's Guide to
Psychopharmacology 3/e
Working with Patients,
Families, and Physicians to
Optimize Care**

By JoEllen Patterson, James L. Griffith

Now in a revised and updated third edition, this noted practitioner guide and text incorporates the latest knowledge about psychopharmacology and collaborative care.

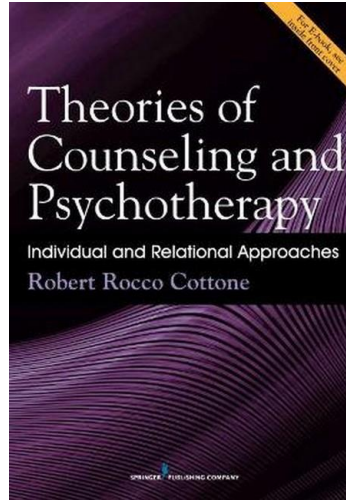
GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: November 2021
9781462547661

Paperback
308 pages
AUD\$: 79.99



Addressing Cultural Complexities in Counseling and Clinical Practice 4/e
An Intersectional Approach

By Pamela A. Hays



Theories of Counseling and Psychotherapy
Individual and Relational Approaches

By Robert Rocco Cottone

Using rich case material and self-reflection exercises, this updated edition helps therapists understand the complex, overlapping cultural and social influences that make each client unique.

Focuses heavily on contemporary approaches and cross-professional applications. This book emphasizes "big picture" frameworks to conceptualize how major theories of counselling and psychotherapy operate and compare.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Disc: ACAD & PROFESSIONAL

254 X 178 mm

Release Date: May 2022

9781433835940

Paperback

371 pages

AUD\$: 203.00

SPRINGER PUBLISHING COMPANY

Disc: TEXT

100 X 10 mm

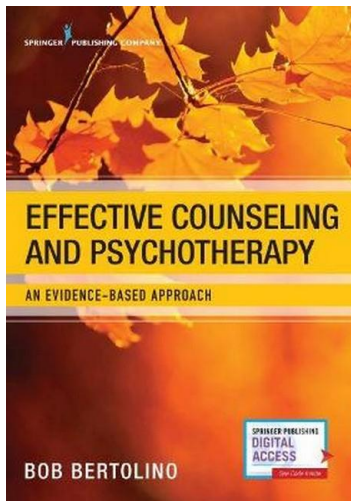
Release Date: July 2017

9780826168658

Paperback

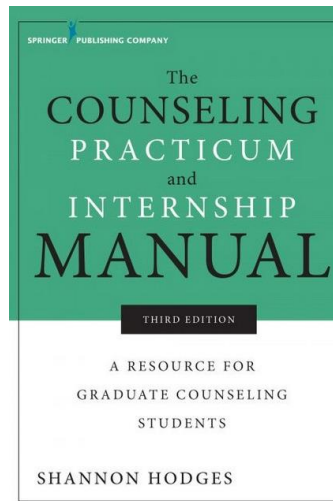
312 pages

AUD\$: 151.00



Effective Counseling and Psychotherapy
An Evidence-Based Approach

By Bob Bertolino



The Counseling Practicum and Internship Manual 3/e
A Resource for Graduate Counseling Students

By Shannon Hodges

Grounded in over 50 years of outcome research, this comprehensive textbook focuses on outcomes management and the principles and core strategies for delivering competent and effective therapeutic practice.

Written expressly for graduate counseling students by a seasoned counsellor and educator, this bestselling guide to the practicum and internship experience is now substantially revised.

SPRINGER PUBLISHING COMPANY

Disc: TEXT

229 X 152 mm

Release Date: April 2018

9780826141125

Paperback

254 pages

AUD\$: 119.00

SPRINGER PUBLISHING COMPANY

Disc: TEXT

229 X 152 mm

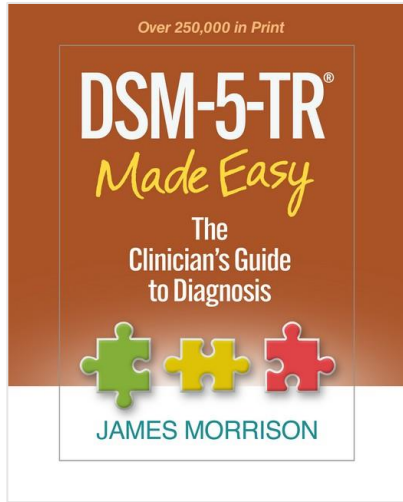
Release Date: February 2020

9780826143020

Paperback

376 pages

AUD\$: 127.00



**DSM-5-TR (R)
Made Easy**
The Clinician's Guide to
Diagnosis

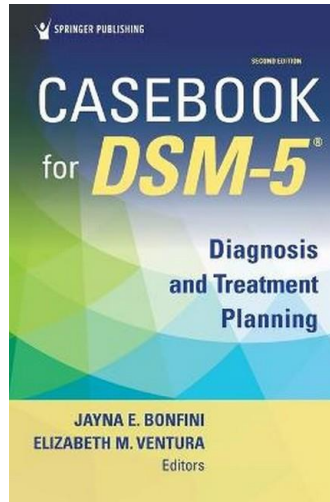
By *James Morrison*

NEW EDITION

Fully updated for the DSM-5 Text Revision (DSM-5-TR), this trusted guide presents the breadth of DSM diagnoses in an accessible, engaging, and clinically useful format.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
Release Date: June 2023
9781462551347

Hardback
660 pages
AUD\$: 171.00



**Casebook for DSM-5
Diagnosis and Treatment
Planning**

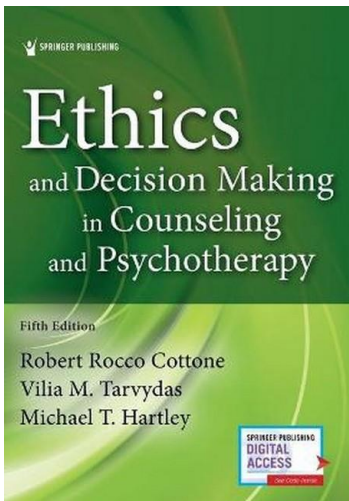
By *Jayna E. Bonfini,
Elizabeth Ventura*

A practical casebook for graduate-level programs in mental health masterfully that demonstrates how to put the DSM-5 into practice. It is designed to help students understand why a particular diagnosis is given.

SPRINGER PUBLISHING COMPANY
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: July 2021
9780826186331

Paperback
236 pages
AUD\$: 79.99

ETHICS & PROFESSIONAL ISSUES



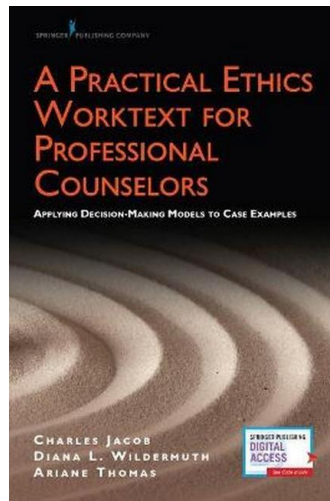
**Ethics and Decision
Making in Counseling and
Psychotherapy 5/e**

By *Robert Rocco Cottone,
Vilia Tarvydas*

Updated, reorganized, and streamlined to focus squarely on ethical decision making in counseling and psychotherapy and in the practice of specialties in counselling.

SPRINGER PUBLISHING COMPANY
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: March 2021
9780826135285

Paperback
360 pages
AUD\$: 195.00



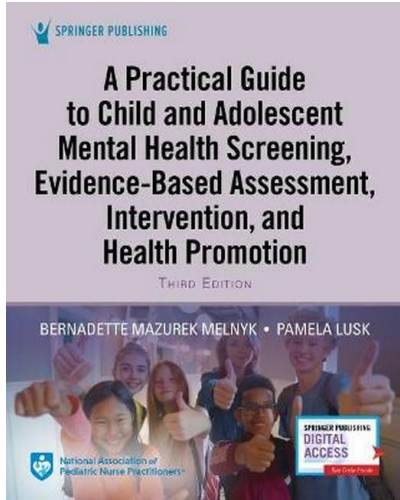
**A Practical Ethics
Worktext for Professional
Counselors**
Applying Decision-Making
Models to Case Examples

By *Charles J. Jacob, Diana L.
Wildermuth*

Teaches counsellors how to think and act quickly when facing ethical dilemmas. This practical worktext addresses common ethical quagmires faced by counselling professionals.

SPRINGER PUBLISHING COMPANY
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: May 2020
9780826165336

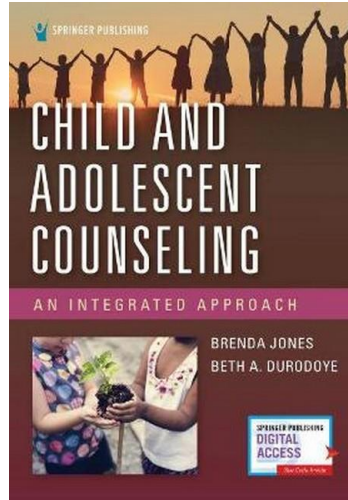
Paperback
194 pages
AUD\$: 116.00



A Practical Guide to Child and Adolescent Mental Health Screening, Evidence-based Assessment, Intervention, and Health Promotion 3/e

By Bernadette Mazurek Melnyk, Pamela Lusk

NEW EDITION



**Child and Adolescent Counseling
An Integrated Approach**

By Brenda Jones, Beth A. Durodoye

Updated with new research findings and best evidence-based practices, the third edition of this quick-access guide aids practitioners in preventing, screening, diagnosing, and managing children and adolescents.

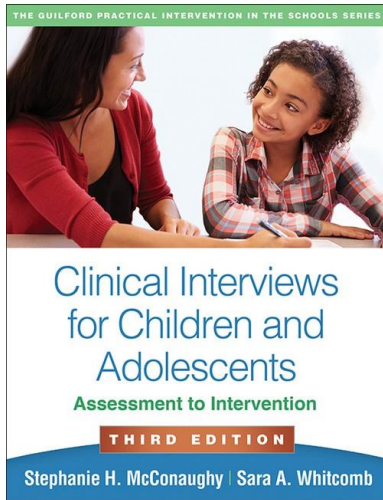
This the first text to fully integrate the developmental, systemic, multicultural, and relational elements of child and adolescent counselling.

SPRINGER PUBLISHING COMPANY
Disc: ACAD & PROFESSIONAL
254 X 203 mm
Release Date: November 2022
9780826167262

Paperback
350 pages
NOT ILLUSTRATED
AUD\$: 180.00

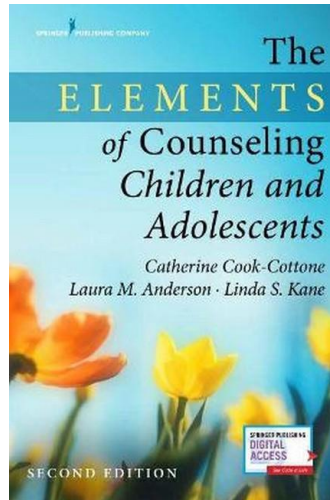
SPRINGER PUBLISHING COMPANY
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: November 2021
9780826147639

Paperback
500 pages
AUD\$: 178.00



**Clinical Interviews for Children and Adolescents 3/e
Assessment to Interventions**

By Stephanie H. McConaughy, Sara A. Whitcomb



The Elements of Counseling Children and Adolescents 2/e

By Catherine Cook-Cottone, Laura M. Anderson

Widely recognized as an authoritative resource, this book has been revised and updated with the latest research and techniques, including new material on telehealth services.

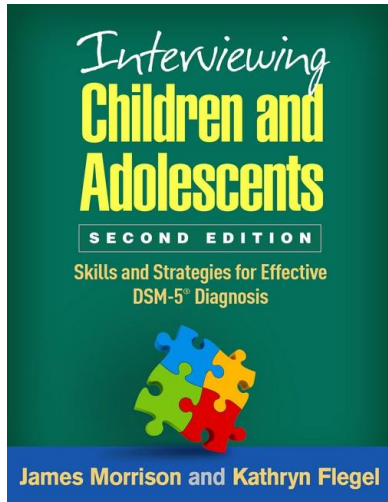
Distils essential and up-to-date guidelines for students and practitioners of child and adolescent counseling. Featuring concise, step-by-step protocols supported by evidence-based practice.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
270 X 200 mm
Release Date: May 2022
9781462548163

Paperback
292 pages
AUD\$: 103.00

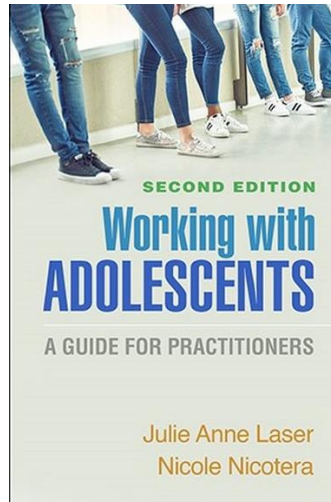
SPRINGER PUBLISHING COMPANY
Disc: TEXT
100 X 10 mm
Release Date: April 2019
9780826162137

Paperback
150 pages
AUD\$: 94.99



Interviewing Children and Adolescents 2/e
Skills and Strategies for Effective DSM-5A (R) Diagnosis

By James Morrison, Kathryn Flegel



Working with Adolescents 2/e
A Guide for Practitioners

By Julie Anne Laser, Nicole Nicotera

This instructive clinical resource has given thousands of clinicians and students essential skills for evaluating infants through adolescents with any type of mental health issue.

Noted for its multisystemic-ecological perspective, this accessible text and practitioner resource has now been revised. The book provides a comprehensive view of adolescent development and explores effective ways to support teens.

GUILFORD PUBLICATIONS

Disc: TEXT
235 X 187 mm
Release Date: December 2017
9781462533794

Paperback
493 pages
AUD\$: 79.99

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: August 2021
9781462546152

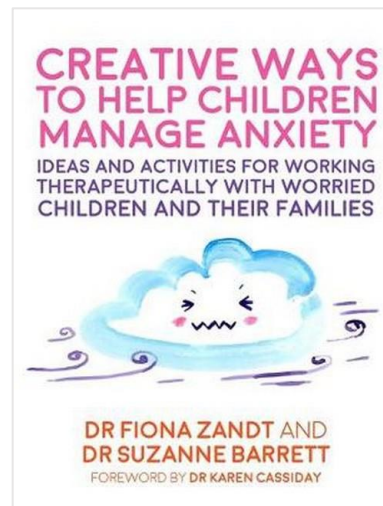
Hardback
362 pages
AUD\$: 103.00



Creative Ways to Help Children Manage BIG Feelings
A Therapist's Guide to Working with Preschool and Primary Children

By Fiona Zandt, Suzanne Barrett

AUS AUTHORS



Creative Ways to Help Children Manage Anxiety
Ideas and Activities for Working Therapeutically with Worried Children and Their Families

By Fiona Zandt, Suzanne Barrett

AUS AUTHORS

To be able to effectively offer therapy to children, complex therapeutic concepts need to be presented in an appropriate and engaging manner.

This book sets out therapeutic activities to help children aged 4-12 years and their families to better understand and manage anxiety. It explains how to work with anxious children, providing a framework for assessment and therapy.

JESSICA KINGSLEY PUBLISHERS

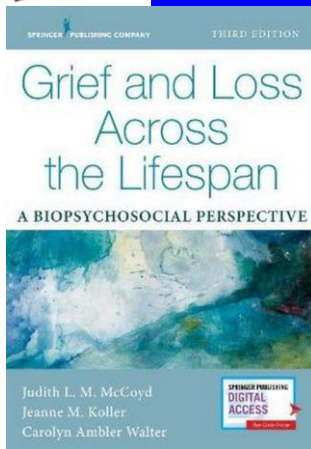
Author is from Australia
Disc: ACAD & PROFESSIONAL
276 X 214 mm
Release Date: June 2017
9781785920745

Paperback
200 pages
AUD\$: 52.99

JESSICA KINGSLEY PUBLISHERS

Author is from Australia
Disc: ACAD & PROFESSIONAL
279 X 216 mm
Release Date: January 2021
9781787750944

Paperback
208 pages
AUD\$: 52.99

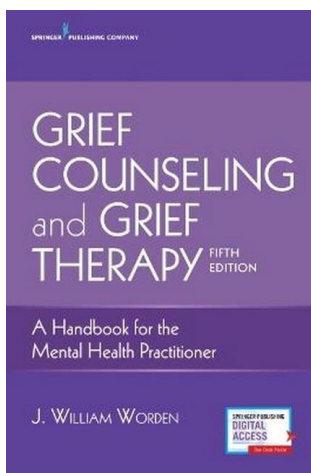


Grief and Loss Across the Lifespan 3/e
A Biopsychosocial Perspective

By Judith L. M. McCoyd, Jeanne M. Koller

The third edition of this unrivalled text on loss, grief, and bereavement continues to provide a unique biopsychosocial perspective and developmental framework for understanding grieving patterns. Organized by a lifespan trajectory, this text describes developmental aspects of grieving, linking these theories to effective clinical work. Biopsychosocial developmental theories, including neurobiological and genetic information, frame chapters that include recent research on how people of that age respond to varied loss situations, and intervention strategies supported by practice experience and empirical evidence are addressed. The new edition illuminates special considerations in risk and resilience for each life phase, systematically addressing issues of oppression, marginalization, and health disparities.

SPRINGER PUBLISHING COMPANY
 Disc: TEXT
 Paperback
 229 X 152 mm
 360 Pages
 Rel Date: March 2021
9780826149633
AUD\$: 135.00

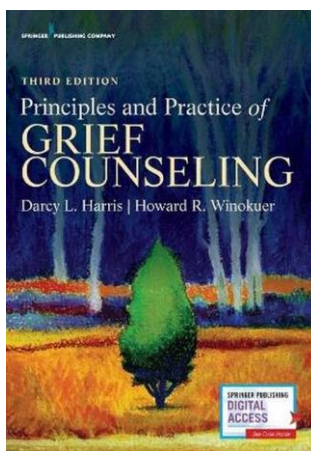


Grief Counseling and Grief Therapy 5/e
A Handbook for the Mental Health Practitioner

By J. William Worden

Encompassing new content on the treatment of grief, loss, and bereavement, the updated and revised fifth edition of this gold-standard text continues to deliver the most current research and practical information for upper-level students and practitioners alike. New to the fifth edition are updates to the author's Tasks and Mediators of Mourning, new case studies, and valuable Instructor Resources. The text highlights new initiatives to extend care to the bereaved and fosters the knowledge and skills required for effective intervention and even preventative treatment. Also addressed is the impact of social media and online resources for "cyber mourning," changes in the DSM-5 as they influence bereavement work, alternate models of mourning, and new findings on the varied qualities of grief.

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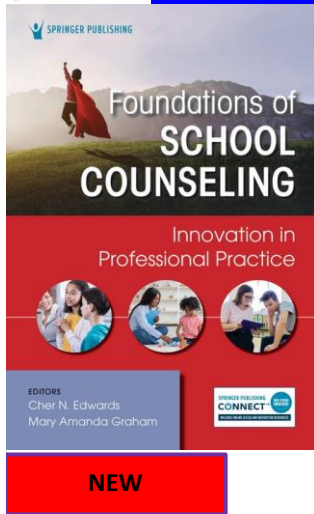


Principles and Practice of Grief Counseling 3/e

By Darcy L. Harris, Howard R. Winokuer

This core introductory text, with a focus on clinical application, combines the knowledge and skills of counseling psychology with current theory and research in grief and bereavement. The third edition is updated to address issues related to the developmental aspects of grief, including grief in children and young people, grief as a lifespan concept, and grief in an increasingly aging demographic. It describes new therapeutic approaches and examines the neurological basis of grief as well as with trauma from disruption and loss. Also emphasized is the role of diversity, along with cultural considerations in grief counseling. Instructor's resources now include a test bank, an Instructors Manual, and updated Power Point slides.

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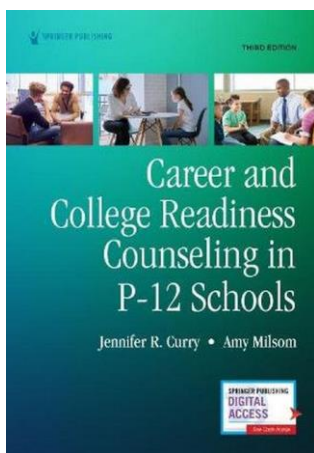


**Foundations of School Counseling
Innovation in Professional Practice**

By Cher Edwards, Mary Graham

Interweaves the perspectives of school counseling educators with those of practitioners in the trenches This foundational text for school counsellors-in-training is the only book to have chapters co-authored by counsellor educators and practicing school counsellors. It delivers easily accessible information based on a scholarly foundation of best practice recommendations from the field and research-based, data-driven content, including school counseling interventions, issues for professional practice, and a toolkit of helpful resources. The book is distinguished by its in-depth examination of the day-to-day role of the school counsellor in elementary, middle, and high school settings.

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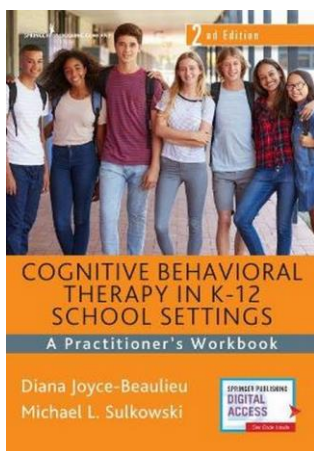


**Career and College Readiness Counseling in P-12 Schools
3/e**

By Jennifer Curry, Amy Milsom

Curry and Milsom take an intentional and realistic approach to career development that is inclusive of all students at each developmental stage, and they recognize that the training and path to pursuing a career is unique to each person. They offer action-oriented career development approaches that school counsellors can utilize to supplement classroom learning and engage communities. This book is beneficial to new and veteran school counsellors, and highlights relevant and real life issues students are dealing with and the impact on their career choices. Dodie Limberg, PhD Associate Professor, University of South Carolina This text is written to help school counsellors conceptualize the career and college readiness needs of diverse P-12 students and design culturally relevant interventions. The focus is on helping readers to translate theoretical knowledge into practice.

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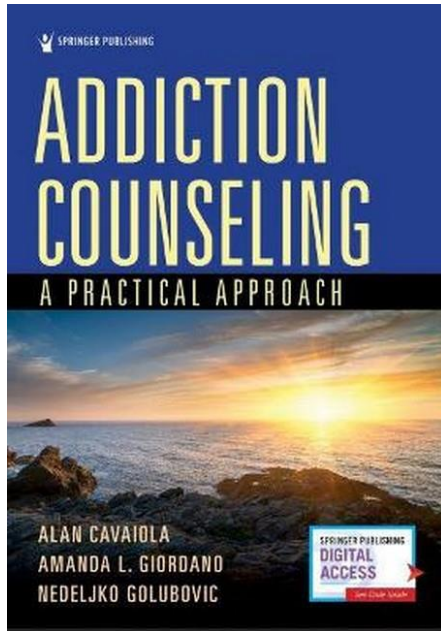


**Cognitive Behavioral Therapy in K-12 School Settings 2/e
A Practitioner's Workbook**

By Diana Joyce-Beaulieu, Michael L. Sulkowski

Providing content that is conveniently embedded within current school-based delivery models, this text delivers a workbook of effective, easily applied cognitive-behavioral counseling strategies focused on helping children and adolescents with common mental health issues. School-based practitioners will learn the nuts and bolts of applied practice for fostering meaningful student outcomes, especially related to improving their patterns of thought, behavior, and emotional regulation skills. The second edition adds value by offering new content on mindfulness interventions, acceptance and commitment therapy, habit reversal training, and behavioral activation. Step-by-step CBT applications are described in greater detail, and two additional case studies help readers to better grasp CBT techniques.

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210 Pages
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9780826183125
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Addiction Counseling A Practical Approach

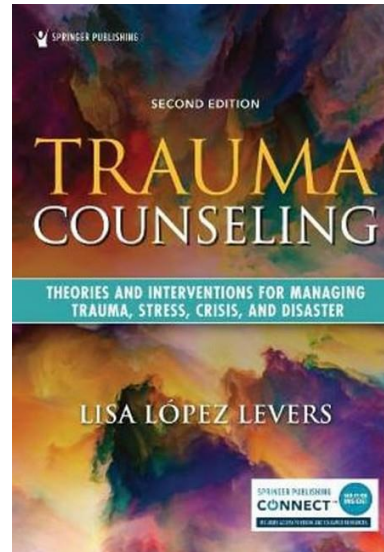
By Alan A Cavaiola, Amanda Giordano, Nedeljko Golubovic

Equips the upcoming generation of addiction counsellors with crucial knowledge to skilfully treat current and future addictions. Grounded in leading-edge, evidence-based research, this hands-on text applies a step-by-step approach to addictions counseling. This book encompasses assessment, diagnosis, and treatment planning; case management; and relapse prevention, with an incisive focus on process addictions and co-occurring disorders. The text covers all essential topics as outlined in the gold standard SAMSHA Counsellor Training Manual. Included are detailed guidelines on how to write succinct treatment plans and conduct effective client sessions; case studies; role-playing exercises; and clinical applications to assessment and diagnosis, treatment planning, and case management. Counsellor Perspectives--interviews with experienced clinicians working with varied populations throughout the country--offer the wisdom of those who have been there. Critical topics unique to the book include the role of neuroscience in addiction treatment, relapse prevention, and advocacy. In addition, the text offers specific chapters on process addictions and co-occurring disorders as well as a separate chapter on multicultural counseling covering gender, racial, ethnic, sexual orientation, age, religion, and disability issues.

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Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: November 2021
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Paperback
426 pages
AUD\$: 160.00



Trauma Counseling 2/e Theories and Interventions for Managing Trauma, Stress, Crisis, and Disaster

By Lisa Lopez Levers

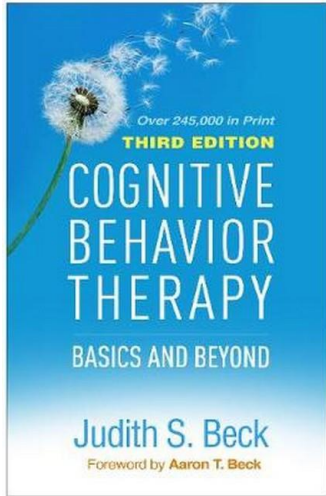
NEW EDITION

The only comprehensive text to focus on trauma, stress, crisis, and disaster counseling from a clinical practice perspective. This overarching text, intended both for mental health practitioners-in-training and for practicing clinicians, focuses on the impact of stress, crisis, trauma, and disaster on diverse populations across the lifespan as well as on effective treatment strategies. The second edition is newly grounded in a "trauma scaffold," providing foundational information that therapists can build upon, step-by-step, to treat individuals affected by more complex trauma events. This resource newly addresses the mental health implications of COVID-19, which has had an enormous impact on multitudes of people since the beginning of the pandemic, its repercussions likely to continue for some time into the future. The text also is updated to provide the most recent diagnostic information regarding trauma in the DSM-5. Two new chapters address the confluence of crises related to anthropogenic climate change and the effects of mass violence. This unrivalled resource emphasizes stress management and crisis intervention skills as important building blocks for working with more complex issues of trauma and disaster. It underscores the idea that trauma must be approached from multiple perspectives and in multiple dimensions encompassing individual, community, societal, and systemic implications along with multicultural and diversity frames of reference.

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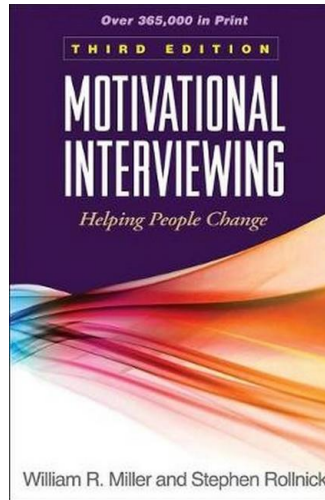
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**Cognitive Behavior Therapy 3/e
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By Judith S. Beck



**Motivational Interviewing 3/e
Helping People Change**

By Miller R. William, Stephen Rollnick

Hundreds of thousands of clinicians and graduate students have relied on this text--now significantly revised with more than 50% new material--to learn the fundamentals of cognitive behavior therapy (CBT).

This bestselling work for professionals and students is the authoritative presentation of motivational interviewing (MI), the powerful approach to facilitating change.

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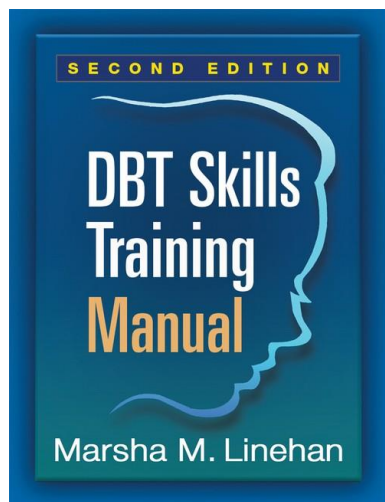
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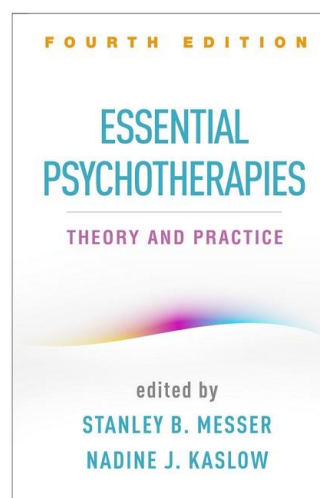
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9781609182274

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DBT Skills Training Manual 2/e

By Marsha M. Linehan



**Essential Psychotherapies 4/e
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By Stanley B. Messer, Nadine J. Kaslow

From Marsha M. Linehan—the developer of dialectical behavior therapy (DBT)—this comprehensive resource provides vital tools for implementing DBT skills training.

Acclaimed for its clear writing and stellar contributors, this authoritative text is now in a revised and updated fourth edition.

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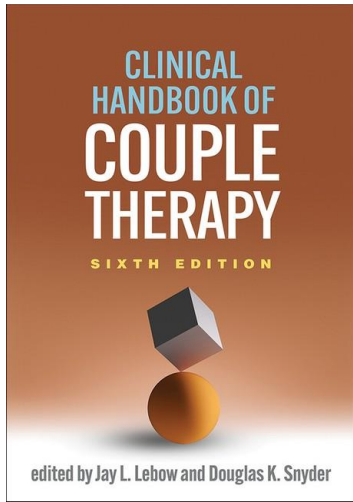
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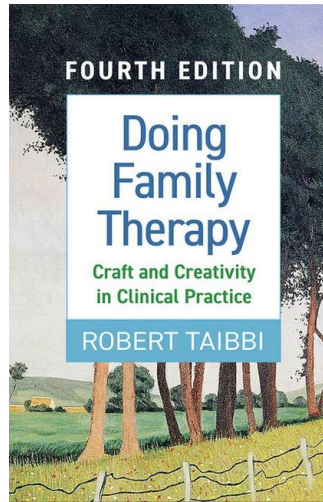
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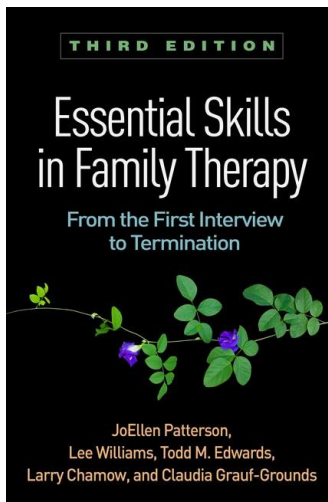
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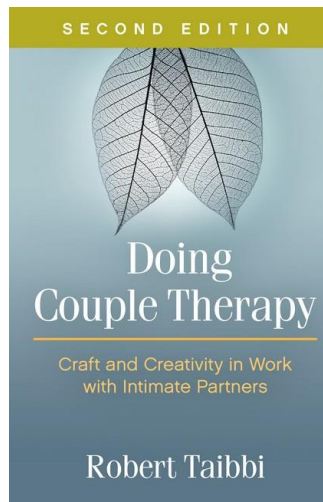
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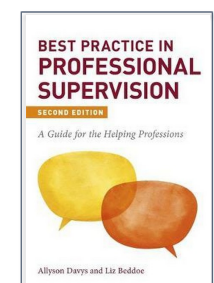
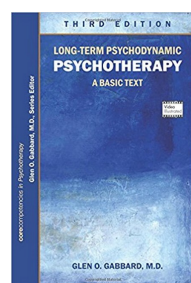
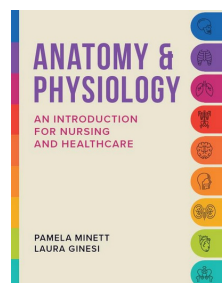
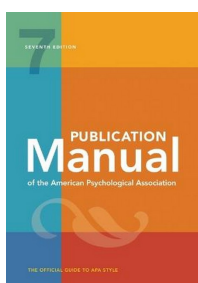
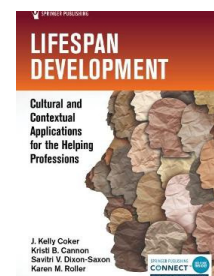
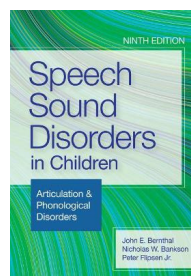
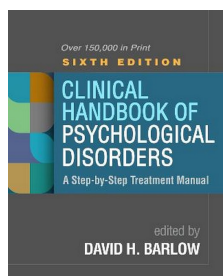
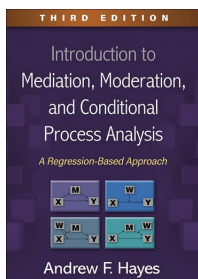
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