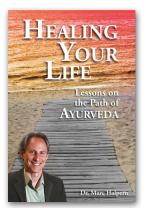


HEALTHY GIFTS



Healing Your Life: Lessons on the Path of Ayurveda by Dr. Marc Halpern

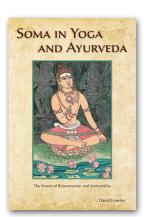
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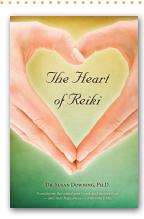
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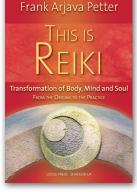
Designed as a reference manual for teachers and trainers, this book presents a comprehensive and practical introduction into Reiki. This book provides a new translation of the Usui memorial stone, numerous photographs and descriptions of historic places and new material about the cultural and spiritual roots of Reiki.



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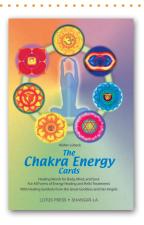
tice in easy-to-follow steps. No matter what your level of Reiki training or spiritual orientation, you, too, can learn to use this practice to survive life's turmoil and share your joy with everyone around you.



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