



CLINICAL PSYCHOLOGY

TEXTBOOK CATALOGUE

New and Bestselling

SEMESTER 2 | 2023

Assessment & Diagnosis
Clinical Skills
Clinical Practice
Children & Adolescents
Cognitive Behaviour Therapy
Family & Couple Therapy
Dialectical Behaviour Therapy
Emotion Focused Therapy
Motivational Interviewing
Psychoanalysis & Psychodynamic Therapy
Psychotherapeutic Modalities
Trauma Resources
Forensic / Criminal Psychology
Neuropsychology
School Psychology



Jessica Kingsley
Publishers



GUILFORD

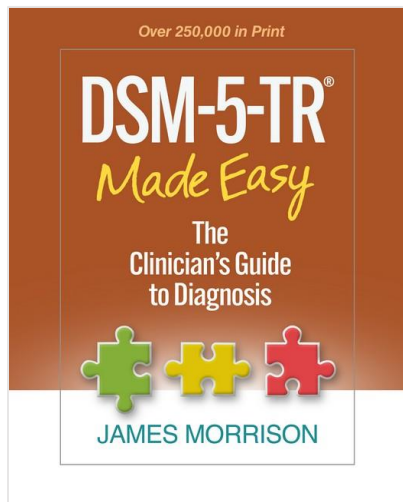
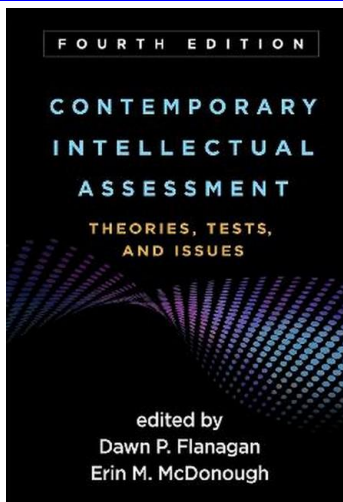


SPRINGER PUBLISHING COMPANY

AMERICAN
PSYCHIATRIC
ASSOCIATION
PUBLISHING

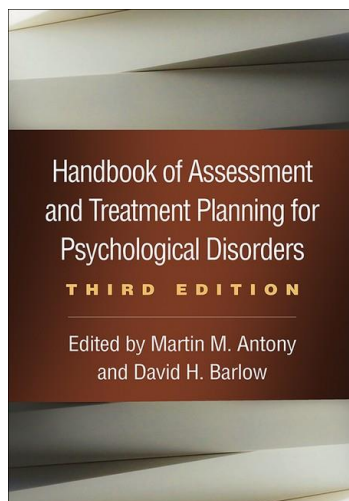
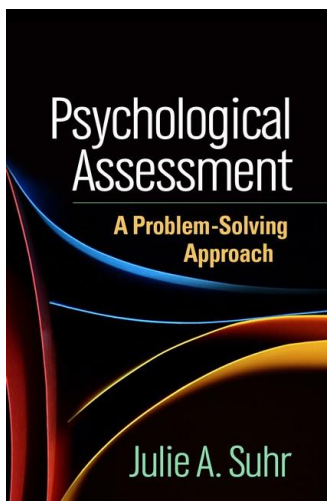


AMERICAN
PSYCHOLOGICAL
ASSOCIATION
PUBLISHING

**DSM-5-TR (R) Made Easy**
The Clinician's Guide to Diagnosis*By James Morrison***NEW EDITION****Contemporary Intellectual Assessment 4/e**
Theories, Tests, and Issues*By Dawn P. Flanagan, Phillip L. Ackerman***NEW IN PAPERBACK**

Fully updated for the DSM-5 Text Revision (DSM-5-TR), this trusted guide presents the breadth of DSM diagnoses in an accessible, engaging, and clinically useful format.

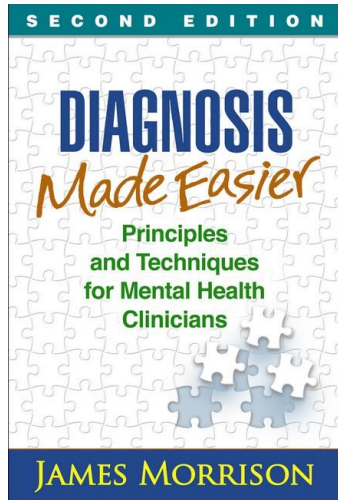
This highly practical book presents current developments in play therapy, including innovative applications for particular problems and populations.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
Release Date: June 2023
9781462551347Hardback
660 pages
AUD\$: 171.00**GUILFORD PUBLICATIONS**
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: March 2023
9781462552030Paperback
1130 pages
AUD\$: 154.00**Handbook of Assessment & Treatment Planning for Psychological Disorders 3/e***By Martin M. Antony, David H. Barlow***Psychological Assessment A Problem-Solving Approach***By Julie A. Suhr*

This authoritative clinical reference and text--now revised and updated with 50% new content--presents the assessment tools and strategies that every evidence-based psychotherapy practitioner needs.

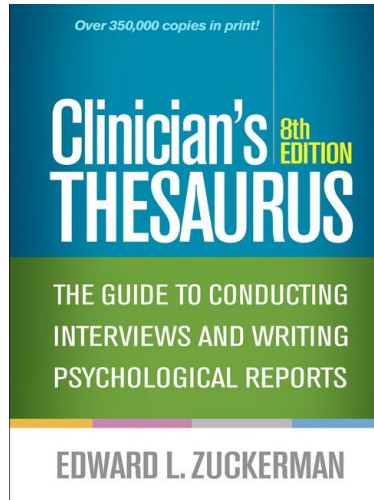
This authoritative clinical reference and text provides a complete guide to conducting empirically based assessments to support accurate diagnoses and better clinical care.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: March 2021
9781462544882Paperback
638 pages
AUD\$: 137.00**GUILFORD PUBLICATIONS**
Disc: TEXT
229 X 152 mm
Release Date: May 2015
9781462519583Hardback
308 pages
AUD\$: 120.00



**Diagnosis Made Easier
2/e**
Principles and Techniques
for Mental Health Clinicians

By James Morrison



**Clinician's Thesaurus
8/e**
The Guide to Conducting
Interviews and Writing
Psychological Reports

By Edward L. Zuckerman

This popular practitioner guide and course text takes the reader step by step through diagnostic decision making in mental health.

Hundreds of thousands of students and early-career professionals have relied on this authoritative report-writing tool, now updated for DSM-5/ICD-10-CM and newer types of evaluations.

GUILFORD PUBLICATIONS

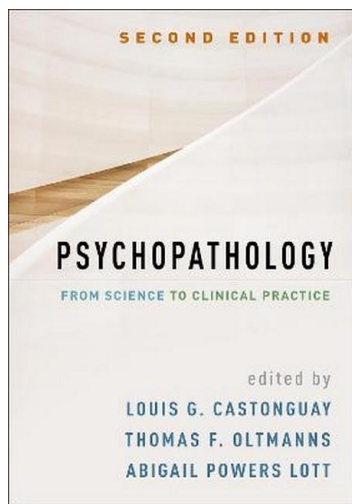
Disc: TEXT
229 X 152 mm
Release Date: February 2017
9781462529841

Paperback
322 pages
AUD\$: 67.99

GUILFORD PUBLICATIONS

Disc: TEXT
266 X 203 mm
Release Date: June 2019
9781462538805

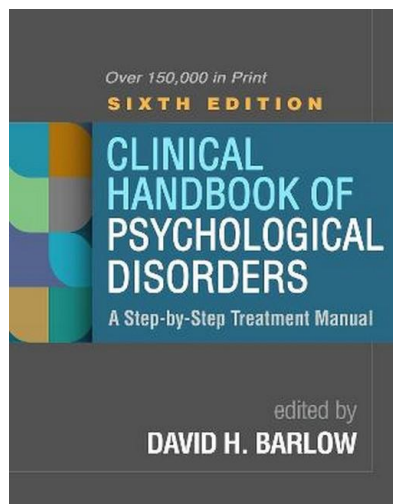
Paperback
400 pages
AUD\$: 112.00



Psychopathology 2/e
From Science to Clinical
Practice

*By Louis G. Castonguay,
Thomas F. Oltmanns*

AUS CONTRIBUTOR



**Clinical Handbook of
Psychological
Disorders 6/e**
A Step-by-Step
Treatment Manual

By David H. Barlow

The text of choice for instructors looking for an innovative, empirically based, and practice-oriented perspective on psychopathology is now in a revised and expanded second edition with 50% new material.

Now in a revised and expanded sixth edition, this is the leading text on evidence-based treatments for frequently encountered mental health problems. David H. Barlow has assembled preeminent experts to present their respective approaches.

GUILFORD PUBLICATIONS

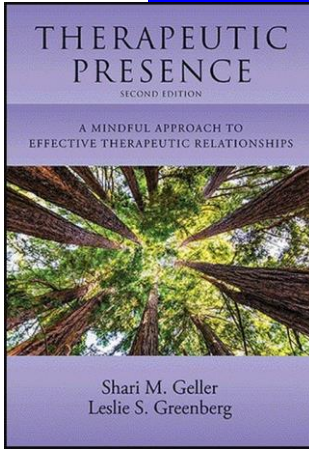
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Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: October 2021
9781462547616

Hardback
478 pages
AUD\$: 149.00

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
150 X 150 mm
Release Date: August 2021
9781462547043

Hardback
822 pages
AUD\$: 194.00

**NEW EDITION**

Therapeutic Presence 2/e A Mindful Approach to Effective Therapeutic Relationships

By *Shari Geller, Leslie S. Greenber*

Therapeutic presence—one's ability to exist fully in the moment with a client—is crucial to effective psychotherapy practice. Since the first edition of *Therapeutic Presence* was published nearly a decade ago, further research has emphasized the role and deepened our understanding of this essential building block of effective therapeutic relationships. This book is a detailed guide on cultivating therapeutic presence for new and seasoned therapists alike. The authors' model is based on the results of their extensive study, and revolves around three key aspects of therapeutic presence: using mindfulness and experiential exercises to create the conditions for presence, both prior to and in sessions; generating attunement to self and others, as a precursor that facilitates therapeutic presence; and recognizing the felt experience of in-session presence.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Disc: ACAD & PROFESSIONAL

Paperback

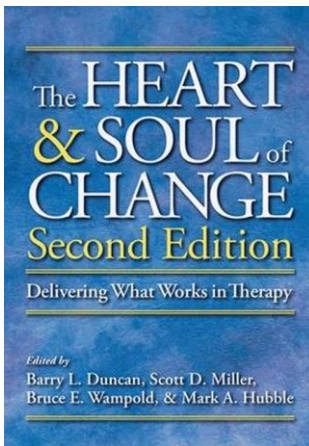
254 X 178 mm

326 Pages

Rel Date: January 2023

9781433836046

AUD\$: 114.00

**NEW IN PAPERBACK**

The Heart and Soul of Change 2/e Delivering What Works in Therapy

By *Dr Barry L Duncan, Dr Scott D Miller*

The editors of this second edition have created a new and enriched volume that presents the most recent research on what works in therapeutic practice, a thorough analysis of this research, and practical guidance on how a therapist can truly "deliver what works in therapy." *The Heart and Soul of Change*, now in paperback, examines the common factors underlying effective psychotherapy and brings the psychotherapist and the client-therapist relationship back into focus as key determinants of psychotherapy outcome. This edition also demonstrates the power of systematic client feedback to improve effectiveness and efficiency and legitimize psychotherapy services to third party payers.

AMERICAN PSYCHOLOGICAL ASSOCIATION

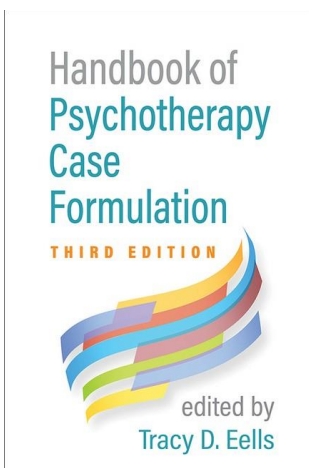
Disc: ACAD & PROFESSIONAL

Paperback

Rel Date: March 2023

9781433842108

AUD\$: 165.00

**NEW EDITION**

Handbook of Psychotherapy Case Formulation 3/e

By *Tracy D. Eells, Ephi J. Betan*

Now in a significantly revised third edition featuring 60% new material, this is the authoritative clinical reference and course text on a crucial psychotherapy skill. Leading practitioners of major psychotherapies describe step by step how to construct sound case formulations and use them to guide individualized treatment. Following a standard format, chapters cover the historical background of each case formulation approach, its conceptual framework and evidence base, multicultural considerations, steps in implementation, application to treatment planning and practice, and training resources. Rich case material includes examples of completed formulations.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL

Paperback

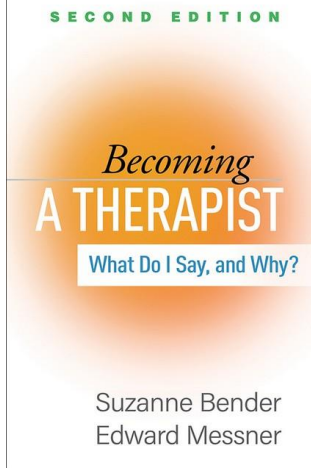
234 X 156 mm

488 Pages

Rel Date: September 2022

9781462548996

AUD\$: 103.00



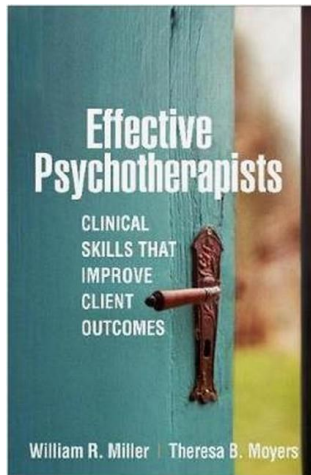
NEW EDITION

Becoming a Therapist 2/e What Do I Say, and Why?

By *Suzanne Bender, Edward Messner*

Revised and expanded for the digital age, this trusted guidebook and text helps novice psychotherapists of any orientation bridge the gap between coursework and real-world clinical practice. It offers a window into what works and what doesn't work in interactions with patients, the ins, and outs of the therapeutic relationship, and how to manage common clinical dilemmas. Featuring rich case examples, the book speaks directly to the questions, concerns, and insecurities of novice clinicians. Reproducible forms to aid in treatment planning can be downloaded and printed in a convenient 8 1/2" x 11" size.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
Paperback
229 X 152 mm
454 Pages
Rel Date: September 2022
9781462549467
AUD\$: 86.99

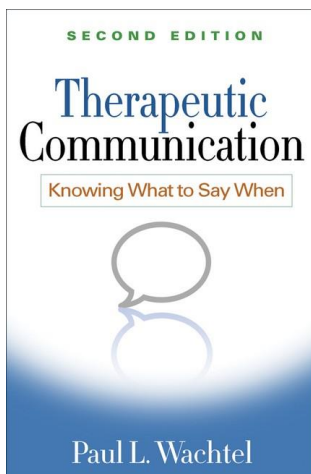


Effective Psychotherapists Clinical Skills That Improve Client Outcomes

By *William R. Miller*

What is it that makes some therapists so much more effective than others, even when they are delivering the same evidence-based treatment? This instructive book identifies specific interpersonal skills and attitudes - often overlooked in clinical training - that facilitate better client outcomes across a broad range of treatment methods and contexts. Reviewing 70 years of psychotherapy research, the preeminent authors show that empathy, acceptance, warmth, focus, and other characteristics of effective therapists are both measurable and teachable. Richly illustrated with annotated sample dialogues, the book gives practitioners and students a blueprint for learning, practicing, and self-monitoring these crucial clinical skills.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
Paperback
228 X 152 mm
214 Pages
Rel Date: March 2021
9781462546893
AUD\$: 68.99

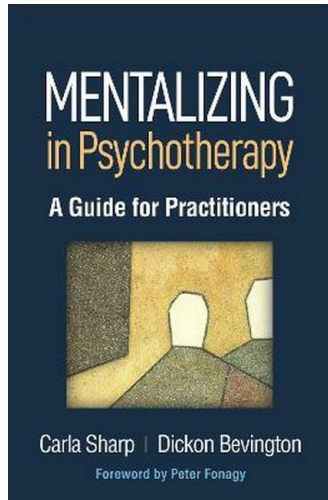


Therapeutic Communication 2/e Knowing What to Say When

By *Paul L. Wachtel*

A uniquely practical guide and widely adopted text, this book shows precisely what therapists can say at key moments to enhance the process of healing and change. Paul Wachtel explains why some communications in therapy are particularly effective, while others that address essentially the same content may actually be countertherapeutic. He offers clear and specific guidelines for how to ask questions and make comments in ways that facilitate collaborative exploration and promote change. Illustrated with vivid case examples, the book is grounded in an integrative theory that draws from features of psychodynamic, cognitive-behavioral, systemic, and experiential approaches.

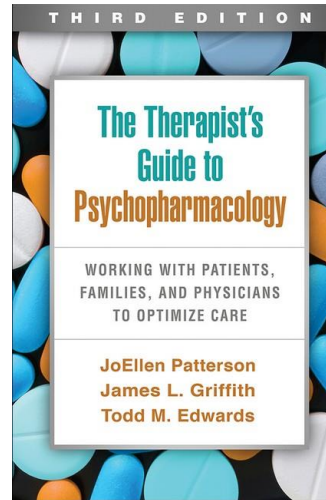
GUILFORD PUBLICATIONS
Disc: TEXT
Paperback
229 X 152 mm
398 Pages
Rel Date: January 2014
9781462513376
AUD\$: 75.99



Mentalizing in Psychotherapy
A Guide for Practitioners

By Carla Sharp, Dickon Bevington

NEW



The Therapist's Guide to Psychopharmacology 3/e
Working with Patients, Families, and Physicians to Optimize Care

By JoEllen Patterson, James L. Griffith

How can therapists help clients reflect more deeply on their own--and other people's--thoughts and emotions? How can the therapeutic relationship be leveraged effectively to create change?

Now in a revised and updated third edition, this noted practitioner guide and text incorporates the latest knowledge about psychopharmacology and collaborative care.

GUILFORD PUBLICATIONS

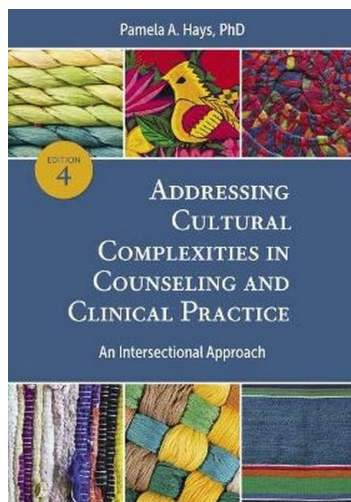
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229 X 152 mm
Release Date: November 2022
9781462549962

Hardback
218 pages
AUD\$: 79.99

GUILFORD PUBLICATIONS

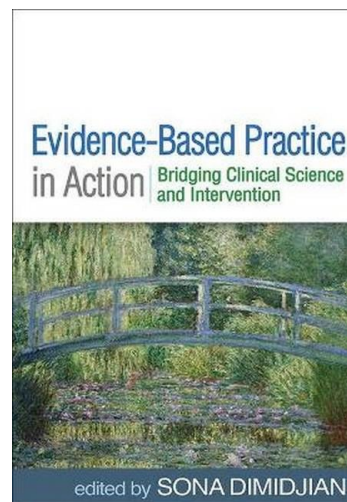
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: November 2021
9781462547661

Paperback
308 pages
AUD\$: 79.99



Addressing Cultural Complexities in Counseling and Clinical Practice 4/e
An Intersectional Approach

By Pamela A. Hays



Evidence-Based Practice in Action
Bridging Clinical Science and Intervention

By Sona Dimidjian

AUS CONTRIBUTOR

Using rich case material and self-reflection exercises, this updated edition helps therapists understand the complex, overlapping cultural and social influences that make each client unique.

A growing number of empirically supported treatments are available to mental health practitioners, yet evidence-based practice requires knowledge and skills that are often overlooked in clinical training.

AMERICAN PSYCHOLOGICAL ASSOCIATION

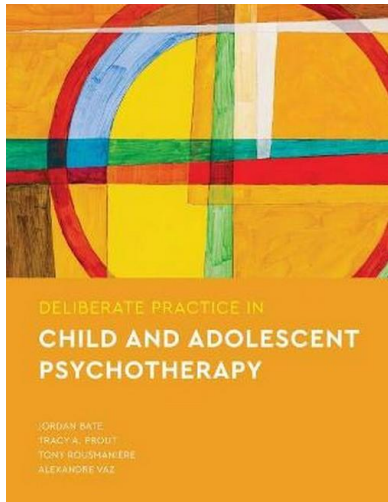
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: May 2022
9781433835940

Paperback
371 pages
AUD\$: 203.00

GUILFORD PUBLICATIONS

Author is from Australian and NZ Contributor
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: August 2021
9781462547708

Paperback
450 pages
AUD\$: 91.99



Deliberate Practice in Child and Adolescent Psychotherapy

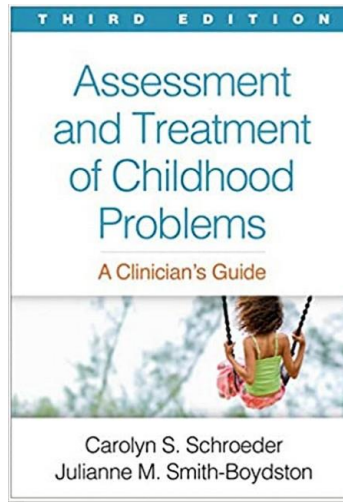
By Jordan Bate, Tracy A Prout

NEW

This book presents deliberate practice exercises in which students and trainees rehearse fundamental skills in child and adolescent psychotherapy until they become natural and automatic.

AMERICAN PSYCHOLOGICAL ASSOCIATION
 Disc: ACAD & PROFESSIONAL
 279 X 216 mm
 Release Date: September 2022
9781433837487

Paperback
 204 pages
AUD\$: 102.00



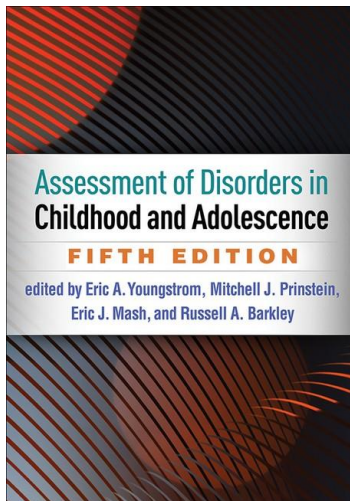
**Assessment and Treatment of Childhood Problems 3/e
 A Clinician's Guide**

By Carolyn S. Schroeder, Julianne M. Smith-Boydston

This highly accessible work, now thoroughly revised, has shown thousands of students and clinicians how to assess and treat children's emotional and behavioral difficulties from a developmental perspective.

GUILFORD PUBLICATIONS
 Disc: TEXT
 254 X 178 mm
 Release Date: March 2021
9781462545957

Paperback
 648 pages
AUD\$: 91.99



Assessment of Disorders in Childhood and Adolescence 5/e

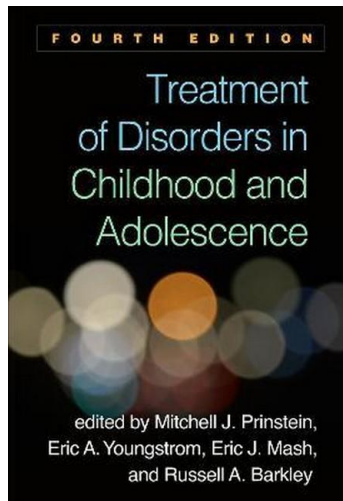
By Eric A. Youngstrom, Mitchell J. Prinstein

NEW IN PAPERBACK

This leading course text and practitioner reference has been extensively revised with 90% new content, covering a broader range of child and adolescent problems in more concise chapters.

GUILFORD PUBLICATIONS
 Disc: ACAD & PROFESSIONAL
 254 X 178 mm
 Release Date: September 2022
9781462550289

Paperback
 730 pages
AUD\$: 126.00



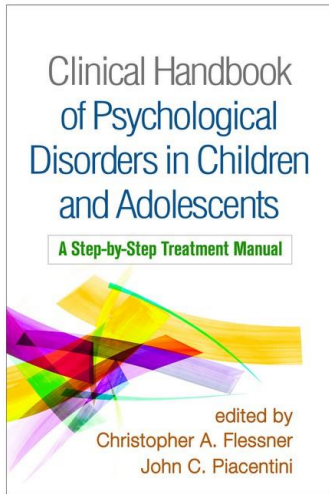
Treatment of Disorders in Childhood and Adolescence 4/e

By Mitchell J. Prinstein, Eric A. Youngstrom

Now completely revised (over 90% new), this definitive practitioner reference and course text comprehensively reviews evidence-based treatments for psychological disorders in children and adolescents.

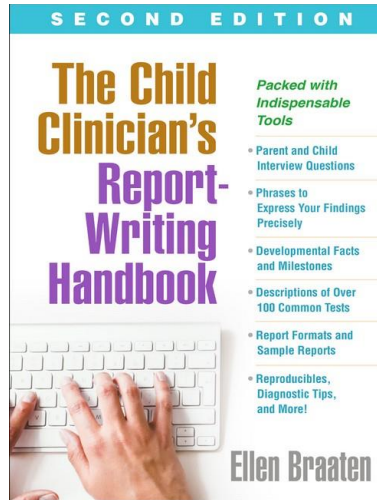
GUILFORD PUBLICATIONS
 Disc: ACAD & PROFESSIONAL
 254 X 178 mm
 Release Date: August 2021
9781462547715

Paperback
 928 pages
AUD\$: 126.00



**Clinical Handbook of Psychological Disorders in Children and Adolescents
A Step-by-Step Treatment Manual**

*By Christopher A. Flessner,
John C. Piacentini*



The Child Clinician's Report-Writing Handbook 2/e

By Ellen Braaten

Bringing together leading authorities, this volume synthesizes the breadth of current research on child and adolescent treatment into a practical handbook for students and clinicians.

Now revised and updated, this indispensable tool streamlines the process of conducting child and adolescent assessments and producing high-quality reports.

GUILFORD PUBLICATIONS

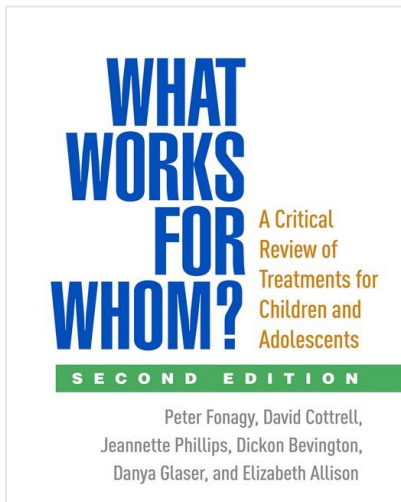
Disc: TEXT
254 X 178 mm
Release Date: June 2019
9781462540297

Paperback
578 pages
AUD\$: 91.99

GUILFORD PUBLICATIONS

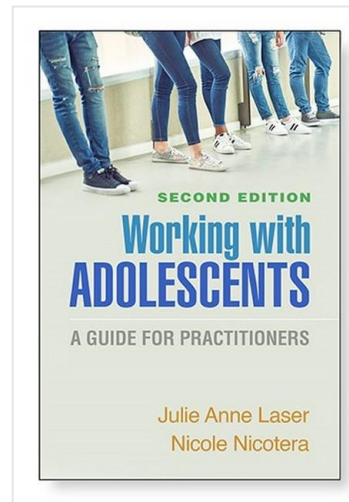
Disc: TEXT
266 X 203 mm
Release Date: November 2019
9781462540693

Paperback
384 pages
AUD\$: 91.99



**What Works for Whom? 2/e
A Critical Review of Treatments for Children and Adolescents**

By Peter Fonagy, David Cottrell



**Working with Adolescents 2/e
A Guide for Practitioners**

By Julie Anne Laser, Nicole Nicotera

The standard reference in the field, this acclaimed work synthesizes findings from hundreds of carefully selected studies of mental health treatments for children and adolescents.

Noted for its multisystemic-ecological perspective, this accessible text and practitioner resource has now been revised. The book provides a comprehensive view of adolescent development.

GUILFORD PUBLICATIONS

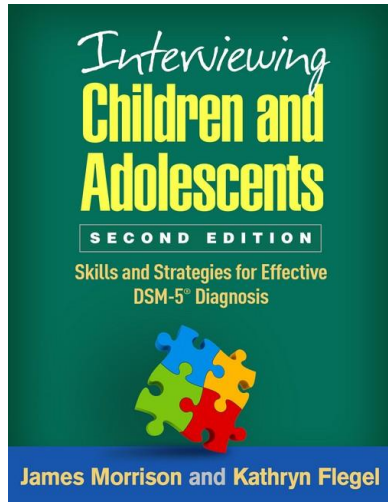
Disc: TEXT
235 X 187 mm
Release Date: February 2016
9781462525928

Paperback
639 pages
AUD\$: 95.99

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: August 2021
9781462546152

Hardback
362 pages
AUD\$: 103.00



Interviewing Children and Adolescents 2/e Skills and Strategies for Effective DSM-5 (R) Diagnosis

By James Morrison, Kathryn Flegel



Creative Ways to Help Children Manage BIG Feelings
A Therapist's Guide to Working with Preschool and Primary Children

By Fiona Zandt, Suzanne Barrett

AUS AUTHORS

This instructive clinical resource has given thousands of clinicians and students essential skills for evaluating infants through adolescents with any type of mental health issue.

To be able to effectively offer therapy to children, complex therapeutic concepts need to be presented in an appropriate and engaging manner.

GUILFORD PUBLICATIONS

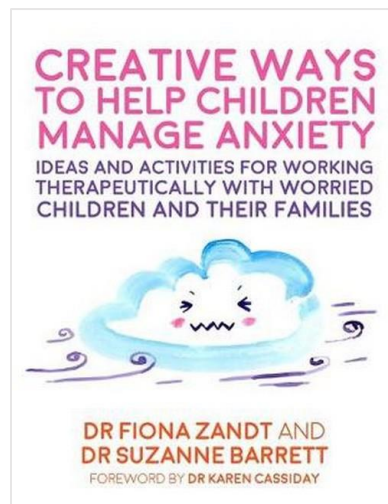
Disc: TEXT
235 X 187 mm
Release Date: December 2017
9781462533794

Paperback
493 pages
AUD\$: 79.99

JESSICA KINGSLEY PUBLISHERS

Author is from Australia
Disc: ACAD & PROFESSIONAL
276 X 214 mm
Release Date: June 2017
9781785920745

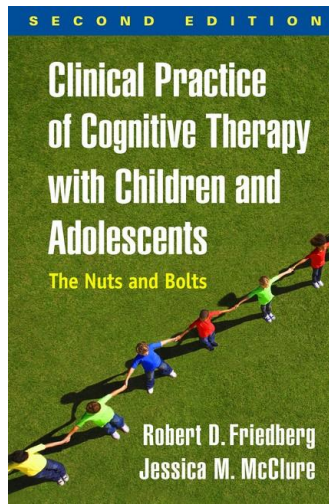
Paperback
200 pages
AUD\$: 52.99



Creative Ways to Help Children Manage Anxiety
Ideas and Activities for Working Therapeutically with Worried Children and Their Families

By Fiona Zandt, Suzanne Barrett

AUS AUTHORS



Clinical Practice of Cognitive Therapy with Children and Adolescents 2/e
The Nuts and Bolts

By Robert D. Friedberg, Jessica M. McClure

This book sets out therapeutic activities to help children aged 4-12 years and their families to better understand and manage anxiety.

Widely regarded as the definitive practitioner reference and teaching text, this book provides a complete introduction to doing cognitive-behavioral therapy (CBT) with 6- to 18-year-olds.

JESSICA KINGSLEY PUBLISHERS

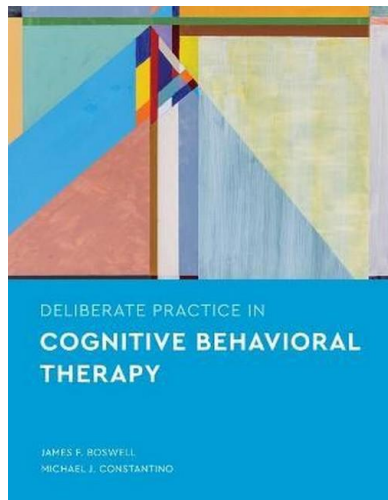
Author is from Australia
Disc: ACAD & PROFESSIONAL
279 X 216 mm
Release Date: January 2021
9781787750944

Paperback
208 pages
B&W THROUGHOUT
AUD\$: 52.99

GUILFORD PUBLICATIONS

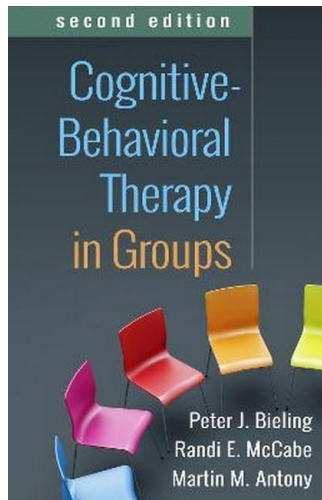
Disc: TEXT
229 X 152 mm
Release Date: May 2018
9781462535873

Paperback
494 pages
AUD\$: 65.99



Deliberate Practice in Cognitive Behavioral Therapy

By James F. Boswell, Michael J. Constantino



Cognitive-Behavioral Therapy in Groups 2/e

By Peter J. Bieling, Randi E. McCabe

NEW EDITION

This book presents deliberate practice exercises in which students and trainees rehearse fundamental cognitive-behavioral therapy (CBT) skills until they become natural and automatic.

The leading guide to group-based cognitive-behavioral therapy (CBT) has now been significantly revised with 70% new material, reflecting over 15 years of research and clinical advances.

AMERICAN PSYCHOLOGICAL ASSOCIATION

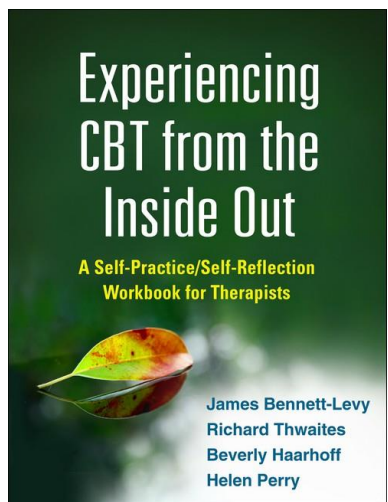
Disc: ACAD & PROFESSIONAL
279 X 216 mm
Release Date: February 2022
9781433835551

Paperback
224 pages
AUD\$: 102.00

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
234 X 156 mm
Release Date: September 2022
9781462549849

Paperback
468 pages
AUD\$: 103.00

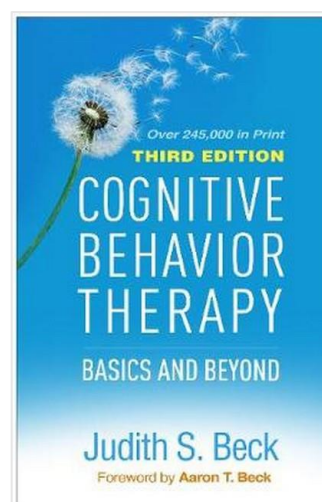


**Experiencing CBT from the Inside Out
A Self-Practice/Self-Reflection Workbook for Therapists**

By James Bennett-Levy, Richard Thwaites

James Bennett-Levy
Richard Thwaites
Beverly Haarhoff
Helen Perry

AUS & NZ AUTHORS



**Cognitive Behavior Therapy 3/e
Basics and Beyond**

By Judith S. Beck

Engaging and authoritative, this unique workbook enables therapists and students to build technical savvy in contemporary CBT interventions while deepening their self-awareness and therapeutic relationship skills.

Hundreds of thousands of clinicians and graduate students have relied on this text--now significantly revised with more than 50% new material--to learn the fundamentals of cognitive behavior therapy (CBT).

GUILFORD PUBLICATIONS

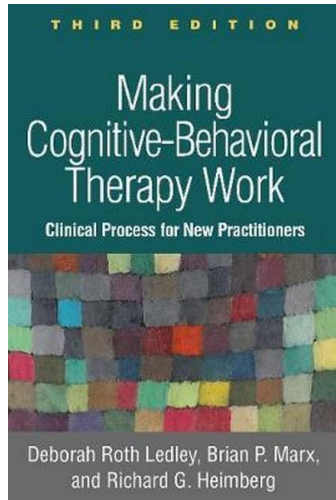
Disc: TEXT
266 X 203 mm
Release Date: April 2015
9781462518890

Paperback
278 pages
AUD\$: 73.99

GUILFORD PUBLICATIONS

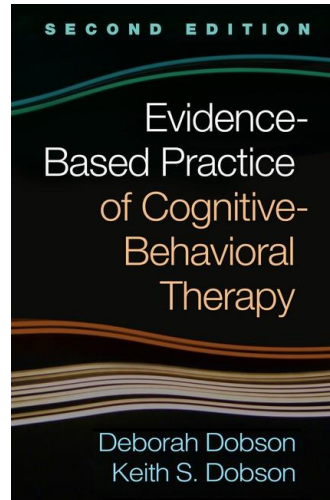
Disc: TEXT
229 X 152 mm
Release Date: January 2021
9781462544196

Hardback
414 pages
AUD\$: 122.00



Making Cognitive-Behavioral Therapy Work 3/e
Clinical Process for New Practitioners

By Deborah Roth Ledley, Brian P. Marx



Evidence-Based Practice of Cognitive-Behavioral Therapy 2/e

By Deborah Dobson, Keith S Dobson

What should I do when a client asks me personal questions? How do my clients' multiple problems fit together, and which ones should we focus on in treatment?

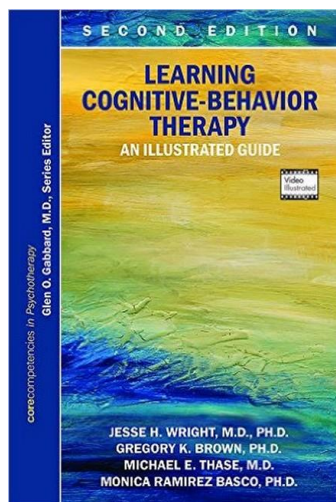
From an experienced clinician and a prominent psychotherapy researcher, this book synthesizes the evidence base for cognitive-behavioral therapy (CBT) and translates it into practical clinical guidelines.

GUILFORD PUBLICATIONS
 Disc: ACAD & PROFESSIONAL
 229 X 152 mm
 Release Date: March 2021
9781462546039

Paperback
 290 pages
AUD\$: 72.99

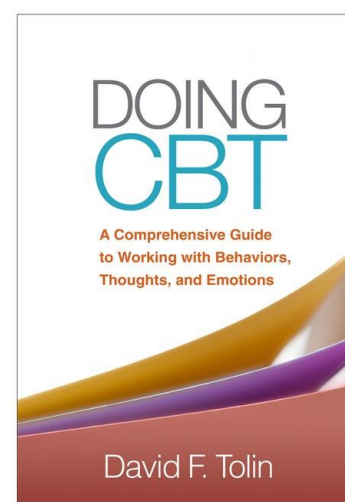
GUILFORD PUBLICATIONS
 Disc: TEXT
 229 X 152 mm
 Release Date: September 2018
9781462538027

Paperback
 354 pages
AUD\$: 56.99



Learning Cognitive-Behavior Therapy 2/e
An Illustrated Guide

By Jesse H. Wright, Gregory K. Brown



Doing CBT
A Comprehensive Guide to Working with Behaviors, Thoughts, and Emotions

By David F. Tolin

This updated, second edition also features ways to employ CBT to reduce suicide risk and tips on integrating therapies related to CBT -- including dialectical behavior therapy, mindfulness-based cognitive therapy, and more.

This accessible text and practitioner resource provides a complete introduction to the art and science of cognitive-behavioral therapy (CBT).

AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING
 Disc: TEXT
 229 X 150 mm
 Release Date: July 2017
9781615370184

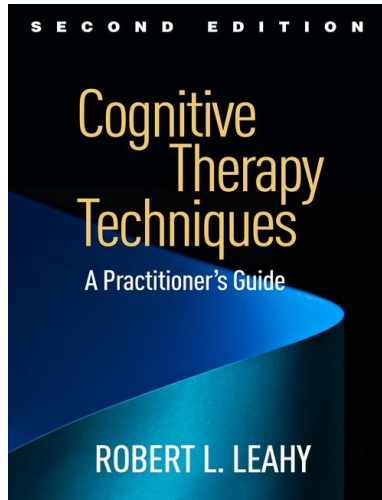
Paperback
 339 pages
AUD\$: 177.00

GUILFORD PUBLICATIONS
 Disc: TEXT
 254 X 178 mm
 Release Date: October 2016
9781462527076

Hardback
 594 pages
AUD\$: 135.00

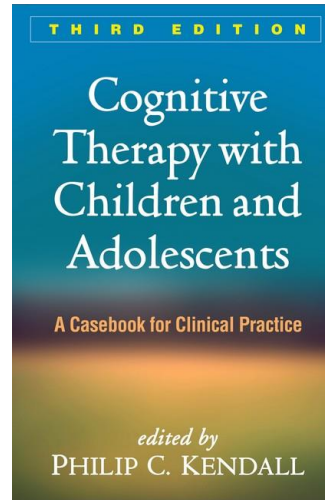


COGNITIVE BEHAVIOUR THERAPY



Cognitive Therapy Techniques 2/e
A Practitioner's Guide

By *Robert L. Leahy*



Cognitive Therapy with Children and Adolescents 3/e
A Casebook for Clinical Practice

By *Philip C. Kendall*

This indispensable book has given many tens of thousands of practitioners a wealth of evidence-based tools for maximizing the power of cognitive therapy and tailoring it to individual clients.

Thousands of clinicians and students have turned to this casebook--now completely revised with 90% new material--to see what cognitive-behavioral therapy (CBT) looks like in action.

GUILFORD PUBLICATIONS

Disc: TEXT
266 X 203 mm

Release Date: May 2017

9781462528226

Paperback
517 pages

AUD\$: 112.00

GUILFORD PUBLICATIONS

Disc: TEXT
229 X 152 mm

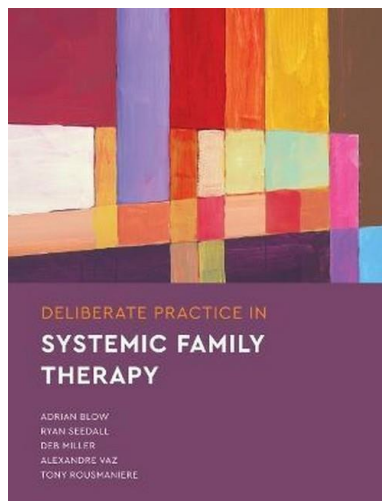
Release Date: December 2017

9781462528233

Paperback
340 pages

AUD\$: 71.99

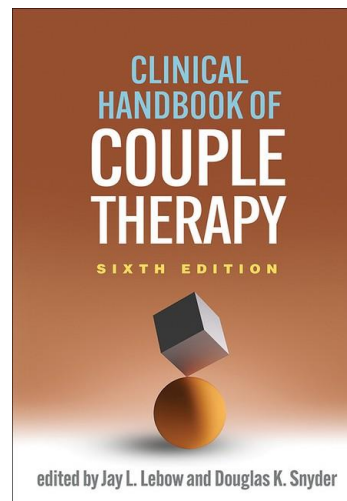
FAMILY AND COUPLE THERAPY



Deliberate Practice in Systemic Family Therapy

By *Adrian Blow, Deb Miller*

NEW



Clinical Handbook of Couple Therapy 6/e

By *Jay L. Lebow, Douglas K. Snyder*

NEW EDITION

Deliberate practice exercises allow students and trainees to rehearse systemic family therapy (SFT) skills to develop basic competence and hone their own personal therapeutic style.

Now in a significantly revised sixth edition with 70% new material, this comprehensive handbook has introduced tens of thousands of practitioners and students to the leading forms of couple therapy practiced today.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Disc: ACAD & PROFESSIONAL
279 X 216 mm

Release Date: January 2023

9781433837630

Paperback
277 pages

AUD\$: 102.00

GUILFORD PUBLICATIONS

Australian Contributor

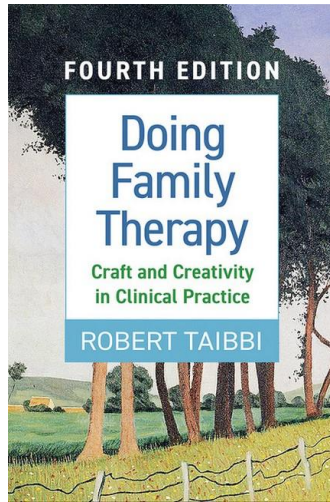
Disc: ACAD & PROFESSIONAL
254 X 178 mm

Release Date: December 2022

9781462550128

Hardback
728 pages

AUD\$: 251.00



Doing Family Therapy 4/e
Craft and Creativity in Clinical Practice

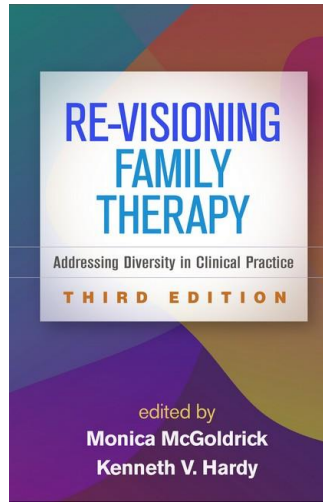
By Robert Taibbi

NEW EDITION

Engaging, practical, and infused with clinical wisdom, this widely used text and practitioner guide helps therapists working with families to hit the ground running.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: September 2022
9781462549214

Paperback
354 pages
AUD\$: 91.99



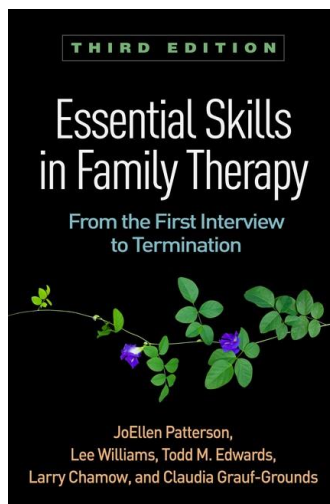
Re-Visioning Family Therapy 3/e
Addressing Diversity in Clinical Practice

By Monica McGoldrick, Kenneth V. Hardy

A leading text for courses that go beyond the basics of family systems theory, intervention techniques, and diversity, this influential work has now been significantly revised with 65% new material.

GUILFORD PUBLICATIONS
Disc: TEXT
235 X 156 mm
Release Date: August 2019
9781462531936

Hardback
614 pages
AUD\$: 153.00



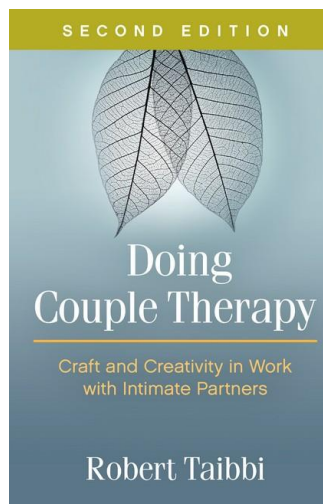
Essential Skills in Family Therapy 3/e
From the First Interview to Termination

By JoEllen Patterson, Lee Williams

Many students and beginning clinicians have relied on this engaging, authoritative text--now revised and expanded--to hit the ground running in real-world clinical practice.

GUILFORD PUBLICATIONS
Disc: TEXT
229 X 152 mm
Release Date: August 2018
9781462533435

Hardback
333 pages
AUD\$: 91.99



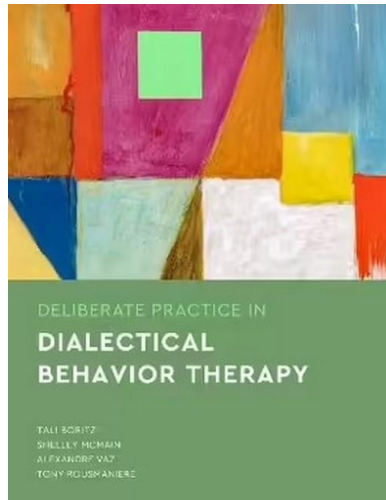
Doing Couple Therapy 2/e
Craft and Creativity in Work with Intimate Partners

By Robert Taibbi

Now thoroughly revised, this practical, user-friendly guide has helped thousands of novice couple therapists and students to navigate the challenges of clinical work with couples in conflict.

GUILFORD PUBLICATIONS
Disc: TEXT
229 X 152 mm
Release Date: July 2017
9781462530137

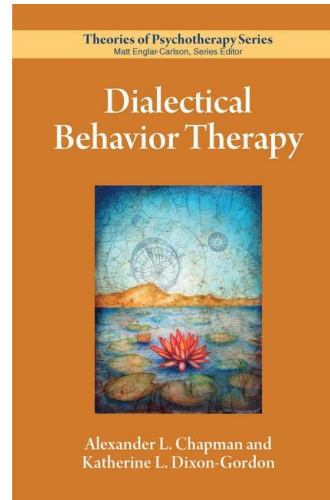
Paperback
292 pages
AUD\$: 60.99



Deliberate Practice in Dialectical Behavior Therapy

By Tali Boritz, Shelley McMinn

NEW



Dialectical Behavior Therapy

By Alexander L. Chapman, Katherine L. Dixon-Gordon

Each book in the Essentials of Deliberate Practice series contains customized role-playing exercises in which two trainees act as a client and a therapist, switching back and forth under guidance.

Reviews the theoretical underpinnings and practice of dialectical behaviour therapy (DBT), a treatment developed by Marsha Linehan to treat borderline personality disorder.

AMERICAN PSYCHOLOGICAL ASSOCIATION

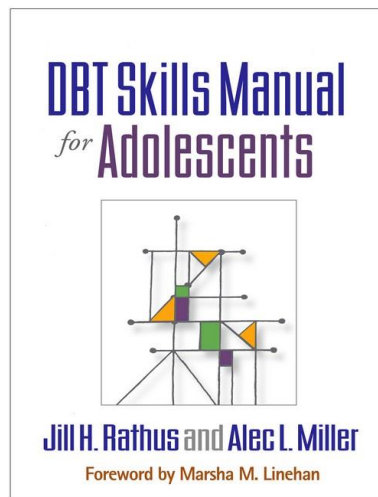
Disc: ACAD & PROFESSIONAL
 279 X 216 mm
 Release Date: May 2023
9781433837890

Paperback
 230 pages
AUD\$: 102.00

AMERICAN PSYCHOLOGICAL ASSOCIATION

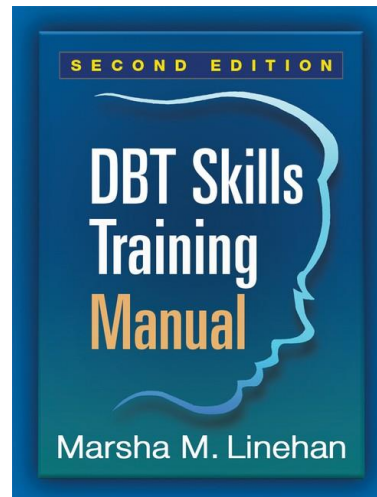
Disc: ACAD & PROFESSIONAL
 229 X 152 mm
 Release Date: September 2020
9781433831454

Paperback
 217 pages
AUD\$: 114.00



DBT Skills Manual for Adolescents

By Jill H. Rathus, Alec L. Miller



DBT Skills Training Manual 2/e

By Marsha M. Linehan

From leading experts who have trained thousands of professionals in dialectical behavior therapy (DBT), this manual provides indispensable tools for treating adolescents with emotional or behavioral problems of any level of severity.

From Marsha M. Linehan--the developer of dialectical behavior therapy (DBT)--this comprehensive resource provides vital tools for implementing DBT skills training.

GUILFORD PUBLICATIONS

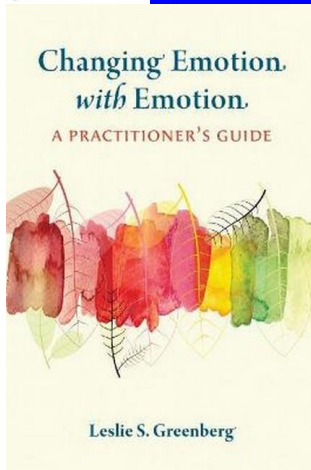
Disc: TEXT
 266 X 203 mm
 Release Date: February 2015
9781462515356

Paperback
 392 pages
AUD\$: 99.99

GUILFORD PUBLICATIONS

Disc: TEXT
 279 X 216 mm
 Release Date: December 2014
9781462516995

Paperback
 504 pages
AUD\$: 118.00



Changing Emotion With Emotion A Practitioner's Guide

By *Leslie S. Greenberg*

This book presents principles and methods for working with emotion in psychotherapy to address the core maladaptive processes that cause anxiety, depression, and other common mental health disorders. Mental health providers confront emotional suffering every day, yet working with emotion is rarely explicitly taught in most clinical graduate programs. There is evidence that emotional experience in therapy relates to therapy outcome, across multiple diagnoses. This research has given rise to strategies that address the core maladaptive processes that cause distress and dysfunction, rather than specific diagnoses. Methods described in this book can help clients with all types of disorders to 'arrive at,' or fully experience, their painful maladaptive emotions, and then 'leave' these emotions by accessing new, adaptive emotions.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Disc: ACAD & PROFESSIONAL

Paperback

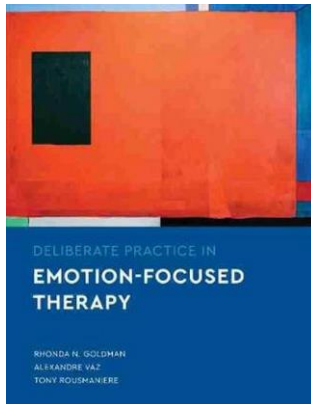
229 X 152 mm

314 Pages

Rel Date: September 2021

9781433834691

AUD\$: 127.00



Deliberate Practice in Emotion-Focused Therapy

By *Rhonda N. Goldman, Alexandre Vaz*

This book presents deliberate practice exercises to help students, trainees, and clinicians address common challenges that arise in emotion-focused therapy (EFT). Deliberate practice is a rigorous training method that involves repeated behavioral rehearsal and stimulation-based learning therapy techniques. The exercises in this book consist of a series of role-playing scenarios in which two trainees act as a client and a therapist, switching back and forth under the guidance of a supervisor. Instructions guide all three participants through the application of specific EFT techniques and interpersonal skills, such as responding empathically to clients, building therapist self-awareness, and repairing relationship ruptures. Sample client statements and therapist responses, organized by difficulty from beginner to advanced levels, highlight common therapeutic interactions.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Disc: ACAD & PROFESSIONAL

Paperback

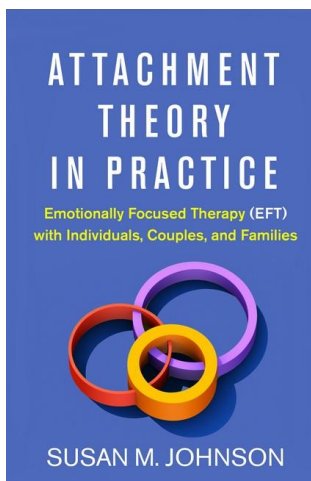
229 X 152 mm

123 Pages

Rel Date: August 2021

9781433832857

AUD\$: 102.00



Attachment Theory in Practice Emotionally Focused Therapy (EFT) with Individuals, Couples, and Families

By *Susan M. Johnson*

Drawing on cutting-edge research on adult attachment--and providing an innovative roadmap for clinical practice--Susan M. Johnson argues that psychotherapy is most effective when it focuses on the healing power of emotional connection. The primary developer of emotionally focused therapy (EFT) for couples, Johnson now extends her attachment-based approach to individuals and families. The volume shows how EFT aligns perfectly with attachment theory as it provides proven techniques for treating anxiety, depression, and relationship problems. Each modality (individual, couple, and family therapy) is covered in paired chapters that respectively introduce key concepts and present an in-depth case example.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL

Hardback

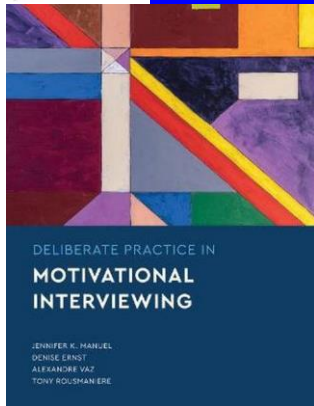
229 X 152 mm

278 Pages

Rel Date: March 2019

9781462538249

AUD\$: 79.99



Deliberate Practice in Motivational Interviewing

By Jennifer Knapp Manuel, Denise Ernst

Deliberate practice exercises help clinicians develop competence in fundamental motivational interviewing skills to better assist clients with change goals, like quitting addictive behaviors and developing healthier habits, and to improve treatment engagement and retention. These exercises present role-playing scenarios in which two trainees act as a client and a clinician, switching back and forth under the guidance of a supervisor. The clinician improvises appropriate and authentic responses to client statements organized into three difficulty levels--beginner, intermediate, and advanced--that reflect common client questions and concerns.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Disc: ACAD & PROFESSIONAL
Paperback

279 X 216 mm

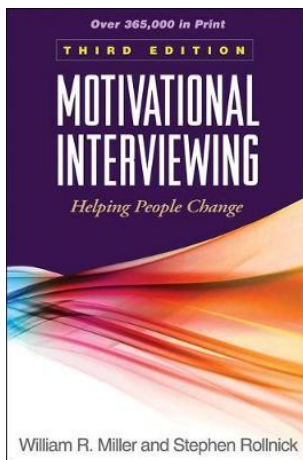
196 Pages

Rel Date: December 2022

9781433836183

AUD\$: 102.00

NEW



Motivational Interviewing 3/e Helping People Change

By Miller R. William, Stephen Rollnick

This bestselling work for professionals and students is the authoritative presentation of motivational interviewing (MI), the powerful approach to facilitating change. The book elucidates the four processes of MI--engaging, focusing, evoking, and planning--and vividly demonstrates what they look like in action. A wealth of vignettes and interview examples illustrate the "dos and don'ts" of successful implementation in diverse contexts. Highly accessible, the book is infused with respect and compassion for clients. The companion Web page provides additional helpful resources, including reflection questions, an extended bibliography, and annotated case material. This book is in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers.

GUILFORD PUBLICATIONS

Disc: TEXT

Hardback

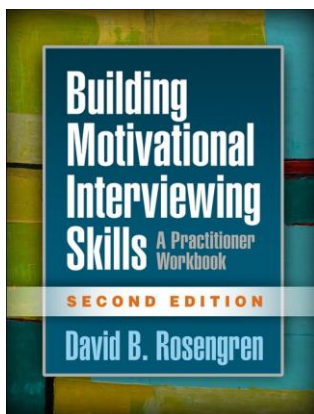
229 X 152 mm

482 Pages

Rel Date: November 2012

9781609182274

AUD\$: 135.00



Building Motivational Interviewing Skills 2/e A Practitioner Workbook

By David Rosengren

Many tens of thousands of mental health and health care professionals have used this essential book--now significantly revised with 70% new content reflecting important advances in the field--to develop and sharpen their skills in motivational interviewing (MI). Clear explanations of core MI concepts are accompanied by carefully crafted sample dialogues, exercises, and practice opportunities. Readers build proficiency for moving through the four processes of MI--engaging, focusing, evoking, and planning--using open-ended questions, affirmations, reflective listening, and summaries (OARS), plus information exchange. In a large-size format with lay-flat binding for easy photocopying, the volume includes more than 80 reproducible worksheets. Purchasers get access to a companion website where they can download and print the reproducible materials.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
Paperback

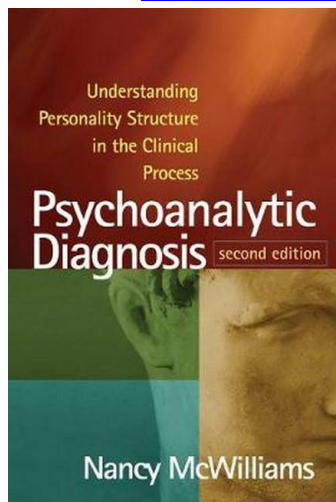
266 X 203 mm

513 Pages

Rel Date: November 2017

9781462532063

AUD\$: 114.00

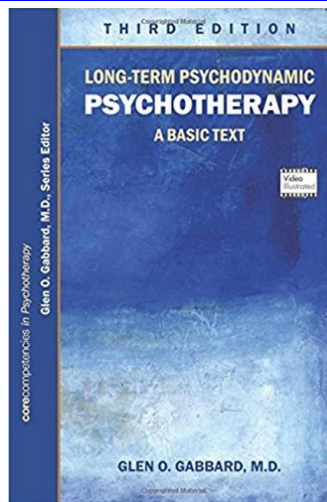
**Psychoanalytic Diagnosis 2/e**
Understanding Personality Structure in the Clinical Process*By Nancy McWilliams*

This acclaimed clinical guide and widely adopted text has filled a key need in the field since its original publication. Nancy McWilliams makes psychoanalytic personality theory and its implications for practice accessible to practitioners.

GUILFORD PUBLICATIONS

Disc: TEXT
229 X 152 mm
Release Date: May 2020
9781462543694

Paperback
426 pages
AUD\$: 81.99

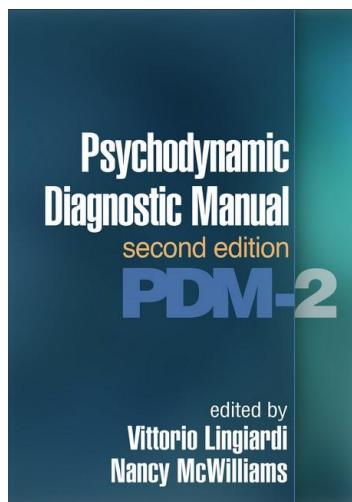
**Long-Term Psychodynamic Psychotherapy 3/e**
A Basic Text*By Glen O. Gabbard, Glen O. Gabbard*

This new, meticulously updated edition offers the latest research on the foundations, techniques, and efficacy of psychodynamic psychotherapy, while still providing the basic information on assessment.

AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING

Disc: TEXT
229 X 150 mm
Release Date: May 2017
9781615370535

Paperback
251 pages
B&W THROUGHOUT
AUD\$: 177.00

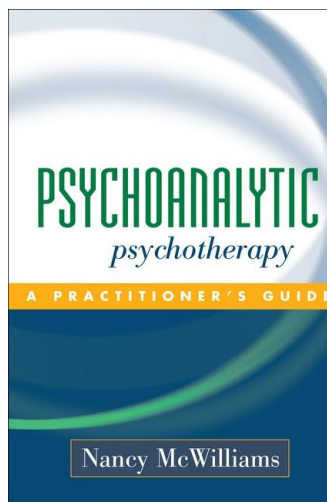
**Psychodynamic Diagnostic Manual 2/e PDM-2***By Vittorio Lingiardi, Nancy McWilliams*

Now completely revised (over 90% new), this is the authoritative diagnostic manual grounded in psychodynamic clinical models and theories.

GUILFORD PUBLICATIONS

Disc: TEXT
254 X 178 mm
Release Date: August 2017
9781462530540

Paperback
1078 pages
AUD\$: 133.00

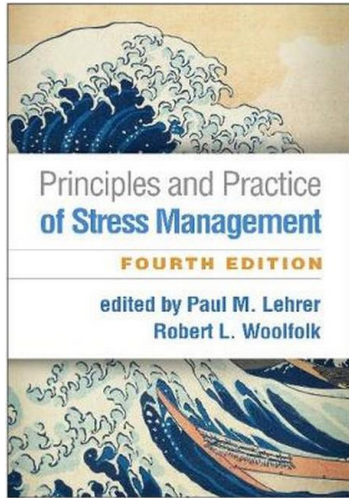
**Psychoanalytic Psychotherapy A Practitioner's Guide***By Nancy McWilliams*

Building on the enormous popularity of her two previous texts on diagnosis and case formulation, this important work from Nancy McWilliams completes the trilogy by addressing in detail the art of psychodynamic treatment.

GUILFORD PUBLICATIONS

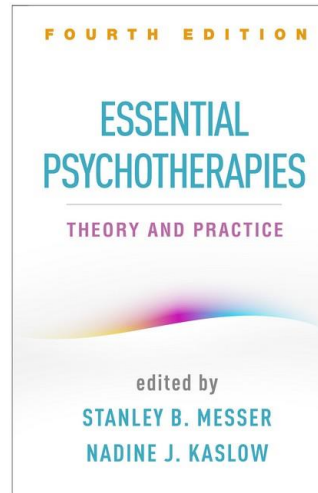
Disc: TEXT
229 X 152 mm
Release Date: May 2004
9781593850098

Hardback
353 pages
AUD\$: 122.00



Principles and Practice of Stress Management 4/e

By Paul M. Lehrer, Robert L. Woolfolk



Essential Psychotherapies 4/e
Theory and Practice

By Stanley B. Messer, Nadine J. Kaslow

The leading clinical reference and text on stress management has now been significantly revised with 60% new material reflecting key developments in the field.

Acclaimed for its clear writing and stellar contributors, this authoritative text is now in a revised and updated fourth edition.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: July 2021

9781462545100

Paperback
656 pages

AUD\$: 126.00

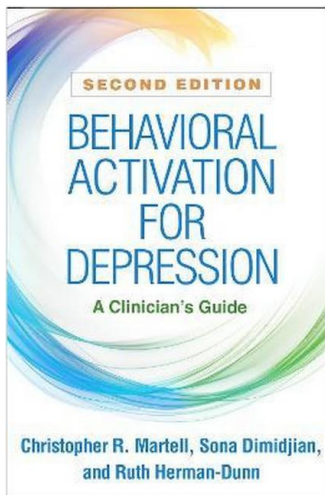
GUILFORD PUBLICATIONS

Disc: TEXT
254 X 178 mm
Release Date: January 2020

9781462540846

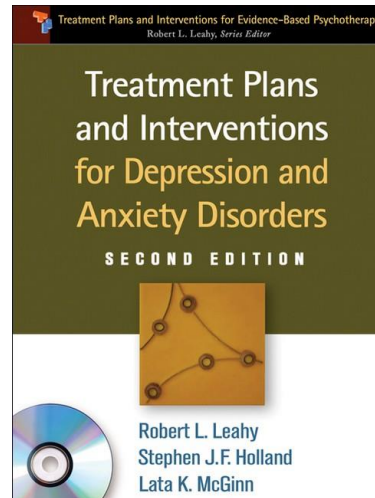
Paperback
500 pages

AUD\$: 91.99



Behavioral Activation for Depression
A Clinician's Guide

By Christopher R. Martell, Sona Dimidjian



Treatment Plans & Interventions for Depression & Anxiety Disorders 2/e

By Robert L. Leahy, Stephen J. F. Holland

Noted for its clarity and practical utility, the definitive guide to behavioral activation (BA) is now in a revised and expanded second edition.

This practical resource provides busy practitioners with empirically supported treatments for seven common disorders. Chapters describe basic cognitive-behavioral therapy (CBT) techniques and how to tailor them to each disorder.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: May 2022

9781462548385

Paperback
242 pages

AUD\$: 79.99

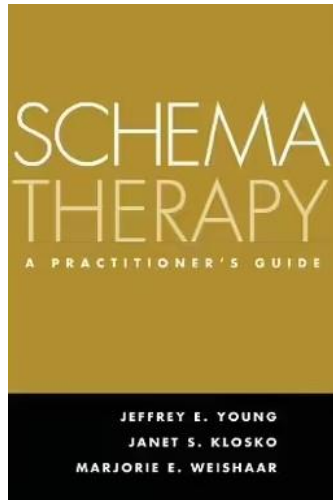
GUILFORD PUBLICATIONS

Disc: TEXT
266 X 203 mm
Release Date: January 2012

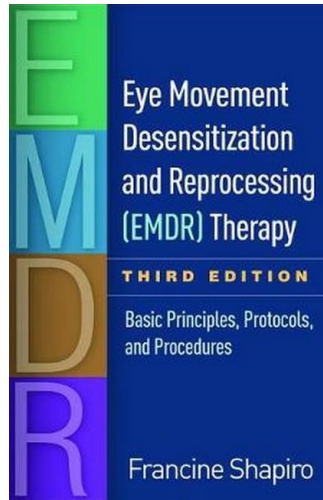
9781609186494

Paperback
490 pages

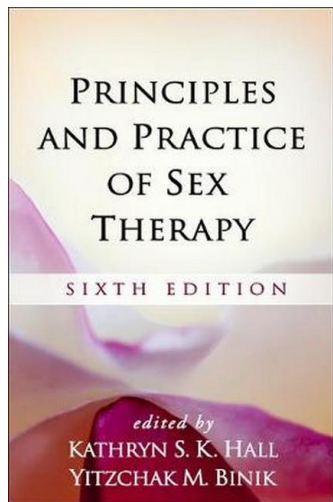
AUD\$: 163.00

**Schema Therapy
A Practitioner's Guide****By Jeffrey E Young, Janet S. Klosko**

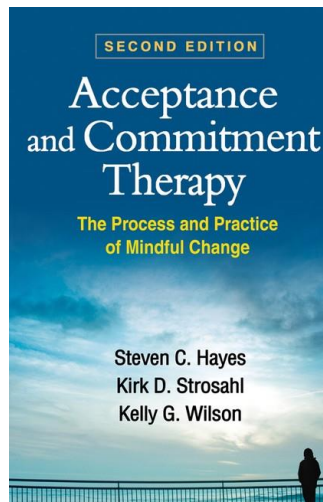
Designed to meet the challenges of treating personality disorders and other complex difficulties, schema therapy combines cognitive-behavioral techniques with elements of other therapies.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
235 X 156 mm
Release Date: January 2007
9781593853723Paperback
436 pages
AUD\$: 117.00**Eye Movement
Desensitization and
Reprocessing (EMDR)
Therapy 3/e
Basic Principles, Protocols,
and Procedures****By Francine Shapiro**

The authoritative presentation of Eye Movement Desensitization and Reprocessing (EMDR) therapy, this groundbreaking book--now revised and expanded--has enhanced the clinical repertoires of more than 125,000 readers.

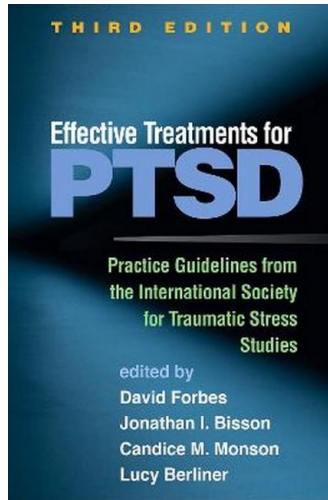
GUILFORD PUBLICATIONS
Disc: TEXT
235 X 156 mm
Release Date: February 2018
9781462532766Hardback
568 pages
AUD\$: 133.00**Principles and Practice of
Sex Therapy 6/e****By Kathryn S.K. Hall,
Yitzchak M. Binik**

This widely used clinical reference and text is now significantly updated with 75% new material reflecting therapeutic advances, diagnostic changes, and increased coverage of sexual minority groups.

GUILFORD PUBLICATIONS
Disc: TEXT
235 X 156 mm
Release Date: November 2020
9781462543397Hardback
536 pages
AUD\$: 153.00**Acceptance and
Commitment Therapy 2/e
The Process and Practice of
Mindful Change****By Steven C. Hayes, Kirk D.
Strosahl**

Since the original publication of this seminal work, acceptance and commitment therapy (ACT) has come into its own as a widely practiced approach to helping people change.

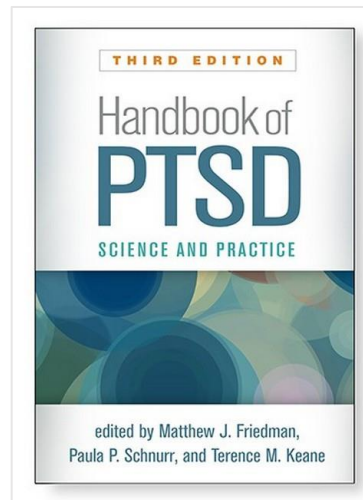
GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: October 2016
9781462528943Paperback
402 pages
AUD\$: 84.99



Effective Treatments for PTSD 3/e
Practice Guidelines from the International Society for Traumatic Stress Studies

By David Forbes, Jonathan I. Bisson

AUS EDITORS & CONTRIBUTORS



Handbook of PTSD 3/e Science and Practice

By Matthew J Friedman, Paula P. Schnurr

AUS & NZ CONTRIBUTORS

Chapters describe PTSD assessment and intervention practices that have been shown to work and provide practical, real-world implementation guidance.

Now in an extensively revised third edition with 65% new material, this is the authoritative reference on posttraumatic stress disorder (PTSD).

GUILFORD PUBLICATIONS

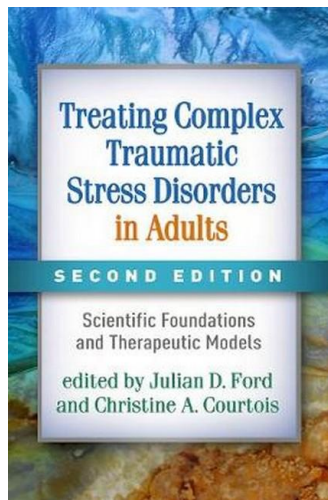
Disc: ACAD & PROFESSIONAL
235 X 156 mm
Release Date: November 2020
9781462543564

Paperback
558 pages
AUD\$: 126.00

GUILFORD PUBLICATIONS

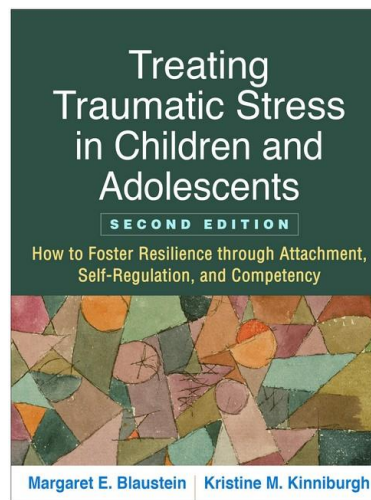
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: September 2021
9781462547074

Hardback
684 pages
AUD\$: 171.00



Treating Complex Traumatic Stress Disorders in Adults 2/e
Scientific Foundations and Therapeutic Models

By Julian Ford, Christine A. Courtois



Treating Traumatic Stress in Children and Adolescents 2/e
How to Foster Resilience through Attachment, Self-Regulation, and Competency

By Margaret E. Blaustein, Kristine M. Kinniburgh

This authoritative reference on complex traumatic stress disorders (CTSDs) and their assessment and treatment has now been significantly revised with more than 75% new material reflecting a decade of advances in the field.

Packed with practical clinical tools, this guide explains how to plan and organize individualized interventions that promote resilience, strengthen child-caregiver relationships, and more.

GUILFORD PUBLICATIONS

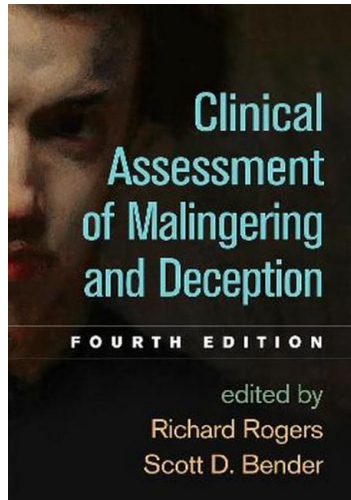
Disc: ACAD & PROFESSIONAL
235 X 156 mm
Release Date: November 2020
9781462543625

Paperback
646 pages
AUD\$: 103.00

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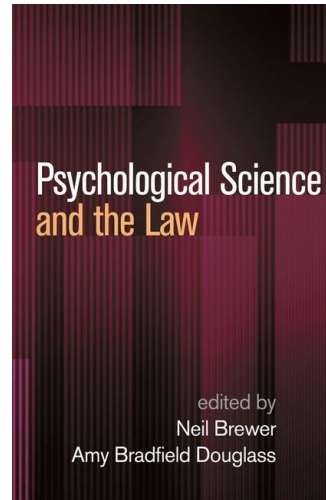
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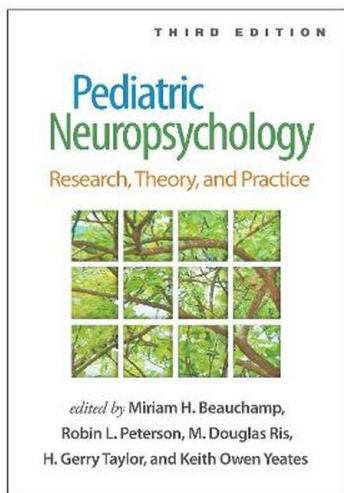
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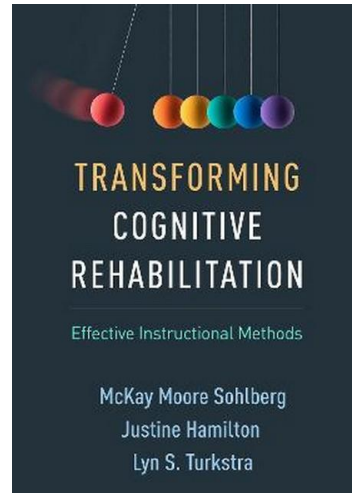
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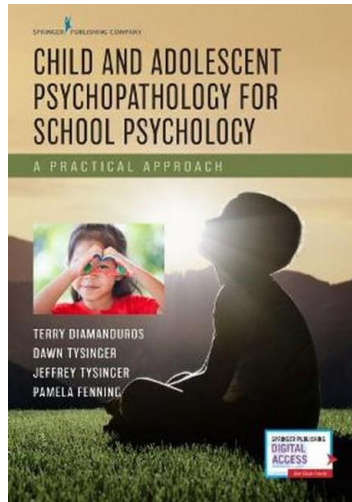
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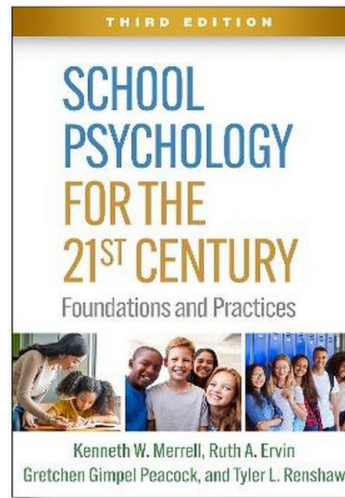
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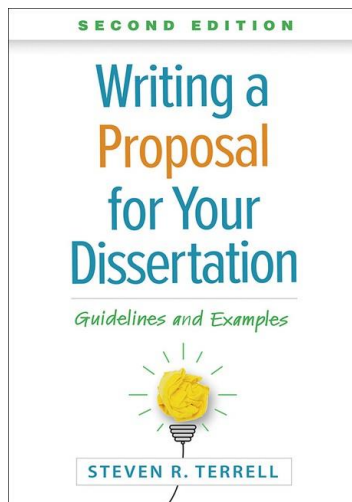
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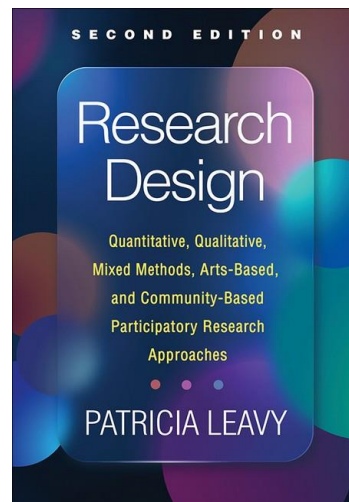
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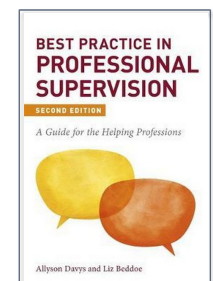
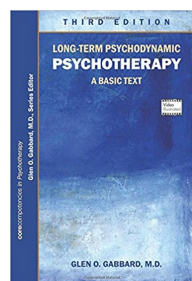
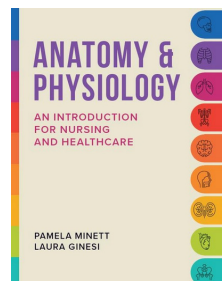
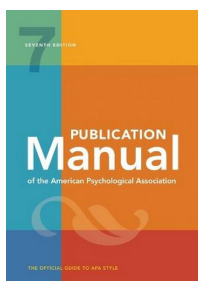
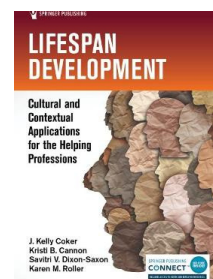
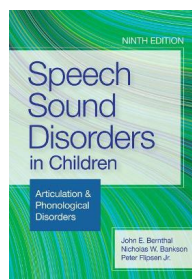
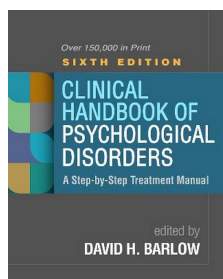
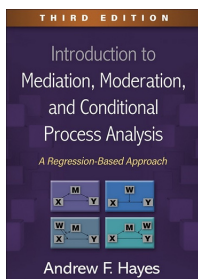
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