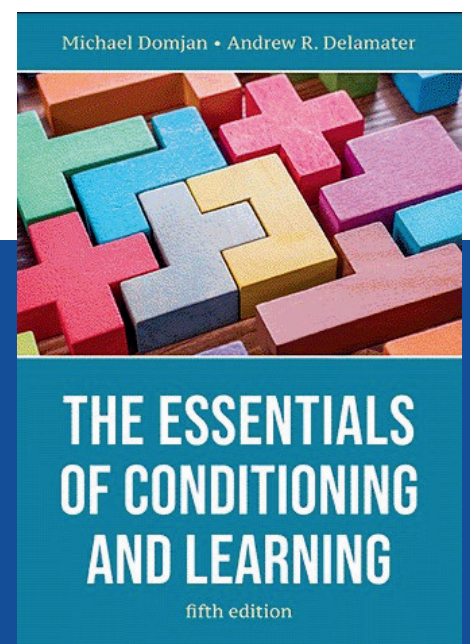
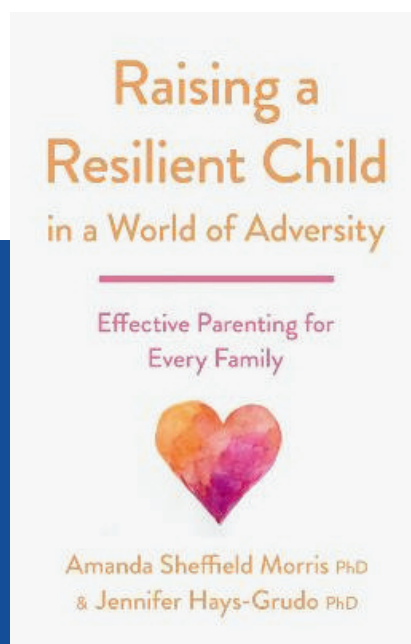
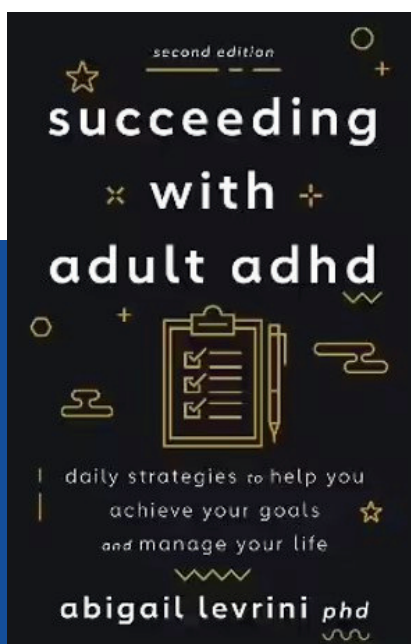




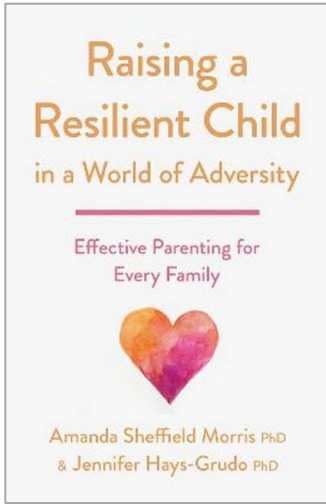
AMERICAN  
PSYCHOLOGICAL  
ASSOCIATION

## NEW & BESTSELLING

*January 2024*



*Essential psychological content to  
support research, education, practice,  
and general wellbeing.*



**Raising a Resilient Child in a World of Adversity**  
Effective Parenting for Every Family

**NEW**

By *Amanda Sheffield Morris, Jennifer Hays-Grudo*

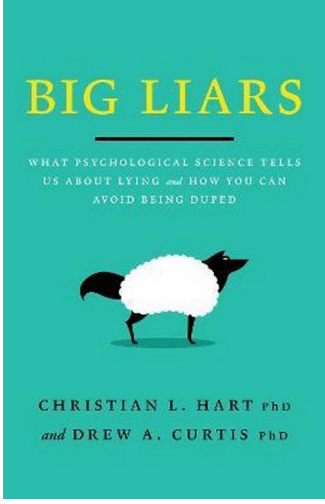


Parenting doesn't always come naturally. This book provides expert guidance for caregivers who struggle with parenting because of adversity in their own lives, or simply because they are raising kids in an increasingly stressful world.

**APA LIFETOOLS**

Category: FAMILY & HEALTH  
Disc: TRADE INTERNATIONAL  
216 X 140 mm  
Release Date: February 2024  
**9781433834073**

Paperback  
208 pages  
**AUD\$: 39.99**



**Big Liars**  
What Psychological Science Tells Us About Lying, and How You Can Avoid Being Duped

**NEW**

By *Christian L. Hart, Drew A. Curtis*

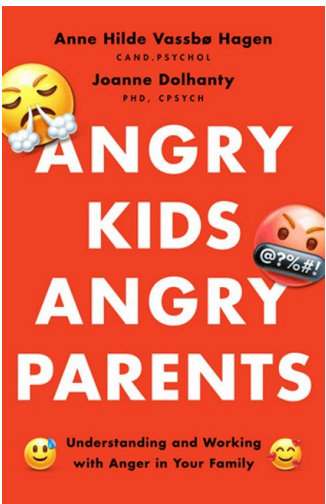


This book investigates the science behind "big liars"- those rare people who use lies as their principal way of navigating life. *Big Liars* explores this small but dangerous group through the lens of psychological science.

**APA LIFETOOLS**

Category: SELF-HELP/PRACTICAL  
Disc: TRADE INTERNATIONAL  
216 X 140 mm  
Release Date: October 2023  
**9781433837517**

Paperback  
324 pages  
NOT ILLUSTRATED  
**AUD\$: 44.99**



**Angry Kids, Angry Parents**  
Understanding and Working with Anger in Your Family

**NEW**

By *Anne Hilde Vassbo Hagen, Joanne Dolhanty*

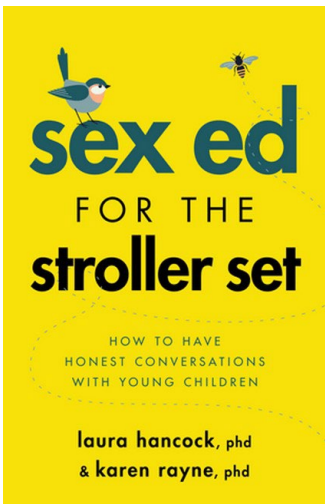


Gives parents all the information they need to know about their children's, and their own, anger and aggression. This book shines a light on the misunderstood elements of anger and reminds people why it is an essential emotion.

**APA LIFETOOLS**

Category: FAMILY & HEALTH  
Disc: TRADE INTERNATIONAL  
216 X 140 mm  
Release Date: September 2023  
**9781433840654**

Paperback  
295 pages  
**AUD\$: 44.99**



**Sex Ed for the Stroller Set**  
How to Have Honest Conversations With Young Children

**NEW**

By *Laura Hancock, Karen Rayne*



Serves as a guide for parents with children from infancy through six years of age, to help parents recognize how their behaviour influences their child's sexuality.

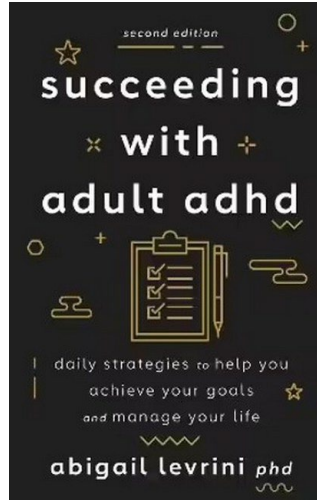
**APA LIFETOOLS**

Category: FAMILY & HEALTH  
Disc: TRADE INTERNATIONAL  
216 X 140 mm  
Release Date: November 2023  
**9781433838439**

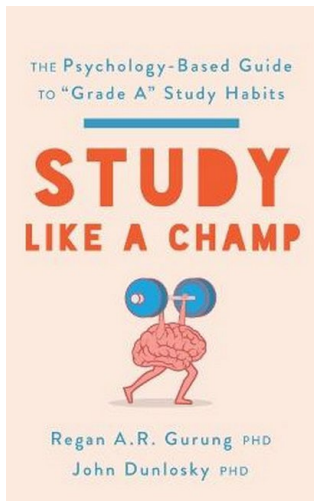
Paperback  
199 pages  
**AUD\$: 44.99**

**Good Enough Parenting**  
A Six-Point Plan for a Stronger Relationship with Your ChildBy *Dr. Timothy A. Cavell, Lauren B. Quetsch*

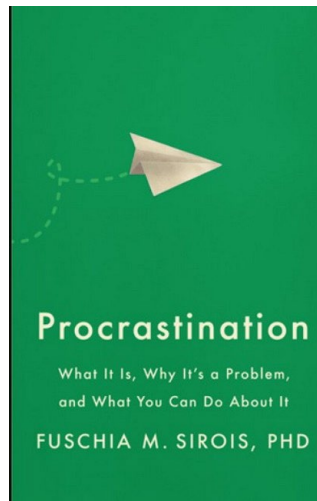
Written for parents of children from toddlers to teens, this book gives parents a science-based plan to help their children grow up to be emotionally healthy adults.

**APA LIFETOOLS**Category: FAMILY & HEALTH  
Disc: TRADE INTERNATIONAL  
213 X 140 mm  
Release Date: April 2023  
**9781433839115**Paperback  
224 pages  
NOT ILLUSTRATED  
**AUD\$: 36.99****Succeeding with Adult ADHD**  
Daily Strategies to Help You Achieve Your Goals and Manage Your LifeBy *Abigail L. Levrini*

This expanded and updated new edition of psychologist Levrini's bestselling book offers realistic, proven strategies to help adults with ADHD lead more fulfilling and productive lives.

**APA LIFETOOLS**Category: CLINICAL/INT'L MEDIC  
Disc: TRADE INTERNATIONAL  
203 X 127 mm  
Release Date: March 2023  
**9781433838743**Paperback  
296 pages  
NOT ILLUSTRATED  
**AUD\$: 40.99****Study Like a Champ**  
The Psychology-Based Guide to "Grade A" Study HabitsBy *Regan A.R. Gurung, John Dunlosky*

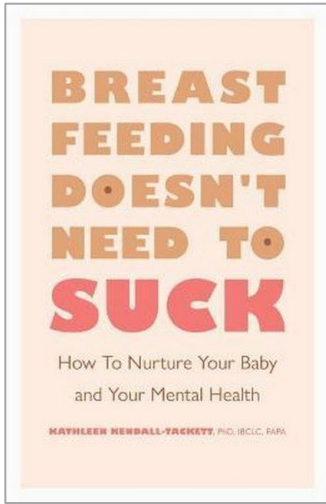
This engaging, student-friendly book debunks major myths about studying and provides practical tips for studying smarter, not harder. Written by expert psychology teachers who also conduct the very research that these tips are based on.

**APA LIFETOOLS**Category: EDUCATION  
Disc: TRADE INTERNATIONAL  
216 X 140 mm  
Release Date: April 2023  
**9781433840173**Paperback  
264 pages  
NOT ILLUSTRATED  
**AUD\$: 46.99****Procrastination**  
What It Is, Why It's a Problem, and What You Can Do About ItBy *Fuschia M. Sirois*

Drawing on the latest theory and research, this book explains why people procrastinate, and provides practical, evidence-based strategies to help you stop delaying, complete your tasks, and fulfill your potential.

**APA LIFETOOLS**Category: PHILOSOPHY  
Disc: TRADE INTERNATIONAL  
216 X 140 mm  
Release Date: September 2022  
**9781433838064**Paperback  
273 pages  
NOT ILLUSTRATED  
**AUD\$: 34.99**



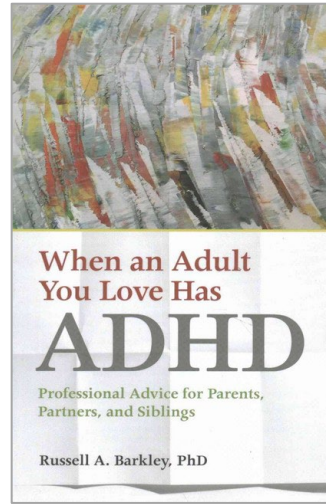


**Breastfeeding Doesn't Need to Suck**  
How to Nurture Your Baby and Your Mental Health

By *Dr Kathleen Kendall-Tackett*



9 781433 833847



**When an Adult You Love Has ADHD**  
Professional Advice for Parents, Partners, and Siblings

By *Russell A. Barkley*



9 781433 823084

Painful latch, delayed milk, low supply, oversupply, infections, and tongue-tie are just some of the issues that can imperil breastfeeding. Postpartum anxiety and depression can make things even harder.

Without sugar coating the facts, internationally renowned ADHD expert Dr. Russell Barkley explains in this book what ADHD is all about and how you can tell if your spouse, partner, friend, adult child, or sibling may have it.

**APA LIFETOOLS**

Category: FAMILY & HEALTH  
Disc: TRADE INTERNATIONAL  
220 X 140 mm  
Release Date: September 2022  
**9781433833847**

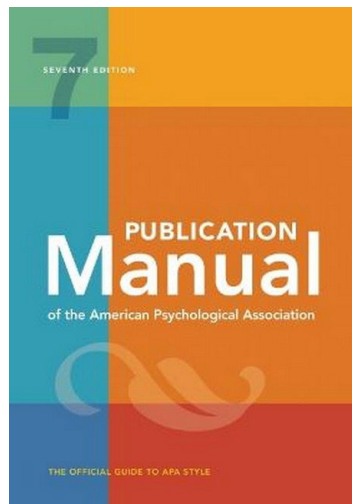
Paperback  
197 pages  
**AUD\$: 34.99**

**APA LIFETOOLS**

Category: FAMILY & HEALTH  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: November 2016  
**9781433823084**

Paperback  
408 pages  
**AUD\$: 44.99**

**ACADEMIC RESOURCES**

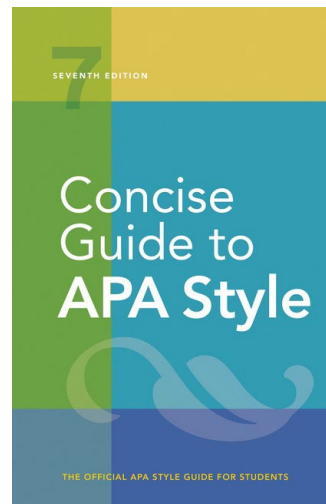


**Publication Manual of the American Psychological Association 7/e**

By *American Psychological Association*



9 781433 832161



**Concise Guide to APA Style 7/e**

By *American Psychological Association*



9 781433 832734

With millions of copies sold worldwide in multiple languages, this is the style manual of choice for writers, researchers, editors, students, and educators in the social and behavioral sciences, natural sciences and more.

Designed specifically for undergraduate writing, this easy-to-use pocket guide is adapted from the seventh edition of the *Publication Manual of the American Psychological Association*.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

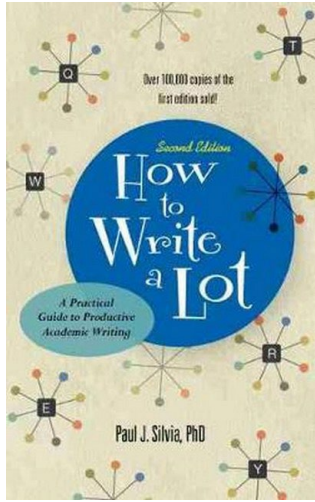
Category: PSYCHOLOGY  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: December 2019  
**9781433832161**

Paperback  
428 pages  
**AUD\$: 76.99**

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: LANGUAGE: REF & GENL  
Disc: ACAD & PROFESSIONAL  
216 X 133 mm  
Release Date: August 2020  
**9781433832734**

Spiral bound  
326 pages  
NOT ILLUSTRATED  
**AUD\$: 76.99**



**How to Write a Lot**  
A Practical Guide to Productive Academic Writing

By Paul J. Silvia

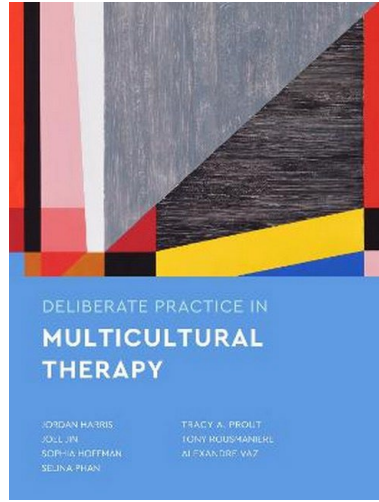


In this second edition of his guidebook, Paul Silvia offers fresh advice to help you overcome barriers to writing and use your time more productively.

**APA LIFETOOLS**

Category: LANGUAGE: REF & GENL  
Disc: TRADE INTERNATIONAL  
203 X 127 mm  
Release Date: November 2018  
9781433829734

Paperback  
110 pages  
AUD\$: 44.99



**Deliberate Practice in Multicultural Therapy**

By Jordan Harris, Joel Jin

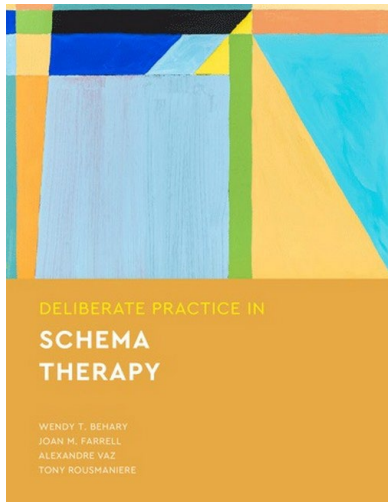


Deliberate practice exercises provide opportunities to develop a more multicultural, intersectional approach to psychotherapy and hone their own personal therapeutic style.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
279 X 216 mm  
Release Date: January 2024  
9781433836671

Paperback  
215 pages  
AUD\$: 116.00



**Deliberate Practice in Schema Therapy**

By Joan M. Farrell, Wendy Behary

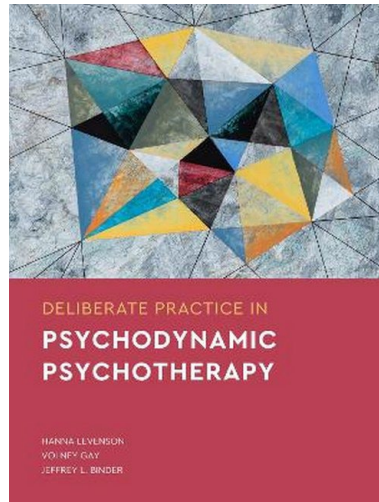


Deliberate practice exercises provide trainees and students opportunities to build competence in essential schema therapy skills and hone their own personal therapeutic style.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
279 X 216 mm  
Release Date: March 2023  
9781433836022

Paperback  
200 pages  
AUD\$: 106.00



**Deliberate Practice in Psychodynamic Psychotherapy**

By Hanna Levenson, Volney Gay

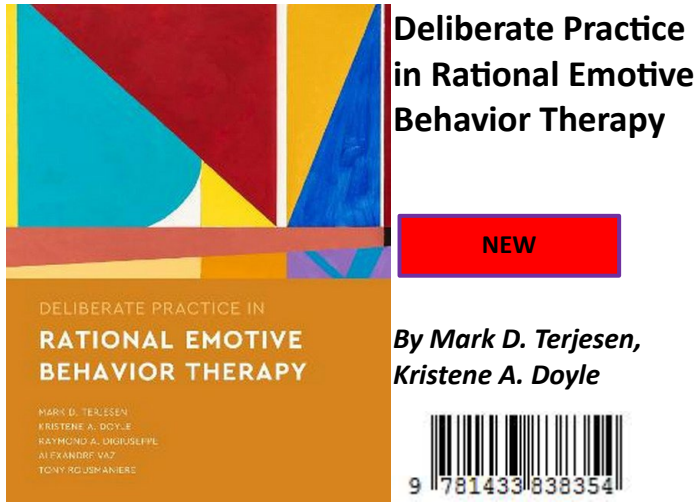


Deliberate practice exercises provide opportunities to develop a more multicultural, intersectional approach to psychotherapy and hone their own personal therapeutic style.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
279 X 216 mm  
Release Date: August 2023  
9781433836732

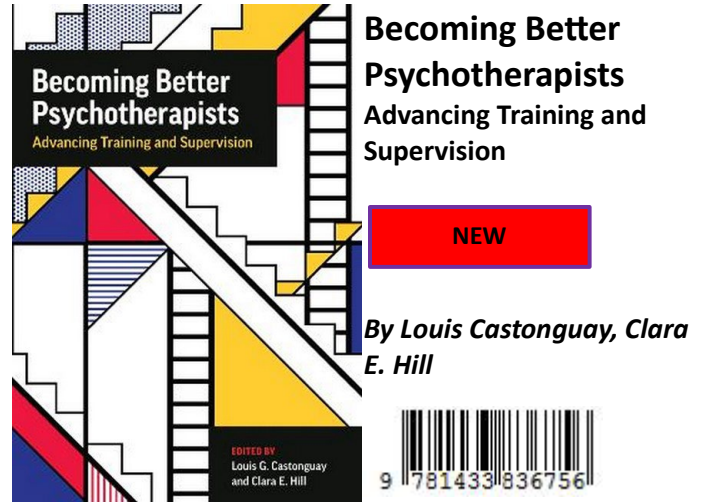
Paperback  
292 pages  
AUD\$: 106.00



**Deliberate Practice in Rational Emotive Behavior Therapy**

**NEW**

*By Mark D. Terjesen, Kristene A. Doyle*



**Becoming Better Psychotherapists**  
Advancing Training and Supervision

**Becoming Better Psychotherapists**  
Advancing Training and Supervision

**NEW**

*By Louis Castonguay, Clara E. Hill*



Deliberate practice exercises provide an opportunity to build competence in essential rational emotive behavior therapy skills while developing a personal therapeutic style.

This book examines the training and supervision of psychotherapists, with a focus on psychotherapy efficacy.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

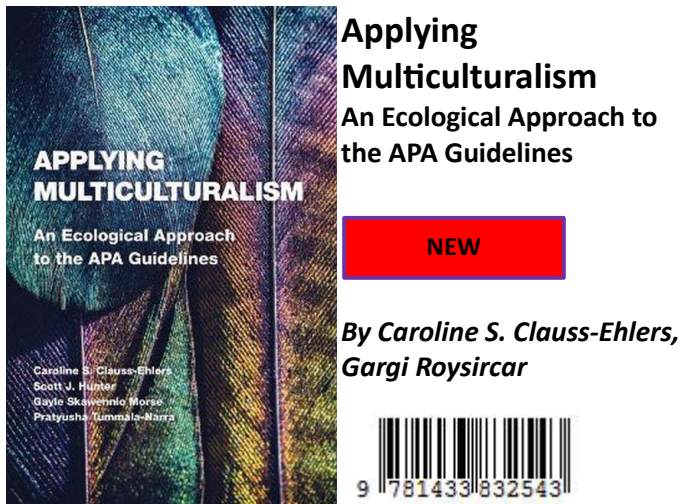
Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
279 X 216 mm  
Release Date: August 2023  
**9781433838354**

Paperback  
268 pages  
**AUD\$: 106.00**

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: October 2023  
**9781433836756**

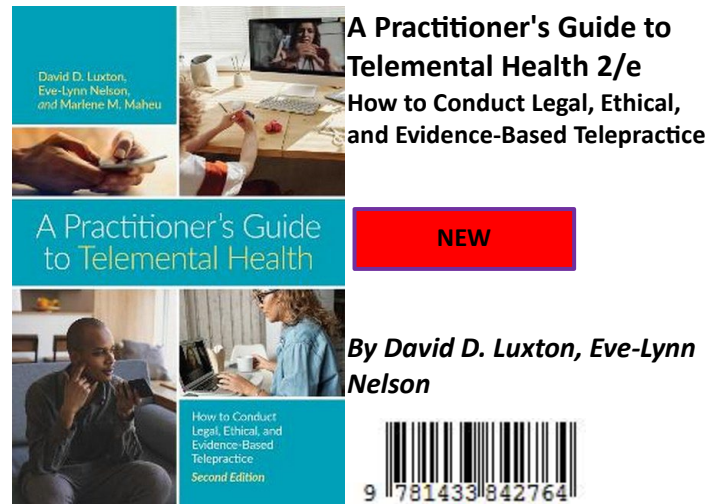
Paperback  
400 pages  
**AUD\$: 178.00**



**Applying Multiculturalism**  
An Ecological Approach to the APA Guidelines

**NEW**

*By Caroline S. Clauss-Ehlers, Gargi Roysircar*



**A Practitioner's Guide to Telemental Health 2/e**  
How to Conduct Legal, Ethical, and Evidence-Based Telepractice

**NEW**

*By David D. Luxton, Eve-Lynn Nelson*



Provides in-depth coverage of APA's 2017 Multicultural Guidelines, teaching students and professionals how to apply them in clinical practice, education, research, and consultation.

This book is a practical guide for mental and behavioral health care providers on using videoconferencing and other technologies to provide safe, high-quality care for their patients and clients.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: January 2024  
**9781433832543**

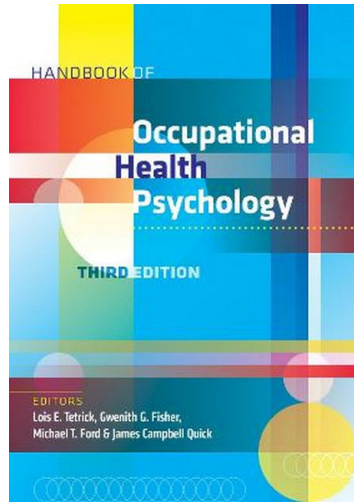
Paperback  
260 pages  
B&W THROUGHOUT  
**AUD\$: 152.00**

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: MEDICINE: GEN ISSUES  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: January 2024  
**9781433842764**

Paperback  
151 pages  
**AUD\$: 116.00**



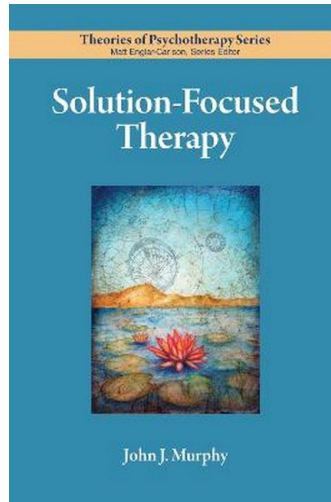
**Handbook of Occupational Health Psychology 3/e****NEW****By Lois Ellen Tetrick, Gwenith G. Fisher**

Grounded in the Total Worker Health model, this new edition reflects the expanding scope of the field, as well as recent changes in the nature and organization of work.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: PSYCHOLOGY  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: February 2024  
**9781433837777**

Paperback  
660 pages  
**AUD\$: 265.00**

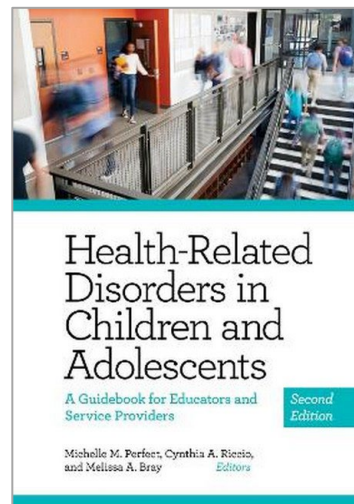
**Solution-Focused Therapy****NEW****By John Murphy**

This book captures solution-focused therapy's essence, distinguishing it from problem-focused approaches that have dominated psychotherapy.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: December 2023  
**9781433837678**

Paperback  
165 pages  
**AUD\$: 88.99**

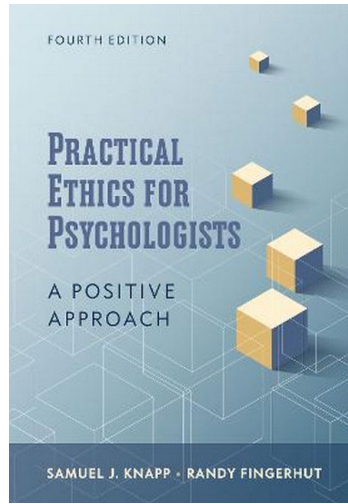
**Health-Related Disorders in Children and Adolescents 2/e  
A Guidebook for Educators and Service Providers****NEW****By Michelle Perfect, Cynthia Riccio**

A comprehensive revision of a critical resource for school-based professionals tasked with providing care for children's disability conditions, their social-emotional health, and their educational needs.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: PSYCHOLOGY  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: November 2023  
**9781433836350**

Paperback  
456 pages  
**AUD\$: 212.00**

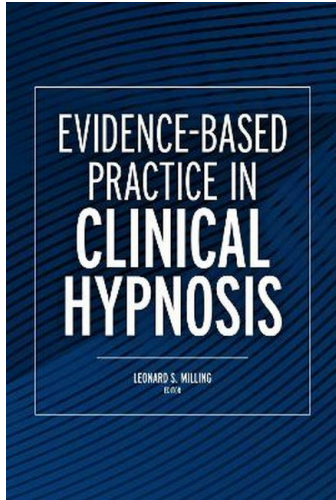
**Practical Ethics for Psychologists  
A Positive Approach****NEW****By Samuel J. Knapp, Randy Fingerhut**

Guided by the APA Ethics Code and social justice, this book helps psychologists solve ethical dilemmas while empowering those impacted by their work.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: PSYCHOLOGY  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: March 2024  
**9781433842498**

Paperback  
319 pages  
**AUD\$: 190.00**

**Evidence-Based Practice in Clinical Hypnosis****NEW***By Leonard Milling*

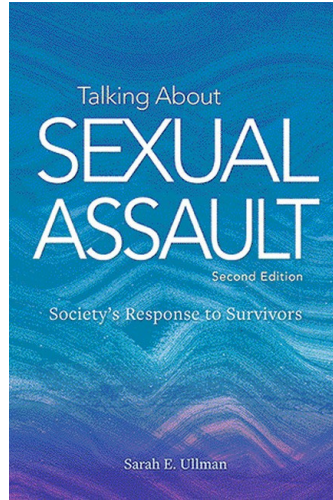
9 781433 837654

Hypnosis affords clinicians a brief, efficient methodology to address a wide range of psychological conditions and disorders. This volume demonstrates both how hypnotic techniques can supplement science-based clinical interventions.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: PSYCHOLOGY  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: November 2023  
**9781433837654**

Paperback  
235 pages  
**AUD\$: 145.00**

**Talking About Sexual Assault  
Society's Response to Survivors****NEW***By Sarah E. Ullman*

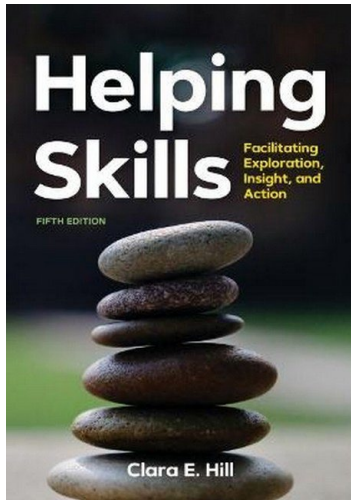
9 781433 836312

Highlights the knowledge uncovered by researchers about how women talk about sexual assaults they experience and the responses they receive from others in American society.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: PSYCHOLOGY  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: September 2023  
**9781433836312**

Paperback  
257 pages  
**AUD\$: 127.00**

**Helping Skills 5/e  
Facilitating Exploration,  
Insight, and Action***By Clara E. Hill*

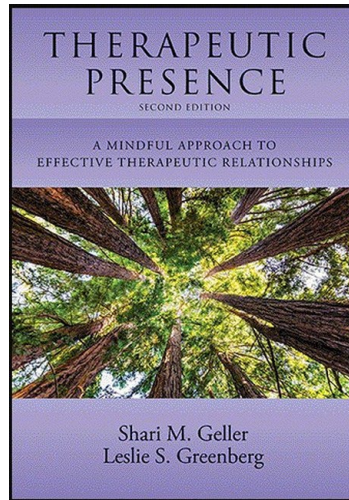
9 781433 831379

Presents an updated model of essential helping skills for undergraduate and first year graduate students. This book synthesizes the author's extensive clinical and classroom experience into an easy-to-read guide to the helping process.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: October 2019  
**9781433831379**

Paperback  
485 pages  
B&W THROUGHOUT  
**AUD\$: 212.00**

**Therapeutic Presence 2/e  
A Mindful Approach to  
Effective Therapeutic  
Relationships***By Shari Geller, Leslie S. Greenberg*

9 781433 836046

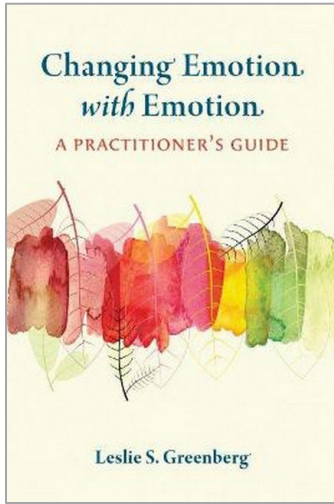
Therapeutic presence—one's ability to exist fully in the moment with a client—is crucial to effective psychotherapy practice.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: February 2023  
**9781433836046**

Paperback  
326 pages  
NOT ILLUSTRATED  
**AUD\$: 121.00**



**Changing Emotion With Emotion  
A Practitioner's Guide****By Leslie S. Greenberg**

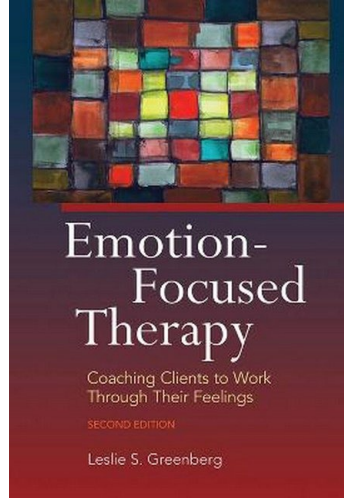
9 781433 834691

Methods described in this book can help clients to 'arrive at', or fully experience, their painful maladaptive emotions, and then 'leave' these emotions by accessing new, adaptive emotions.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: September 2021  
**9781433834691**

Paperback  
314 pages  
**AUD\$: 133.00**

**Emotion-Focused Therapy  
Coaching Clients to Work Through Their Feelings****By Leslie S. Greenberg**

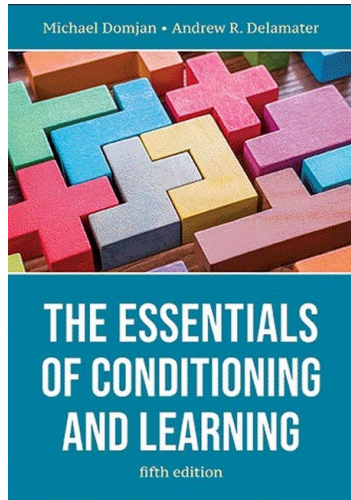
9 781433 840975

Newly published in paperback, this title presents a comprehensive overview of emotion-focused therapy (EFT)--a treatment that helps clients identify, experience, accept, explore, interpret, transform, and flexibly manage their emotions.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: February 2023  
**9781433840975**

Paperback  
411 pages  
**AUD\$: 157.00**

**PSYCHOLOGY****The Essentials of Conditioning and Learning 5/e****By Michael Domjan,  
Andrew R Delamater**

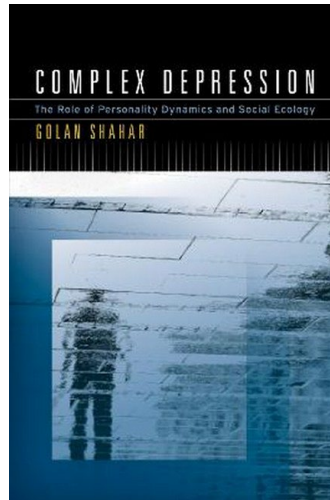
9 781433 840142

Thoroughly updated and revised, this new edition is more sophisticated, current, and complete than ever, while still retaining the book's signature emphasis on the 'essentials' of conditioning and learning.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: PSYCHOLOGY  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: August 2023  
**9781433840142**

Paperback  
289 pages  
**AUD\$: 203.00**

**Complex Depression  
The Role of Personality Dynamics and Social Ecology****By Golan Shahar**

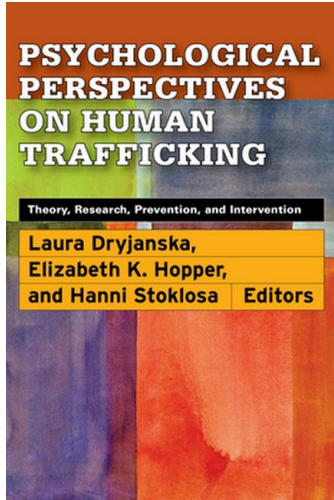
9 781433 836077

Argues that the dynamic relationship between personality and social factors, which the author terms 'ecodynamics', is the root cause of complex depression and leads to severe consequences, including suicide.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Category: OTHER MEDICINE  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: March 2024  
**9781433836077**

Paperback  
212 pages  
**AUD\$: 217.00**



**Psychological Perspectives on Human Trafficking**  
Theory, Research, Prevention, and Intervention

**Laura Dryjanska, Elizabeth K. Hopper, and Hanni Stoklosa** Editors

**NEW**

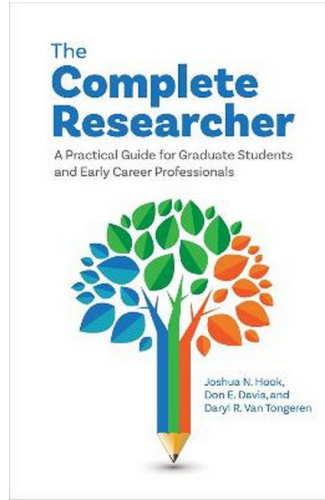
*By Laura Dryjanska, Elizabeth K. Hopper*



Explores human trafficking through various psychological frameworks, summarizing the definitions and types of trafficking, their social impact, and the ways in which mental health practitioners can provide care to victims.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**  
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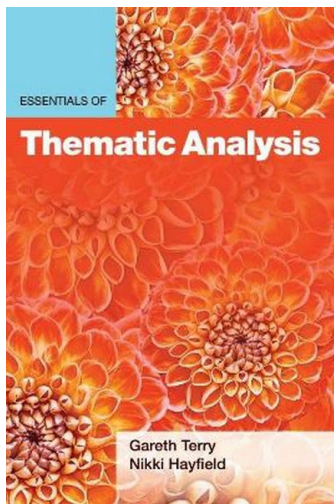
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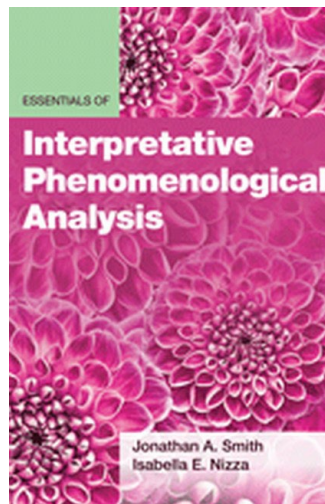
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