

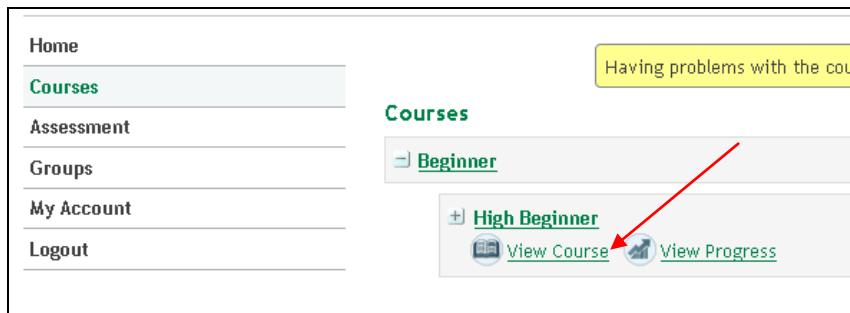
Shop for English



Student User Guide

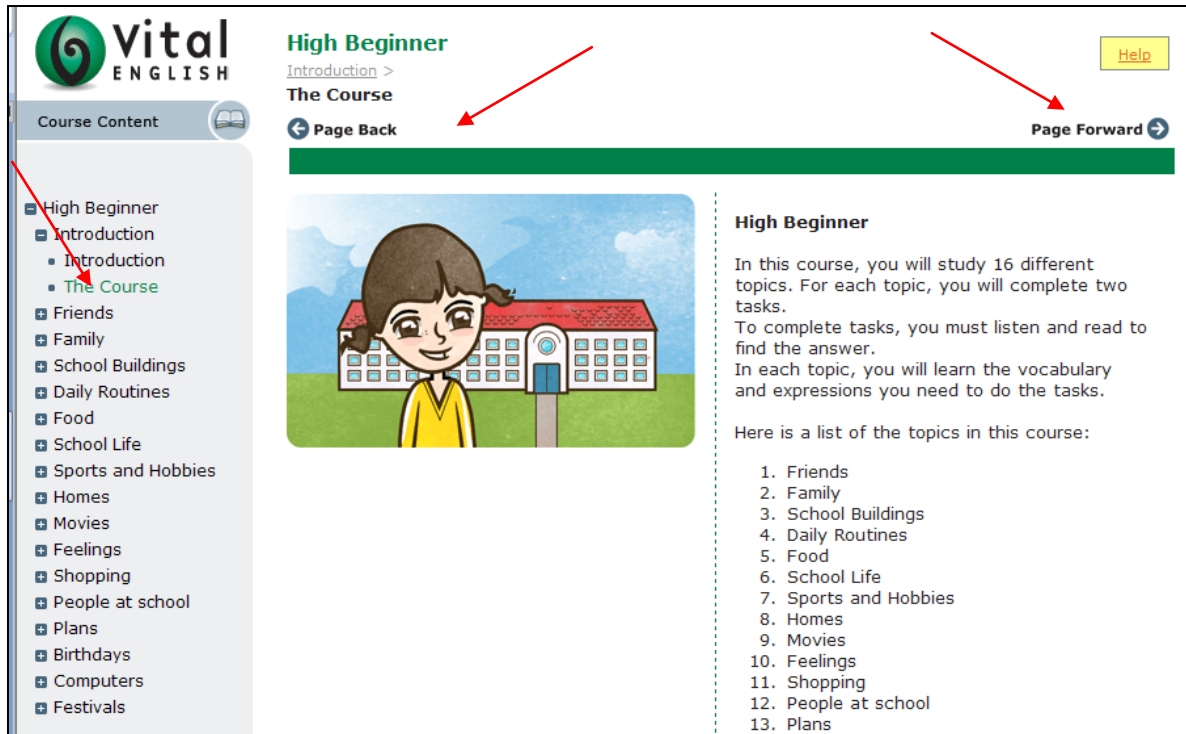
Start Studying

When you log in you will see your **Courses** page. Click **View Course** to open your course and start you study.



Use the **Page Forward** and **Page Back** links to go through the course.

You can also **use the menu** to select a page within the course.



Vital ENGLISH

High Beginner

[Introduction >](#)

The Course

[Page Back](#) [Page Forward](#) [Help](#)

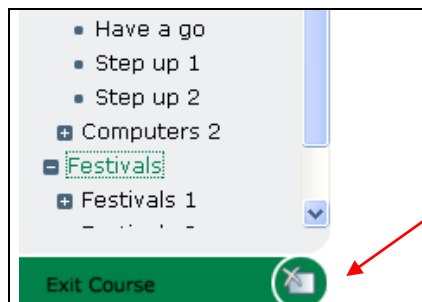
High Beginner

In this course, you will study 16 different topics. For each topic, you will complete two tasks. To complete tasks, you must listen and read to find the answer. In each topic, you will learn the vocabulary and expressions you need to do the tasks.


Here is a list of the topics in this course:

1. Friends
2. Family
3. School Buildings
4. Daily Routines
5. Food
6. School Life
7. Sports and Hobbies
8. Homes
9. Movies
10. Feelings
11. Shopping
12. People at school
13. Plans

Exit the course by clicking **Exit Course** at the bottom of the menu.



- Have a go
- Step up 1
- Step up 2
- + Computers 2
- **Festivals**
- + Festivals 1

Exit Course 

View Your Progress

You can view your progress through the course by clicking **View Progress** from the **Courses** page.

To show more detail click the + next to the lesson name.

Lesson	Progress
High Beginner	6%
Introduction	100%
Friends	0%
Family	0%
School Buildings	0%
Daily Routines	0%
Food	0%
School Life	0%
Sports and Hobbies	12%
Homes	0%
Movies	0%
Feelings	0%
Shopping	0%
People at school	0%
Plans	25%
Birthdays	10%
Computers	10%
Festivals	18%

Your Account Details

1. Click **My Account** from the menu.
2. Update your details in the Details tab.

My Account

Details Password Change Enrolments

First Name: * Susan

Last Name: * Test

Email Address: * test@vitalenglish.com

Confirm Email Address: test@vitalenglish.com

Address 1:

Address 2:

Country: * New Zealand

Phone:

3. Change your password in the **Password Change** tab.

My Account

Details Password Change Enrolments

Current Password *

New Password *

New Password (again) *