

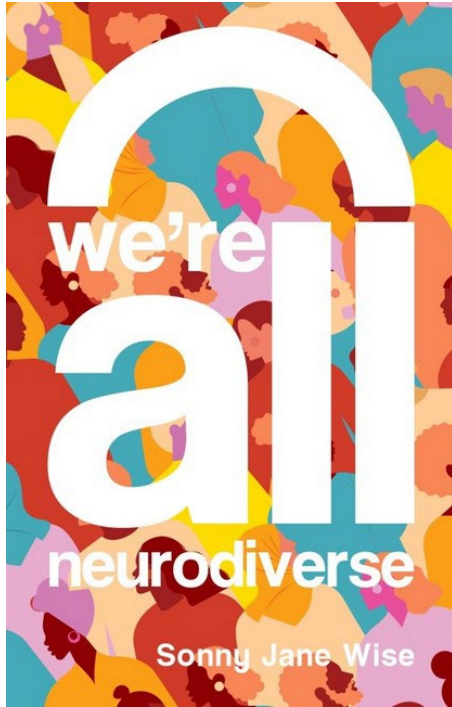
# Autism & Neurodiversity Books

NEW AND BESTSELLING  
March 2024



Woodslane Health

[www.woodslane.com.au](http://www.woodslane.com.au)



### We're All Neurodiverse

How to Build a Neurodiversity-Affirming Future and Challenge Neuronormativity

**NEW**

By *Sonny Jane Wise*

This affirming and thoughtful guide outlines how and why we need to fundamentally shift our thinking about neurodivergent people. We need to accept differences rather than framing them as a problem, abnormality or disorder.

Welcome to the neurodiversity paradigm. At times challenging and radical, Sonny Jane Wise explores the intersections of neurodivergence with disability, gender, sexuality and race. Through interviews, narratives, and the lens of their own raw experiences, they consider how current systems and structures that impact neurodivergent people are rooted in outdated capitalist and racist frameworks, and how these need to change and adapt to be neurodiversity affirming.

Sonny Janes words are a rallying cry to challenge the pathology paradigm. They offer nine principles for facilitating change, reflected in deeply personal stories from the neurodivergent community. Powerful and persuasive, this book is a clarion call for a kinder and more neurodiversity affirming society.

**JESSICA KINGSLEY PUBLISHERS**

Author is from Australia

Disc: TRADE INTERNATIONAL

216 X 138 mm

Release Date: November 2023

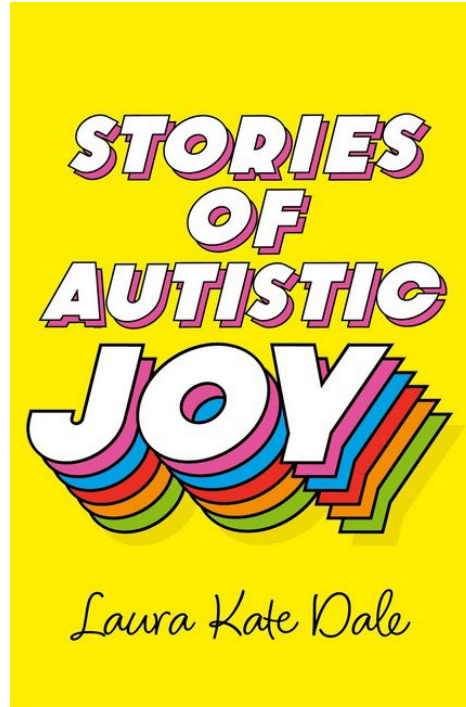
9781839975783

Paperback

208 pages

NOT ILLUSTRATED

AUD\$: 37.99



### Stories of Autistic Joy

**NEW**

By *Laura Kate Dale*

**Key Sales Points:**

\*An anthology of stories celebrating autistic joy

'I love that I don't need to feel ashamed at my happiest, and that my joy no longer needs to go through a filter before it's ready to see the light of day'

Laura Kate Dale and 15 other autistic authors from around the globe, open the door and invite you in to explore and celebrate the candid, uplifting and intimate moments of autistic joy. More often than not autism is viewed through the lens of struggles and challenges - *Stories of Autistic Joy* is here to shift that narrative and turn the spotlight onto the unique joys that shape autistic people's lives.

From loving relationships, fantasy writing, building soft forts to curl up in and echolalia to peaceful (or very unpeaceful!) solitude, Pokemon, stimming freely and unmasking for the first time, joy comes in all shapes and sizes. So, step inside and explore the diverse and heart-warming stories from around the world and celebrate what makes experiencing autistic joy so special.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: October 2023

9781839978098

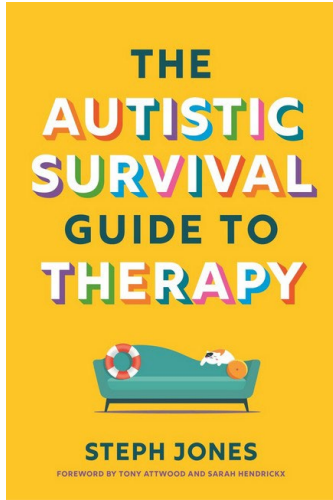
Paperback

176 pages

B&W THROUGHOUT

AUD\$: 37.99





**The Autistic Survival Guide to Therapy**

**NEW**

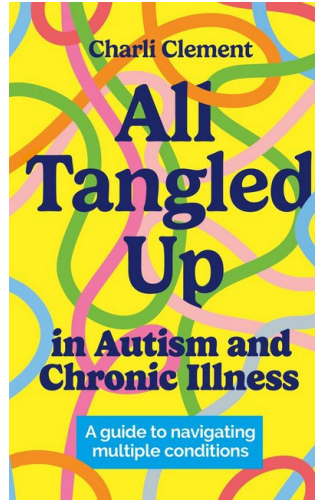
By *Stephanie Jones*



This is the book that would've saved me nine different therapists, decades of self-analysis, thousands of pounds, twelve different doctors and untold amounts of pain, frustration and trauma.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 216 X 138 mm  
 Release Date: May 2024  
**9781839977312**

Paperback  
 256 pages  
**AUD\$: 42.99**



**All Tangled Up in Autism and Chronic Illness**

A guide to navigating multiple conditions

**NEW**

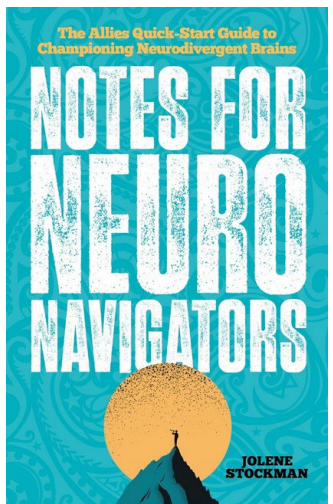
By *Charli Clement*



In this ground-breaking debut, Charli Clement combines their own experiences alongside unique short profiles from individuals with chronic illness, to provide an intimate and insightful look.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 216 X 138 mm  
 Release Date: March 2024  
**9781839975240**

Paperback  
 240 pages  
 B&W THROUGHOUT  
**AUD\$: 41.99**



**Notes for Neuro Navigators**  
 The Allies Quick-Start Guide to Championing Neurodivergent Brains

**NEW**

By *Jolene Stockman*

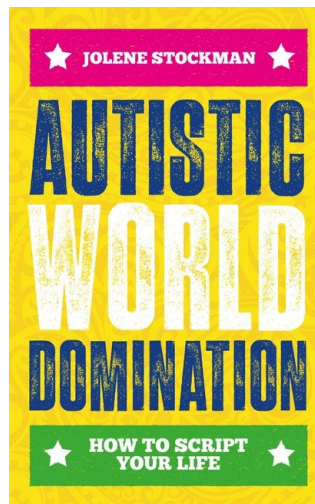


"Being autistic is full-on, but being in the life of someone who is autistic? This can be epic, world-changing love." In a world built for neurotypicals, how can you help autistic loved ones navigate their way to happiness?

**JESSICA KINGSLEY PUBLISHERS**  
 Author is from New Zealand

Disc: TRADE INTERNATIONAL  
 198 X 129 mm  
 Release Date: March 2024  
**9781839978685**

Paperback  
 144 pages  
 B&W THROUGHOUT  
**AUD\$: 30.99**



**Autistic World Domination**  
 How to Script Your Life

By *Jolene Stockman*

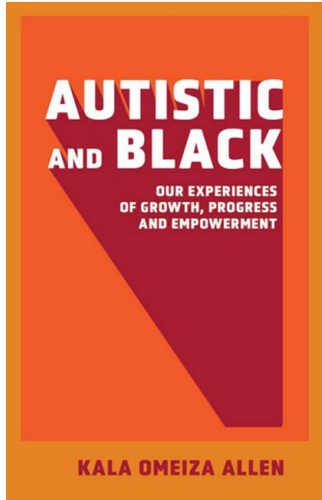


The neurotypical world doesn't always work for autistic people, but that's about to change! By helping readers write their own blueprint for life, Autistic World Domination empowers autistics to create the world they want for themselves.

**JESSICA KINGSLEY PUBLISHERS**  
 Author is from New Zealand

Disc: TRADE INTERNATIONAL  
 220 X 140 mm  
 Release Date: May 2023  
**9781839974441**

Paperback  
 208 pages  
 NOT ILLUSTRATED  
**AUD\$: 34.99**



**Autistic and Black**  
Our Experiences of Growth,  
Progress and Empowerment

**NEW**

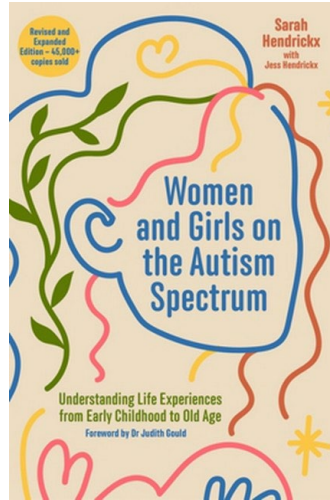
By *Kala Allen Omeiza*



It's time we bring forward Black autistic pain points and celebrate the triumphs of ourselves, family members, and organizations that care for these individuals.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: May 2024  
**9781839976209**

Paperback  
224 pages  
B&W THROUGHOUT  
**AUD\$: 42.99**



**Women and Girls on  
the Autism Spectrum**  
2/e

**NEW EDITION**

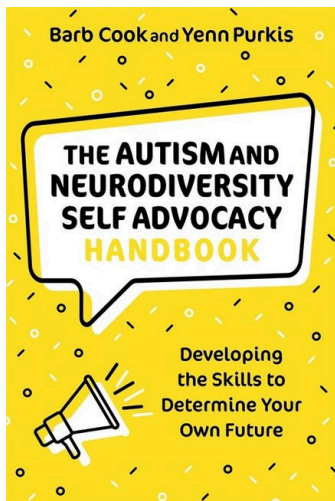
By *Sarah Hendrickx, Judith Gould*



A cradle-to-grave guide to female autistic experience combining personal accounts with academic research, with chapters on childhood, education, employment, healthcare, gender identity and ageing.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: April 2024  
**9781805010692**

Paperback  
352 pages  
B&W THROUGHOUT  
**AUD\$: 44.99**



**The Autism and  
Neurodiversity Self  
Advocacy Handbook**  
Developing the Skills to  
Determine Your Own Future

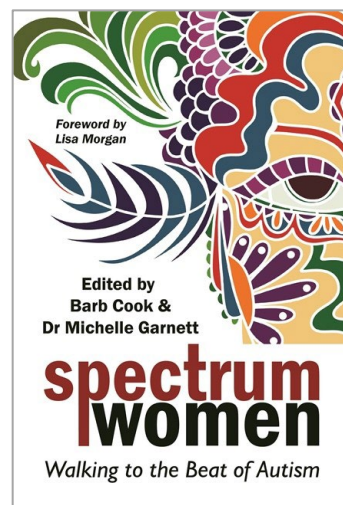
By *Barb Cook, Yenn Purkis*



This is the ultimate guide to self-advocacy for autistic people at all stages of life. Covering self-advocacy in specific scenarios, such as work, school and social media.

**JESSICA KINGSLEY PUBLISHERS**  
**Authors are from Australia**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: March 2022  
**9781787755758**

Paperback  
176 pages  
**AUD\$: 40.99**



**Spectrum Women**  
Walking to the Beat of  
Autism

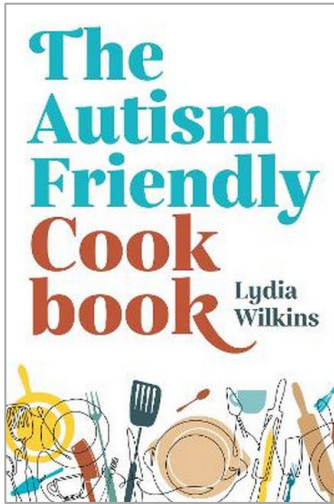
By *Barb Cook, Michelle Garnett*



Barb Cook and 14 other autistic women describe life from a female autistic perspective, and present empowering, helpful and supportive insights from their personal experience for fellow autistic women.

**JESSICA KINGSLEY PUBLISHERS**  
**Authors are from Australia**  
Disc: TRADE INTERNATIONAL  
228 X 152 mm  
Release Date: October 2018  
**9781785924347**

Paperback  
336 pages  
**AUD\$: 45.99**



**The Autism-Friendly Cookbook**

By *Lydia Wilkins*

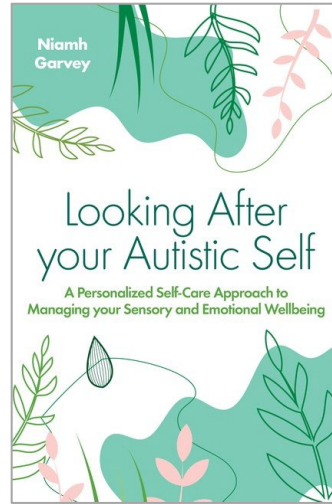


A collection of autism-friendly, jargon-free recipes from the Autistic community, for autistic adults and teens. These recipes make 'the obvious' obvious, and provide adaptations to suit different executive functioning levels.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: January 2023  
9781839970825

Paperback  
368 pages  
B&W THROUGHOUT  
AUD\$: 40.99



**Looking After your Autistic Self**  
A Personalized Self-Care Approach to Managing your Sensory and Emotional

By *Niamh Garvey*

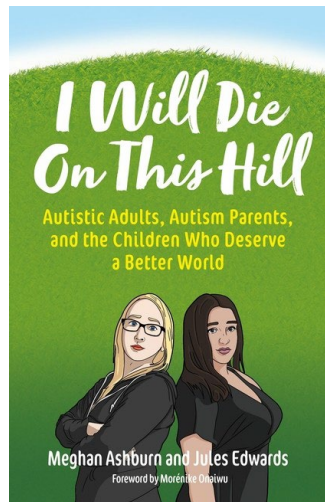


This is the go-to-guide to surviving and thriving as an autistic adult. Featuring customisable, stress-relieving strategies that are easy to implement into busy everyday life to create a calmer, happier you.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: May 2023  
9781839975608

Paperback  
256 pages  
B&W THROUGHOUT  
AUD\$: 43.99



**I Will Die On This Hill**  
Autistic Adults, Autism Parents, and the Children Who Deserve a Better World

By *Meghan Ashburn, Jules Edwards*

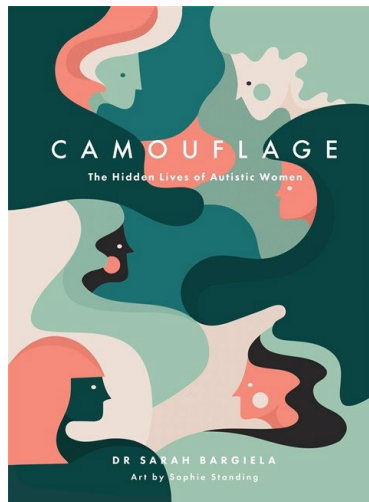


This book bridges the divide between #ActuallyAutistic activists and Autism Parents in the online community. Written by an author team with experience on both sides of the coin.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: March 2023  
9781839971686

Paperback  
256 pages  
B&W THROUGHOUT  
AUD\$: 40.99



**Camouflage**

By *Sarah Bargiela, Sophie Standing*

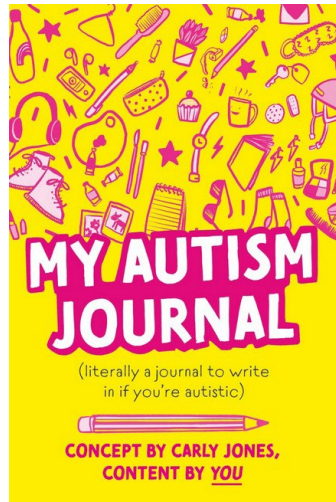


Autism in women and girls is still not widely understood and is often misrepresented or even overlooked. This graphic novel offers an engaging and accessible insight into the lives and minds of autistic women.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
234 X 176 mm  
Release Date: May 2019  
9781785925665

Hardback  
48 pages  
AUD\$: 34.99



**My Autism Journal**

**NEW**

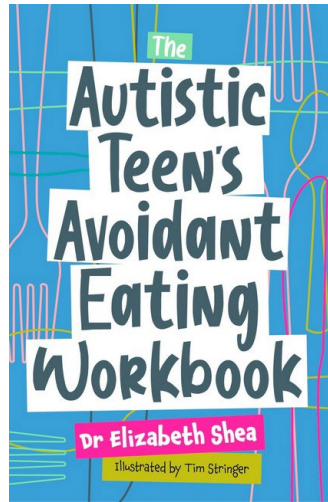
*By Carly Jones*



The first fully illustrated journal, tailored for autistic teenagers to help them express difficult emotions like anxiety, trauma and depression.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 229 X 152 mm  
 Release Date: October 2023  
**9781839974342**

Paperback  
 176 pages  
 B&W THROUGHOUT  
**AUD\$: 40.99**



**The Autistic Teen's Avoidant Eating Workbook**

**NEW**

*By Elizabeth Shea, Tim Stringer*



An interactive workbook to support autistic teens, and the adults in their lives, with restricted or avoidant eating, written by a clinical psychologist with 20 years' experience in the field.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 229 X 152 mm  
 Release Date: September 2023  
**9781787758599**

Paperback  
 208 pages  
 B&W THROUGHOUT  
**AUD\$: 40.99**



**So, I'm Autistic**  
 An Introduction to Autism for Young Adults and Late Teens

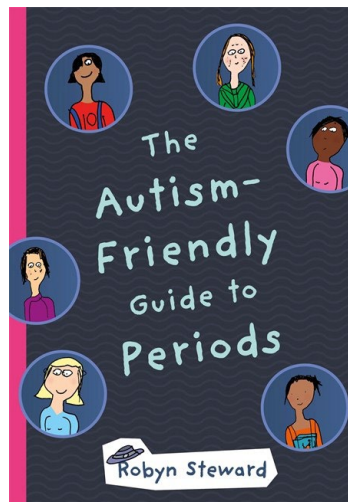
*By Sarah O'Brien*



Autistic advocate Sarah O'Brien helps newly-diagnosed autistic teens and young adults to understand what autism is, remove stigmas and learn how to make the neurotypical world work for them.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 216 X 138 mm  
 Release Date: July 2023  
**9781839972263**

Paperback  
 256 pages  
**AUD\$: 34.99**



**Autism-Friendly Guide to Periods**

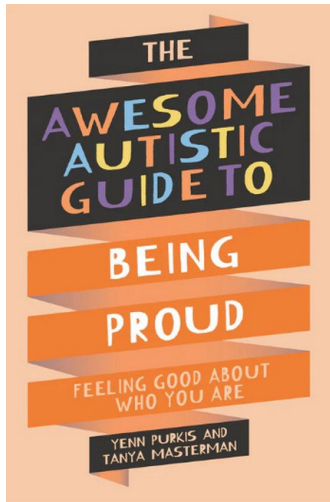
*By Robyn Steward*



Written by autistic author Robyn Steward, this is a detailed guide for young people aged 9 to 16 on the basics of menstruation. Created in consultation with young people, an online survey and a group of medical professionals.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 248 X 176 mm  
 Release Date: June 2019  
**9781785923241**

Hardback  
 96 pages  
**AUD\$: 34.99**



### The Awesome Autistic Guide to Being Proud Feeling Good About Who You Are

**NEW**

**KIDS 8-12YRS**

*By Yenn Purkis, Tanya Masterman*



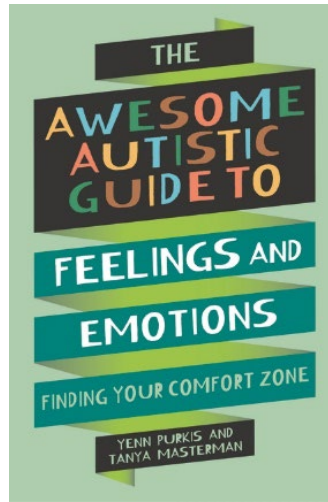
9 781839 977367

Welcome to the autistic community! We're very glad you're here! Sometimes it can be difficult to feel proud of who you are. Maybe you feel different from other people or struggle to fit in - there is no need to worry!

**JESSICA KINGSLEY PUBLISHERS**  
Authors are from Australia

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: May 2024  
9781839977367

Paperback  
96 pages  
B&W THROUGHOUT  
AUD\$: 32.99



### The Awesome Autistic Guide to Feelings and Emotions Finding your Comfort Zone

**NEW**

**KIDS 8-12YRS**

*By Yenn Purkis, Tanya Masterman*



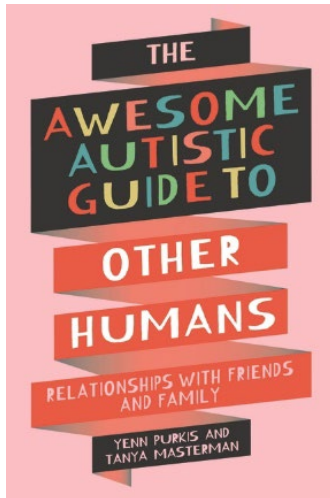
9 781839 977381

Understanding your feelings and emotions is an incredibly important part of learning to become your most awesome autistic self! Yenn, Tanya and a tiny meerkat called Min are here to help you find out everything you need to know.

**JESSICA KINGSLEY PUBLISHERS**  
Authors are from Australia

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: May 2024  
9781839977381

Paperback  
96 pages  
B&W THROUGHOUT  
AUD\$: 32.99



### The Awesome Autistic Guide to Other Humans Relationships with Friends and Family

**NEW**

**KIDS 8-12YRS**

*By Yenn Purkis, Tanya Masterman*



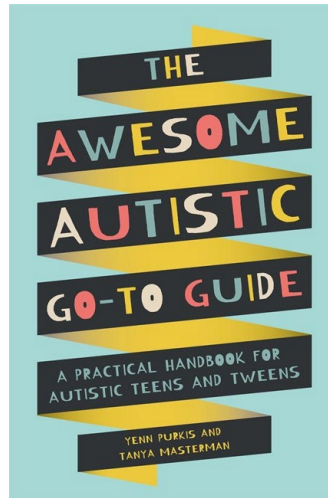
9 781839 977404

Let's face it, other humans can be difficult to understand sometimes! There is no need to worry! Yenn, Tanya and a tiny meerkat called Min are here to help you find out everything you need to know.

**JESSICA KINGSLEY PUBLISHERS**  
Authors are from Australia

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: May 2024  
9781839977404

Paperback  
96 pages  
B&W THROUGHOUT  
AUD\$: 32.99



### Awesome Autistic Go-To Guide A Practical Handbook for Autistic Teens and Tweens

**KIDS 8-12YRS**

*By Yenn Purkis, Tanya Masterman*



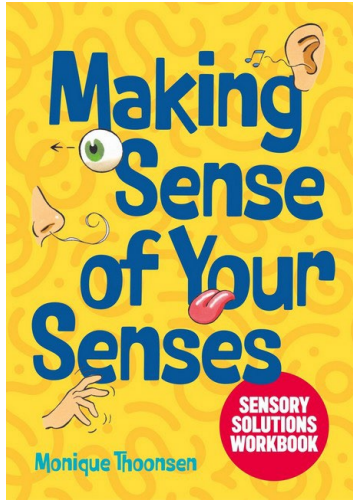
9 781787 753167

This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do. Full of insights about being awesome and autistic.

**JESSICA KINGSLEY PUBLISHERS**  
Author is from Australia

Disc: TRADE INTERNATIONAL  
228 X 152 mm  
Release Date: June 2020  
9781787753167

Paperback  
112 pages  
AUD\$: 34.99



**Making Sense of Your Senses**  
Sensory Solutions Workbook

**NEW**

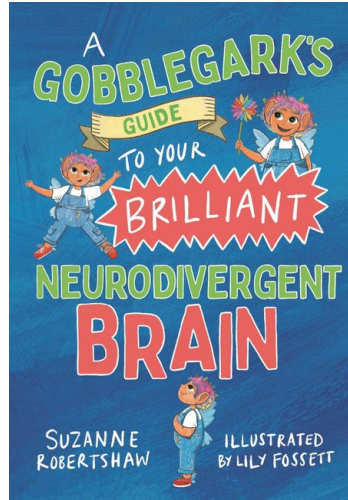
By *Monique Thoosen, Ruud Bijman*



Taste, touch, sight, smell, and sound are the five senses we all know about. But did you know there are three more? And they're very important. This activity filled workbook for 7-12-year-olds teaches kids all about sensory processing.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
246 X 173 mm  
Release Date: March 2024  
**9781839978029**

Paperback  
128 pages  
B&W THROUGHOUT  
**AUD\$: 41.99**



**A Gobblegark's Guide to Your Brilliant Neurodivergent Brain**

**NEW**

**KIDS 7-12YRS**

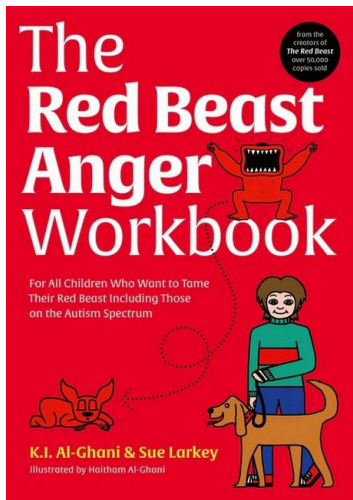
By *Suzanne Robertshaw, Lily Fossett*



Gobblegarks are celebrated for having brains that think so uniquely and differently. Join Jangles the Gobblegark in this adventure guide for neurodivergent kids.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
246 X 173 mm  
Release Date: October 2023  
**9781839978524**

Paperback  
128 pages  
B&W THROUGHOUT  
**AUD\$: 45.99**



**The Red Beast Anger Workbook**

**KIDS 4-8YRS**

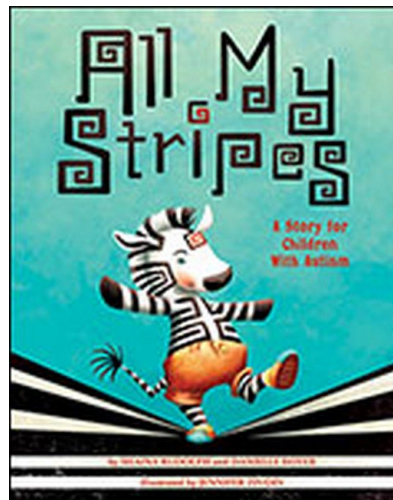
By *Kay Al-Ghani, Sue Larkey*



This practical and interactive resource is full of activities that have been specifically designed to provide coping mechanisms to help children to manage their angry feelings and improve their overall emotional and sensory regulation.

**JESSICA KINGSLEY PUBLISHERS**  
**Author is from Australia**  
Disc: TRADE INTERNATIONAL  
246 X 173 mm  
Release Date: August 2023  
**9781839974151**

Age: Australia  
Paperback  
128 pages  
B&W THROUGHOUT  
**AUD\$: 40.99**



**All My Stripes**  
A Story for Children With Autism

**NEW EDITION**

**KIDS 4-8YRS**

By *Shaina Rudolph, Danielle Royer*

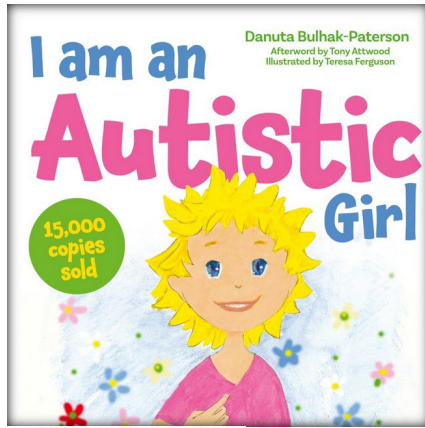


Zane the zebra feels different from the rest of his classmates. He worries that all they notice about him is his "autism stripe". With the help of his Mama, Zane comes to appreciate all his stripes.

**MAGINATION PRESS**  
Disc: TRADE INTERNATIONAL  
254 X 203 mm  
Release Date: July 2015  
**9781433819162**

Hardback  
40 pages  
**AUD\$: 30.99**





### I am an Autistic Girl

**BESTSELLER**  
**KIDS 5-11YRS**

*By Danuta Bulhak-Paterson, Teresa Ferguson*



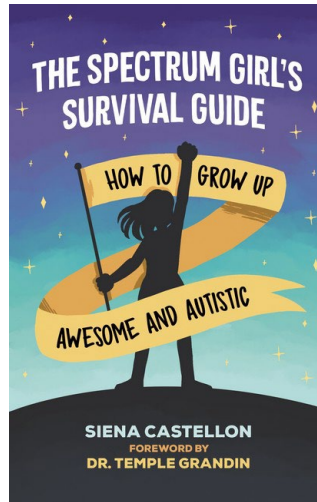
In this book, Lizzie explains what it's like to be an autistic girl, including how she has a special talent for blending in with her friends, how she can get really tired after being at school all day.

**JESSICA KINGSLEY PUBLISHERS**

**Author is from Australia**

Disc: TRADE INTERNATIONAL  
210 X 210 mm  
Release Date: February 2024  
**9781805011200**

Hardback  
32 pages  
COLOUR THROUGHOUT  
**AUD\$: 34.99**



### Spectrum Girl's Survival Guide

How to Grow Up Awesome and Autistic

*By Siena Castellon*



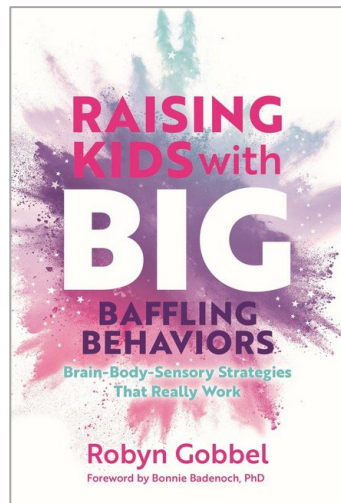
This essential go-to guide gives you all the advice and tools you'll need to help you flourish and achieve what you want in life.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: May 2020  
**9781787751835**

Paperback  
256 pages  
**AUD\$: 34.99**

PARENTING



### Raising Kids with Big, Baffling Behaviors

Brain-Body-Sensory Strategies That Really Work

**NEW**

*By Robyn Gobbel*

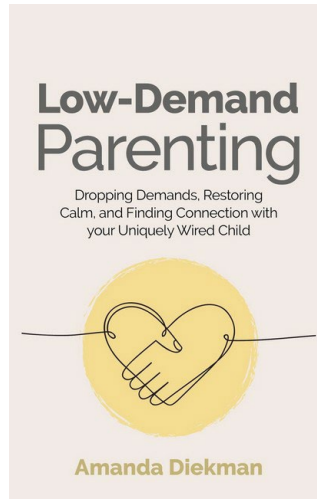


Baffling behaviours can make any parent feel bewildered and drained. Why is my child doing this? Robyn Gobbel and neuroscience are here to help you understand.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: December 2023  
**9781839974281**

Paperback  
272 pages  
B&W THROUGHOUT  
**AUD\$: 39.99**



### Low-Demand Parenting

Dropping Demands, Restoring Calm, and Finding Connection with your Uniquely Wired Child

**NEW**

*By Amanda Diekman*

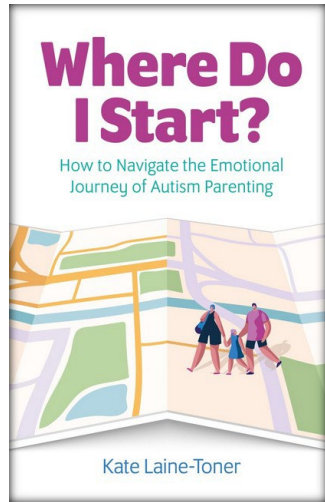


Short, easy-read guide for parents on how to reduce family conflict by dropping unnecessary demands from daily life to help neurodivergent families to thrive.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: September 2023  
**9781839977688**

Paperback  
160 pages  
B&W THROUGHOUT  
**AUD\$: 34.99**



**Where Do I Start?**  
How to Navigate the Emotional Journey of Autism Parenting

**NEW**

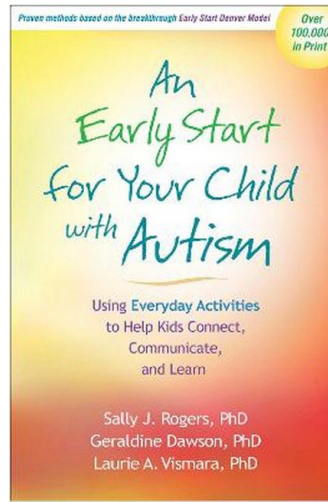
By *Kate Laine-Toner*



Written by an author who is both neurodivergent and the parent of an autistic child, this guidebook supports parents and carers as they navigate their child's autism diagnosis.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
216 X 140 mm  
Release Date: October 2023  
**9781839975523**

Paperback  
224 pages  
B&W THROUGHOUT  
**AUD\$: 40.99**



**An Early Start for Your Child with Autism**  
Using Everyday Activities to Help Kids Connect, Communicate, and Learn

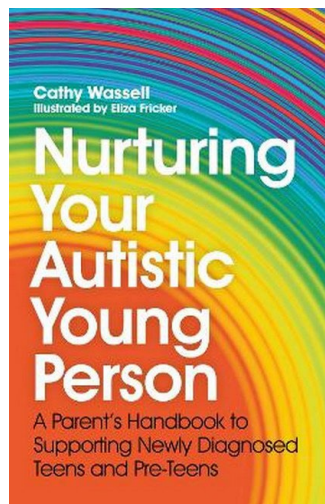
By *Sally J. Rogers, Geraldine Dawson*



Cutting-edge research reveals that parents can play a huge role in helping toddlers and preschoolers with autism spectrum disorder (ASD) connect with others and live up to their potential.

**GUILFORD PUBLICATIONS**  
Disc: TRADE INTERNATIONAL  
254 X 178 mm  
Release Date: August 2012  
**9781609184704**

Paperback  
342 pages  
**AUD\$: 43.99**



**Nurturing Your Autistic Young Person**  
A Parent's Handbook to Supporting Newly Diagnosed Teens and Pre-Teens

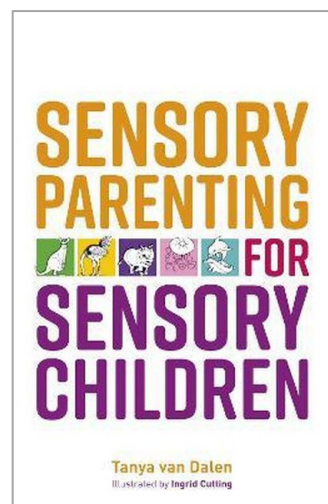
By *Cathy Wassell, Eliza Fricker*



An introductory guide for parents of older children and younger teenagers who may be autistic or have been recently diagnosed. Learn how to understand and advocate for your child, and create an environment in which they can thrive.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: January 2023  
**9781839971112**

Paperback  
288 pages  
**AUD\$: 40.99**



**Sensory Parenting for Sensory Children**

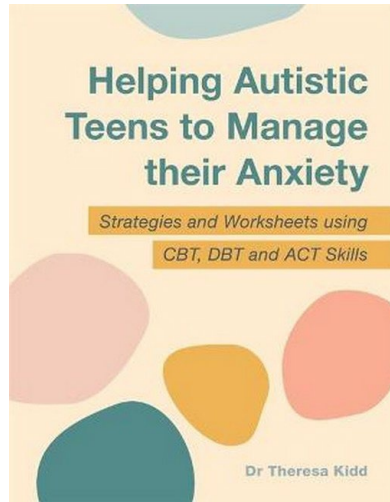
By *Tanya Van Dalen*



A reflective guide for parenting a child with sensory needs, with guidance on navigating sensory meltdowns, managing your own emotions, and responding empathetically to your child.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
215 X 138 mm  
Release Date: June 2023  
**9781839972546**

Paperback  
192 pages  
NOT ILLUSTRATED  
**AUD\$: 34.99**



**Helping Autistic Teens to Manage their Anxiety**

By **Dr. Theresa Kidd**



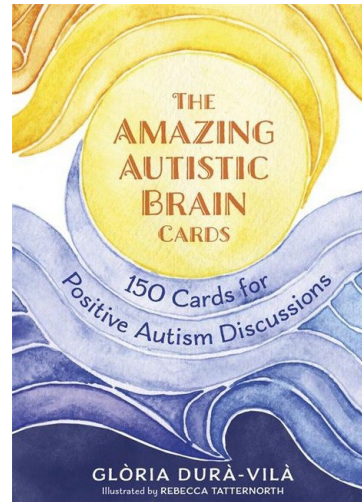
An accessible activity book for professionals and parents helping children on the autistic spectrum with their anxiety. Contains a wide-range of useful and effective worksheets as well as advice for treatment modification.

**JESSICA KINGSLEY PUBLISHERS**

Author is from Australia

Disc: TRADE INTERNATIONAL  
279 X 216 mm  
Release Date: April 2022  
**9781787754508**

Paperback  
240 pages  
**AUD\$: 53.99**



**The Amazing Autistic Brain Cards**  
150 Cards for Positive Autism Discussions

By **Gloria Dura-Vila, Rebecca Tatternorth**



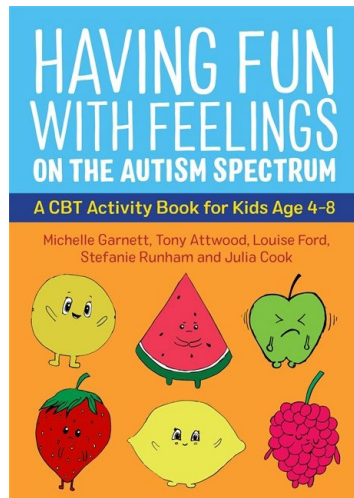
A set of cards to help children and teens recently diagnosed with autism to characterise and understand their diagnosis in a positive light.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
75 X 105 mm  
Release Date: September 2021  
**9781787754300**

Cards

**AUD\$: 61.99**



**Having Fun with Feelings on the Autism Spectrum**

By **Michelle Garnett, Tony Attwood**



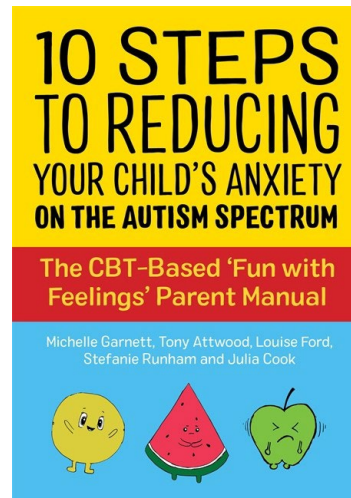
This activity book is a helpful and creative tool for children aged 4-8 to learn and understand their emotions to help reduce anxiety.

**JESSICA KINGSLEY PUBLISHERS**

Authors are from Australia

Disc: TRADE INTERNATIONAL  
150 X 150 mm  
Release Date: July 2020  
**9781787753273**

Paperback  
96 pages  
**AUD\$: 26.99**



**10 Steps to Reducing Your Child's Anxiety on the Autism Spectrum**

By **Michelle Garnett, Tony Attwood**



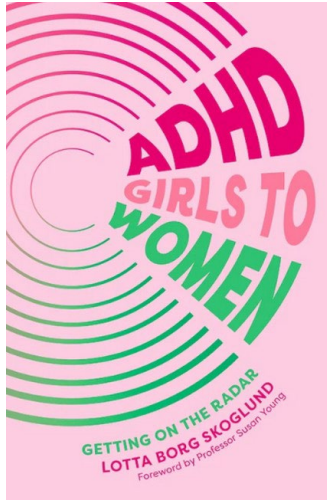
Recognising, expressing, and understanding emotions helps young children make sense of their life experiences. Children diagnosed with autism can have significant difficulties with processing emotions.

**JESSICA KINGSLEY PUBLISHERS**

Authors are from Australia

Disc: TRADE INTERNATIONAL  
150 X 150 mm  
Release Date: July 2020  
**9781787753259**

Paperback  
256 pages  
**AUD\$: 40.99**



**ADHD Girls to Women**

**NEW**

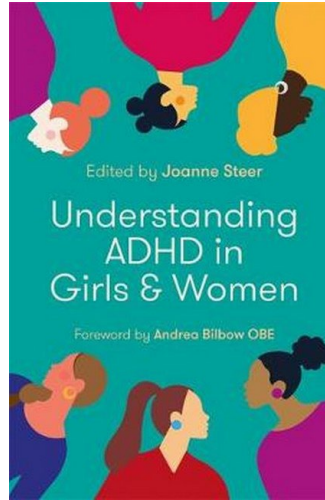
**By Lotta Borg Skoglund**



A research-informed look at the unique challenges of girls and women with ADHD, from an international ADHD expert, drawing on the lived experiences of ADHD women and girls to provide tips and strategies.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 216 X 138 mm  
 Release Date: February 2024  
**9781805010548**

Paperback  
 224 pages  
 B&W THROUGHOUT  
**AUD\$: 34.99**



**Understanding ADHD in Girls and Women**

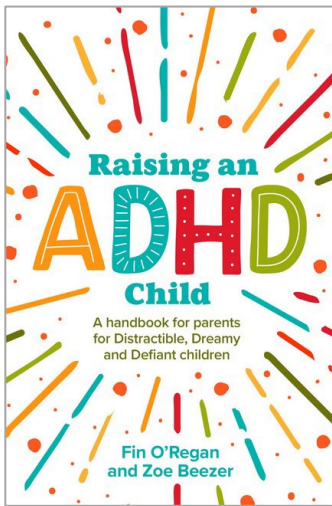
**By Joanne Steer, Andrea Bilbow**



This book offers honest and clear professional insights into what it really means to have ADHD and provides information about where to go and what to expect.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 229 X 152 mm  
 Release Date: June 2021  
**9781787754003**

Paperback  
 360 pages  
 B&W THROUGHOUT  
**AUD\$: 53.99**



**Raising an ADHD Child**  
 A handbook for parents for Distractible, Dreamy and Defiant children

**NEW**

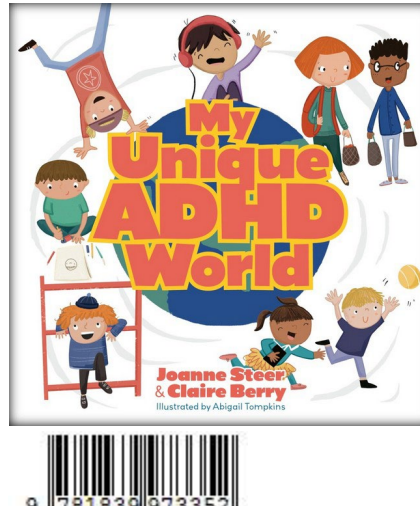
**By Fintan O'Regan**



A practical guide to parenting children with ADHD, written by two experienced former teachers in the field of ADHD and Neurodiversity, Zoe Beezer and Fintan O'Regan.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 229 X 152 mm  
 Release Date: September 2023  
**9781839970214**

Paperback  
 160 pages  
**AUD\$: 40.99**



**My Unique ADHD World**

**KIDS 5-9YRS**

**NEW**

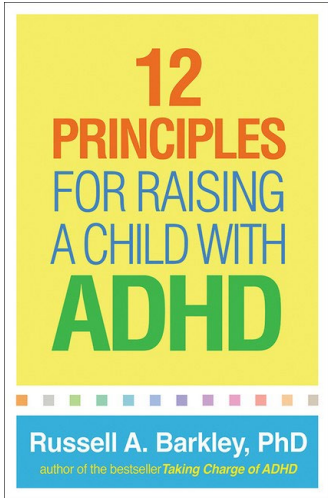
**By Joanne Steer, Claire Berry**



I am great at thinking quickly! I have a great sense of humour! What are you really great at? I have trouble finishing my homework... I get distracted easily... Do similar things happen to you? Learn more about ADHD.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 216 X 213 mm  
 Release Date: August 2023  
**9781839973352**

Hardback  
 32 pages  
**AUD\$: 29.99**



**12 Principles for Raising a Child with ADHD**

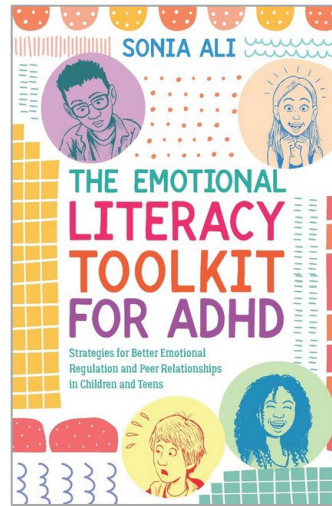
By *Russell A. Barkley*



From his decades of research and work with thousands of families, leading authority Russell A. Barkley knows how overwhelming the everyday challenges of ADHD can be.

**GUILFORD PUBLICATIONS**  
 Disc: TRADE INTERNATIONAL  
 100 X 100 mm  
 Release Date: January 2021  
**9781462542550**

Paperback  
 205 pages  
**AUD\$: 46.99**



**The Emotional Literacy Toolkit for ADHD**

**NEW**

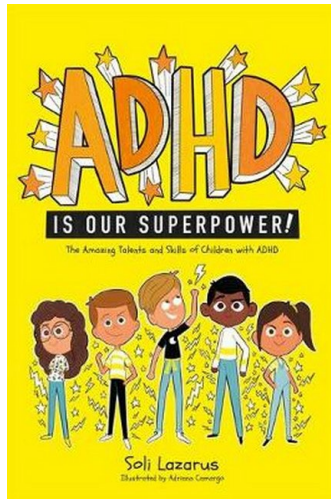
By *Sonia Ali*



This is the go-to-guide for educators and carers who want to support a child or teen with emotional regulation, conflict resolution and the development of emotional literacy.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 229 X 152 mm  
 Release Date: February 2024  
**9781839974267**

Paperback  
 144 pages  
 B&W THROUGHOUT  
**AUD\$: 40.99**



**ADHD Is Our Superpower**  
 The Amazing Talents and Skills of Children with ADHD

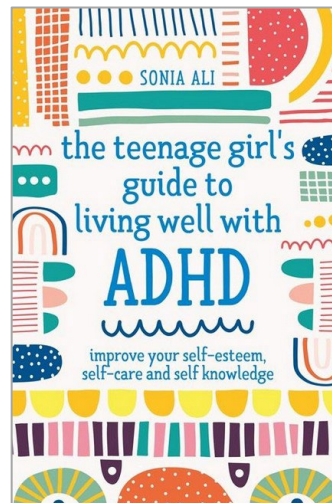
By *Soli Lazarus, Adriana Camargo*



An illustrated book to help children to understand their ADHD diagnosis in a positive light. Each character in the book focuses on a specific symptom of ADHD such as hyper-focus, sensory overwhelm and more.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 229 X 152 mm  
 Release Date: August 2021  
**9781787757301**

Paperback  
 64 pages  
 COLOUR SECTION(S)  
**AUD\$: 26.99**



**The Teenage Girl's Guide to Living Well with ADHD**

Improve Your Self-Esteem, Self-Care and Self Knowledge

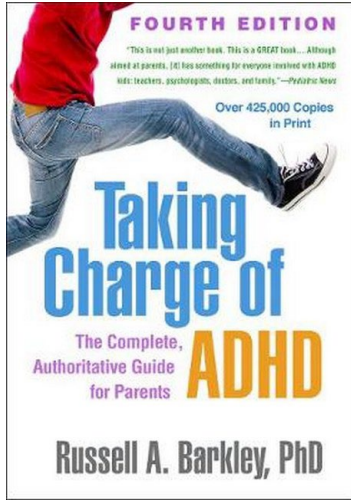
By *Sonia Ali*



This positive, self-affirming guide will increase your knowledge about ADHD and empower you in your daily life. The chapters are full of tips, tricks and life hacks so you can better manage your time.

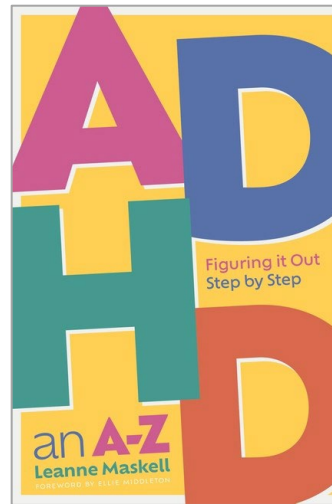
**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 229 X 152 mm  
 Release Date: March 2022  
**9781787757684**

Paperback  
 160 pages  
 B&W THROUGHOUT  
**AUD\$: 34.99**



**Taking Charge of ADHD 4/e**  
The Complete, Authoritative Guide for Parents

By **Russell A. Barkley**



**ADHD an A-Z**  
Figuring it Out Step by Step

By **Leanne Maskell**



The leading parent resource about attention-deficit/hyperactivity disorder (ADHD) and its treatment has now been revised and updated with the latest information and resources.

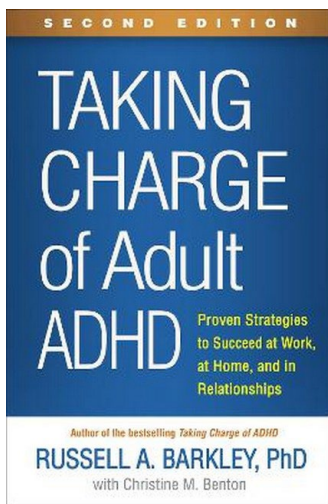
This ADHD guide gives strategic advice on how to deal with issues young adults with ADHD may face, including: budgeting plans for impulsive spending, advice on rejection sensitive dysphoria and more.

**GUILFORD PUBLICATIONS**  
Disc: TRADE INTERNATIONAL  
150 X 150 mm  
Release Date: August 2020  
**9781462542673**

Paperback  
381 pages  
**AUD\$: 57.99**

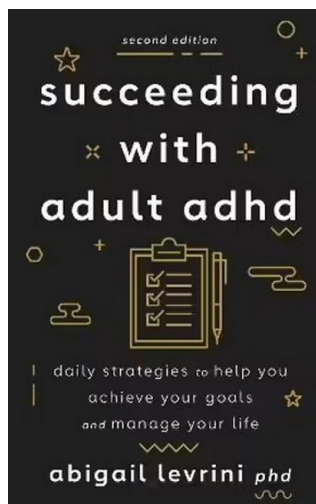
**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: March 2023  
**9781839973857**

Paperback  
304 pages  
**AUD\$: 34.99**



**Taking Charge of Adult ADHD 2/e**  
Proven Strategies to Succeed at Work, at Home, and in Relationships

By **Russell A. Barkley, Christine M. Benton**



**Succeeding with Adult ADHD**  
Daily Strategies to Help You Achieve Your Goals and Manage Your Life

By **Abigail L. Levrini**



Many tens of thousands of readers have found needed information and support in this authoritative guide, now in a revised and updated second edition.

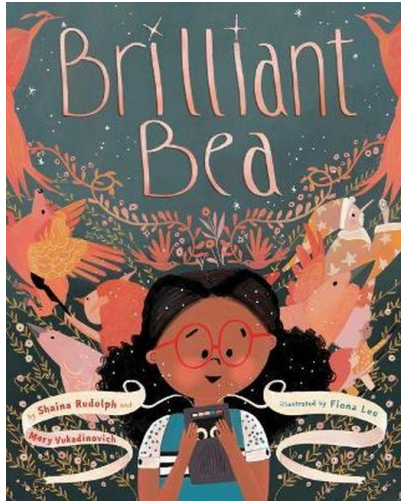
This expanded and updated new edition of psychologist Levrini's bestselling book offers realistic, proven strategies to help adults with ADHD lead more fulfilling and productive lives.

**GUILFORD PUBLICATIONS**  
Disc: TRADE INTERNATIONAL  
254 X 178 mm  
Release Date: February 2022  
**9781462546855**

Paperback  
316 pages  
**AUD\$: 51.99**

**APA LIFETOOLS**  
Disc: TRADE INTERNATIONAL  
203 X 127 mm  
Release Date: March 2023  
**9781433838743**

Paperback  
296 pages  
NOT ILLUSTRATED  
**AUD\$: 40.99**



**Brilliant Bea**

By *Shaina Rudolph, Mary Vukadinovich*

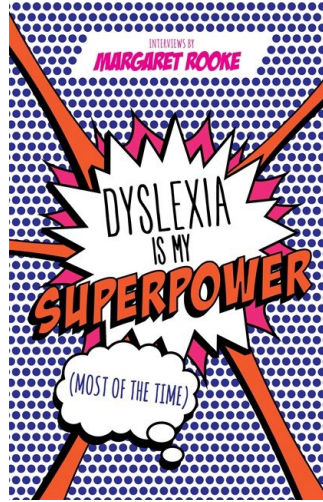


An empowering story that demonstrates that a learning difference like dyslexia doesn't define who you are. Despite her struggles with reading and writing, Beatrice is a brilliant storyteller.

**MAGINATION PRESS**

Disc: TRADE INTERNATIONAL  
254 X 203 mm  
Release Date: March 2022  
**9781433837418**

Hardback  
32 pages  
**AUD\$: 34.99**



**Dyslexia is My Superpower (Most of the Time)**

By *Margaret Rooke, Catherine Drennan*

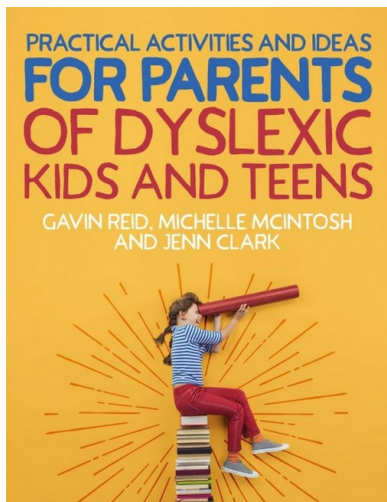


In more than 100 interviews, children and young adults reveal their personal tips and tactics for honing the creative benefits of dyslexia, enabling them to thrive in school and beyond.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
215 X 140 mm  
Release Date: December 2017  
**9781785922992**

Paperback  
240 pages  
**AUD\$: 37.99**



**Practical Activities and Ideas for Parents of Dyslexic Kids and Teens**

By *Gavin Reid, Michelle McIntosh*

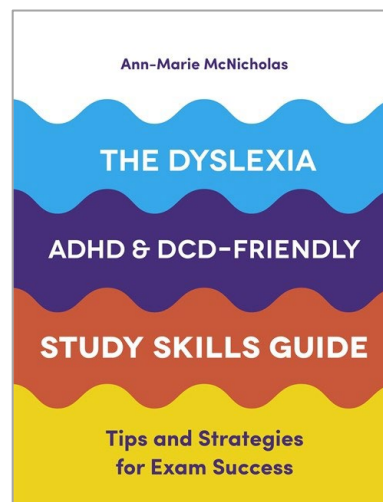


Over 70 tried and tested accessible activities and games for parents to use with dyslexic children and teens to boost their fundamental educational skills including reading, writing, spelling and executive functioning.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
279 X 216 mm  
Release Date: May 2022  
**9781787757615**

Paperback  
192 pages  
B&W THROUGHOUT  
**AUD\$: 45.99**



**Dyslexia, ADHD, and DCD-Friendly Study Skills Guide**

By *Ann-Marie McNicholas*

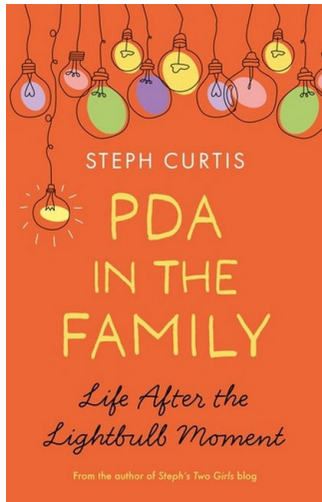


This practical skills guide helps young people with who learn differently including those with dyslexia, DCD/dyspraxia and ADHD, study for their exams.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
244 X 172 mm  
Release Date: March 2020  
**9781787751774**

Paperback  
144 pages  
**AUD\$: 40.99**



**PDA in the Family**  
Life After the Lightbulb Moment

**NEW**

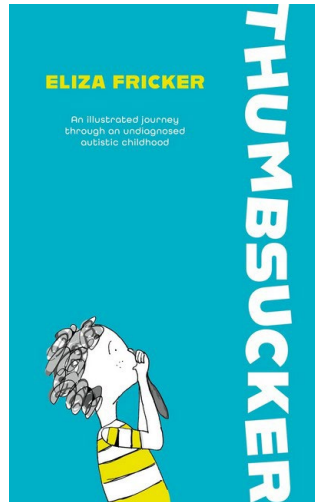
By *Steph Curtis*



In this honest and open account of life with her PDA daughter, Sasha, Steph Curtis reveals the everyday struggles and explores the milestones of raising a child diagnosed with Pathological Demand Avoidance.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: April 2024  
**9781839971891**

Paperback  
256 pages  
B&W THROUGHOUT  
**AUD\$: 36.99**



**Thumbsucker**

**NEW**

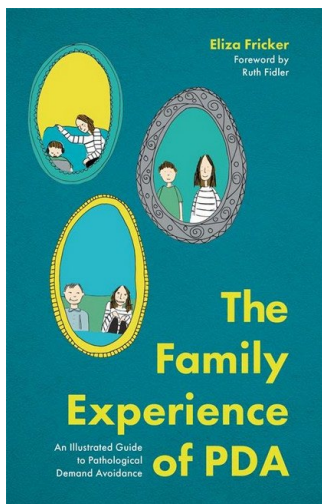
By *Eliza Fricker*



From the Sunday Times bestselling author, Eliza Fricker, comes an illustrated graphic novel that explores her neurodivergent childhood.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: January 2024  
**9781839978548**

Paperback  
128 pages  
B&W THROUGHOUT  
**AUD\$: 37.99**



**The Family Experience of PDA**  
An Illustrated Guide to Pathological Demand Avoidance

**BESTSELLER**

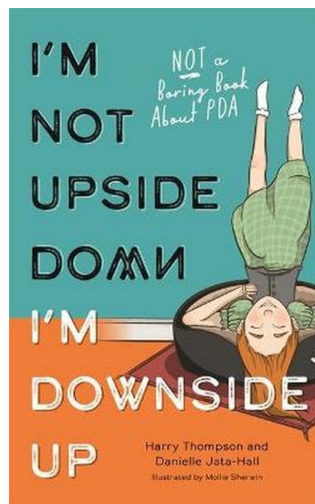
By *Eliza Fricker*



This book is an essential read for any parent with a PDA child, to help better understand your child, build support systems and carve out some essential self-care time guilt free.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
150 X 150 mm  
Release Date: January 2022  
**9781787756779**

Paperback  
**AUD\$: 34.99**



**I'm Not Upside Down, I'm Downside Up**  
Not a Boring Book About PDA

By *Danielle Jata-Hall, Harry Thompson*

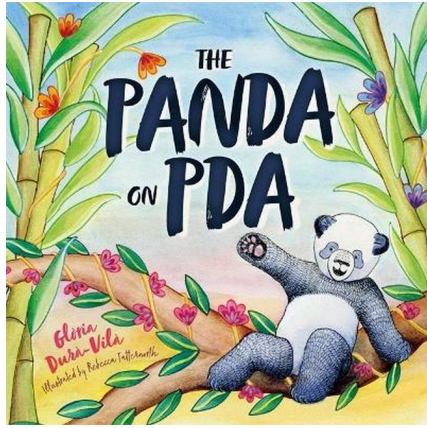


Welcome to my downside up life! My name is Ariana and I want to explain what it's like to have pathological demand avoidance from my perspective.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: May 2022  
**9781839971174**

Paperback  
64 pages  
B&W THROUGHOUT  
**AUD\$: 26.99**





**The Panda on PDA**

**KIDS 3-7YRS**

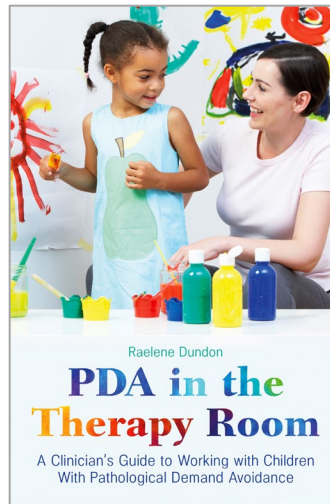
**By Gloria Dura-Vila,  
Rebecca Tatternorth**



A positive and gentle introduction to PDA for children aged 3+. Panda describes the strengths and challenges of PDA, explaining how he finds it very hard to do what others ask him to do, but can thrive and live a playful, happy life.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
216 X 213 mm  
Release Date: September 2022  
**9781839970061**

Hardback  
40 pages  
COLOUR SECTION(S)  
**AUD\$: 32.99**



**PDA in the Therapy Room**

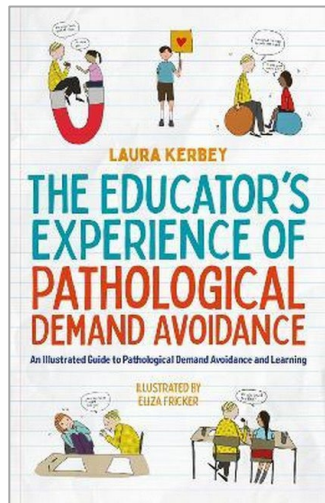
**By Raelene Dundon**



Pathological Demand Avoidance (PDA) presents a unique challenge for professionals, whereby conventional therapy methods are often perceived as demands and met with opposition where they normally would have proven effective.

**JESSICA KINGSLEY PUBLISHERS**  
**Author is from Australia**  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: April 2021  
**9781787753471**

Paperback  
176 pages  
**AUD\$: 38.99**



**The Educator's Experience of Pathological Demand Avoidance**

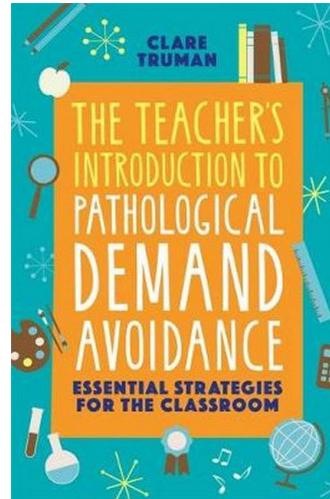
**By Eliza Fricker, Laura Kerbey**



Written by PDA and autism expert, Laura Kerbey and illustrated by the popular Eliza Fricker, this short guide gives you everything you need to understand PDA and how to make your teaching style and learning environment PDA friendly.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: May 2023  
**9781839976964**

Paperback  
128 pages  
B&W THROUGHOUT  
**AUD\$: 37.99**



**The Teacher's Introduction to Pathological Demand Avoidance**  
Essential Strategies for the Classroom

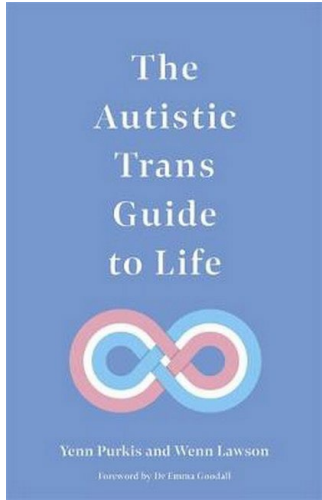
**By Clare Truman**



This essential guide for working with PDA pupils outlines effective and practical ways that teachers and school staff can support these pupils, by endorsing a child-led approach to learning and assessment.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: October 2021  
**9781787754874**

Paperback  
176 pages  
**AUD\$: 40.99**



**The Autistic Trans Guide to Life**

**By Yenn Purkis, Wenn B. Lawson**



A guide for navigating life as an autistic trans and/or non-binary adult, presenting evidence-based, lived experience strategies for living well as your most authentic self.

**JESSICA KINGSLEY PUBLISHERS**

Authors are from Australia

Disc: TRADE INTERNATIONAL

216 X 138 mm

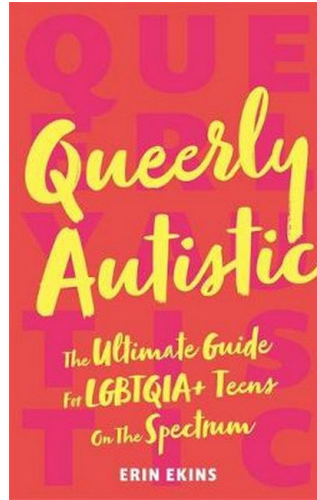
Release Date: May 2021

9781787753914

Paperback

208 pages

AUD\$: 40.99



**Queerly Autistic: The Ultimate Guide for LGBTQIA+ Teens on the Spectrum**

**By Erin Ekins**



An inspiring survival guide for autistic LGBTQIA+ teens, sharing experience and advice on coming out, consent, staying safe in relationships, communicating with family members, finding a community and practicing self-care.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

216 X 138 mm

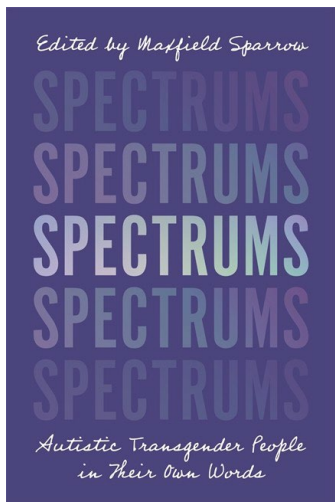
Release Date: June 2021

9781787751712

Paperback

240 pages

AUD\$: 34.99



**Spectrums: Autistic Transgender People in Their Own Words**

**By Maxfield Sparrow**



Solely written by trans people on the spectrum, this collection of personal stories foregrounds their own voices and experiences on a range of issues, such as coming out, access to healthcare, employment and more.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

100 X 100 mm

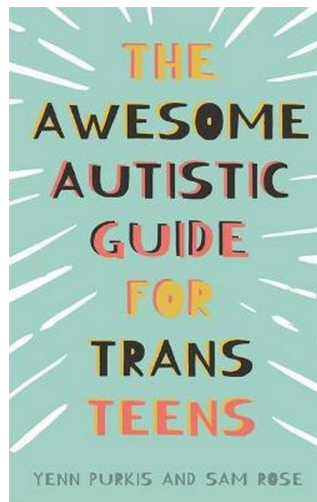
Release Date: January 2021

9781787750142

Paperback

240 pages

AUD\$: 40.99



**The Awesome Autistic Guide for Trans Teens**

**By Yenn Purkis, Sam Rose**



In this empowering guide, Yenn Purkis and Sam Rose set out honest advice and strategies to help autistic trans and/or gender divergent teens to thrive exactly as they are.

**JESSICA KINGSLEY PUBLISHERS**

Authors are from Australia

Disc: TRADE INTERNATIONAL

216 X 138 mm

Release Date: August 2022

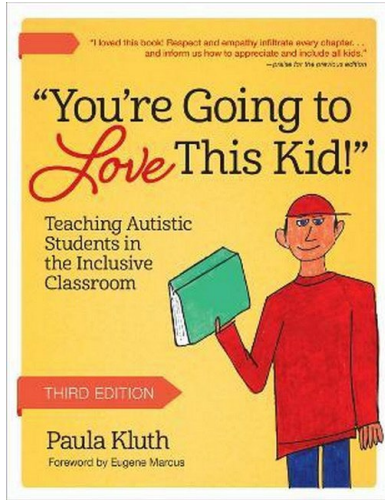
9781839970764

Paperback

112 pages

B&W THROUGHOUT

AUD\$: 34.99



**You're Going to Love This Kid! 3/e**  
Teaching Autistic Students in the Inclusive Classroom

**NEW EDITION**

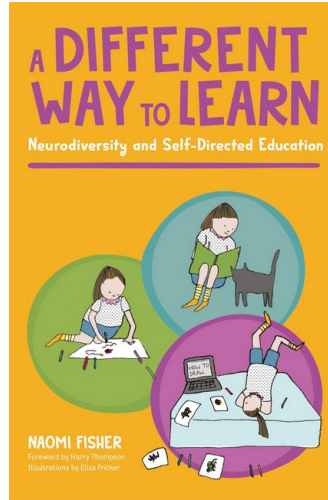
*By Paula Kluth, Eugene Marcus*



One of the most popular, practical, and trusted books on inclusive education, this bestselling guide is now in a fully updated third edition-perfect for K-12 educators teaching the growing number of students on the autism spectrum.

**BROOKES PUBLISHING CO**  
Disc: ACAD & PROFESSIONAL  
279 X 216 mm  
Release Date: August 2023  
**9781681257174**

Paperback  
368 pages  
**AUD\$: 102.00**



**A Different Way to Learn**  
Neurodiversity and Self-Directed Education

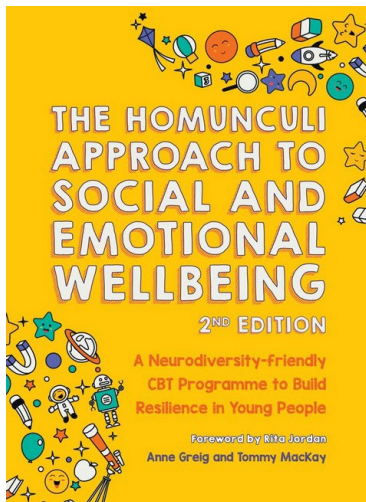
*By Naomi Fisher*



The first book on self-directed learning for neurodivergent children by author and clinical psychologist Naomi Fisher and illustrated by Eliza Fricker.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: July 2023  
**9781839973635**

Paperback  
224 pages  
B&W THROUGHOUT  
**AUD\$: 40.99**



**The Homunculi Approach To Social And Emotional Wellbeing 2/e**

**NEW**

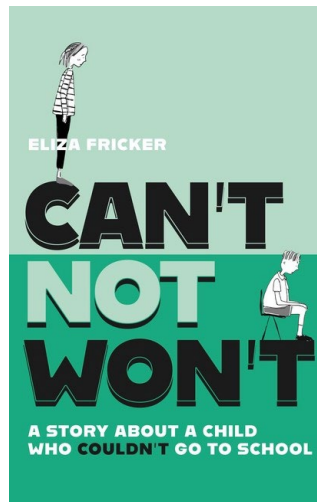
*By Anne Greig, Tommy MacKay*



The second edition of The Homunculi Approach brings the beloved world of the homunculi to the classroom. This fun CBT-based activity helps children and young people ages 7-16-years build emotional and social resilience.

**JESSICA KINGSLEY PUBLISHERS**  
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**AUD\$: 77.99**



**Can't Not Won't**  
A Story About A Child Who Couldn't Go To School

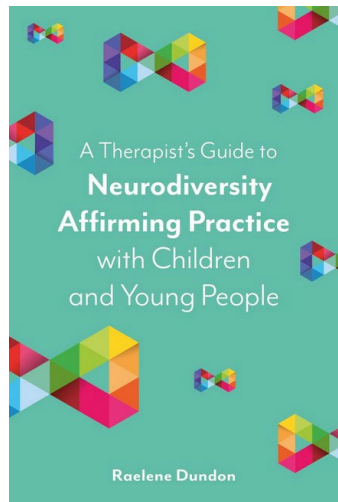
*By Eliza Fricker, Sue Moon*



Eliza Fricker gets it. Deceptively simple, endearing, humorous and emotional illustrations following a family managing the early stages of school avoidance are designed to help parents feel seen.

**JESSICA KINGSLEY PUBLISHERS**  
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### A Therapist's Guide to Neurodiversity Affirming Practice with Children and Young People

**NEW**

By Raelene Dundon

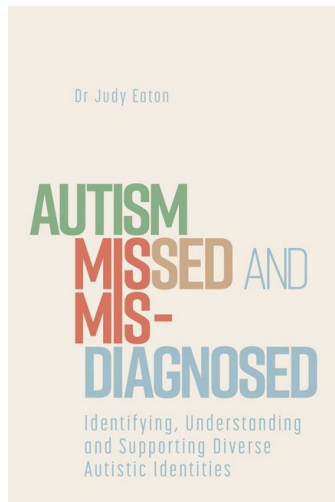


Explore how you can become a neurodiversity affirming clinician. With advice on presuming competence, self-advocacy and reframing behaviours, this book offers everything you need.

JESSICA KINGSLEY PUBLISHERS  
Author is from Australia

Disc: ACAD & PROFESSIONAL  
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### Autism Missed and Misdiagnosed Identifying, Understanding and Supporting Diverse Autistic Identities

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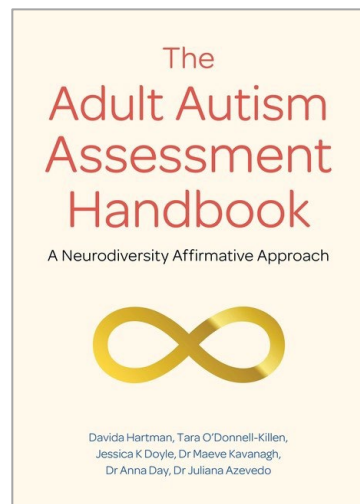
By Judy Eaton



A professionals' guide to understanding and better identifying diverse autistic presentations, with chapters covering autistic diagnosis in BAME communities, misdiagnosis and the criminal justice system.

JESSICA KINGSLEY PUBLISHERS  
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### The Adult Autism Assessment Handbook A Neurodiversity Affirmative Approach

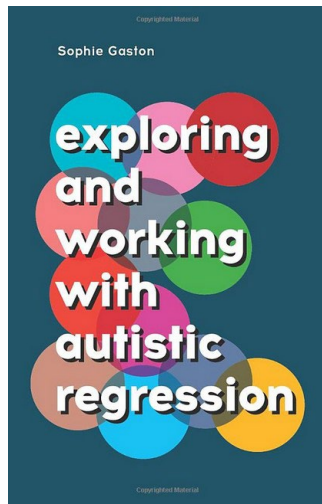
By Davida Hartman, Maeve Kavanagh



This comprehensive and easily digestible guide is an ideal reference for psychologists, psychiatrists and allied professionals working in the field of adult autism assessment.

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### Exploring and Working With Autistic Regression

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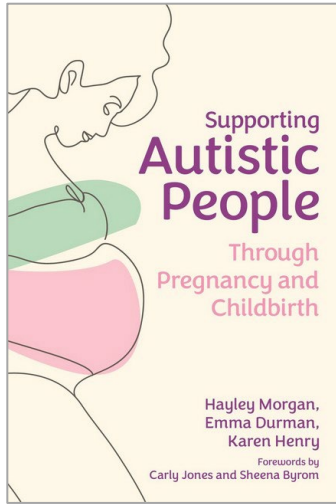
By Sophie Gaston



Sophie Gaston's offers the first honest and poignant depiction of autistic regression and provides invaluable advice on understanding and identifying the symptoms and how to find acceptance and happiness following diagnosis.

JESSICA KINGSLEY PUBLISHERS  
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9781839974373

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176 pages  
B&W THROUGHOUT  
AUD\$: 40.99



**Supporting Autistic People Through Pregnancy and Childbirth**

**NEW**

*By Hayley Morgan, Emma Durman*

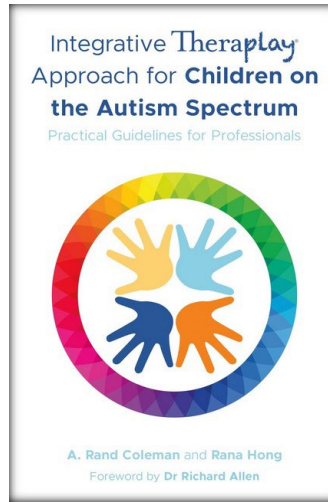


This comprehensive guide helps all birthing and healthcare professionals vastly improve their care and knowledge of autistic pregnant people.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
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**Integrative Theraplay® Approach for Children on the Autism Spectrum**

**NEW**

*By Rana Hong, A. Rand Coleman*

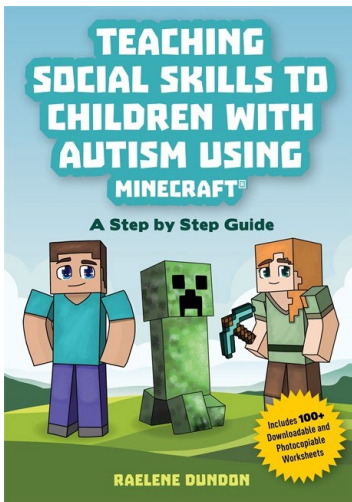


An essential guide for Theraplay (R) practitioners and care professionals, this book explores the benefits of play when helping children on the autism spectrum to develop communication and emotional skills.

**JESSICA KINGSLEY PUBLISHERS**

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229 X 152 mm  
Release Date: October 2023  
9781787750685

Paperback  
208 pages  
AUD\$: 53.99



**Teaching Social Skills to Children with Autism Using Minecraft®**

*By Raelene Dundon, Chloe-Amber Scott*

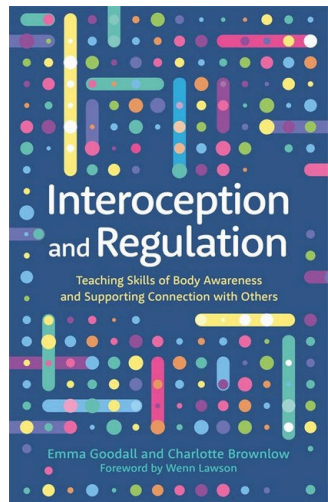


This comprehensive and accessible guide contains everything that needs to be known in order to set up and run a Minecraft® Social Group for children with autism spectrum disorders.

**JESSICA KINGSLEY PUBLISHERS**

**Author is from Australia**  
Disc: ACAD & PROFESSIONAL  
296 X 201 mm  
Release Date: April 2019  
9781785924613

Paperback  
224 pages  
AUD\$: 56.99



**Interoception and Regulation**  
Teaching Skills of Body Awareness and Supporting Connection with Others

*By Emma Goodall, Charlotte Brownlow*

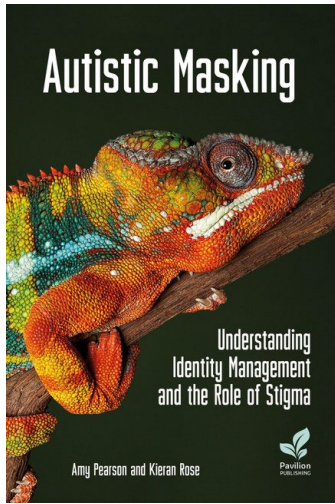


There are some things that many of us take for granted - such as knowing when we are hot or cold, feel hungry, or need to go to the toilet. But how do we know these things, and why do some people struggle to recognise them?

**JESSICA KINGSLEY PUBLISHERS**

**Authors are from Australia**  
Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: March 2022  
9781787757288

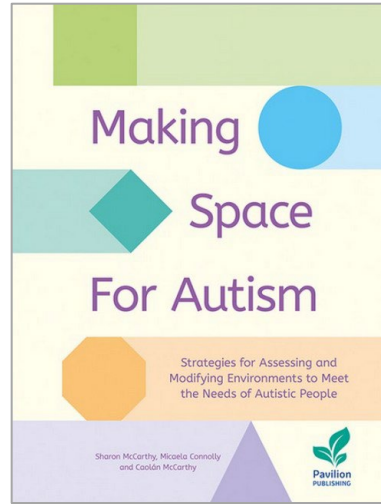
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**Autistic Masking**  
Understanding Identity management and the role of stigma

**NEW**

By Amy Pearson, Kieran Rose



**Making Space for Autism**

**NEW**

By Sharon McCarthy, Micaela Connolly



Masking is a form of identity management involving consciously or unconsciously suppressing aspects of identity and action.

Historically, there has been an expectation that autistic children and adults should conform their behaviour to social norms, with strategies and interventions centred around navigating spaces and situations with minimal damage.

**PAVILION PUBLISHING & MEDIA**

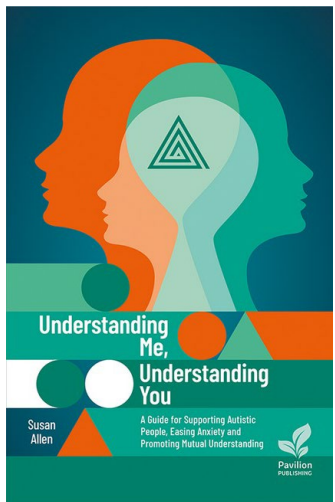
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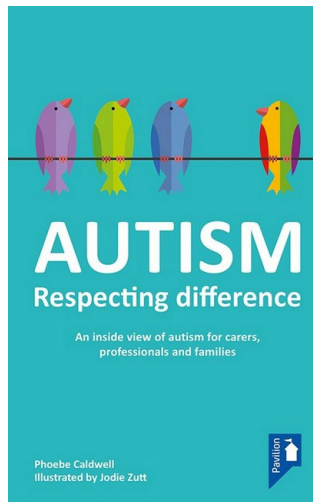
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166 pages  
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**Understanding Me, Understanding You**

**NEW**

By Susan Allen



**Autism Respecting Difference**

By Phoebe Cladwell, Jodie Zutt



Good communication is central to all relationships, yet the unpredictability of interpersonal exchanges can cause significant anxiety for autistic people and create a barrier to successful communication.

*Autism: Respecting Difference* is a concise, straightforward introduction to the sensory and emotional experiences of autism, designed to help support staff, professionals, and families better understand and engage with autistic people.

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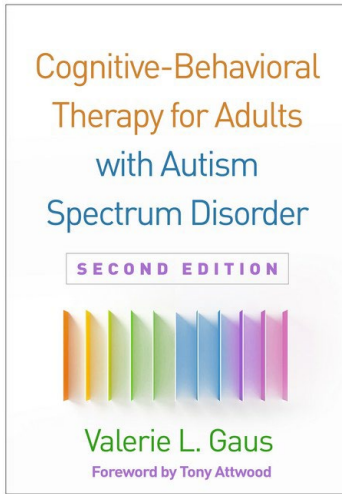
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**PAVILION PUBLISHING & MEDIA**

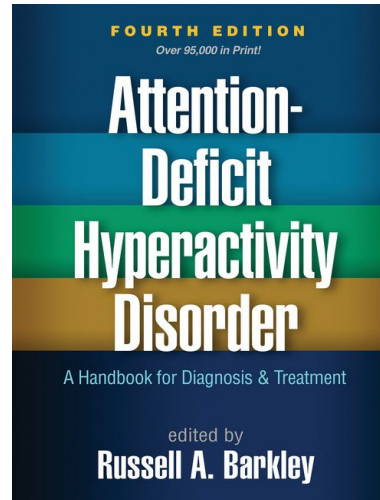
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9781803881577

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**Cognitive-Behavioral Therapy for Adults with Autism Spectrum Disorder 2/e**

By Valerie L. Gaus



**Attention-Deficit Hyperactivity Disorder 4/e**  
A Handbook for Diagnosis and Treatment

By Russell A. Barkley



Now revised and expanded, this is the leading resource for psychotherapists working with adults who have autism spectrum disorder (ASD) without significant cognitive and language impairments (also known as Asperger syndrome).

Widely regarded as the standard clinical reference, this volume provides the best current knowledge about attention-deficit/hyperactivity disorder (ADHD) in children, adolescents, and adults.

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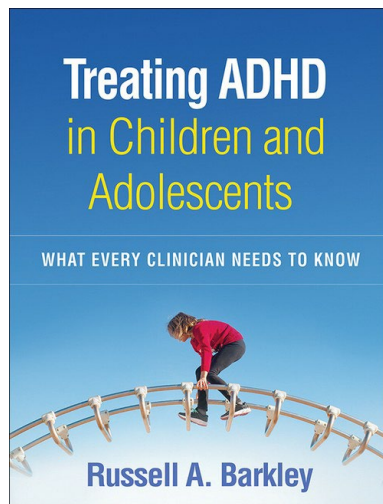
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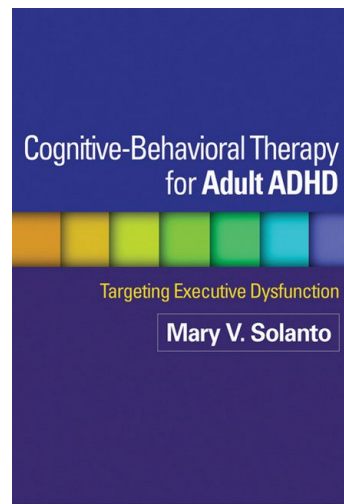
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Release Date: December 2018  
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898 pages  
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**Treating ADHD in Children and Adolescents**  
What Every Clinician Needs to Know

By Russell A. Barkley



**Cognitive-Behavioral Therapy for Adult ADHD**  
Targeting Executive Dysfunction

By Mary V. Solanto



From foremost authority Russell A. Barkley, this book presents essential principles and practices for managing attention-deficit/hyperactivity disorder (ADHD) in children and teens.

This highly practical book provides evidence-based strategies for helping adults with ADHD build essential skills for time management, organization, planning, and coping.

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