

HEALTHY GIFTS



Dragonfly
UPC: 050525204308

Native Visions Electrostatic Window Transparencies
24 attractive designs available
\$6.95

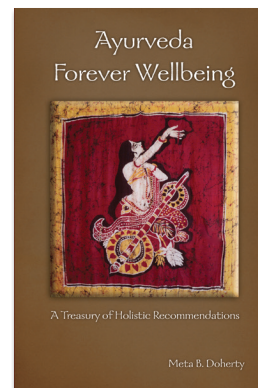
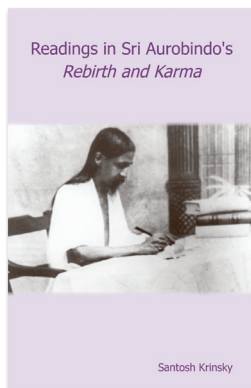
Native Visions Electrostatic Window Transparencies are "stained Glass" Decals. There are 24 colorful designs available. Each image is fully transparent, adhesive-free, removable and reusable. Proceeds go to First Nation causes.

Elements of Rejuvenation
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Music to enchant every ear in a temple of relaxation and healing. played during Qi Gong, yoga, tai chi, reiki treatments, chi exercises, or simply for meditation, it captivates - making you flow with the spiritual energy into infinite spaces.

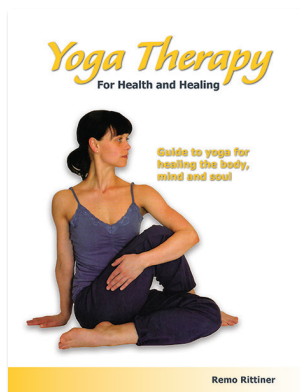


Readings in Sri Aurobindo's Rebirth and Karma
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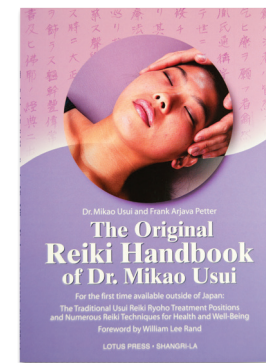


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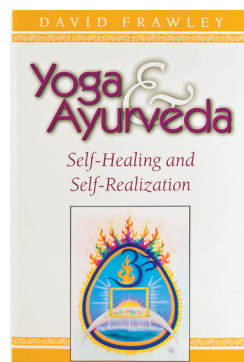


Yoga Therapy for Health and Healing
by Remo Rittiner
ISBN: 9780940985148 • \$19.95 • 200 pp
This book is based on the fundamental principles of the yoga tradition according to the yoga master, T. Krishnamacharya and his pupil, A.G. Mohan, and on the latest insights in the study of western anatomy. It is written in a way that is clear and easy to understand and is suitable for beginners and advanced yoga practitioners alike, who are interested in the great healing potential of yoga therapy.

The Original Reiki-Handbook
by Dr. Mikao Usui and Frank Arjava Petter
ISBN: 9780914955573 • \$14.95 • 80 pp
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by Dr. David Frawley
ISBN: 9780914955818 • \$19.95 • 360 pp
Yoga and Ayurveda together form a complete approach for optimal health, vitality and higher awareness. Yoga and Ayurveda reveals to us the secret powers of the body, breath, senses, mind and chakras. More importantly, it unfolds transformational methods to work on them through diet, herbs, asana, pranayama and meditation. This is the first book published in the west on these two extraordinary subjects and their interface. It has the power to change the lives of those who read and apply it.



Heart of Reiki
Merlins Magic • CD
UPC: 079565072524 • \$17.95 • 60 min
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