

Hypochlorous Acid Protocol

(Calcium Hypochlorite Water Solution)

Disclaimer: Everything mentioned on these pages are for your education and information ONLY. You should consult with your doctor before trying anything mentioned in this document.

Steps to follow the Post Hypochlorous Acid Protocol

Overview	This protocol may help those who have compromised immune systems.
Procedures	It's very important to clean up detox pathways before beginning the protocol.
Cleanses	The first cleanse to complete would be the bowel/colon cleanse. Work your way up from there.
Binders	Binders help remove toxins when cleansing. They can prevent or reduce Herxing.
Definitions	Learn what the acronyms mean that you will find in this protocol.
Protocol Information	This Hypochlorous Acid (HOCL) protocol was formulated by a group of knowledgeable, caring researchers.

What is Calcium Hypochlorite?

“Calcium Hypochlorite, $Ca(ClO)_2$, when mixed with water turns into a solution of hypochlorous acid, which is an oxidizing acid that the human immune system naturally produces to destroy disease germs and clean up poisons in the system. Today, many people are deficient in hypochlorous acid and therefore proper supplementation with calcium hypochlorite has proven beneficial to help eradicate disease.” - Jim Humble

This Protocol is primarily intended to inform readers of the oxidative therapeutic benefits of Calcium hypochlorite in water = Hypochlorous Acid. This is truly the remarkable (oxidative) pathogen-killing ability of Hypochlorous Acid from nature.

Introduction: Hypochlorous Acid Is Often Referred To As “Nature’s Miracle.” Although Hypochlorous Acid is not widely known, it was discovered more than 100 years ago by scientists. Hypochlorous Acid is often incorrectly attributed to French Scientist Antoine Jérôme Ballard, who continued the research in 1834. But it was first identified back in 1811 as what the body produces to fight infection by the celebrated Chemist Sir Humphry Davy (inventor of the Davy Miners Lamp and discoverer of several chemical elements).

His student, Michael Faraday, then took over the work and managed to isolate and produce Hypochlorous Acid (HOCl) by electrolysis, passing current through brine solution in 1823. It then wasn’t until the First World War in 1914 that it took a practical turn to help medics treating field wounds. HOCl was used to irrigate the wounds, where it was noted soldiers healed in half the time as those who didn’t have the same opportunity.

Fast forward to today and we now see Hypochlorous Acid, HOCl, produced on a mass scale with stability issues a thing of the past. **Hypochlorous Acid** is made naturally in human white blood cells (Neutrophils) and is a key part of the body’s internal defense mechanism. It works as the first line of defense at wound sites to fight infections.

Don’t You Want To Understand Why And How It Could Help Your Whole Family Live Healthier Lives!!

*“Calcium hypochlorite, $Ca(ClO)_2$, when mixed with water turns into a solution of **hypochlorous acid**, which is an oxidizing acid that the human immune system naturally produces to destroy disease germs and clean up poisons in the system. Today, many people are deficient in hypochlorous acid and therefore proper supplementation with Calcium hypochlorite has proven beneficial to help eradicate diseases.” - Jim Humble*

He should know, because he invented the oral protocols for using Calcium Hypochlorite, inside the human body, to supplement Hypochlorous Acid, produced by the immune system to kill pathogens. Hypochlorous acid is a powerful oxidant and is 100 times more efficient at killing bacteria than chlorine bleach or sodium hypochlorite (NaClO). **Hypochlorous acid is safe and natural.**

It is found in our blood as one of the most powerful biological oxidants generated by our white blood cells against invading pathogens.

Calcium Hypochlorite is activated with water to become **Hypochlorous Acid**. Supplemental Hypochlorous Acid (HOCl) is a product that mimics the natural oxidative killing action of human immune cells against bacteria, viruses and fungi. It can also inactivate prions and other proteins, some of which are thought to be important factors leading to Parkinson's and Alzheimer's diseases according to National Institutes of Health (NIH) researchers.

Hypochlorous Acid (HOCl) is a potent antimicrobial agent and has advantages such as non-toxicity in biological tissues and is environmentally friendly.

The Three Letter Agencies Know the Power of Hypochlorous Acid

[The FDA has recognized the antimicrobial activity](#) of Hypochlorous Acid in its *Guide to Minimize Microbial Food Safety Hazards of Fresh-cut Fruits and Vegetables* published in February of 2008.

[The EPA has Hypochlorous Acid listed in their official list](#) of ingredients that can effectively kill harmful viruses.

“This Immune System Oxidant Could be one Key to Inactivating Prions.” This is from the [NIH Website](#)...

It has recently been determined that Hypochlorous Acid is effective at deactivating PRIONS which are among the most difficult infectious diseases known to science. It has been tested by NIH and proven to be the world's first safe method to eliminate all detectable activity of misfolded Infectious Proteins (PRIONS) and is safe for skin and mucosal contact.

NIH scientists report that this formulation rapidly inactivates resistant infectious proteins that cause Mad Cow Disease, Chronic Wasting and Creutzfeldt-Jakob Disease and are now implicated in Alzheimer's **And Other Neuro-Degenerative And Invariably Fatal Brain Diseases.**

“Prion diseases are a large group of related neurodegenerative conditions, which affect both animals and humans. Prions are deadly pathogens that are notoriously difficult to inactivate and standard microbial disinfection protocols are often inadequate.”

“Many serious diseases have been linked to pathogenic states of various proteins. These naturally occurring proteins can be corrupted to form aggregates such as prions and amyloids that propagate in and between tissues by acting as seeds that convert the normal form of the protein into more of the pathological form.

For example, corrupted prion protein can cause fatal transmissible neurodegenerative diseases such as Creutzfeldt-Jakob disease in humans, chronic wasting disease in cervids and bovine spongiform encephalopathy.”

“Other amyloid-forming protein aggregates are pathogenic in Parkinson's, Alzheimer's and other diseases. The fact that prions and amyloids are composed predominantly of tough, tightly packed proteins, makes them unusually resistant to conventional microbial disinfection procedures.

Infectious prions can persist indefinitely in, or on, a variety of materials such as tissues, fluids, tools, instruments and environmental surfaces, making it important to identify decontaminants that are effective without being dangerous or damaging.”

“Hypochlorous acid, a disinfectant that is produced naturally by certain cells within the body, **has strong anti-prion and anti-amyloid activity.**

Normal prions occur naturally in the body and are harmless. But when a prion takes on a different folded shape than its normal counterparts, it becomes infectious. It's thought that once a prion becomes infectious, it alters other prions in a chain reaction.

The abnormal prions then clump together, which researchers believe may lead to neuron loss and brain damage.”

It has been determined the Hypochlorous Acid can control the spread of different sexually transmitted diseases. There are a myriad of more common uses that are equally important to the human condition. When Hypochlorous Acid comes in contact with the skin or mucosa it instantly activates other body mechanisms to kill invading pathogens and initiates the body's immune and healing responses. This is why Hypochlorous Acid is so effective against burns, cuts, scrapes, acne, Periodontitis, sunburn, surface infections and healing wounds. Best of all it is non-toxic and all natural!

HOCl: The Miracle Molecule in Action

Since bodies over thirty years old seem to make so little of it, not enough to help the immune system fight back, it needs to be supplemented. Jim Humble was ahead of his time.

The theory is that "they" went hard after MMS in 2010, because in 2009, Jim did a soft roll out announcement of Calcium Hypochlorite. Activated Calcium Hypochlorite supplements the body's natural Hypochlorous Acid, so humans have more to fight these deadly, man-made infectious diseases.

Without knowing it, Jim was about to expose at least one of their antidotes, so the propaganda campaign began to make us fear MMS and distract us completely from Calcium Hypochlorite that converts to Hypochlorous Acid when activated with water. It's the antidote that humanity would need in such a time as this. The distractions worked for a time, but Soldiers of the Cross have assignments...Is this making sense yet?

How does HOCl kill pathogens?

The HOCl molecule is unique because it is neutrally charged, unlike hypochlorite (OCl⁻), which is negatively charged. Why does this matter? Disinfectants and microbial pathogens interact with each other similar to magnets. If you bring together two negatively charged magnets, they will repel each other.

Bacteria and hypochlorite (OCl⁻ aka. bleach) are both negatively charged and behave like two negatively charged magnets repelling each other. Hypochlorous acid is neutrally charged and is not repelled by bacteria.

This means HOCl can easily penetrate the cell walls of the bacteria and destroy them with its strong oxidation potential.

Partial list of pathogens controlled: Influenza, Bacillus, Campylobacter, Enterococcus E. coli, Listeria, Pseudomonas, Salmonella, Staphylococcus, Vibrio, Hepatitis, Fungi, Legionella.

This Protocol could be beneficial to those individuals who are suffering with a depleted immune system that has led to many health complications. This protocol will help anyone whose immune system is on pause, because their Hypochlorous Acid reserves have become extremely depleted. Supplementing Hypochlorous Acid, will help ailing bodies heal...fast. :)



Never use DMSO or MSM with Calcium Hypochlorite



Calcium Hypochlorite is the main protocol ingredient. When Calcium Hypochlorite is activated with water, Hypochlorous acid (HOCl) is produced. This provides the human body's immune cells to fight infections. It is effective against a broad range of microorganisms. It is non-toxic, non-irritant and non-corrosive at proper usage concentrations. This product is available from several approved suppliers who support the community.

You can get the premade capsules, sized and dosed according to your weight for the protocol, or you can get the powder to make your own capsules and for other uses. There are two suppliers recommended in this document, because their products have been verified as legitimate and made of high-quality products. If you plan to get the powder, you need it to be at least 70 percent Calcium Hypochlorite for this protocol.

Sources:

discoverwps.com

You can get the high-grade powder and premade capsules in several sizes from size 0-2. It will require a \$10/Lifetime membership to shop here. Their prices are

much lower than the other supplier and they offer several options, so the lifetime membership doesn't even factor.



Calcium hypochlorite Size 0-2 Capsules and Powder



Healthy Way Inc.



Calcium Hypochlorite Size 4 Capsules only.

This size can be given to a child over 75 pounds, who can swallow a capsule.



First Things... First 😊

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Clear the Detox Pathways or You'll Have a Bumpy Ride...

Follow this Hypochlorous Acid Protocol in the order the different activities are numbered for best results. We're trying to hold your hand with this, but you must do your part and follow the instructions. You can individualize it to fit your body's needs, but follow the order laid out for you.

Begin to use your preferred binders as soon as you begin this Protocol.

You can continue to use whichever binders you already use. (You'll find toxins binder info below)

What are Toxin Binders?

Toxin Binders are substances that generally bind cholesterol, bile acids and toxins in the small intestine. They are used to bind toxins, but may bind foods, supplements or medications also. Binders are also called adsorbents.

In relation to toxins, binders are orally ingested material that binds either directly to the toxin in the intestine or they bind to bile acids which may be attached to toxins. Ultimately the binder acts like a taxi giving the toxins a ride out of the body as part of the fecal matter. Binders are your friends while you detox.

1a. [Colon Cleanse](#): You **MUST** begin the protocol here. This is the first stage in any meaningful and safe detox protocol. Keeping this detox pathway clear is very important to your healing. [Use the colon cleanse product linked](#) or your favorite cleanser, for at least a week **BEFORE** starting any other part of the **Hypochlorous Acid Protocol**. Remember to increase your water intake, IF not contraindicated.

You will do a colon cleanse for at least one week before moving to the Parasite and Kidney Cleanse. You can use your favorite natural enemas. However, the recommendation is for at least 2 MMS enemas.

1b. [Enema](#): You will want to employ natural enemas of all types during your colon cleansing. You can use a Chlorine Dioxide enema several times per day, every day, every two days, once per week or whichever schedule you are comfortable with. Enemas were in the MERCK Manual up to 1970, as they are often very important to the recovery of health.

The enema delivers chlorine dioxide to the liver via the Portal Vein and to the bloodstream. It's also great at neutralizing toxins and killing parasites in the bowel. In addition to killing pathogens in the colon, much of the Chlorine Dioxide is absorbed through the colon walls into the blood plasma. In many cases the enema will also give the colon a much-needed cleaning.

Using a chlorine dioxide enema is very beneficial to maintaining a balance between the good and bad bacteria in the colon. It may be helpful for getting rid of biofilm, treating *Candida* overgrowth, getting rid of parasites and relieving bladder infections and/or irritation, among other problems.

Enema Formula: You can use 1 activated drop of chlorine dioxide to every 100ml of body temperature purified water.

Chlorine Dioxide does not damage normal flora.

Formula: Chlorine Dioxide Enemas initial use is 1 activated drop per 100ml body temperature water. Add a pinch of Himalayan salts to at least 500ml distilled or water purified with a Zero Water Filter. 1000ml is the target. Let it flow in slowly, then hold 5-10 minutes. If you cannot hold, that's fine.

Use a low dose of Chlorine Dioxide in an enema at first, especially if you're already following a complete protocol. Increase to a higher dosage slowly and only as it feels helpful. Complete this type of enema 1-3 times per day if you're treating something gastrointestinal or liver related (or if you're working with one of the more serious health problems), or every other day or every three days (or less) if preferred. Some people experience a detox reaction from doing a Chlorine Dioxide enema, so start slowly and work your way up.

The instructions for administering and dosing a Chlorine Dioxide enema may be found [at this link.](#)

[Chlorine Dioxide Safe Enema Kit Link](#)



2a. [Parasite Cleanse](#): This is done **AFTER at least one week of the Colon cleanse.... You will continue keeping your colon clean, while you do the parasite cleanse and the rest of the protocol.**

A **parasite cleanse** is any diet, supplement, or other detox product that is intended to eliminate **parasites from the body** without using prescription medications.

For some people, parasites are more active on the full moon, while for others it's the new moon. So, it is best to start the process at least a day before the **NEW MOON** and go through until at least 5 days after the [FULL MOON](#)! Parasites have been injected into unsuspecting individuals worldwide. Do what you can to eradicate any that you now have. [Full Moon Calendar](#)

So, job number two after clearing out your colon, is to begin a parasite cleanse.

You can follow the full moon/new moon schedule, or you can go all out to begin eradicating those dangerous critters. It's a good idea to start on a new moon, taking recommended manufacturer doses and eating no meat, fish, or poultry. For the last 3 nights before the full moon, try to double the dosages recommended. Someone I know did this and passed a Tapeworm the first morning of the full moon. Continue though the full moon, as that is when parasites are extremely active.

Keep cleansing intermittently, or they will come back. They are everywhere waiting for an opportunity to recolonize. If you think they are becoming resistant, change products. There are thousands of herbs that fight parasites. Resistance decreases if you stop using a product. You can take it again later, and it will eliminate them again. So, when you think you got the most of them, begin to cleanse intermittently. A good schedule is once every few months.



VERY IMPORTANT: YOU SHOULD NEVER TAKE WORMWOOD DURING PREGNANCY BECAUSE IT CAN CAUSE A MISCARRIAGE. DO A PARASITE CLEANSE BEFORE YOU TRY TO BECOME PREGNANT.

2b. Use [Wormwood/Black Walnut](#) as this Herbal Parasite Cleanse is a natural remedy for treating intestinal parasites, such as flukes (*Fasciolopsis Buski*), sheep liver flukes, pinworms, threadworms (*Enterobius Vermicularis*), hookworms, roundworms (*Ascaris Lumbricoides*), tapeworms (Fish tapeworm), etc. and as a treatment for *Candida Albicans*, also called Candidiasis. It can be used for adults, children and pets (excluding horses).

Wormwood or *Artemisia annua* is one of the most potent herbal anti-parasitic medications available. Artemether-lumefantrine is perhaps the most powerful pharmaceutically engineered anti-malarial (malaria is a parasite) on the market, a drug that was developed using artemisinin, one of the active ingredients in *Artemisia annua*.

The Wormwood plant is also effective against intestinal parasite infestations and in fact, experts believe that an herbal treatment is less likely to lead to parasite resistance of the treatment because the *A. annua* plant is more complex than the drug Artemether-lumefantrine which is made up of relatively few chemical substances in comparison.

If a different parasite cleanse works well for you, keep using it.

If you're pregnant and you suspect that you have parasites, there are several things you can do.

Eat apples, pumpkin seed butter or pumpkin seeds and tahini for snacks either together or separately. These foods are aversive to parasites. Wash your southern

regions several times throughout the day and perhaps once or twice during the night too. This will wipe away extra eggs laid outside the body and discourage transport of parasites into the bladder or uterus.

And finally, take Food Grade Diatomaceous Earth twice per day with at least eight to twelve ounces of water. This stuff isn't absorbed by your body. It just passes through your intestines and then out of the body. But when it meets parasites, it slices them open and then dries them out. Then they're flushed from the body.

You can talk with your doctor about your parasite cleanse, but don't expect much help.

How to Take Wormwood for Parasites

You will follow the directions on the packaging as much as possible. However, Artemisinin, the active ingredient in wormwood that has been studied the most by scientists, has a half-life of 2 hours. In other words, within 2 hours, half of the Artemisinin has been metabolized and eliminated from the body. Though a short half-life may seem inconvenient because you must take wormwood more often, a short half-life also makes it more difficult for parasites in your body to build up resistance to it.

Plan to take a new dose of this [linked wormwood](#) every four to six hours to make sure you're aggressively equipping your body to get rid of those critters. If you must wait a little longer than 6 hours between doses, it will be okay...wormwood still builds up in your system if you take it regularly.

By the fifth day of use, your liver starts to produce enzymes that lower the bioavailability of wormwood inside your body by a factor of 6.9. In other words, you begin to develop a tolerance to wormwood. Slowly increase the amount of Wormwood (*Artemisia annua*) that you take each day. **This is a temporary dosing schedule.**

NOTE: Artemisinin could cause hypotension and it can also cause miscarriage during the first trimester of pregnancy.



Some people already have Ivermectin, so go ahead and use it. You can follow this handy, safe usage chart below.

Ivermectin Safe Usage

COVID-19: DOSE PER POUND FOR PROPHYLAXIS PRE-EXPOSURE WITH IVERMECTIN FOR EXPOSED						
DOSE: 0.091 MG. PER POUND OF WEIGHT. 2nd DOSE IN 1 WEEK (7 D.). THEN REPEAT DOSE EVERY 2 WEEKS.						
IN THOSE THAT ARE TO PLACES WITH A HIGH VIRAL LOAD (HOSPITALS, MARKETS, TERMINALS AND SIMILAR) AND THEIR "CONTACTS" THAT ARE MEN > 50 AND WOMEN > 75, REPEAT THE DOSE EVERY WEEK (7 D.)						
PRESENTATIONS AND EQUIVALENCES FOR EACH DOSE OF 0.091 mg. PER POUND OF WEIGHT or 0.2 mg. PER KILO						
WEIGHT		DOSE X	TABLETS of 3 mg.	BOTTLE at 1%	ORAL PASTE at 1.87%, with blue plunger	
Kilos	Libras	WEIGHT	(if they are 6 mg. give half)	(10 mg. per ml.)	(2.27 mg. per every: Notch, Teeth or 1/16")	
Fórmulas		Weight x 0.091	Weight between 33 = N° tab.	Weight x 0.0091 = ml.	Weight x 0.04 = N° notch and teeth, or N° of 1/16"	
34.0	75	6.8 mg	2 tablets	0.7 ml	3: 2 notch and 1 teeth	3/16"
40.8	90	8.2 mg	3 tablets	0.9 ml.	3.6	
45.4	100	9.1 mg	3 tablets	0.9 ml.	4: 2 notch and 2 teeth	4/16"= 1/4"
49.9	110	10.0 mg	3 tablets	1.0 ml.	4.4	
56.7	125	11.4 mg	4 tablets	1.1 ml.	5: 3 notch, 2 teeth = 1/2 measure	5/16"
59.9	132	12.0 mg	4 tablets	1.2 ml.	5.3: 3 notch, 2.3 teeth = 1/2 m.+0.3n	5.3/16"
68.0	150	13.7 mg	5 tablets	1.4 ml.	6: 3 notch and 3 teeth	6/16"= 3/8"
74.8	165	15.0 mg	5 tablets	1.5 ml.	6.6	
79.4	175	15.9 mg	5 tablets	1.6 ml.	7: 4 notch and 3 teeth	7/16"
83.9	185	16.8 mg	6 tablets	1.7 ml.	7.4	
90.7	200	18.2 mg	6 tablets	1.8 ml.	8: 4 notch and 4 teeth	8/16"= 1/2"
95.3	210	19.1 mg	7 tablets	1.9 ml.	8.4	
102.1	225	20.5 mg	7 tablets	2.1 ml	9: 5 notch and 4 teeth	9/16"
106.6	235	21.4 mg	7 tablets	2.2 ml	9.4	
113.4	250	22.8 mg	8 tablets	2.3 ml	10: 5 notch, 5 teeth. = 1 measure	10/16"= 5/8"

With the Bottles it is recommended to use a 5 ml syringe to measure the doses more accurately. Take it after lunch or dinner. Do not take with fruit juice, lemonade or milk. In addition to Ivermectin you should take a Multivitamin that contains Zinc, Vitamin D, C and A, or give these individually. It is indicated to gargle and nasal washings post-exposure to places of high viral load.

Source: Aguirre Chang, Gustavo; Trujillo Figueredo, Aurora. COVID-19: Pre-exposure Prophylaxis with Ivermectin for exposed people. Research Gate. July 2020. doi: <http://dx.doi.org/10.13140/RG.2.2.12045.97765>

Chart

If you already have FenBen...go ahead and use it.



3. Kidney Cleanse using Chanca Piedra: 500mg daily. The kidney cleanse and Parasite cleanse can be done at the same time. The Chanca Piedra must be taken **for at least two (2) weeks before moving on to the next step of the protocol.**

You must do a Kidney Cleanse and Chanca Piedra does a great job of this. Yes, it's a stone breaker as recent studies have proved that this herb has the potential to manipulate the formation of stones in the body. Chanca piedra reduces the formation of crystals, changes their structure and softens the stones, in the kidney, gallbladder and liver, making it easier for them to pass through the urinary track in urine and out the colon in stool. It is also quite beneficial for treating any burning, by toning down inflammation caused by urinary infections and from stones in biliary ducts.

Hydrate, Hydrate, Hydrate. Drink a **minimum** of half your body weight in fluid ounces of water. **Observe any contraindications your doctor advised about.**

4. [Liver – Gallbladder Flush](#): You must have completed Parts 1-3 before attempting the liver flush. You must have completed at least two weeks of using Chanca Piedra before beginning the Liver Flush. Both the regular Gallbladder/Liver Flush and The Easy Liver Flush require you to use the Stone Breaker (Chanca Piedra) for at least two weeks, (14) days, before attempting the flush. You will need to add a special [L-Ornithine binder](#), during the Liver or gallbladder flush.



Binders: Binders are your friends!!! Toxin binders are compulsory in any successful detox program. Toxin binders assist your body in reducing its toxin levels. As their name suggests, binders effectively “bind” to and eliminate toxins from your body.

On its own, your body has the ability to remove some toxins, but when the toxic load gets too high, your body needs help. That’s where toxin binders come in. Binders are incredibly beneficial for detox and work by:

- Clearing out toxin buildup
- Inducing biofilm removal in the gut
- Alleviating gas and bloating
- Preventing acute poisoning

When your body is working correctly, your intestines, gallbladder and liver all work together to break down and eliminate toxins. Unfortunately, many people have compromised detoxification pathways. Meaning, their bodies are unable to effectively process and excrete toxins.

Without the use of binders, your body is prone to “enterohepatic recirculation.” This happens when toxins are not “bound” for excretion through the bowels and instead go through continuous cycles of processing by your liver, reabsorption by your intestines and then recirculation by your liver. This repeated

process puts a massive amount of strain on your body as it works to detoxify itself.

Binders help your body from getting stuck on repeat. You can effectively clean out toxin buildup and stop enterohepatic recirculation by using binders for detox. Binders also induce the removal of biofilms that cause dysbiosis in the gut—meaning, your gut has more harmful than beneficial bacteria.

Binders attach to the **toxins** to prevent reabsorption and enhance elimination. You have a choice of several beneficial, toxin removal binders. **Choose at least two binders that fit your situation.** You will always use binders, daytime and nighttime, throughout this protocol to help your body release toxins and escort them from your body, avoiding any bad herxing reactions. You can rotate those you use as you feel the need, or you can just stick with what is working for you. **Extra hydration is key when you use binders. Here is a list of toxin binders that you should have in your toolkit.**

L-Ornithine: 1500mg taken in 3 doses during the day and at bedtime. This binder is taken during **every liver flush.** Your liver will thank you! **You'll take it before going to bed on the evening of your flush.** It is a central part of the urea cycle, helping to support L-arginine production and metabolic function. It's a supplement that can provide your liver with a powerful boost that cannot be supplied in foods. This is a great binder to mop up all those toxins released by the liver during a flush

Modified Citrus Pectin: Take 6 capsules 3 times daily with water or juice. **For maintenance use, take 6 capsules once a day. Drink plenty of purified water.** Modified citrus pectin has the potential to be a life-changing solution for people fighting cancer or other chronic, inflammation-based conditions. Modified Citrus Pectin can help fight numerous diseases and bring people back to a healthy state. **It is recommended that you add this binder if you are a cancer survivor, or are actively healing cancer. This is especially good for men with prostate health issues.**

Zeolites: There are liquid zeolites and powdered zeolites.

Advanced TRS: Two sprays in mouth morning and 3 sprays in mouth at bedtime. TRS is a liquid Nano particulates, powerful Clinoptilolite Zeolite detox for body and brain. It is an adsorbent and removes toxic heavy metals that are behind some of the most widespread health issues today: Vaccine injury, ADHD, autism, Alzheimer's, MS, infertility, Crohn's, ulcerative colitis, depression, anxiety, cancers, seizures and more.

Heavy metals are also fuel for pathogens and it's these pathogens that are the unknown cause of so many chronic mystery illnesses that plague us. **If you are having eye, ears, or neurological issues, this is the zeolite binder that's best suited for you. Pair it with at least one other binder. [Learn more here.](#)**

Micronized Zeolite: Mix 1 teaspoon 1-2 times per day into 12 oz of water, fresh juice, or smoothie. This is a workhorse binder. Zeolite is a natural crystal mineral that can be used for natural healing of many toxic and acidic conditions and diseases. Zeolite Powder is the pharmaceutical grade of zeolites that is micronized (so it can penetrate deep into your organs, cells and even tumors) and safely draw out toxins and smother out cancer cells too. It is the best detox agent you can get, as it will help you survive against even the deadliest of environmental toxins and pathogens (viruses, bacteria). [Learn more here.](#)

Chlorella: For adults, take 3 tablets daily, preferably with a meal. Can be taken with food, but away from medicine. Follow label usage instructions. Chlorella, a superfood, has earned a reputation as a fix-all supplement. Chlorella is a single-celled, freshwater alga, that is naturally rich in proteins, omega-3 fatty acids, vitamins, minerals, including antioxidants and dietary fiber.

Its reported benefits include boosting antibody count, promoting weight loss and fighting cancer and other diseases. **Make sure to get the one with the broken cell wall.**

Cilantro/Chlorella Liquid: Take 2-1/2 droppers 3 times daily. Shake well before use. Take away from food, medicine and other supplements. It's a potent whole body cleansing formula that binds to heavy metals, helping to clear them from the body. Chlorella is added to increase the chelating and cleansing actions of

the herb cilantro. Provides effective antioxidant support for overall cell health. Very suitable for vegetarians.

Food Grade Diatomaceous Earth: 1 Teaspoon in 8 oz of water. This must be taken away from food. It's truly an amazing and versatile natural binder, that's great for daytime usage! This naturally occurring soft sedimentary rock is created from the fossilized remains of algae called diatoms.

Non-toxic and safe around humans and animals, Diatomaceous Earth is chemical codex food-grade and can be used as a natural deodorizer, as a non-toxic cleaner, as a beauty product, in the garden and more! You need extra water with this binder.

Yuca Root: Take 1-2 mL (28-56 drops) three (3) times a day in a small amount of water. This is a good binder for ammonia that should be used at bedtime. Follow usage instructions, take away from food and medicine, but add a bedtime dose.

The liver normally receives some ammonia via the intestines, from the bacterial break-down of amino acids found in dietary protein and the waste of parasites. A healthy liver detoxifies that ammonia, by converting it into urea, which is then removed from the body by way of the urine. However, Lyme patients tend to have sick livers that do not work efficiently.

Ammonia is a normal by-product of processing nitrogen in the body and is excreted as waste in the urine in healthy people. However, elevated blood ammonia levels can occur when the kidneys or liver are not working properly, allowing this waste to remain in the bloodstream, which can be poisonous to your cells.

The most severe effects of high ammonia levels occur in the brain. A condition called hepatic encephalopathy often accompanies serious liver disease. It is characterized by personality and behavior changes, confusion and tremors. Severe cases may lead to coma and death.

High levels of ammonia can cause brain damage. ... Your brain is normally protected from the low levels of ammonia in your body by the blood-brain barrier.

Liver dysfunction can cause ammonia levels to build up in your brain causing permanent brain damage, a condition known as hepatic encephalopathy.

Activated Charcoal: Take 3 quick release capsules at least one hour after meals. Do not exceed 6 quick release capsules. Activated Charcoal is one of the world's most highly regarded detoxification substances.

This binder does not discriminate and will bind your food. So, this must be taken one hour away from food, medicine and supplements. Follow label usage instructions. You need to hydrate more with this binder.

If you have a favorite binder that's not on this list, please feel free to keep using it.



Protocol to Supplement Hypochlorous Acid

You will ONLY begin using the Calcium Hypochlorite product AFTER you have completed the detox pathways clearing Phases listed above. Parts 1 - 4 MUST be completed, so you'll have a good outcome, without any potential healing reactions.

While you continue your Hypochlorous Acid Protocol, you will continue to follow the schedule in Parts 1-4 intermittently. You will continue with binders for as long as you are on protocol. You can alternate or change binders as you wish, but you must use binders daily for best results.

**Follow the Three (3) Golden Rules for the
Best Outcome with this Protocol**

Always Follow The 3 Golden Rules

1. Symptoms improving/getting better? Do not change anything. Continue with what you are doing.
2. Feeling worse? Prolonged nausea or heavy diarrhea? Reduce your dose intake by 50% (but keep taking it).
3. Not getting better or worse? If there are no signs of improvement, do the next increase in dose.

Protocol to Use Hypochlorous Acid (Calcium Hypochlorite Activated in Water)

Please Note: You will use Calcium Hypochlorite Size 0-4 Capsules. The smaller the #, the larger the capsule dose. This Protocol is used as follows (Size #0-4 Capsules): Based on your weight. Refer to the weight dosing chart to see which size capsule you'll need. Most people may use a size #1 capsule so think about that when shopping for supplies.

Body Weight Usage Rate Chart

You buy Calcium Hypochlorite capsules based on your weight. The smaller # size is the bigger dose.

Body Weight	NaClO		Notes
200 pounds (91 Kg)	500 mg	Size 1	Dose every other hour
160 pounds (73 Kg)	400 mg	Size 2	Dose every other hour
100 pounds (45 Kg)	250 mg	Size 3	Dose every other hour
50 pounds (23 Kg)	125 mg	Size 4	Dose every other hour
25 pounds (11 Kg)	62.5 mg		Dose every other hour
Less than 25 pounds (11 Kg)	Less than 62.5 mg		Scale down the dosage to fit weight

For this **Hypochlorous Acid Protocol**, you will use Calcium hypochlorite, which becomes Hypochlorous Acid when activated in water.

Hypochlorous Acid Protocol for Adults and Children

If you have any disease or any other normal sickness or any of the "incurable" diseases, this protocol may help you overcome it. If you do not notice a good improvement within two weeks, you should go to a higher dose. Go down to the next lower capsule size if you are having healing reactions aka herxing. If you do notice any improvement, you should continue with this protocol and try to increase the dose.

The basics of this protocol are that adults or children use Hypochlorous Acid every 2 hours all day long for 10 hours. Of course, children take less than adults. Children who weigh less than 75 pounds should **NOT** use Hypochlorous Acid.

I know parents will do what you feel is needed, especially if you know your child can safely swallow a small capsule with at least four ounces of water. If you choose to not follow the instructions, you know you are responsible for making sure your child drinks enough water for the Hypochlorous Acid to activate in the stomach.

Hypochlorous Acid Usage Procedure:

You will take Calcium Hypochlorite every two (2) hours for 10 hours per day for a minimum of three weeks (21 days). Calcium Hypochlorite activates in water.

So, you'll take each capsule with a minimum of 8 fluid ounces (240ml) of water. You will begin **Low and Slow.**

- 1.** On Day 1, You will open the capsule and start with a 1/16 of your chosen capsule and take every 2 hours for 4 to 5 doses (8 to 10 hours) a day for **2 days**.
- 2.** Day 3 - If there is no discomfort you may take 1/8 of your chosen capsule every 2 hours for 4 to 5 doses (8 to 10 hours) a day for 2 more days.
- 3.** Day 6 - If there is no discomfort you may take 1/4 of your chosen capsule every 2 hours for 4 to 5 doses (8 to 10 hours) a day for 2 more days.
- 4.** Day 7 - If there is no discomfort you may take a maximum of a 1/2 of your chosen capsule every 2 hours for 4 to 5 doses (8 to 10 hours) a day for one day.
- 5.** If there is no discomfort you may take a maximum of a 1 capsule every 2 hours for 4 to 5 doses (8 to 10 hours) for 21 days, or until you feel well.

Detailed Weight and Usage Info Support:

This is **NOT** recommended for children under 75 pounds. However, we know you may be desperately trying to find health solutions. Here is guidance for safety, **IF** you chose to not follow our suggestion.

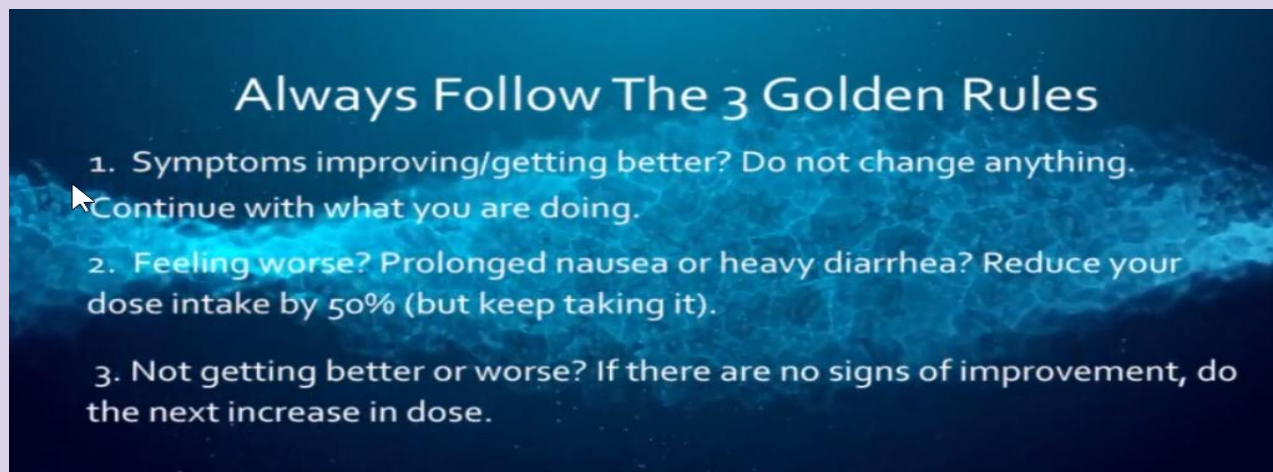
So, after you completed the **Low & Slow** Portion of the Protocol, you will continue with the specific dosing for your weight, for 21 days at least, or until you feel well. . All the weight categories are listed, but you must use your own judgment to know how you'll approach this in regard to anyone weighing **under 75 pounds**.

- A 200 pound person would take 500mg of calcium hypochlorite every two hours for 10 hours.
- **Always drink at least 8 fluid ounces (240ml) of water with any dose of calcium hypochlorite.**
- A 160 pound person would take 400 mg every two hours x 5
- 150 pound person = 375 mg every two hours x 5
- 140 pound person = 350 mg every two hours x 5

- 130 pound person = 325 mg every two hours x 5
- 120 pound person = 300 mg every two hours x 5
- 110 pound person = 275 mg every two hours x 5
- A 100 pound person would need 250 mg doses and that could be half a size 1 capsule every two hours x 5
- **Always drink at least one 8 fluid ounces glass of water with any dose of calcium hypochlorite.**
- A 50 pound (23 kg) child will need 125 mg every two hours. Each will be 125 mg or approximately half of a size 2 capsule every 2 hours x 5.
- **Always have the child drink at least 6 ounces of water with this dose of calcium hypochlorite.**
- A 25 pound (11.4 kg) child will take half as much as for the 50 pound child. This child would need 62.5 mg every 2 hours x 5.
- **The child should drink at least 4 ounces of water with this dose of calcium hypochlorite.**
- For smaller children please decrease the dose appropriately for their weight. For example, half of 25 pounds would be close to 12 pounds so use half as much hypochlorite or half size 4 capsule.
- **All children should take at least 4 ounces of water with the calcium hypochlorite. Give more water as tolerated.**



Remember the 3 Golden Rules!



Take each capsule with a minimum of 8 oz. of water. Calcium Hypochlorite activates in water and becomes Hypochlorous Acid. You are supplementing the Hypochlorous Acid that the Immune System needs to function in its optimal capacity!



Do not make yourself or anyone else sick by using too much Calcium Hypochlorite. You must be careful. From the very beginning, be wary about taking too much. Don't worry, no one has died, but some have felt sick for a few hours after taking too much.

If someone does feel sick, sicker than he already felt, the first thing to suspect is that he didn't take enough water with the capsule(s). The water is important to prevent nausea and other reactions such as a stomachache. Always drink more water if you start feeling nausea. Also suspect that he or she took too much Calcium Hypochlorite and if the water does not immediately stop the nausea, then take less on the next bi-hourly dose.

Try cutting the dose in half the next time.

If you still feel sick from taking half of the previous dose, cut the dose in half again. You may end up taking a very tiny dose, and you may have to take a tiny dose for a

day or two or even a week. But keep at it without making yourself sick. If the small doses do not cause nausea or other discomfort, increase up to the full-size dose in several steps over several days, as given in the doses above.

- **Do not go to larger doses than what is suggested above, as larger doses are not needed. Sometimes less is more!**

Amounts of Calcium Hypochlorite to be Taken Every Two Hours

In each case in the chart above, I have given several different ways to determine the correct amount to take. Hopefully you will get it right. Keep in mind however that there need not be any problem if you are a little off.

If you notice nausea, reduce your hourly dose by at least 25% (of half a capsule) and keep reducing it as long as you notice nausea or other discomforts. But always increase back to the recommended dose as soon as you feel safe in doing so. If you feel that you would benefit from a little more, increase your dose by 25% for a time or two, but not much more than that. Remember that just a few granules of Calcium Hypochlorite powder will work also.

High Doses Not Necessarily Helpful. Less Is Sometimes More!

Always keep in mind that to cause yourself nausea or diarrhea by taking a little extra will not help you heal faster. The nausea or diarrhea uses up healing energy and slows the healing down. Always reduce your intake if you notice nausea or diarrhea, or for that matter, any other discomfort caused by Hypochlorous Acid.

- Hypochlorous Acid should not cause a healthy person any kind of discomfort in the quantities that we use. The immune system will just thank you for the extra hypochlorous acid. If you feel sick using Hypochlorous Acid, you are not as healthy as you thought.

Calcium Hypochlorite always smells like chlorine, as do many chlorine chemicals, but do not worry, as it really is not chlorine. You may experience a chlorine

burp...Prepare some saltine crackers or something else that won't neutralize your doses.

The amount of time required to heal various diseases

Normally it takes from 3 to 5 weeks to heal HIV, and that also applies to most of the so-called incurable diseases. Some diseases are dug in much deeper and can take longer. So, if you are sick for 20 years, expect your immune system to take a little time to uptake enough of the supplemental Hypochlorous Acid to begin performing normally again.

Think Diabetes, as that can take anywhere from one week to one year, but most cases are healed within 6 weeks or less. Whatever disease you have, never quit until you are healed and then do the maintenance dose. Hypochlorous Acid is from nature. Our bodies make it. For some reason after we hit thirty years old, we seem to make so much less of it. But nature allows us to supplement it with Calcium Hypochlorite.

- **Continue to take Calcium Hypochlorite every 2 hours during the day (for 10 hours) until you are well.**



Therapeutic Healing Enema:

Enemas were in the MERCK Manual up to 1970s, as they are often very **important to the recovery of health**. Hypochlorous acid is ideal for enemas because it is non-toxic and non-hazardous, non-irritant to skin, and the gastrointestinal tract. It dislodges biofilm and disinfects. This means it will help you eliminate the parasites and candida hanging out inside your intestines.

Because you will want to employ natural enemas of all types during your Protocol, you can use a Hypochlorous Acid enema based on a schedule you are comfortable with. **Only you can decide how often to use the HOCl enema. HOCl does not damage** normal flora.

The enema delivers HOCl to the liver via the Portal Vein and to the bloodstream. It's also great at neutralizing toxins, killing pathogens and

eradicating parasites from the bowel. In addition to killing pathogens in the colon, much of the HOCl is absorbed through the colon walls into the blood plasma. In many cases the enema will also give the colon a much-needed cleaning.

Using a HOCl enema is very beneficial to maintaining a balance between the good and bad bacteria in the colon. It may be helpful for getting rid of biofilm, treating *Candida* overgrowth, getting rid of parasites and relieving bladder infections and/or irritation, among other problems.

When Is the Best Time To Enema?

Morning is usually the best time to take a traditional enema. Preferably after you have had your morning bowel movement and you have not eaten.

If you are constipated and cannot have a bowel movement, morning time is still the best time and the enema will help you to go. However, with the HOCl enema you may find that you get more benefit if you do it just before going to bed. Either way, it must be a time that's convenient for you to get a proper enema and have enough time for emptying. Some people who are constipated will also do a morning HOCl enema for the therapeutic benefits. This removes the overnight detoxed matter in the colon so you don't have it sitting there all day.

How Many Times Can I Take an Enema?

We cannot give medical advice on this so, you should get the advice of your doctor first. There are many books written by doctors on the subject of taking enemas. Gerson Institute is a good source as well.

Enema Formula: You can begin with half the contents of a size 1 Calcium Hypochlorous capsule (220mg) in 1000ml of body temperature, purified water. Reduce that amount by half if you use only 500mls. You can work your way up to using 1 full size 1 capsule in 1000ml water over time, but only if you choose to do so.

You can give yourself an enema at home by yourself or with assistance from a family member. Or it may be done by a nurse or other healthcare professional.

Instructions

Don't use water that's much warmer or cooler than your body temperature. Hotter water can be irritating and make your HOCl less potent. Cold water may cause contractions that force the water out too fast for it to work.

Mix extremely well to dissolve all the granules before adding to the enema bag. Just expel in the toilet. You may want to examine your poop to see how well the enema worked on parasites.

To use an enema, you'll need:

- An enema kit (One safe to use with HOCl. [See link](#))
- Lubrication
- Towels
- Space to lie down

Clear your schedule for several hours afterward so you're not in a hurry.

1. First, have a clean enema bag or bucket. **Stainless Steel, certain plastics or rubber enema kits, are not good for use with HOCl.**
- 2) Attach your long enema tubing to the enema kit, and make sure the tubing clamp is on the tubing and in a closed position.
- 3) Attach the short enema nozzle to the other end of the long enema tubing. Place a small amount of organic lubricant on the tip of the nozzle for easy insertion. Now your enema kit is ready.
- 4) Next fill your enema kit with distilled or purified water. The water should be lukewarm or body temperature.
- 5) Take your filled enema kit and tubing to the bathtub or toilet and open the tubing clamp slightly so as to release a little of the solution into the tub or toilet. You will do this to remove any air bubbles from the tubing. Air bubbles should not be in the tubing when starting your enema.
- 5) Choose a comfortable place where you can lie down. A carpeted floor, the bed, or on a yoga mat is good.
- 6). Spread a towel on the bed or floor and a plastic sheeting over the towel. This will enable you to easily wipe up any spills that may occur underneath you.

7) If you chose a BPA free transparent plastic enema bucket or bag, it can be placed on a nightstand, or that and other enema bags can hang at a height of 20" or more from where your rectum will be. The purpose is to make sure there is enough height so the flow from the bucket will be strong enough. You may have to try different heights to find which height works best for you.

You can also try hanging the enema kit on a nearby doorknob.

For those who do not want to lie down, you may also take the enema in the shower/tub area. Simply hang the enema kit on the shower rack, bend over and insert the enema nozzle from behind while standing in the tub.

8. If you are performing the enema lying down, there are 2 positions possible: This may be uncomfortable but not painful. If there's pain, stop.

a. You can lie on your left side or right side, take the nozzle tip and insert into the rectum gently.

b. You can kneel on both knees with rectum up, and gently insert the enema tip. After insertion, unclamp the tubing to allow all the liquid to flow slowly into the rectum.

10. When you start to feel full or a little pressure within the rectum and colon, you should press the clamp shut, and shut off the flow. Hold the water in.

11. You may turn and lay on your back flat, and gently massage your abdomen in circular motion so as to help the water move in the colon and wash the colon walls.

You must let the liquid flow in slowly, then hold for 5-10 minutes. If you cannot hold, that's fine.

9. Have a clock or timer close by (possibly on your phone) so you can properly time the enema. Set an alarm for the recommended amount of time before going to sit on the toilet.

13. Finally, if you can wait, when the alarm goes off, use the toilet and sit for as long as needed to empty your bowels. Release the water and have a bowel movement. Afterwards you may want to stay close to a toilet for the next 30 to 60 minutes as you may need to go several more times.

14. You may repeat the enema if you feel it is necessary and you can tolerate it.

You can increase your HOCl dosage to a higher dosage slowly, but only if it feels helpful. Complete this type of enema if you're treating something gastrointestinal or liver related (or if you're working with one of the more serious and life threatening health problems). It's safe and will only bring benefits.

Some people experience a detox reaction from doing a HOCl enema, so start slowly and work your way up in dose.

You cannot use metal buckets or certain rubber or plastics so, here is a link to a safe enema kit for use with HOCl.

[HOCl Safe Enema Kit Link](#)

Enema Warning

Enemas should be used only on the recommendation of a healthcare provider. In general, they're safe if they're used properly. But relying on them or overusing them can be asking for trouble. With overuse, colon muscles may stop working properly to move stool along, which can make any problem with constipation

worse.

Hypochlorous Acid & Healing Reactions

If you take too much Calcium Hypochlorite it will cause a Herxheimer reaction. Herxheimer reaction means nausea or sickness caused by killing pathogens too fast. When a pathogen dies, it usually dumps poison into your system which can then make you sick if you kill too many of them at once.

It has been proven time and again, that a well person without pathogens will never get sick from taking Calcium Hypochlorite in the quantities that's used in the protocol. So, if you get sick from taking the quantities in the protocol, it means you are killing pathogens. **That's one reason for the cleansing of the detox pathways before you begin the Calcium Hypochlorite doses.**

In that sense, a Herxheimer reaction is a good sign, a sign that the Hypochlorous Acid is doing its job. But you must immediately reduce your dosage because sickness and vomiting use up healing energy and slow down your recovery. Normally, half a capsule every 2 hours will make you well without causing the Herxheimer reaction (nausea or diarrhea). You can take less by opening the capsule and removing some granules. You could remove 50% of it, or more, if needed.

Maintenance

You should always continue with a maintenance dose, as the body does not manufacture enough hypochlorous acid to kill all diseases. If you are older than 30 and are **not already taking** 6 drops of Chlorine Dioxide daily, take a half dose of Calcium Hypochlorite based on your weight category, every day. This half dose should be half of the bi-hourly dose you have been taken as given above.

So, on this Hypochlorous Acid protocol, you will be taking a minimum of 35 doses per week, and when taking the Maintenance doses, you will be taking seven, half doses per week. If you prefer, you could switch to using the smaller size capsule that is half what you used during the protocol, per day.

Please save this Protocol Information, because even if you do not use it now, it could save someone's life, at some time in the future.



What if You Are Afraid to Try Hypochlorous Acid?

Well, of course, I don't blame you. If you haven't seen people get well from your illness using this protocol yet, it is sensible to be wary. You are sick, most likely with a misdiagnosed or unknown illness and here is an unknown protocol, with us suggesting that if you take it, you'll probably get well. You have a choice to make. You can either stay sick or you can pray about first, then try it.



Beneficial Supplements

You must try to get most of your nutrients from your food, so your food sourcing is VERY important. You may, however, need to add a few beneficial supplements based on the help your body currently needs. Here are the supplement options. They are linked to a reputable source that offers Clean, Non-GMO products. Products sourced from pharmacies are NOT good for healing. However, supplements use is optional.

All supplements must be taken according to package instructions, unless you have the [MTHFR gene](#) variant, then you'd be wise to begin using a smaller, more individualized dosing schedule. You're to keep your high antioxidant supplements at least 2 hours away from your Calcium Hypochlorite doses and your toxin binders. You will choose a schedule that is conveniently individualized and works for you. **Don't sweat the small stuff and don't overthink it. Missing doses is less of an issue than overthinking it and being afraid to start.** 😊

[Quercetin](#): Take 1 capsule per day with or without a meal.

Quercetin is extremely effective in managing inflammatory conditions that have a negative impact on human health, such as heart disease, chronic fatigue and arthritis, cognitive disorders and autoimmune complaints.

Flavonoid antioxidants like quercetin help because of their ability to fight damage caused by the free radicals we come across every day. Free radicals are known to cause damage to the body by asserting oxidative stress which quercetin can neutralize or at least limit. Deeply colored fruits, vegetables and herbs are jam packed with quercetin. Take away from Hypochlorous Acid doses.

[NAC](#): Take 1 coated caplet 1 to 2 times daily, preferably with meals. N-Acetyl Cysteine helps the liver make Glutathione and is proven to be completely inhibitory to things such as snake venom Phosphodiesterase. Supplementing NAC will increase the amount of glutathione in the body. Glutathione is a powerful antioxidant. To create glutathione, NAC bonds with two other amino acids—glutamine and glycine. Glutathione plays essential roles in the body, including...Regulating cellular activities, Keeps the immune system in check and

neutralizing free radicals that damage cells and tissues. Keep away from Hypochlorous Acid doses.

Nattokinase: Take 1 quick release capsule daily, preferably with a meal.

Nattokinase is believed to benefit people with heart and vascular diseases, in part by breaking down blood clots that can impede circulation. Among the conditions Nattokinase is purported to prevent or treat are:

- Angina, Atherosclerosis, Deep vein thrombosis (DVT), Hemorrhoids, Hypertension (high blood pressure), Stroke, Varicose veins, Myocardial infarction (heart attack), Peripheral artery disease (PAD),

Magnesium: Take 3 quick release capsules daily, preferably 2 capsules in the morning and 1 capsule at bedtime. Magnesium L-Threonate magtein is a version of magnesium that readily crosses the blood-brain barrier. Magnesium itself is an essential mineral that is known for its role in over 300 functions in the body. Bedtime is a good time for this supplement.

CellFood: Take 8 drops in 8 oz. of purified or distilled water, or juice, 3 times per day— or during stress or physical activity. May be taken with or without meals. You may mix 1 day's amount in a water bottle and sip throughout the day. CellFood is a proprietary ionic formula that contains 78 ionic minerals, 34 enzymes, 17 amino acids, electrolytes and dissolved oxygen— and utilizes a unique water-splitting technology. It provides an unsurpassed oxygen and nutrient delivery system and is absorbed quickly and efficiently by every cell in the body. Helps support overall improved energy, endurance and health. A formulation of Energized mineral concentration. Consists of trace minerals and enzymes. Cellfood's unique structure oxygenates and feeds the cells— cleaning and tuning up the body's systems throughout the day. Individuals with cancer will like this in their toolbox.

Vitamin D3/K2: Take 1 quick release softgel 1 to 2 times daily, preferably with meals. Vitamin D3 is an essential nutrient that aids in the absorption of calcium and phosphorus and promotes bone health, while Vitamin K plays an important role in healthy blood clotting and bone formation, the MK7 version

seems to be the best K2. Look up Doctor Kate, ND on the internet. Vitamin D3/K2 is best taken with a meal with some healthy fat.

Zinc: Take 1 quick release 50mg capsule daily, preferably with a meal. It is no secret that zinc is an incredibly beneficial mineral. Zinc is essential for maintaining a healthy immune system. Zinc also plays a big role in healing our wounds, protein synthesis, cell division, DNA synthesis and is required for taste and smell.

Zinc is very important when it comes to cell growth during pregnancy and it also promotes growth in children and young adults. Zinc ion receptors are the second most targeted receptors of all cells. A person's body does not store zinc, which means getting enough of the mineral from food is important in preventing a deficiency. The National Institutes of Health indicate that poor dieting may lead to a deficiency in this element.

The LifeOne: Take 15 ml three times daily. LifeOne Formula is an immune system Primer that enhances immune system function to help your body fight viral illness. The all-natural herbal blend is proven to be effective and safe. Multiple studies have linked LifeOne with successful cancer and AIDS treatment and the formula is recommended for general well-being and preventative defense of the immune system. Take two hours away from your Hypochlorous Acid Doses.

[LifeOne Cancer Clinical Trial Data](#)

[LifeOne HIV Clinical Trial Data](#)



Diet: Can't Have an Effective HEALTH Restorative Protocol Without Diet Considerations. You must keep high antioxidant foods away from your Hypochlorous Acid doses as antioxidants will neutralize Hypochlorous Acid.

The diet must eliminate all simple sugars and simple carbohydrates. The diet should consist of large amounts of fresh Non-GMO vegetables, wild caught fish, free range raised poultry, Non-GMO fruits etc., **but** breads, white flour, corn, white potatoes, white rice etc., must be eliminated to aid in the control of glucose levels. Protein intake should be a minimum of 60 grams/day. This can

be supplemented with clean protein drinks when possible and the total protein intake should be taken in at least three divided doses. Use proteins that are low carbohydrate/high protein and easily assimilated through the intestinal wall with little digestion or gastric function required.

People with gut health issues may easily assimilate this type of protein and amino acids. Drink large amounts of distilled or Zero Filtered water. It is extremely important to keep the body flushed with pure water. A 180 lb. person should drink a minimum of 90 fluid ounces of water daily.

The reason I have suggested distilled and Zero water is that we know they are as pure as we are ever going to get on the grid and they contain no chemicals that will contribute to any bad health outcomes. Much of today's water supply is contaminated and the current talks are not indicating anything has changed for the better.

People with compromised immune systems are less able to deal with this additional contamination. Many believe the myth that distilled water will leach minerals from the body to be true and factual but this has been scientifically proven false, as explained by an exceptional practicing biochemist, Robert Crandall.

He has done extensive research on this subject. He said, "The gut is a reactor and will separate any solution with any minerals/contaminates then move water to the intestine where it is absorbed. As a comparison of normal water and distilled water I will offer the following fact as a comparative example: 12 oz glass H₂O with 5 percent minerals will empty 1 oz into the intestine. The same 12 oz glass of distilled water will empty 10 oz water into the intestine. Can you say Hydration?"

"Tap water invariably contains a variety of poisons such as chlorine, chloramine, asbestos, pesticides, fluoride, copper, mercury, lead"...and God knows whatever else they're using to poison humanity.

The best way to remove all these contaminants is by distilling or by using a Zero Water Filter." Some people like Reverse Osmosis (RO) Water, but only a few people can afford this or even a whole house filtration system. **Keep it simple so it gets done!**

HYPOCHLOROUS ACID FULL BATH PROTOCOL

You will be pleasantly surprised how soft your skin feels after a Hypochlorous Acid bath.

1. Prepare a tub with 6-12 inches (15-30 cm) of very warm water (make sure that it's not so hot that it's uncomfortable, but not so cool that you don't really notice the heat... it should be just a step below "too hot" for you). If you have a filter on your showerhead you can fill the tub with this water.
2. Start by mixing in 2 rounded teaspoons (12ml) of calcium hypochlorite powder. The second time, you may (carefully) increase to 4 teaspoons. If you aren't experiencing any burning sensations or sensitivity, you may proceed to increase the dose to 6 teaspoons (36ml) per bath.
3. Sit in the bath for at least 30 minutes.
4. You may take up to 3 baths with Hypochlorous Acid per day (but make sure that you take at least one, especially if you notice it having a positive effect on your health). Thoroughly mix the Calcium Hypochlorite powder into the water.

HYPOCHLOROUS ACID FOOT BATH PROTOCOL

Use a small, plastic tub (one where you can rest both of your feet comfortably flat on the bottom of the tub) and fill it with warm (almost "too hot") water up to ankle height.

1. Start by thoroughly mixing 2 rounded teaspoons (12ml) of Calcium hypochlorite powder into the warm water. The second time you do the foot bath, you may (carefully) increase to 4 teaspoons. If you aren't experiencing any burning sensations or sensitivity, you may proceed to increase the dose to 6 teaspoons (36ml) per bath. If you do have burning, remove your feet and rinse them with clean, fresh, purified water. Try again with a lower dose the next time.

2. Let your feet sit in the water for at least 30 minutes.
3. Complete this foot bath up to 3 times per day, if needed. Remember to do the bath at least one time per day if you experience positive results.
5. Adding a little Sea salt, Celtic Salt or Himalayan salts to your foot soak water is a great idea to get trace minerals for electrolyte balance. These trace minerals alkalize the body and they also provide the cells with micro-nutrients that are essential to health and well-being but that are absent from filtered water and the foods that we eat every day.



Additional Protocol Support

Hypochlorous Acid Spray Bottle Protocol (Dermatologic Spray)

Hypochlorous Acid in Post Inoculation Skin Care

You can make your own spray bottle, so no need to buy a commercial product.

Dermatology Video: <https://youtu.be/pn-5YNcsYNc>

Remember that Hypochlorous Acid is great for shingles and a variety of skin rashes, including full-body rashes, itching, hives, swelling, or angioedema.



[Hypochlorous Acid Spray Bottle Protocol](#)

HYPOCHLOROUS ACID SPRAY BOTTLE RECIPE

The antibacterial action of HOCl, also promotes and accelerates healing of the skin everywhere on the body. There have been many reports of remarkable healing of burns, scrapes and cuts that seem to disappear in a fraction of the time usually associated with these injuries. With respect to burns caused by cooking accidents or sunburns, not only does the pain and discomfort associated with these injuries abate, but also the redness and blistering seems to heal much more quickly. Much of this is directly attributable to the effects of Hypochlorous Acid.

Using Calcium Hypochlorite Powder to Make Your Spray Bottles. Equipment & Supplies Needed:

One 120 ml/cc or 4 oz. spray bottle.

0.5-1.0 grams or $\frac{1}{8}$ - $\frac{1}{4}$ teaspoon of Calcium Hypochlorite Powder.

120 ml/cc or 4 oz. of warm Distilled or Zero water.

Instructions:

1. Mix the 0.5 or 1.0 grams ($\frac{1}{8}$ - $\frac{1}{4}$ teaspoon) of Calcium Hypochlorite Powder with the 120 ml/cc of warm water in the glass until completely dissolved.
2. Get out another glass container for this step. Pour the Hypochlorous Acid solution through a clean, paper coffee filter or other filter, from the bottle into the other glass container (**this is to filter out any small clumps that might be left, which may cause a clog in your spray nozzle if they're not filtered out well**).
3. Rinse out the inside of the spray bottle to make sure there aren't any remaining clumps on the inside, and then transfer the filtered Hypochlorous Acid solution back into the spray bottle.
4. Pour into a spray bottle and use frequently, for best results.

Always keep Hypochlorous Acid Away From Light and Heat.

DO NOT EVER USE DMSO with Calcium Hypochlorite or the Hypochlorous Acid Solution!

Using DMSO with Calcium Hypochlorite or the Hypochlorous Acid Solution may result in burns to the skin.



Is Hypochlorous Acid Safe?

Hypochlorous acid is the perfect disinfectant, not only for its incredible kill rate across a broad spectrum of pathogens but also because unlike other products in the chlorine family, such as sodium hypochlorite (bleach), it carries zero warnings and is classed as **non-hazardous**. It can be safely used inside the body to kill pathogens and outside, to sanitize surfaces and hands, clean wounds and wash fruit and vegetables. [The EPA has Hypochlorous Acid listed in their official list](#)

When you ingest Calcium Hypochlorite, it's activated by the water in your stomach and produces **Hypochlorous acid** (HOCL), which is a potent germ killer, normally found in the body and used by the Immune System. HOCL has no C.O.S.H.H (Control of Substances Hazardous to Health) requirements for storage, handling or disposal and has no detrimental effect on the environment.

It does not release "chlorine" as some internet disinformation peddlers have falsely claimed. (Although chlorine will appear on bags of pool shock, which is Calcium Hypochlorite (HOCL), it is the result of mixing pool shock with water and not chlorine. If HOCL was printed on the bag, no one would buy it.)

Can Hypochlorous Acid Be Used as a Hand Sanitizer & Surface Cleaner?

Yes, Hypochlorous Acid is formulated to the same pH as your skin and is the ideal instant hand sanitizer. It has no degreasing effect on the skin, does not sting, irritate or crack the hands when applied and is capable of killing a broad spectrum of bacteria, viruses and spores.

Hypochlorous Acid (HOCl) anti-viral hand and surface disinfectant is a very effective instant sanitizer. Effective against a wide range of viruses, bacteria and spores. Hypochlorous acid is one of the most effective disinfectants available.

The solution, which is formulated to synthesize the same product produced by the human defense mechanism to fight infection, does not contain hazardous ingredients and can be used on virtually any surface including skin, food preparation areas and everyday surfaces.

Hypochlorous Acid (HOCl) provides a fast action sporicidal sanitizer which is more effective than current commercially available products that cleanse, sterilize and sanitize and is approximately 100 times more effective than sodium hypochlorite

(bleach). This product is suitable for applying straight to the skin, to wipe down virtually any surface or to run through a fogging machine.

Hand Sanitizer Formula: Add contents of one Calcium Hypochlorite size 1 capsule to 15 ounces of water and mix well. Make sure to strain any residue to avoid blockage in the dispenser. Sanitize hands as often as needed. The shelf-life can be a few months if stored in a closed container protected from the oxygen in the air. Containers that block out UV light may have a small effect on extending shelf-life. Keep away from heat and light.

Can Hypochlorous Acid be Fogged?

Yes, if you need to disinfect your home, vehicle or office and equipment, Hypochlorous Acid is the perfect fogging solution offering maximal protection against a broad spectrum of pathogens. It is non-corrosive, non-flammable, contains no alcohol and has no irritancy. It is also approximately 100x more effective than bleach providing a fast-action sporicidal sanitizer, suitable for use on a wide range of materials.

Hypochlorous Acid is sporicidal and fungicidal and there is research showing it is effective against a variety of mold types. It has been proven to be effective against aspergillus, fusarium and candida species. Here's the link to a few of the research studies: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1853323/>


Fogging:

[DIY How To Make Your Own Hypochlorous Acid \(HOCl\) for Fogging Your Home, Office or Car](#)

Hypochlorous acid can also be produced through a process called electrolysis. If you have a mold problem, you'll do well with getting a Generator and Fogger.

[Get Your Hypochlorous Acid Generator & Fogger](#)

Use Coupon Code SPRING10 for 10% off



SAFETY PRECAUTIONS WHILE USING CALCIUM HYPOCHLORITE

Calcium Hypochlorite when activated in water becomes Hypochlorous Acid (HOCL) which is safe for kids, pets and grandparents!

What is the Difference Between Hypochlorous Acid and Sodium Hypochlorite?

These are two very different products. Sodium Hypochlorite, chemical formula NaClO, (Chlorine Bleach) is highly alkaline and therefore irritating and corrosive to the skin, lungs and eyes and must be handled and disposed of with great care.

Hypochlorous Acid, formula HOCl, however, is a weak acid, formulated to be near physiological pH (pH 7) which is the same pH level as the human body. It is not corrosive or irritating and requires no special handling or disposal requirements yet is 100x more effective than **sodium** hypochlorite.

HOCl is hypochlorous acid, a weak acid that delivers an extremely powerful punch. Produced by our white blood cells, it attacks all bacteria, viruses, protozoa, fungi and yeast. It is a part of the way our innate immune system functions to protect our cells from foreign invaders. More powerful than hydrogen peroxide or Clorox, HOCl is quick acting then gone, but it leaves behind a footprint for healing in its cascade effect. Think of it this way.

If a germ was Superman, HOCl is its Kryptonite.

The multi-faceted qualities of **HOCl** have been known for well over 100 years. Know your substances and don't allow ignorant folks to mess with your joy of healing.

What Concentration of Hypochlorous Acid Should be Used?

The concentration that should be used depends on the application. Sanitizing food such as fruits & vegetables and fish & seafood is highly effective at 20-30 ppm however, the FDA allows concentrations to be used as high as 60 ppm without requiring a post rinse. Sanitizing food contact surfaces is also effective at 20-30 ppm however concentrations as high as 200 ppm are allowed by the FDA. Water disinfection is effective at 1-2 ppm however the EPA allows up to 4 ppm.

Why is Hypochlorous Acid not more Mainstream?

It is actually more mainstream than you think. Hypochlorous Acid or **HOCl** is nature's oldest disinfectant! As human beings, it is the substance our white blood cells produce to fight off infections. It is a naturally occurring chemical produced by neutrophils in our white blood cells (and in all mammals) to protect us from pathogens and heal. In fact, Hypochlorous Acid is used widely around the world in a variety of industries from food processing plants to water treatment and is used extensively in the medical arena.

HOCl is the chemical formula for hypochlorous acid, the same chemical our white blood cells produce to do their job. First created in a lab setting by humans nearly 200 years ago, HOCl has been running through our bodies for thousands of years. Now, for the first time in history, shelf stable HOCl is ready to be used to help you heal from health complications.

HOCl formulations are the ultimate combination of safety and efficacy that deliver unparalleled results across countless industries from baby care and skincare to plant care and pet care. It's true that 'Mother Nature created HOCl and humans perfected it.' Now we're bringing it to you in a convenient, easy to use protocol.

It was (and still is) fogged on public transport, in hospitals and schools. Streets were sprayed down and 'disinfection tunnels' were installed where people simply walk through a mist of HOCl to instantly disinfect their clothing.

As sanitizers, fogging and disinfection have now become an inherent part of daily life, we only see Hypochlorous Acid (HOCl) being adopted more widely throughout the world as the benchmark for rapid, effective and sustainable sanitization.

Now this protocol introduces you to the benefits of this natural substance for oral supplementation, to rebuild and strengthen your immune system, to get those killer T-Cells fighting for you like they did when you were a child.



SAFETY PRECAUTIONS

Do Not Use a Metal Spoon or a Metal Container with Calcium Hypochlorite.

How safe is hypochlorous acid?

Hypochlorous acid is non-toxic and non-hazardous. Unlike most chemical sanitizers, hypochlorous acid is non-irritant to eyes, skin, and the respiratory tract. Even if it were ingested by accident, it causes no harm. [The EPA has Hypochlorous Acid listed in their official list](#)

Can hypochlorous acid be used directly on food?

Yes, the majority of the research on hypochlorous acid has been for using hypochlorous acid directly on food. The FDA Food Contact Notification 1811 allows for hypochlorous acid to be used on raw or processed fruits & vegetables, fish & seafood, meat, poultry and shell eggs at up to 60 ppm.

Hypochlorous acid does not change the taste or smell of food when used at FDA cleared concentrations. Hypochlorous acid does not require a post-rinse when sanitizing food at or below 60 ppm.

Make sure to read these safety precautions before purchasing, storing, or using Calcium Hypochlorite at home. Calcium Hypochlorite is a powerful and highly effective treatment, but it's important to carefully adhere to the precautions below for safe use of it:

- Calcium hypochlorite is quite flammable. It can ignite even if there's only a small spark nearby. Do not use flames or anything that might spark ANYWHERE near Calcium Hypochlorite powder because there is a high risk that it will cause a major fire, even with very little flame or sparks.

- If you spill calcium hypochlorite, do not clean it up using a broom because the broom may cause small sparks that could cause a fire. Instead, use two dustpans or one dustpan and a wet rag to clean up the mess.
- Calcium hypochlorite is hygroscopic, meaning that it easily absorbs water from the air. If your supply of Calcium hypochlorite capsules becomes moist, dump it. **Do not pour it down the drain if you have a septic tank.**
- If you're connected to a city water supply, you can safely dump it, about 1 liter of Calcium Hypochlorite powder at a time down the drain. If you cannot dispose of it down the drain, then mix it with some water to ensure it cannot ignite and then mix with water and pour onto dirt in a garden or similar place.
However, if you've mixed the Calcium Hypochlorite powder with water, you may safely dispose of it anywhere. The instructions above are for the powder form, not the liquid.
- Do not breathe in Calcium Hypochlorite fumes and do not get the powder form in your eyes or on your skin. There are protocols involving the use of a solution with dissolved Calcium Hypochlorite in water that can be applied to the skin, but the powder **should not** touch the skin or eyes.
- Don't make more than a 1-month supply of Calcium Hypochlorite capsules at a time. They can become brittle and break open if stored for too long, which can not only be inconvenient, but a waste of medicinal material.
- If you use a capsule maker, ensure that the one you use is made of plastic and not metal. Calcium Hypochlorite powder reacts negatively with metal.
- Remember that HOCL can be safely poured down the drain and will not harm the environment as it is 100% biodegradable. However, **avoid pouring if you have a septic system.**



- **DO NOT EVER TAKE CALCIUM HYPOCHLORITE INTERNALLY AT THE SAME TIME AS DMSO. DO NOT EVER USE HYPOCHLOROUS ACID SOLUTION WITH DMSO ON THE SKIN.**

- This can cause burns either internally in the mouth, esophagus, and stomach or on the surface of the skin. Do not EVER do this under ANY circumstances.
- Use great care to **Never Mix Calcium Hypochlorite and DMSO.**
- **DO NOT LET CALCIUM HYPOCHLORITE POWDER COME IN CONTACT WITH DMSO.**
- This will immediately cause the Calcium Hypochlorite to ignite and cause a fire, with or without a spark. Stand back and put the fire out with water if this happens (the water *will* spatter, so be careful).
- In case of accidental ingestion of too much Calcium Hypochlorite, **DRINK MORE WATER! A LOT MORE WATER!!**
In case of Calcium Hypochlorite powder coming in contact with the skin or eyes, **FLUSH AREA FOR 3-5 MINUTES WITH COLD WATER.**



Supporting Articles of Note:

1. What is Hypochlorous Acid

<https://www.curativabay.com/what-is-hypochlorous-acid/>

2. Inactivation of Prions and Amyloid Seeds with Hypochlorous Acid - PMC (<https://nih.gov>)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5042475/>

3. Immune System Oxidant Could be Key to Inactivating Prions

<https://www.niaid.nih.gov/news-events/immune-system-oxidant-could-be-key-inactivating-prions>

- 4. The Dr. Ardis Show - Dr. Ardis, DC: THE LIE HAS BEEN EXPOSED! PURE EVIL!**
(<https://vokalnow.com>)
<https://vokalnow.com/video/4846>

- 5. The Dr. Ardis Show - Dr. Ardis, DC Interviews Dr. Tau Braun: The doctor Who figured it Out Before Dr. Ardis!!!** (<https://vokalnow.com>)
<https://vokalnow.com/video/4850>

- 6. Therapeutic Approaches for Prion Diseases**
<https://www.niaid.nih.gov/diseases-conditions/prion-therapeutic-approaches>

- 7. Proteins That Kill: Will Prions Be the 21st Century AIDS?** (<https://sixwise.com>)
<http://www.sixwise.com/newsletters/05/09/21/proteins-that-kill-will-prions-be-the-21st-century-aids.htm#:~:text=The%20abnormal%20prions%20then%20clump%20together%20C%20which%20researchers,some%20are%20calling%20prion%20diseases%20%22the%20new%20AIDS.%22>

- 8. Multifunctional Toxins in Snake Venoms and Therapeutic Implications: From Pain to Hemorrhage and Necrosis**
<https://doi.org/10.3389/fevo.2019.00218>

- 9. Hypochlorite Mouth Rinse and Periodontal Disease Prevention**
<https://www.dionhealth.com/2018/05/22/hypochlorite-mouth-rinse-and-periodontal-disease-prevention/>

- 10. Hypochlorous Acid (HOCl) for disinfection, antisepsis, and wound care in Core Categories 15.1, 15.2, and 13**

https://cdn.who.int/media/docs/default-source/essential-medicines/2021-emi-expert-committee/applications-for-addition-of-new-medicines/a.18_hypochlorous-acid.pdf?sfvrsn=35222172_4



Social Network Platforms and Links

Since Chlorine Dioxide and Calcium Hypochlorite were first introduced to the public by Jim Humble, communities of people have organically evolved around them. These chat groups and forums consist of people helping people and sharing their healing stories and experiences. Provided are links for social networks that exist for this purpose.

Telegram Channels and Groups:

Telegram is an app that can run on your phone or desktop. You can learn about it here: <https://telegram.org/>

Download the telegram desktop APP here (Computer/PC) :
<https://desktop.telegram.org/>

After you install telegram you can find these groups

@MMSDrinkingBuddy Channel: <https://t.me/MMSDrinkingBuddy>

MMS/ChlorineDioxide Resources Channel: <https://t.me/MMSChlorineDioxide>

On the MMS/Chlorine Dioxide Resource Channel you will find Chlorine Dioxide videos such as documentaries, testimonials and instructional information.)



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